

A HEALTHIER STATE OF MINNESOTA

BETTER HEALTH TOGETHER.



SHIP IS CREATING HEALTH IN YOUR COMMUNITIES

Statewide Health Improvement Partnership (SHIP) investments support community-driven solutions to expand opportunities for active living, healthy eating and commercial tobacco-free living, helping all people in Minnesota prevent chronic diseases including cancer, heart disease, stroke and type 2 diabetes. Ninety percent of the nation's health care costs are for people with chronic conditions, and the majority of those costs are preventable.

Senator
Bruce D. Anderson

Representative
Joe McDonald, 29A

Representative
Marion O'Neill, 29B

SHIP supports health across the lifespan

With a solid infrastructure and strong relationships in place, SHIP communities are well positioned to address emerging public health issues and continue creating better health across a lifespan.



For more information about SHIP, contact your local coordinator:

Wright
Anna Bohanon, anna.bohanon@co.wright.mn.us

Increasing breastfeeding-friendly practices across Wright County

Breastfeeding is the ideal way to ensure that babies receive optimal nutrition during the first years of life, but families sometimes face barriers that make breastfeeding challenging.

In 2013, Wright County Public Health, with the support of the Statewide Health Improvement Partnership (SHIP), began training childcare providers on how to support families to continue to breastfeed when moms returned to work. In 2016, Wright County partnered with Allina-Buffalo Hospital to implement the area's first Baby Café. Since then, more than 200 breastfeeding moms and babies have received support from their peers and Certified Lactation Counselors. The success of the Baby Café and childcare provider trainings have built momentum around breastfeeding support at the local health department, workplaces and child care settings.

By 2018, Wright County Public Health was recognized as a gold level Breastfeeding Friendly Health Department by the Minnesota Department of Health. St. Michael-Albertville School District, Howard Lake-Waverly-Winsted School District and Wright County have also been recognized and Monticello School District is in the process of applying. Added together, these workplaces employ approximately 820 women of childbearing age.

The Breastfeeding Friendly Childcare designation was also given to seven local child care businesses in 2017 and 2018: Tri-Valley Migrant Head Start (Monticello); Early Childhood Family Education (Monticello); Big Woods Childcare (Delano); Kid's Haven (Buffalo); and three home-based child care facilities in Rockford, Delano and Otsego. All together, these locations impact 832 children from birth to age five.

"Receiving support not only in my home, but also within the community, potential child care locations, and at work is immeasurably helpful in ensuring I can give my child the best possible start to life," said local mother Kristie Rathmanner.

SHIP: LOCAL LEADERSHIP, LOCAL PARTNERS, LOCAL EXPERTISE

These community partners are leading SHIP activities in your communities.

Child Care

Big Woods Child Care Center
Family Child Care Homes
Kids Haven Child Care and Preschool
Lil Explorers Buffalo
Lil Explorers St. Michael
Little Kidkare
Monticello Eastview Education Center & Early Childhood Family Education
TriValley Migrant Headstart

Community

Annandale Farmers Market
Buffalo Farmers Market
Buffalo-Hanover-Montrose Cmty Ed
City of Buffalo
City of Monticello
Howard Lake Farmer's Market
Maple Lake Farmer's Market
Rockford Farmer's Market

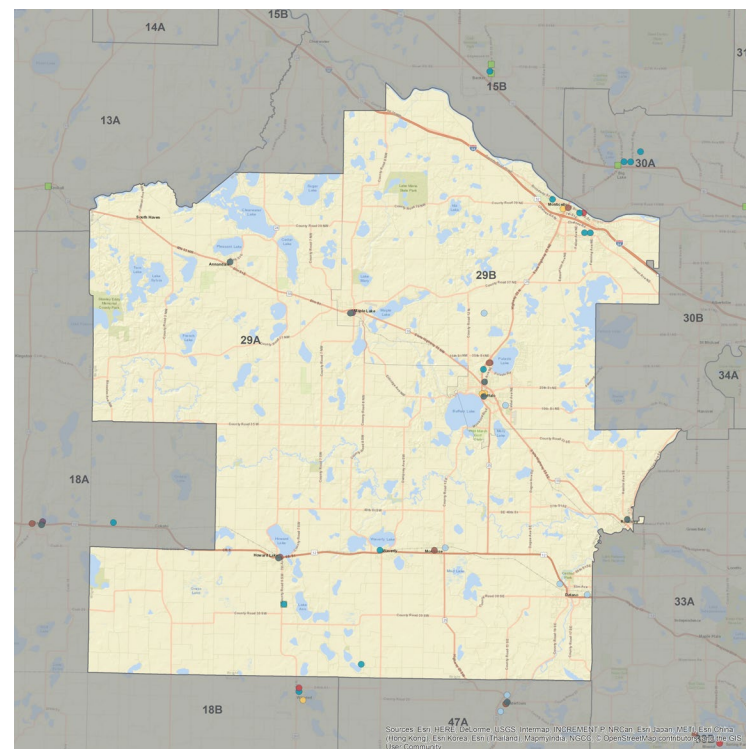
Schools

Cornerstones
Monticello Eastview Education Center
Howard Lake-Waverly-Winsted School District
Howard Lake-Waverly-Winsted High
Howard Lake-Waverly-Winsted Middle
Humphrey Elementary
Monticello High
Monticello Middle
Pinewood Elementary
Little Mountain Elementary

Workplace

Wright County
Howard Lake-Waverly-Winsted School District
St. Michael-Albertville School District
Monticello School District

MINNESOTA LEGISLATIVE DISTRICTS 29A & 29B



SHIP strategies

- Active Living
- Healthy Eating
- Tobacco-Free Living
- Schools
- Child Care
- Health Care
- Workplace Wellness
- Multiple Strategies
- Tribal SHIP and Tobacco Grants

To learn more about SHIP, visit www.health.mn.gov/ship.