

The School Health Profiles is a CDC-funded survey of middle and high school principals and lead health education teachers throughout the United States. In Minnesota, The Minnesota Center for Health Statistics administers this survey biennially on a statewide sample of public schools.

Profiles data is used to help state leaders and decision-makers assess gaps in policies and practices that may impact student health and academic performance.

This survey monitors the following areas:

- School health education requirements and content
- Physical education and physical activity
- Practices related to bullying and sexual harassment
- School health policies related to tobacco-use prevention and nutrition
- School-based health services
- Family engagement and community involvement
- School health coordination

In spring 2024, CDC used two questionnaires to collect data—one for school principals and one for lead health education teachers. CDC administered the two questionnaires online to 334 regular public schools containing any of grades 6 through 12 in Minnesota.

CDC received one or both questionnaires from 78% of eligible sampled schools. CDC received usable questionnaires from principals in 75% of schools and from lead health education teachers in 69% of schools.

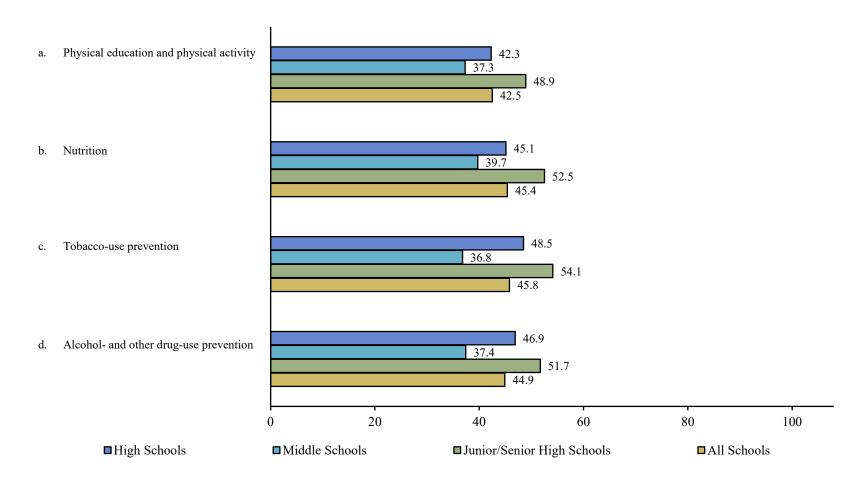
Questions and more information

For more information on School Health Profiles in Minnesota, visit: Minnesota Department of Health: School Health Profiles Survey (https://www.health.state.mn.us/data/mchs/surveys/schoolhealthprofiles.html).

For Minnesota-specific data, questions regarding the administration of the survey, or to receive this information in a different format, please contact Health.Profiles@state.mn.us.

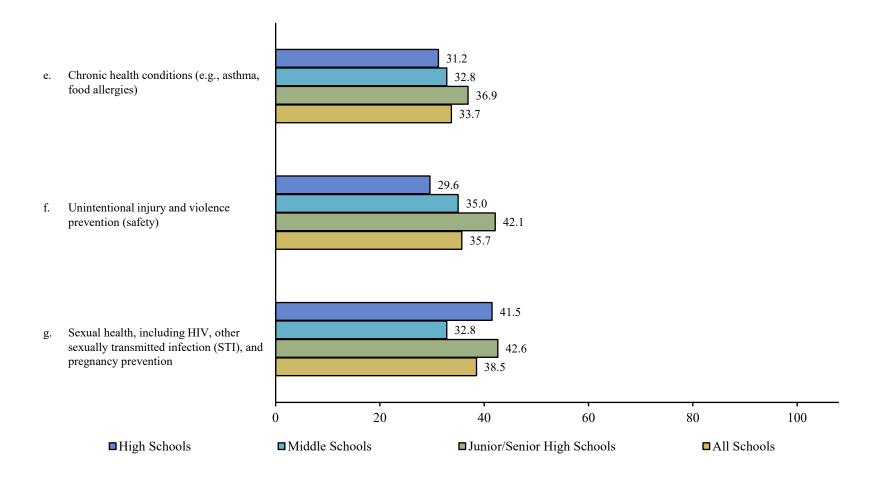
2024 School Health Profiles Report Weighted Principal Survey Results

1. Percentage of schools that ever used the School Health Index or other self-assessment tool to assess school policies, activities, and programs in the following areas.



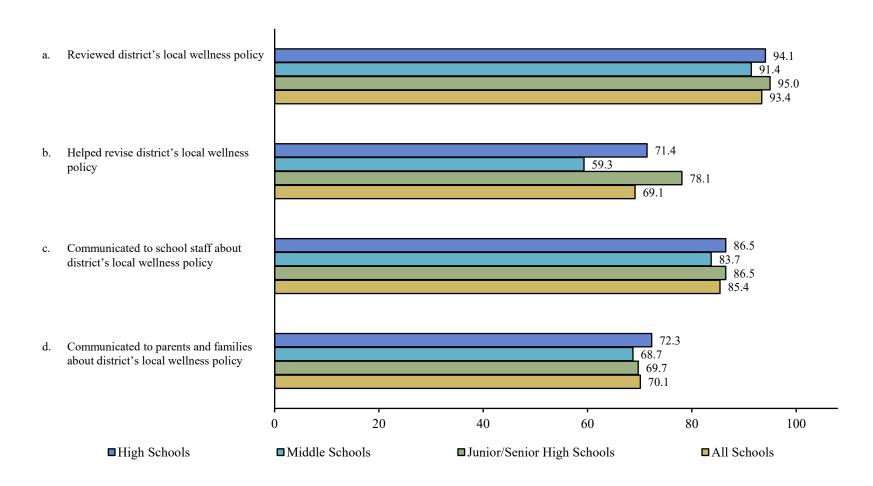
2024 School Health Profiles Report Weighted Principal Survey Results

1. Percentage of schools that ever used the School Health Index or other self-assessment tool to assess school policies, activities, and programs in the following areas.



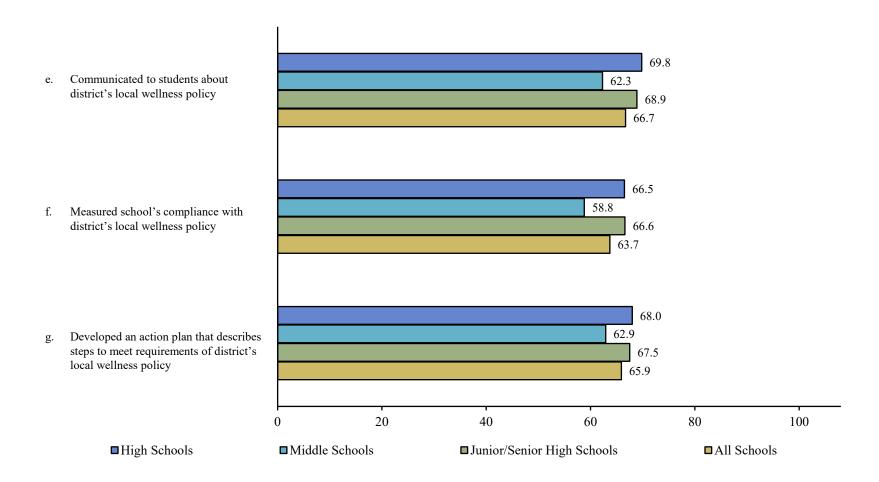
2024 School Health Profiles Report Weighted Principal Survey Results

2. Percentage of schools that did the following activities during the past year.



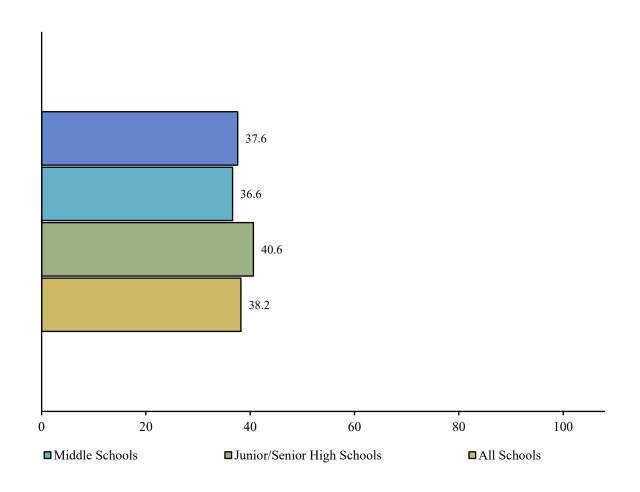
2024 School Health Profiles Report Weighted Principal Survey Results

