

A HEALTHIER STATE OF MINNESOTA

BETTER HEALTH TOGETHER.



SHIP IS CREATING HEALTH IN YOUR COMMUNITIES

Statewide Health Improvement Partnership (SHIP) investments support community-driven solutions to expand opportunities for active living, healthy eating and commercial tobacco-free living, helping all people in Minnesota prevent chronic diseases including cancer, heart disease, stroke and type 2 diabetes. Ninety percent of the nation's health care costs are for people with chronic conditions, and the majority of those costs are preventable.

Senator
Michelle R. Benson

Representative
Kurt Daudt, 31A

Representative
Cal Bahr, 31B

SHIP supports health across the lifespan

With a solid infrastructure and strong relationships in place, SHIP communities are well positioned to address emerging public health issues and continue creating better health across a lifespan.



For more information about SHIP, contact your local coordinator:

Sherburne County

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Anoka County

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Promoting tobacco-free parks in Sherburne County

In May 2018, Sherburne County adopted a policy to eliminate the use of tobacco products in all county parks, covering nearly 250 acres of land.

The new policy is a significant step toward protecting youth from the harmful effects of tobacco and protecting residents and families from secondhand smoke. This is the third tobacco-free park policy to be adopted in the Sherburne County area, joining Elk River and Zimmerman.

Sherburne County's Statewide Health Improvement Partnership (SHIP) partnered with the Public Health Law Center to provide technical assistance and develop the tobacco-free parks policy.

"We hope it will be the catalyst for many other tobacco prevention initiatives," said Lisa Fobbe, a tobacco-free supporter and Sherburne County Commissioner. "Tobacco-free parks promote the well-being of residents and visitors and contribute toward a Sherburne County where all people live, learn, work and play in a healthy community," said Fobbe.

The Sherburne County tobacco-free park policy restricts all forms of tobacco use, including use of e-cigarettes, which are increasing in popularity among youth across the nation. According to the 2016 Minnesota Student Survey results, 26.3 percent of Sherburne County 11th graders have used an e-cigarette in the past 30 days compared to 17.1 percent for the state. By adopting this policy, Sherburne County is helping to reduce the rate of tobacco use in the community and change the community norms around acceptable behavior at public parks.

SHIP continues to support tobacco prevention efforts in Sherburne County by installing signage and educating the community about smoke-free living.

SHIP: LOCAL LEADERSHIP, LOCAL PARTNERS, LOCAL EXPERTISE

These community partners are leading SHIP activities in your communities.

Child Care

Playschool Daycare

Community

City of St. Francis

City of Zimmerman

East Bethel Senior Center

Linwood Covenant Church

MN Fresh Farm

Trinity Lutheran Church

Schools

Columbus Elementary

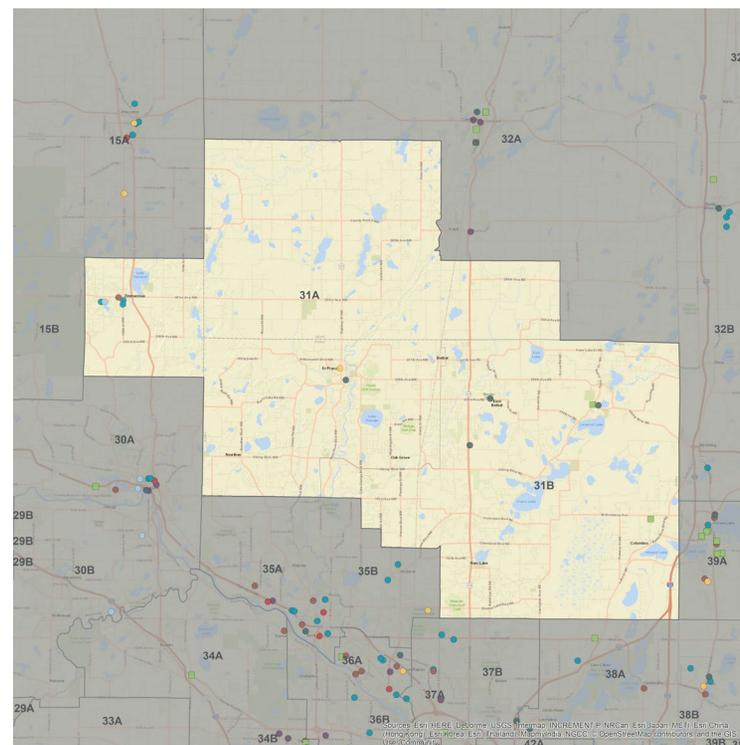
Linwood Elementary

Westwood Elementary

Zimmerman Elementary

Zimmerman Middle

MINNESOTA LEGISLATIVE DISTRICTS 31A & 31B



SHIP strategies

- Active Living
- Schools
- Workplace Wellness
- Healthy Eating
- Child Care
- Multiple Strategies
- Tobacco-Free Living
- Health Care
- Tribal SHIP and Tobacco Grants

To learn more about SHIP, visit www.health.mn.gov/ship.