

A HEALTHIER STATE OF MINNESOTA

BETTER HEALTH TOGETHER.



SHIP IS CREATING HEALTH IN YOUR COMMUNITIES

Statewide Health Improvement Partnership (SHIP) investments support community-driven solutions to expand opportunities for active living, healthy eating and commercial tobacco-free living, helping all people in Minnesota prevent chronic diseases including cancer, heart disease, stroke and type 2 diabetes. Ninety percent of the nation's health care costs are for people with chronic conditions, and the majority of those costs are preventable.

Senator

Dan Sparks

Representative

Peggy Bennett, 27A

Representative

Jeanne Poppe, 27B

SHIP supports health across the lifespan

With a solid infrastructure and strong relationships in place, SHIP communities are well positioned to address emerging public health issues and continue creating better health across a lifespan.



For more information about SHIP, contact your local coordinator:

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A room for breastfeeding mothers at Mower County fairgrounds

Every year, thousands of patrons – many of whom are breastfeeding mothers – attend the Mower County Free Fair in Austin.

Over the years, the mother's room has been located within the same area as the Senior Center Building, off in a back corner with no air conditioning and very little signage. The Fair Board has always wanted to create a warm and inviting place for breastfeeding mothers.

In May 2018, the Fair Board President, Kevin Finley contacted Mower County to see what options were available to assist the Fair Board in creating a better mother's room. The connection to Mower County State Health Improvement Partnership (SHIP) was instant and there were positive results almost immediately. Mower County SHIP was not only a funding source, but a valuable resource in assisting the Fair Board on signage design and placement of the room to where it would be most beneficial to mothers.

The newly created secure space, located between the two main offices of fair officials, is well lit, private and most importantly air-conditioned. The space contains rocking chairs, a changing table and toys all funded by Mower County SHIP. The mother's room is open 24 hours a day the entire week of the fair. Roughly, 25-30 mothers used the room during the week of the fair. One mother said, "The mother's room is a great place to take baby to cool down from the heat and nurse privately and comfortably! Thank you!"

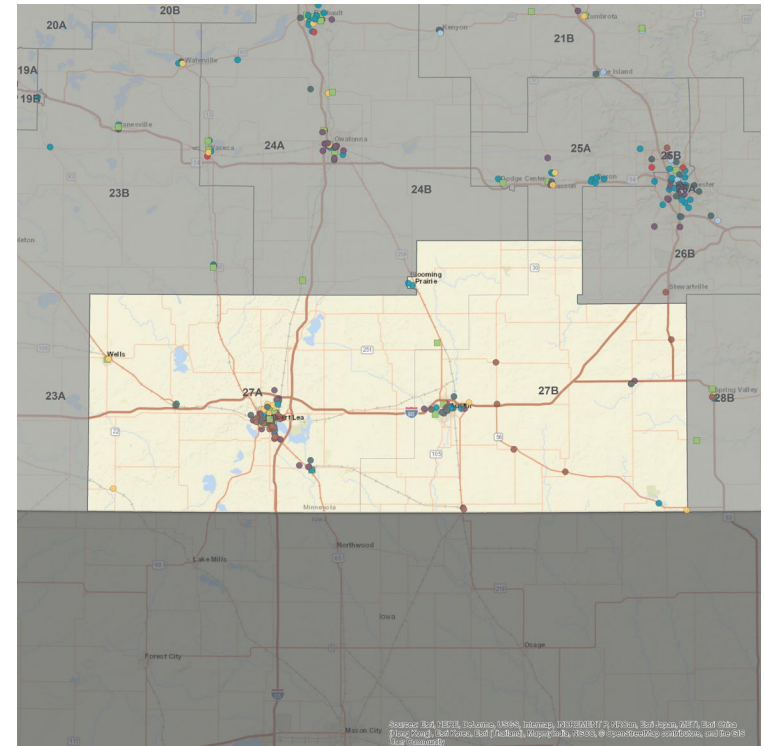
The Fair Board plans on having the mother's room available for all events on the Mower County Fair Grounds.

SHIP: LOCAL LEADERSHIP, LOCAL PARTNERS, LOCAL EXPERTISE

These community partners are leading SHIP activities in your communities.