2. Percentage of schools that did the following activities during the past year.



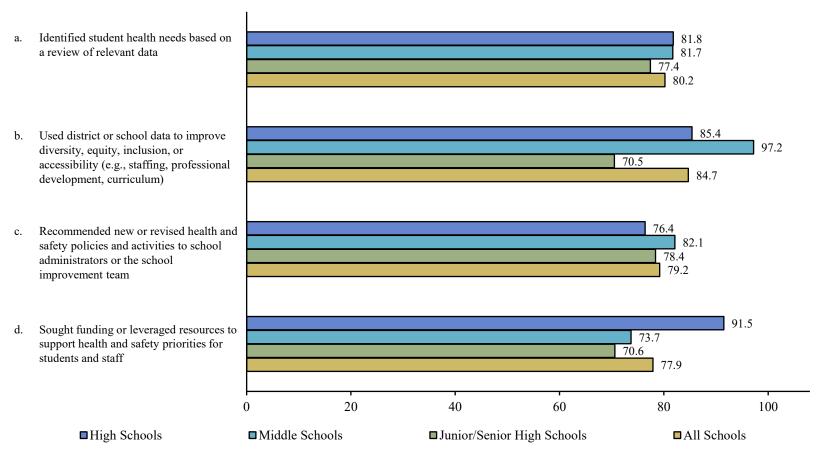
2024 School Health Profiles Report Weighted Principal Survey Results

3. Percentage of schools that have one or more than one group (e.g., school health council, committee, team) that offers guidance on the development of policies or coordinates activities on health topics.



2024 School Health Profiles Report Weighted Principal Survey Results

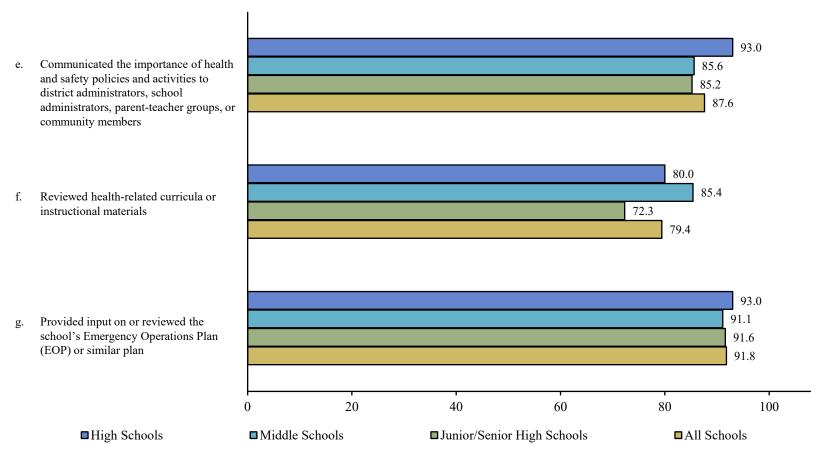
4. Percentage of schools that have a school health council, committee, or team that did the following activities during the past year.*



^{*}Among schools that have one or more than one group that offers guidance on the development of policies or coordinates activities on health topics.

2024 School Health Profiles Report Weighted Principal Survey Results

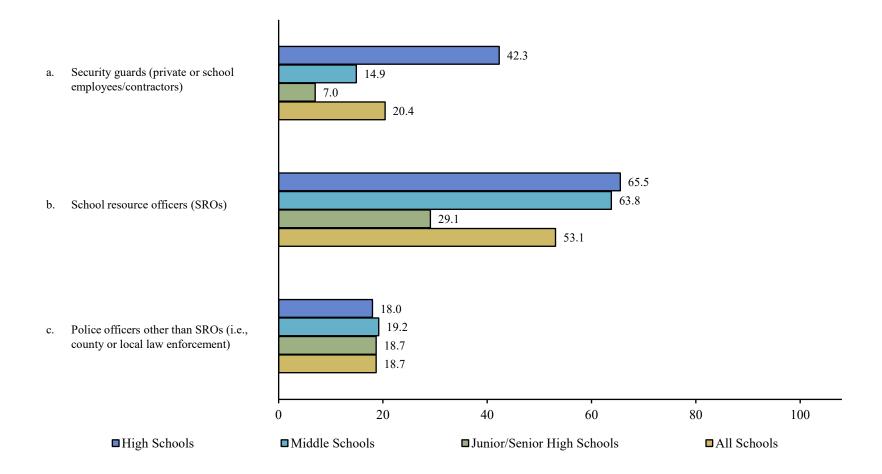
4. Percentage of schools that have a school health council, committee, or team that did the following activities during the past year.*



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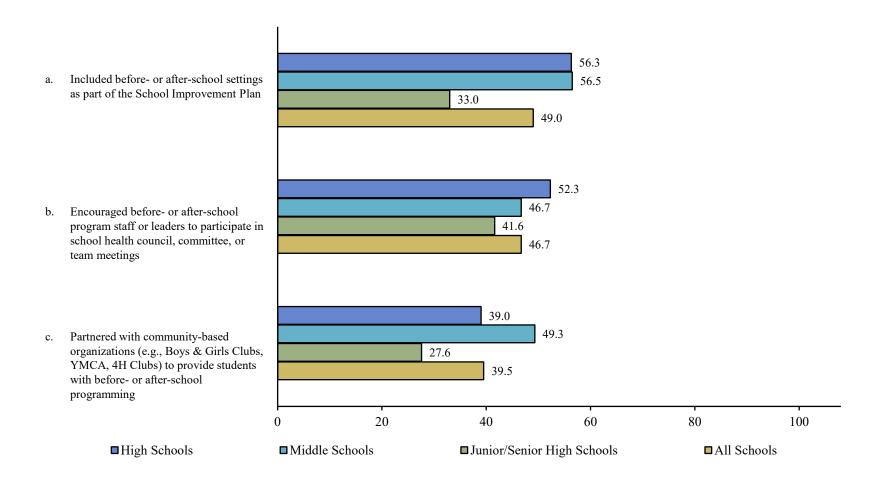
2024 School Health Profiles Report Weighted Principal Survey Results

5. Percentage of schools that use the following types of security staff during the regular school day.



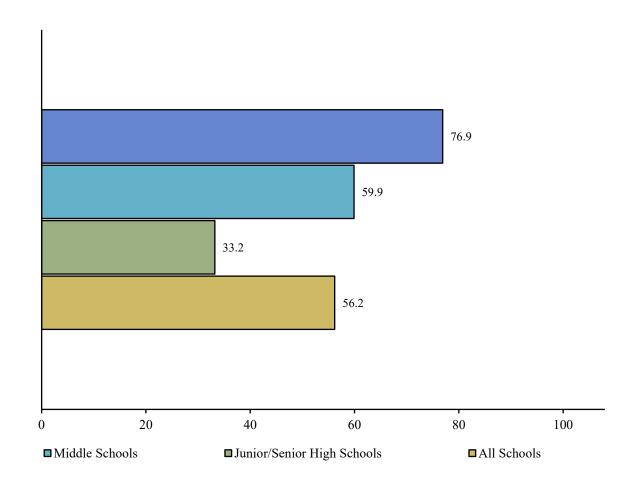
2024 School Health Profiles Report Weighted Principal Survey Results

6. Percentage of schools that have taken any of the following actions related to before- or after-school programs.



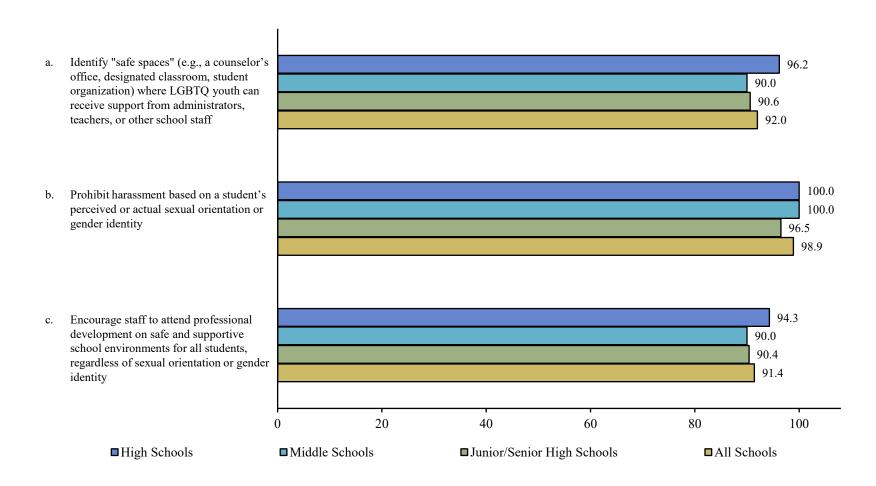
2024 School Health Profiles Report Weighted Principal Survey Results

7. Percentage of schools that have a student-led club that aims to create a safe, welcoming, and accepting school environment for all youth, regardless of sexual orientation or gender identity. These clubs sometimes are called Gay/Straight Alliances or Genders and Sexualities Alliances (GSAs).



