



## Family Planning



### What happened?

Through passage of the Health and Human Services bill, Governor Dayton and the Legislature provided an additional \$1 million per year beginning in state fiscal year 2016 to enhance statewide access to pre-pregnancy family planning services for low-income, high-risk Minnesotans.

### Why is this helpful for Minnesotans?

For every dollar invested in helping women avoid unintended pregnancies, the Medicaid program alone saved \$5.68 in related health expenditures. Family planning information and services help people plan for a healthy pregnancy and baby.

### Background

Unintended pregnancy is a critical public health problem that can have serious consequences for children, families and society. An unintended pregnancy can mean that there is less opportunity for the parents to ensure a healthy pregnancy and initiate changes in diet, exercise, smoking, drinking and medication use. For some women, unintended pregnancies result in inadequate prenatal care, fetal exposure to alcohol and tobacco, and other toxins. Unintended pregnancies are also associated with economic hardship, reduced educational attainment, child health and development problems and child abuse and neglect.

The Minnesota Legislature established the Minnesota Family Planning Program in 1978. Funding is distributed through a regional formula to ensure equitable distribution throughout the state. The state fiscal year 2015 appropriation was \$5.353 million. This funded 24 grantees, who accomplished the following:

- Provided counseling services to 43,024 people regarding reproductive life planning and contraceptive options;
- Provided 33,310 people with a range of family planning method services; and
- Screened 24,928 men and women for Chlamydia.

Minnesota Department of Health  
PO BOX 64975  
ST PAUL, MN 55164-0975  
651-201-5000

DATE: 5/27/2015