MENTHOL TOBACCO
A Pervasive Threat in Minnesota’s African American Community

A 2016 survey reveals the Twin Cities African American community recognizes tobacco as a serious health problem and identifies menthol tobacco as a pervasive threat in the community.

According to Respondents (407 people)

- 86% support more laws to reduce the harms of smoking
- 88% believe tobacco use is a significant health issue in the African American community
- 61% feel menthol cigarettes are marketed to African Americans more than other racial groups.

According to African American smokers (94 people)

- 72% menthol makes it harder to quit
- 84% smoke menthol cigarettes
- 57% noticed coupons for cigarettes in the last 30 days
- 69% believe menthol makes it easier for young people to start smoking

Menthol use patterns and perceptions are revealed in a 2016 survey of 407 U.S.-born African Americans in Hennepin and Ramsey counties. This survey was made possible by a two-year Statewide Health Improvement Partnership (SHIP) grant, which was funded thanks to action of the Minnesota Legislature in 2015. The survey work was carried out under the leadership of the African American Leadership Forum. Partners include the Hennepin County Public Health Assessment Team — local health departments of Hennepin and Saint Paul-Ramsey Counties, Minneapolis, Bloomington, Edina and Richfield.

This menthol use and perception information is important in exploring ways to reduce tobacco’s harm among African Americans in Minnesota. Engagement and education of members of the local African American community are the focus of the second part of the two-year SHIP grant.