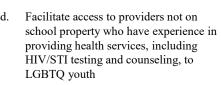
2024 School Health Profiles Report Weighted Principal Survey Results

8. Percentage of schools that engage in the following practices related to lesbian, gay, bisexual, transgender, queer, or questioning (LGBTQ) youth.

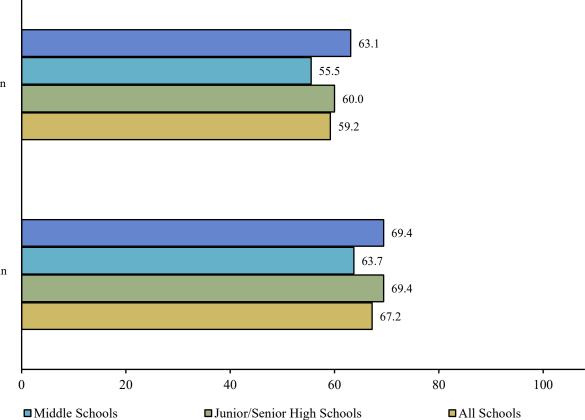


2024 School Health Profiles Report Weighted Principal Survey Results

8. Percentage of schools that engage in the following practices related to lesbian, gay, bisexual, transgender, queer, or questioning (LGBTQ) youth.

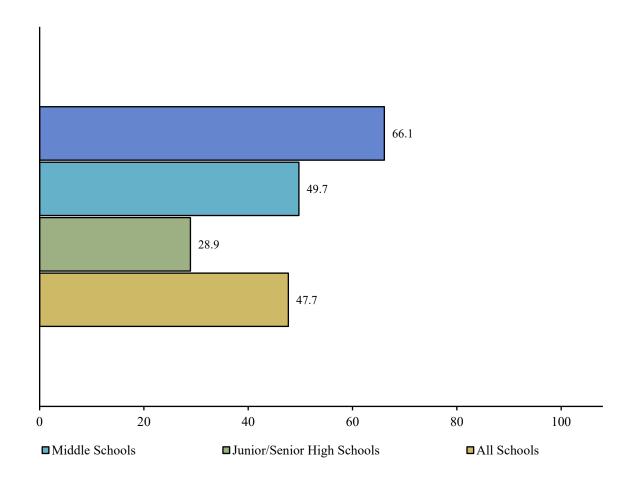


e. Facilitate access to providers not on school property who have experience in providing social and psychological services to LGBTQ youth



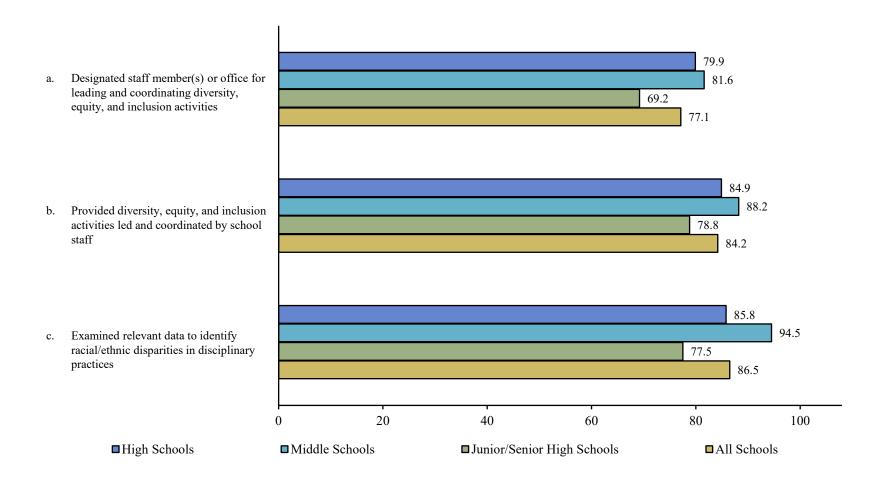
2024 School Health Profiles Report Weighted Principal Survey Results

9. Percentage of schools that have a student-led club specifically focused on creating a safe, welcoming, and accepting school environment for racial and ethnic minority students. These clubs sometimes are called Anti-racism Alliances or racial/ethnic affinity groups.



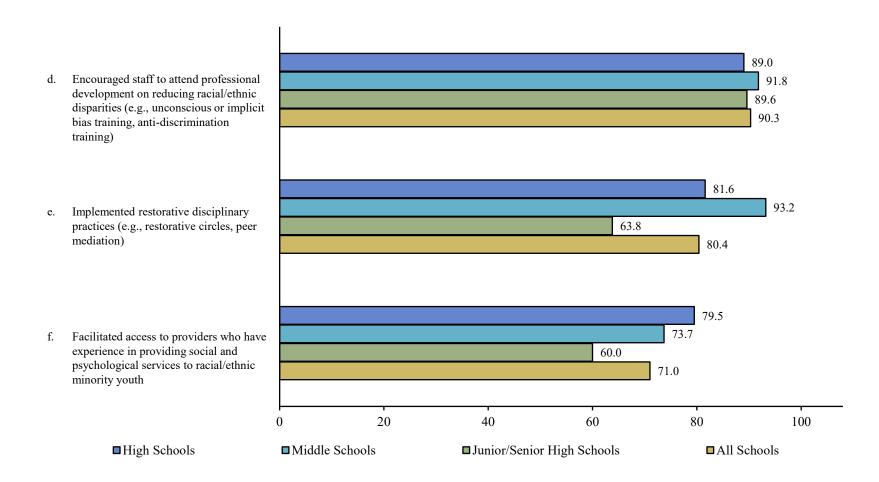
2024 School Health Profiles Report Weighted Principal Survey Results

10. Percentage of schools that engaged in the following practices related to supporting racial/ethnic minority students.



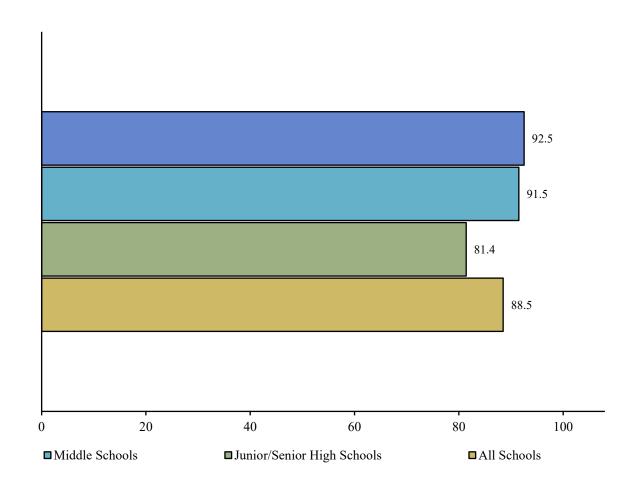
2024 School Health Profiles Report Weighted Principal Survey Results

10. Percentage of schools that engaged in the following practices related to supporting racial/ethnic minority students.



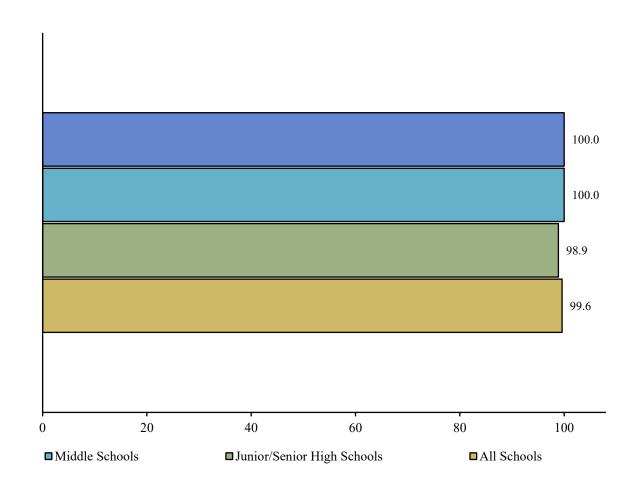
2024 School Health Profiles Report Weighted Principal Survey Results

11. Percentage of schools in which all staff received professional development on preventing, identifying, and responding to student bullying and sexual harassment, including electronic aggression, during the past year.