Community			
Academy Park	Meadows West	Blooming Prairie Elementary	Human Services
Albert Lea City Arena	Memorial Park	Blooming Prairie School Dist.	Freeborn County Gov't Center
Albert Lea City Pool	Morin Park	Cardinal Kids	Freeborn County Highway Dept.
Albert Lea Comm. Ed. Brookside	Mower County Fair	Glenville-Emmons Elementary	Freeborn County Hist. Museum
Albert Lea Farmers Market	Mower County HRA	Glenville-Emmons School Dist.	Freeborn County Shopper
Austin Community Ed.	New Denmark Park	Office	Freeborn-Mower Cooperative
Austin Daily Herald	Pickrel Park	Glenville-Emmons Secondary	Services
Austin HRA	Pioneer Park	Halverson Elementary	Grand Meadow Public School
Bancroft Bay Park	Prairie Visions	Hawthorne Elementary	Independent Mgmt. Services
Bellview Park	Riverland Community College	Lakeview Elementary	Lou-Rich, Inc.
City Beach	Shorewood Hills Park	Leroy Public School	Lyle Public School
City of Adams	Smoke Free Housing Residence	Neveln Elementary	MineAgain's
City of Austin	Southwest Park	Oakland Education Center	Mower County Shopper
City of Brownsdale	The Arc Mower County	Pacelli Catholic Schools	National Vitality Center
City of Grand Meadow	Trailside Apartments	Saint Theodores School	Peterson, Savelkoul, Kolker,
City of Lyle	Troy Hammer Park	Sibley Elementary	Haedt
City of Rose Creek	Valley Park	Southwest Middle	Poet Biorefining - Glenville
Comm. Garden Margaretha Ave.	Wells Area Active Living Coalition	Sumner Elementary	Riverland Community College
East Gate Park	You Bethcha Café	United South Central Elem.	SE MN Oral and Maxillofacial
Eberhardt Park	Youth for Christ the Rock	United South Central High	Surg.
Edgewater Park			Snap Fitness
Farmers Marketplace LLC	Health Care	Workplace	Social Security Administration
Fountain Lake Estates	Albert Lea Family Y	Agilis, Inc.	St. John's Lutheran Community
Fountain Lake Park	Freeborn Co. Public Health Dept.	Alamco Wood Products	The Children's Center Childcare
Frank Hall Park	Green Touch Doula Care	Albert Lea Economic Dev. Agency	Thorne Crest Retirement
Freeborn County Extension	Kellie Jorgenson	Albert Lea Freeborn Co. Ch. of	Community
Freeborn County Trail Assoc.	Mayo Clinic Health System	Commerce	
Freeborn Co. WIC Dept.	Mower County	Albert Lea Select Foods	
Gerard	Mower Co. WIC Clinic	Albert Lea-Freeborn Co. Chamber	
Glenville City Beach	Senior Resources	Alerus Retirement and Benefits	
Grand Meadow Public Library		Austin Public School District	
Grand Meadow Sr. Living	Schools	B & B Café	
Hawthorne Park	Albert Lea Area Schools Dist. Office	Bidgetters	
Hayek Park	Albert Lea H.S. Football Boosters	Cargill	
Katherine Island	Albert Lea H.S. Soccer Boosters	Citizens State Bank-Glenville	
Kiester Active Living Coalition	Albert Lea Schools Dist. Office	City Of Albert Lea	
Lakeview Park	Brookside	Eaton Sport and Spine Clinic	
Lofts at Lea Center	Albert Lea Senior High	First Lutheran Church	
Luther Place	Alden Conger School Dist. Office	First Presbyterian Church	
Market Place Foods	Alden-Conger Elementary	Freeborn County	
	Alden-Conger High	Freeborn Co. Dept. of	

MINNESOTA LEGISLATIVE DISTRICTS 27A & 27B



SHIP strategies

- Active Living
- Schools
- Workplace Wellness
- Healthy Eating
- Child Care
- Multiple Strategies
- Tobacco-Free Living
- Health Care
- Tribal SHIP and Tobacco Grants

To learn more about SHIP, visit www.health.mn.gov/ship.