

A HEALTHIER STATE OF MINNESOTA

BETTER HEALTH TOGETHER.



SHIP IS CREATING HEALTH IN YOUR COMMUNITIES

Statewide Health Improvement Partnership (SHIP) investments support community-driven solutions to expand opportunities for active living, healthy eating and commercial tobacco-free living, helping all people in Minnesota prevent chronic diseases including cancer, heart disease, stroke and type 2 diabetes. Ninety percent of the nation's health care costs are for people with chronic conditions, and the majority of those costs are preventable.

Senator

John R. Jasinski

Representative

John Petersburg, 24A

Representative

Brian Daniels, 24B

SHIP supports health across the lifespan

With a solid infrastructure and strong relationships in place, SHIP communities are well positioned to address emerging public health issues and continue creating better health across a lifespan.



For more information about SHIP, contact your local coordinator:

Rice

Josh Ramaker, jramaker@co.rice.mn.us

Dodge, Steele

Alicia Schumacher, Alicia.Schumacher@co.dodge.mn.us
Mary Urch, Mary.Urch@co.steele.mn.us

Brown, Nicollet, Le Sueur, Waseca

Leah Mahoney, Leah.Mahoney@co.nicollet.mn.us



Detention center and food shelf partnership expand food access

Across the state, many communities have made great strides in making healthy eating more accessible to their community members through partnerships with schools, farmers markets and food shelves.

In Steele County, an increasing number of residents rely on the Steele County food shelf to meet basic grocery needs. A recent survey of Steele County Food Shelf customers revealed that residents do not eat as healthy as they could because healthy food costs more.

To address this barrier, the Steele County Statewide Health Improvement Partnership (SHIP) staff collaborated with the Steele County Detention Center (SCDC) to expand their garden to provide affordable, fresh produce for the food shelf. The garden at the SCDC is part of a rehabilitative program for inmates, helping them learn about serving their community as well as how to grow fresh produce.

SHIP funds supported the purchase of a new tiller for the garden, allowing continued expansion. SCDC Program Coordinator, Cynthia Fowler, commented about the impact on the inmates, "This tiller has been a godsend. It's that feeling of family. All these little things help to give them hope."

SHIP also helped to bring in a local farmer to help with planting, harvesting and other assistance to increase growing capacity. SHIP supported SCDC in creating the policy changes necessary to gain approval from both jail administration and the Steele County board.

With new garden equipment and a renewed sense of excitement about the project, the detention center increased the amount of produce grown and donated 1,814 pounds of food to the food shelf with 610 pounds of food to be used for the inmates at the SCDC.

SHIP: LOCAL LEADERSHIP, LOCAL PARTNERS, LOCAL EXPERTISE

These community partners are leading SHIP activities in your communities.

Community

City of Faribault
 City of Medford
 City of Waseca
 Faribault Adult Basic Education
 Faribault Farmers Market
 Faribault Youth Center
 Friendship House
 Medford Farmer's Market
 Senior Place
 Steele County Food Shelf
 Wanda Holmgren

Health Care

Faribault Area Senior Citizens, Inc.
 Faribault Community Education
 Healthfinders Collaborative
 Mayo Health System - Owatonna
 Owatonna Hospital (Allina)
 Rice County
 Waseca County Public Health

Schools

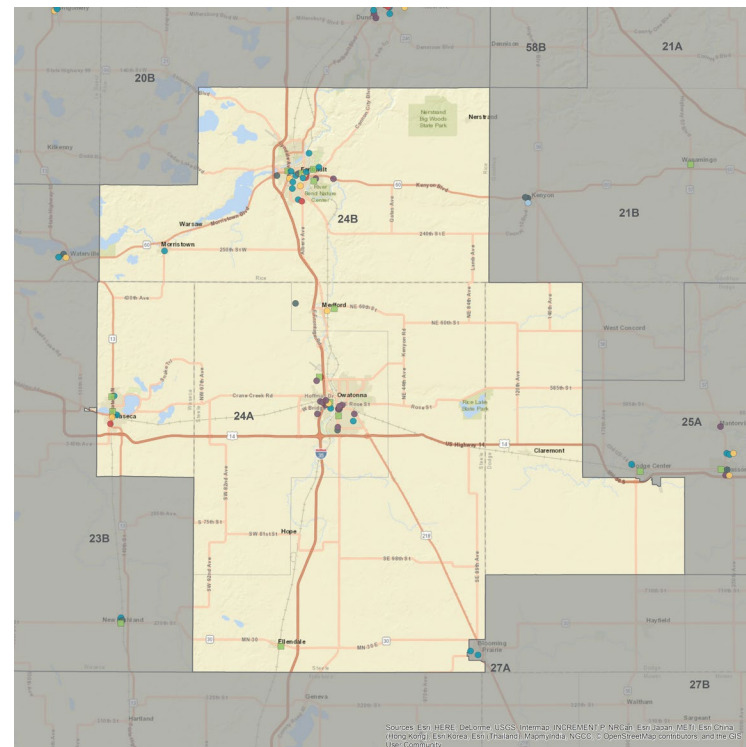
Alexander Learning Academy
 Be Your Best Yoga
 Cannon River STEM School
 Divine Mercy Catholic School
 Faribault Middle
 Faribault Senior High
 Jefferson Elementary (Faribault)
 Lincoln Elementary (Faribault)
 Lincoln Elementary
 Medford Public School
 MN Academy for the Blind
 MN Academy for the Deaf
 NRHEG Elementary School
 Owatonna Public Schools
 Roosevelt Elementary (Faribault)
 St. Mary's School

Team Academy Charter School
 Waseca Alternative Learning Center
 Waseca Junior and Senior High
 Waterville Elysian Morristown Jr.

Workplace

Administration Building
 All Generations Home Care
 Allina Health Systems
 Amesbury Truth
 Big Brothers Big Sisters of SE MN
 City of Blooming Prairie
 City of Owatonna
 Corporate Recognition
 Faribault Chamber of Commerce and Tourism
 Federated Insurance
 Fernbrook Family Center
 Fernbrook Family Center Harvest
 FoamCraft
 Habitat for Humanity
 Hy-Vee
 KGP Companies
 MN Prairie County Alliance
 Owatonna Fire Department
 Owatonna Chamber of Commerce and Tourism
 Retrofit
 Rice-Steele 911 Center
 Southeastern MN Oral & Maxillofacial Surgery Associates
 Steele County
 Tri-M Graphics
 Viracon
 Waseca County
 Wenger

MINNESOTA LEGISLATIVE DISTRICTS 24A & 24B



SHIP strategies

- Active Living
- Schools
- Workplace Wellness
- Healthy Eating
- Child Care
- Multiple Strategies
- Tobacco-Free Living
- Health Care
- Tribal SHIP and Tobacco Grants

To learn more about SHIP, visit www.health.mn.gov/ship.