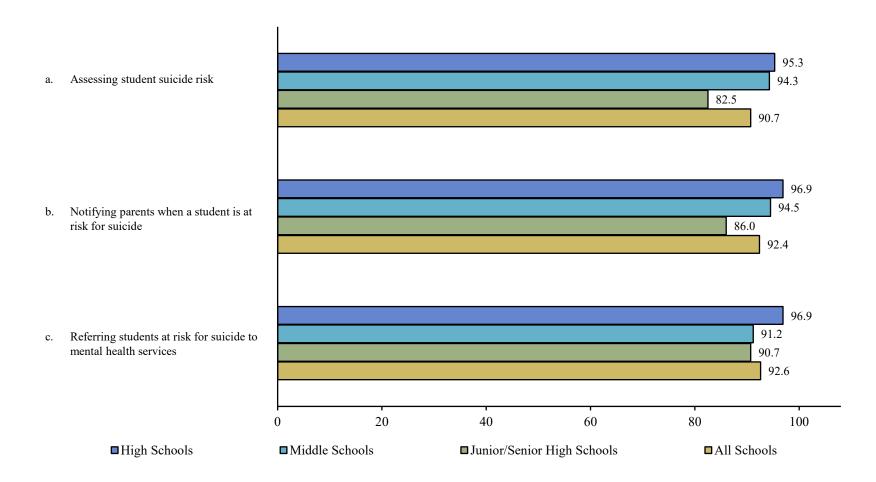
2024 School Health Profiles Report Weighted Principal Survey Results

12. Percentage of schools that have a designated staff member to whom students can confidentially report student bullying and sexual harassment, including electronic aggression.



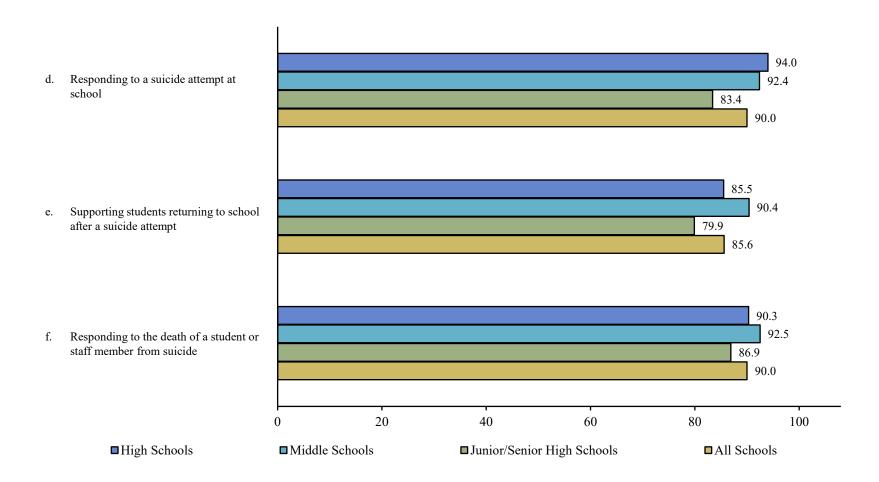
2024 School Health Profiles Report Weighted Principal Survey Results

13. Percentage of schools that have written protocols for the following suicide prevention practices.



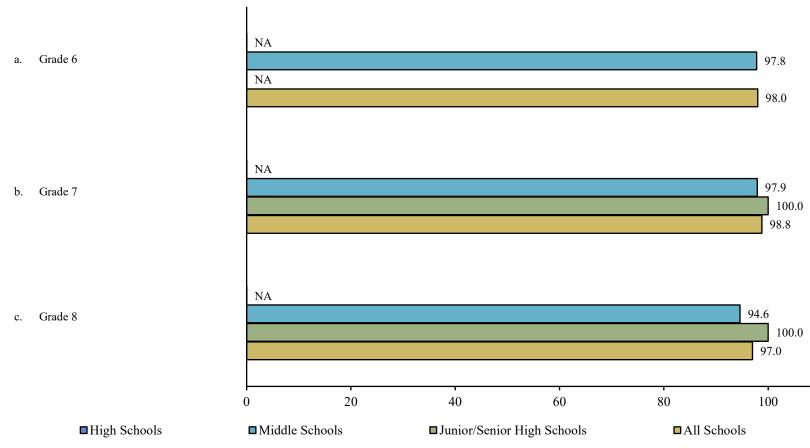
2024 School Health Profiles Report Weighted Principal Survey Results

13. Percentage of schools that have written protocols for the following suicide prevention practices.



2024 School Health Profiles Report Weighted Principal Survey Results

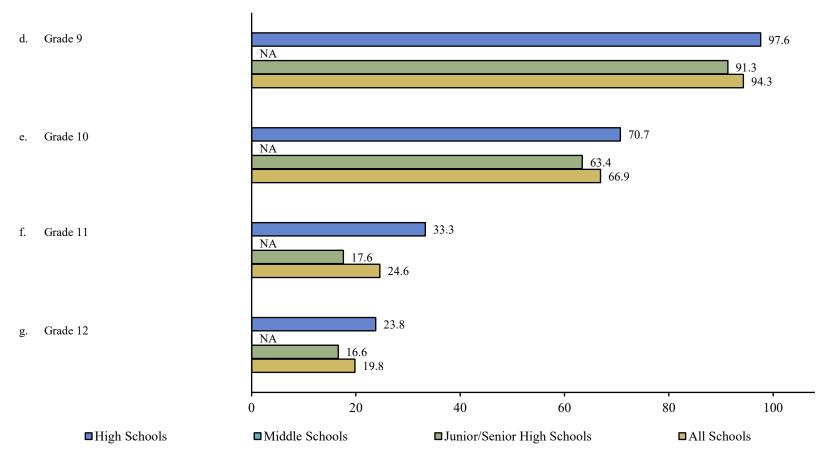
14. Percentage of schools that taught a required physical education course in each of the following grades.*



^{*}Among schools with students in that grade.

2024 School Health Profiles Report Weighted Principal Survey Results

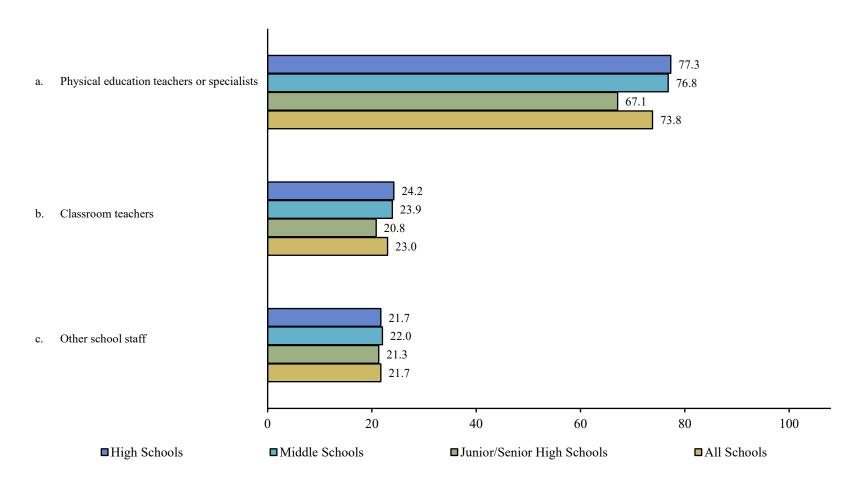
14. Percentage of schools that taught a required physical education course in each of the following grades.*



^{*}Among schools with students in that grade.

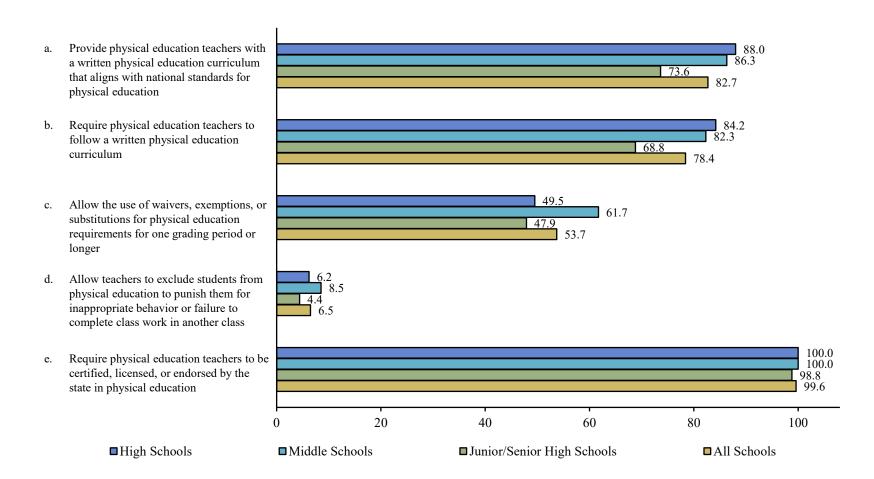
2024 School Health Profiles Report Weighted Principal Survey Results

15. Percentage of schools in which the following types of staff attended professional development related to physical education or other strategies for integrating more physical activity into the school day during the past year.



