

Optimal Diabetes Care Specifications
2020 Report Year
01/01/2019 to 12/31/2019 Dates of Service

Summary of Changes	<ul style="list-style-type: none"> • Clarification for exclusion timeframe prior to the end of the measurement period for permanent nursing home resident, hospice or palliative care and death • Value set addition for hospice and palliative care 	
Description	<p>The percentage of patients 18-75 years of age who had a diagnosis of type 1 or type 2 diabetes and whose diabetes was optimally managed during the measurement period as defined by achieving ALL of the following:</p> <ul style="list-style-type: none"> • HbA1c less than 8.0 mg/dL • Blood pressure less than 140/90 mmHg • On a statin medication, unless allowed contraindications or exceptions are present • Non-tobacco user • Patient with ischemic vascular disease is on daily aspirin or anti-platelets, unless allowed contraindications or exceptions are present 	
Measurement Period	January 1 through December 31, 2019	
Eligible Population	Eligible Specialties	Family Medicine, Internal Medicine, Geriatric Medicine, Endocrinology
	Eligible Providers	Medical Doctor (MD), Doctor of Osteopathy (DO), Physician Assistant (PA), Advanced Practice Registered Nurses (APRN)
	Ages	18 years or older at the start of the measurement period AND less than 76 years at the end of the measurement period
	Diagnosis	<p>Patient had a diagnosis of diabetes (<i>Diabetes Value Set</i>) with any contact during the current or prior measurement period OR had diabetes (<i>Diabetes Value Set</i>) present on an active problem list at any time during the measurement period.</p> <p>Both contacts AND the active problem list must be queried for diagnosis (<i>Diabetes Value Set</i>).</p>
	Event	At least one established patient office visit (<i>Established Pt Diabetes & Vasc Value Set</i>) performed or supervised by an eligible provider in an eligible specialty for any reason during the measurement period
Denominator	The eligible population	

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Numerator	<p>The number of patients in the denominator whose diabetes was optimally managed during the measurement period as defined by achieving ALL of the following:</p> <ul style="list-style-type: none"> • The most recent HbA1c in the measurement period has a value less than 8.0 mg/dL • The most recent blood pressure in the measurement period has a systolic value of less than 140 mmHg AND a diastolic value of less than 90 mmHg • On a statin medication, unless allowed contraindications or exceptions are present • Patient is not a current tobacco user • Patient with ischemic vascular disease (<i>Ischemic Vascular Disease Value Set</i>) is on daily aspirin or anti-platelets, unless allowed contraindications or exceptions are present
Allowable Exclusions (Optional)	<p>The following exclusions are optional and may be applied to the eligible population:</p> <ul style="list-style-type: none"> • Patient was a permanent nursing home resident at any time prior to the end of the measurement period • Patient was in hospice or receiving palliative care (<i>Palliative Care Value Set</i>) at any time prior to the end of the measurement period • Patient died prior to the end of the measurement period • Patient was pregnant (<i>Diabetes with Pregnancy Value Set</i>) at any time during measurement period • Patient had only urgent care visits during the measurement period
Measure Scoring	Rate/Proportion
Interpretation of Score	Higher score indicates better quality
Measure Type	Intermediate Outcome, All-or-none Patient Level Composite