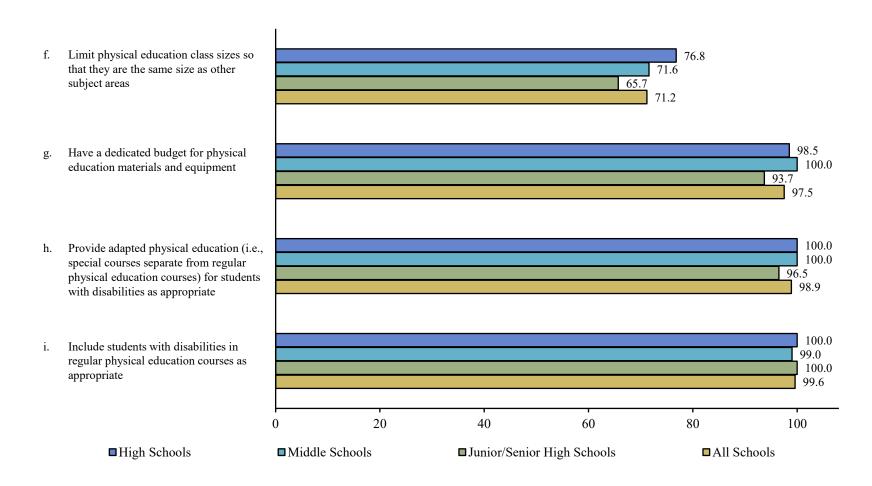
2024 School Health Profiles Report Weighted Principal Survey Results

16. Percentage of schools that engage in the following physical education practices.



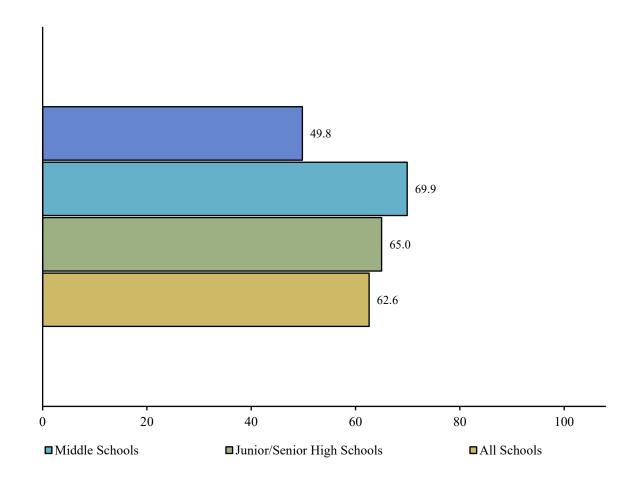
2024 School Health Profiles Report Weighted Principal Survey Results

16. Percentage of schools that engage in the following physical education practices.



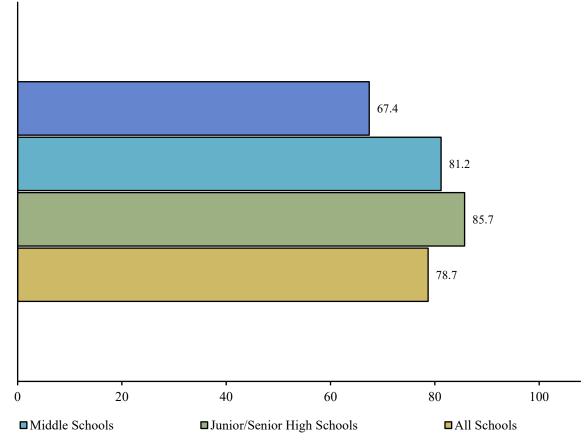
2024 School Health Profiles Report Weighted Principal Survey Results

17. Percentage of schools in which students participate in physical activity in classrooms during the school day outside of physical education.



2024 School Health Profiles Report Weighted Principal Survey Results

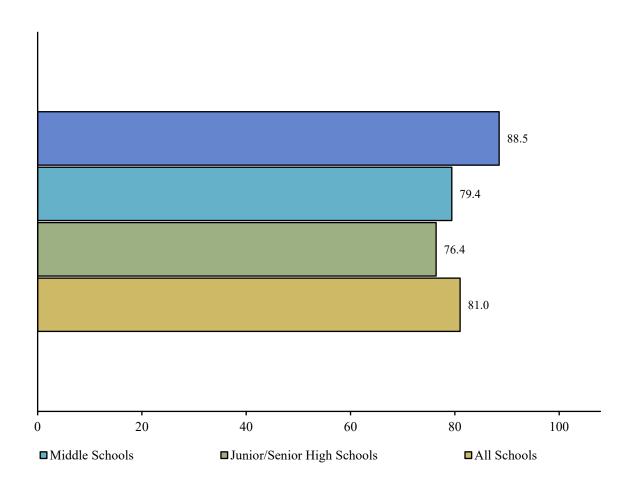
18. Percentage of schools that offer opportunities for all students to be physically active during the school day, such as recess, lunchtime intramural activities, or physical activity clubs.*



^{*}Not including physical education and classroom physical activity.

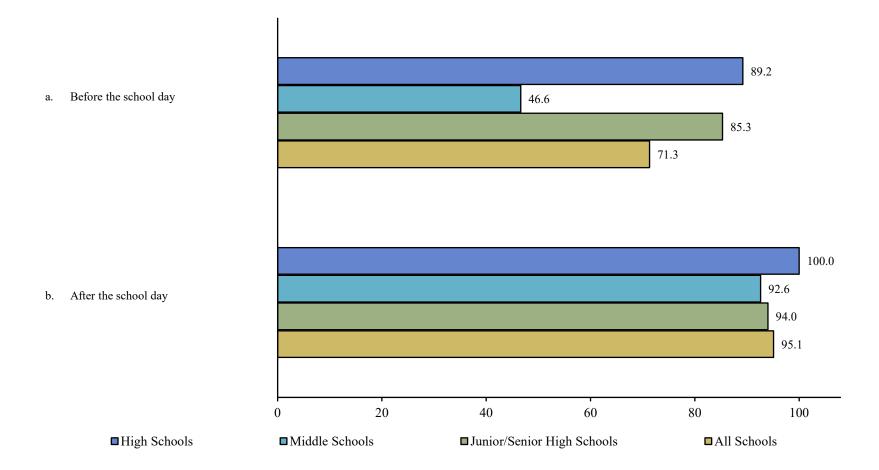
2024 School Health Profiles Report Weighted Principal Survey Results

19. Percentage of schools that offer interscholastic sports to students.



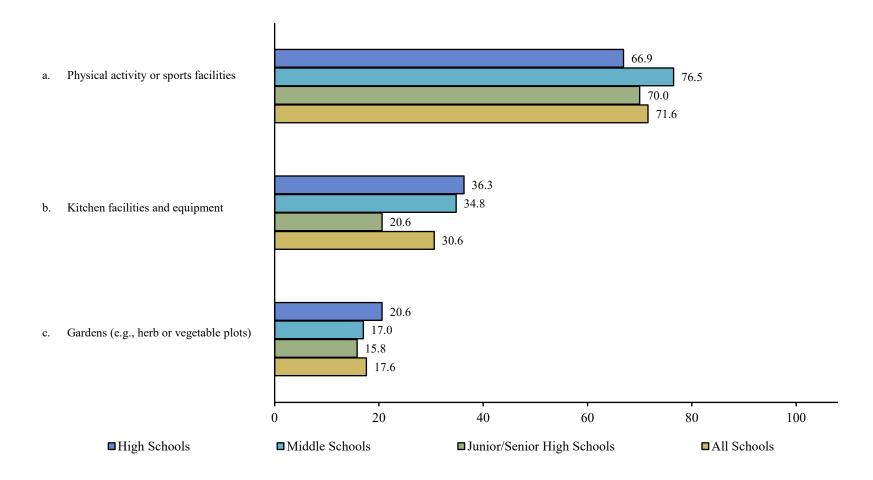
2024 School Health Profiles Report Weighted Principal Survey Results

20. Percentage of schools that offer opportunities for students to participate in physical activity through organized physical activities or access to facilities or equipment for physical activity during the following times.



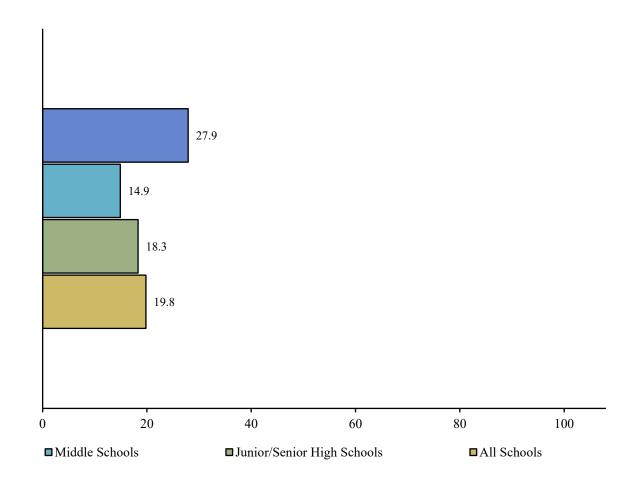
2024 School Health Profiles Report Weighted Principal Survey Results

21. Percentage of schools that have a joint use agreement for shared use of the following school or community facilities.



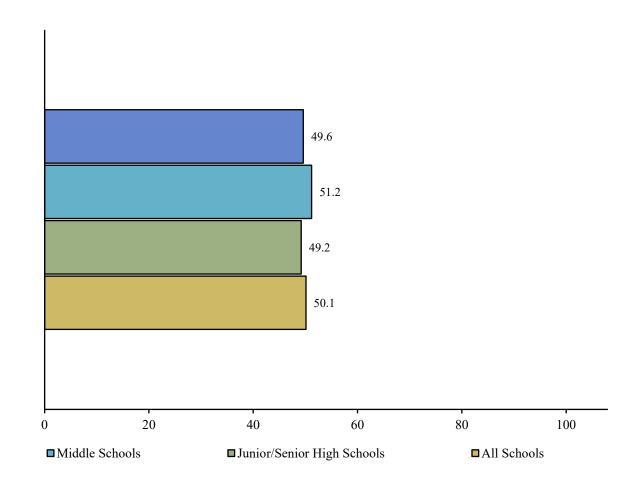
2024 School Health Profiles Report Weighted Principal Survey Results

22. Percentage of schools that have a written plan for providing opportunities for students to be physically active before, during, and after school.



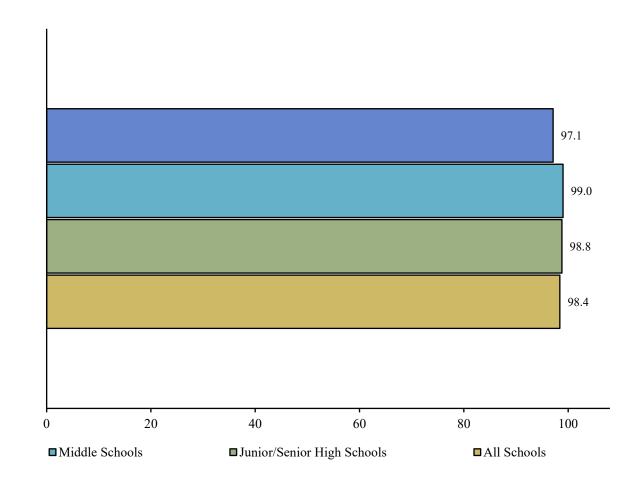
2024 School Health Profiles Report Weighted Principal Survey Results

23. Percentage of schools that have assessed opportunities available to students to be physically active before, during, or after school.



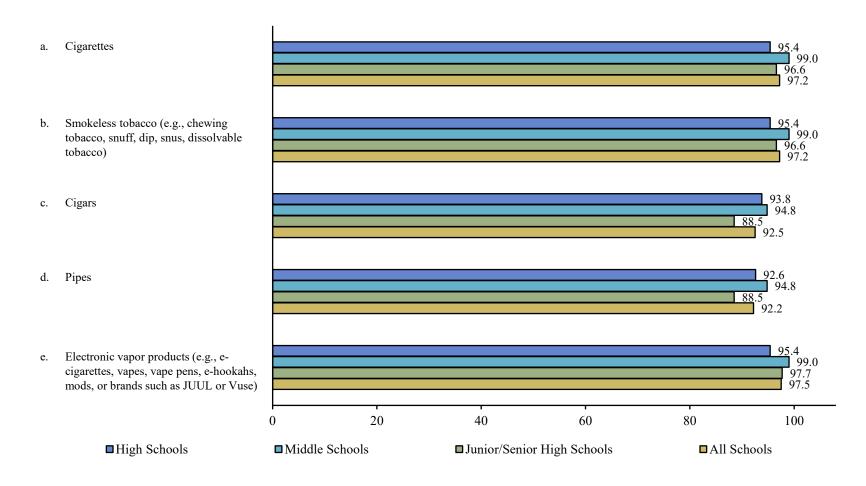
2024 School Health Profiles Report Weighted Principal Survey Results

24. Percentage of schools that have adopted a policy prohibiting tobacco use.



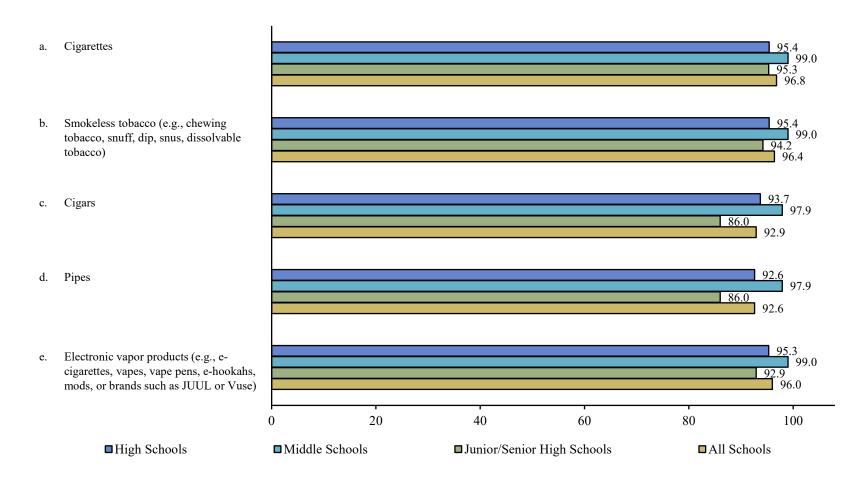
2024 School Health Profiles Report Weighted Principal Survey Results

25A. (Students) Percentage of schools that have a tobacco-use prevention policy that specifically prohibits the use of each type of tobacco for students during any school-related activity.



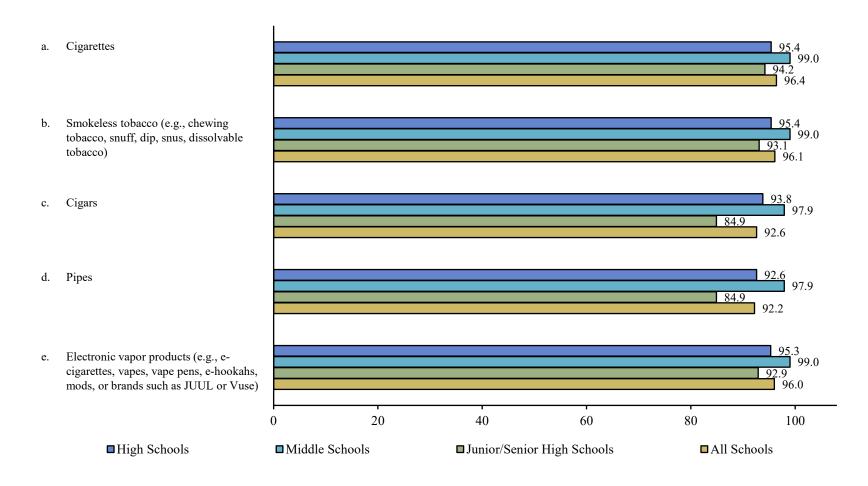
2024 School Health Profiles Report Weighted Principal Survey Results

25B. (Faculty/Staff) Percentage of schools that have a tobacco-use prevention policy that specifically prohibits the use of each type of tobacco for faculty/staff during any school-related activity.



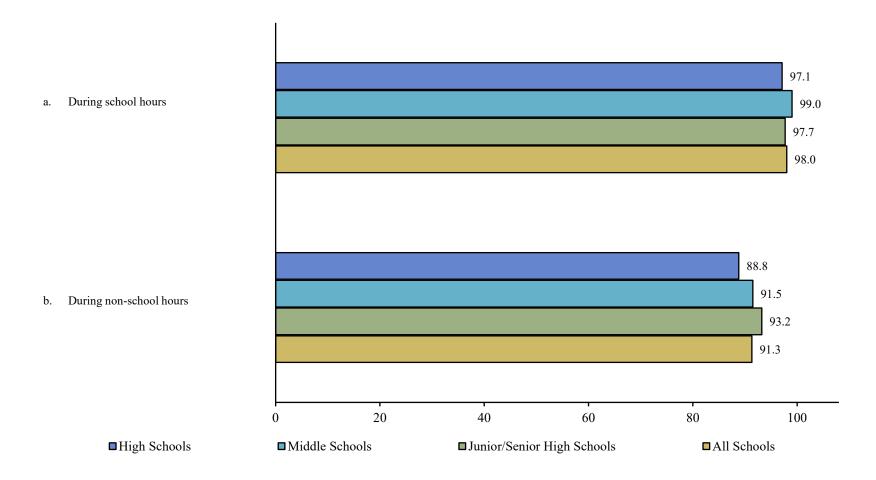
2024 School Health Profiles Report Weighted Principal Survey Results

25C. (Visitors) Percentage of schools that have a tobacco-use prevention policy that specifically prohibits the use of each type of tobacco for visitors during any school-related activity.



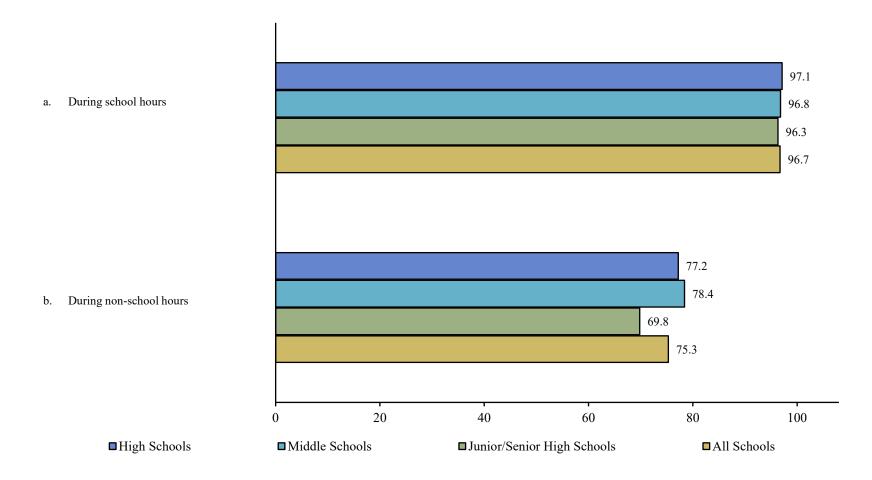
2024 School Health Profiles Report Weighted Principal Survey Results

26A. (Students) Percentage of schools that have a tobacco-use prevention policy that specifically prohibits tobacco use during each of the following times for students.



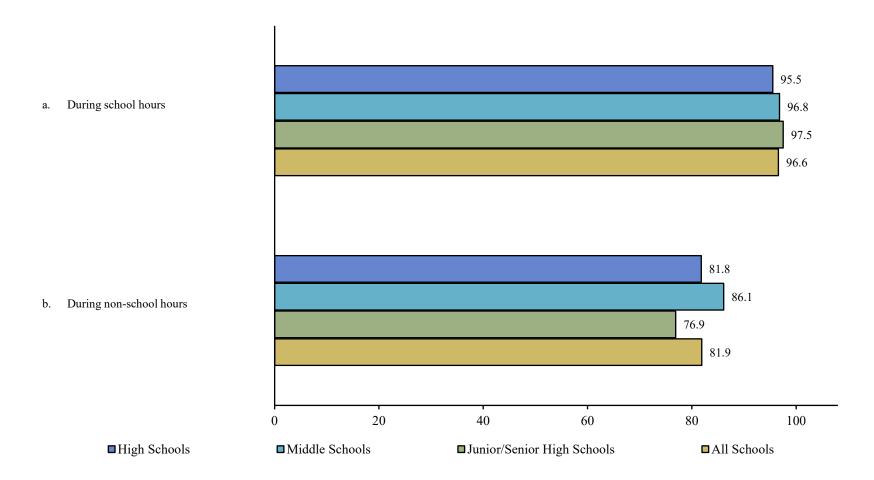
2024 School Health Profiles Report Weighted Principal Survey Results

26B. (Faculty/Staff) Percentage of schools that have a tobacco-use prevention policy that specifically prohibits tobacco use during each of the following times for faculty/staff.



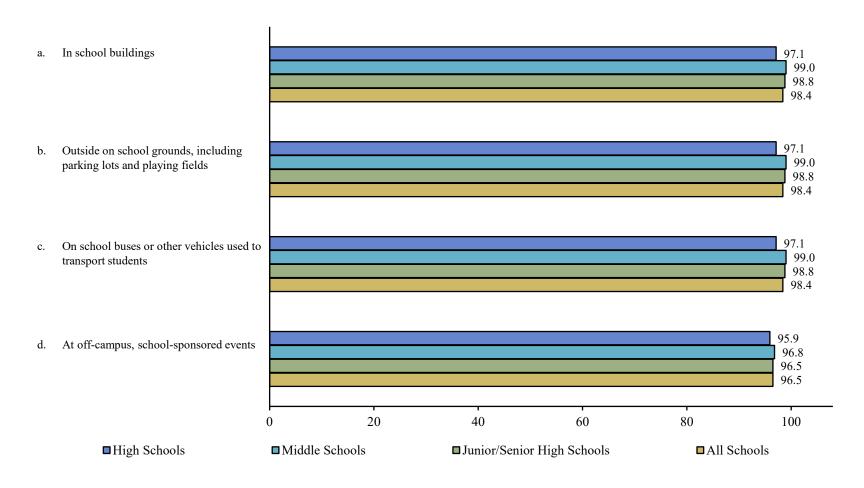
2024 School Health Profiles Report Weighted Principal Survey Results

26C. (Visitors) Percentage of schools that have a tobacco-use prevention policy that specifically prohibits tobacco use during each of the following times for visitors.



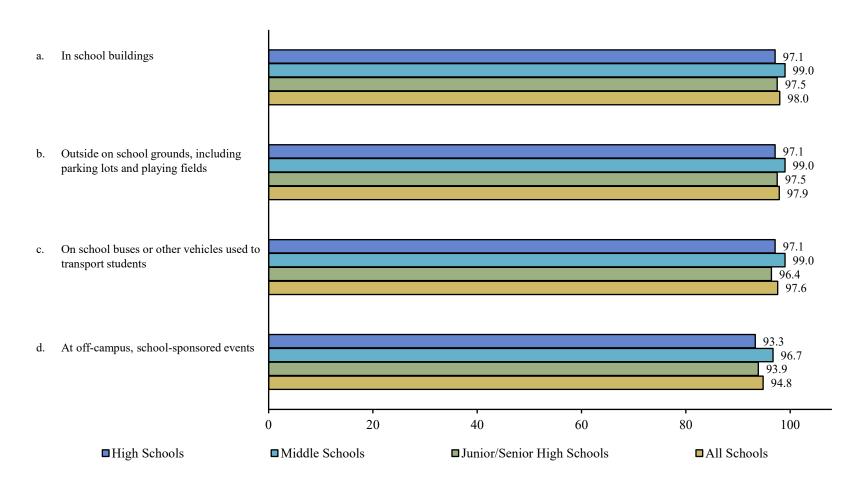
2024 School Health Profiles Report Weighted Principal Survey Results

27A. (Students) Percentage of schools that have a tobacco-use prevention policy that specifically prohibits tobacco use in each of the following locations for students.



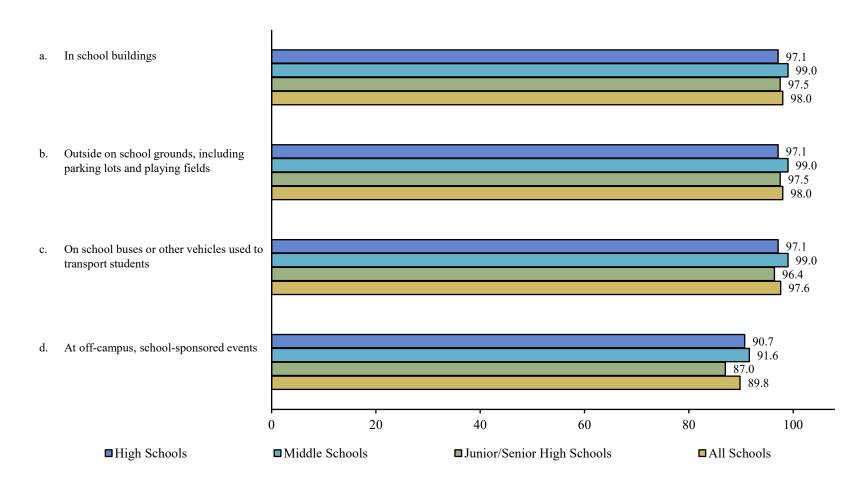
2024 School Health Profiles Report Weighted Principal Survey Results

27B. (Faculty/Staff) Percentage of schools that have a tobacco-use prevention policy that specifically prohibits tobacco use in each of the following locations for faculty/staff.



2024 School Health Profiles Report Weighted Principal Survey Results

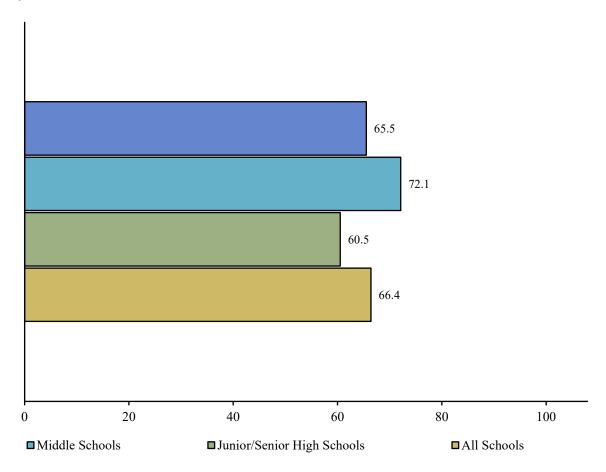
27C. (Visitors) Percentage of schools that have a tobacco-use prevention policy that specifically prohibits tobacco use in each of the following locations for visitors.



2024 School Health Profiles Report Weighted Principal Survey Results

27N. Percentage of schools that follow a policy that mandates a "tobacco-free environment." A "tobacco-free environment" is one that prohibits tobacco use by students, staff, and visitors in school buildings, at school functions, in school vehicles, on school grounds, and at off-site school events, applicable 24 hours a day and seven days a week.

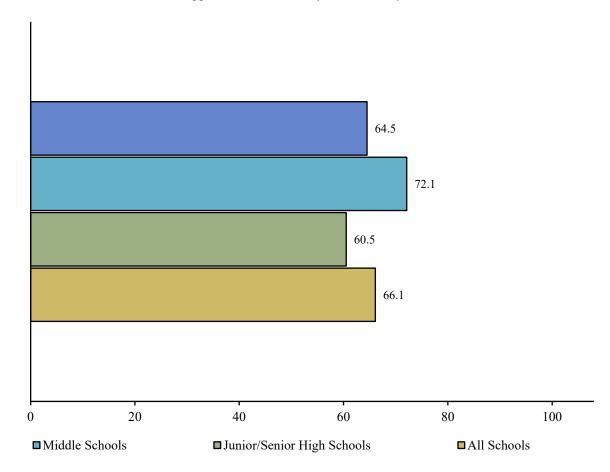
■ High Schools



2024 School Health Profiles Report Weighted Principal Survey Results

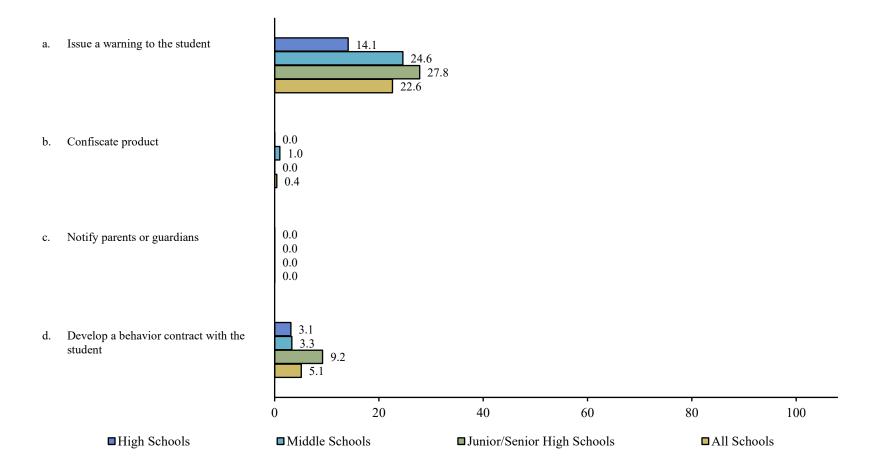
TOBVAPE. Percentage of schools that follow a policy that mandates a "tobacco-free environment" including prohibiting electronic vapor products. A "tobacco-free environment" is one that prohibits tobacco and EVP use by students, staff, and visitors in school buildings, at school functions, in school vehicles, on school grounds, and at off-site school events, applicable 24 hours a day and seven days a week.

■ High Schools



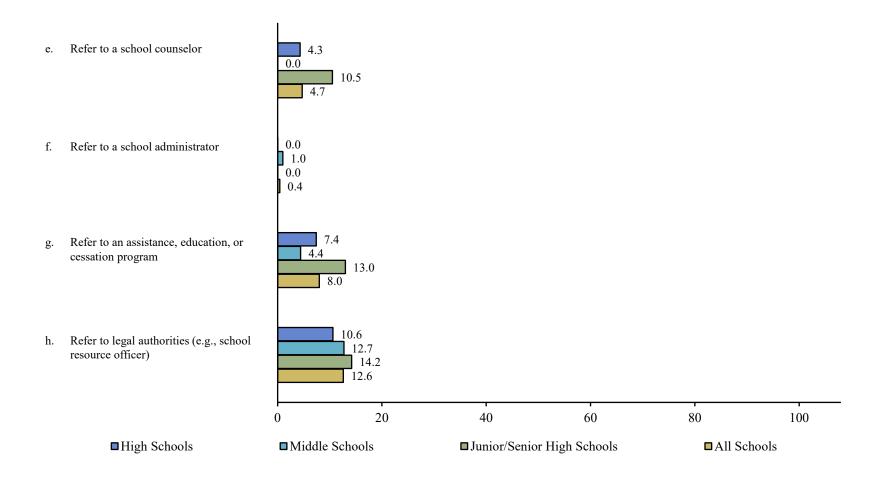
2024 School Health Profiles Report Weighted Principal Survey Results

28_1. (Never) Percentage of schools that never take the following actions when students are caught using electronic vapor products.



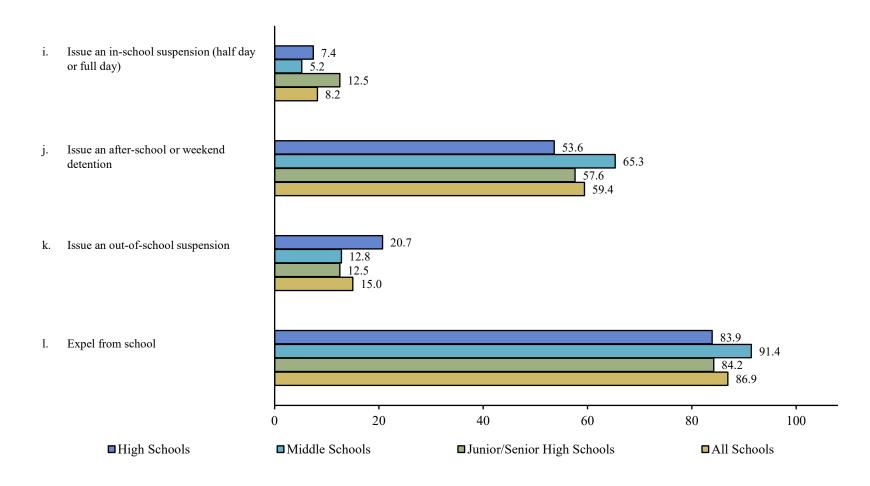
2024 School Health Profiles Report Weighted Principal Survey Results

28_1. (Never) Percentage of schools that never take the following actions when students are caught using electronic vapor products.



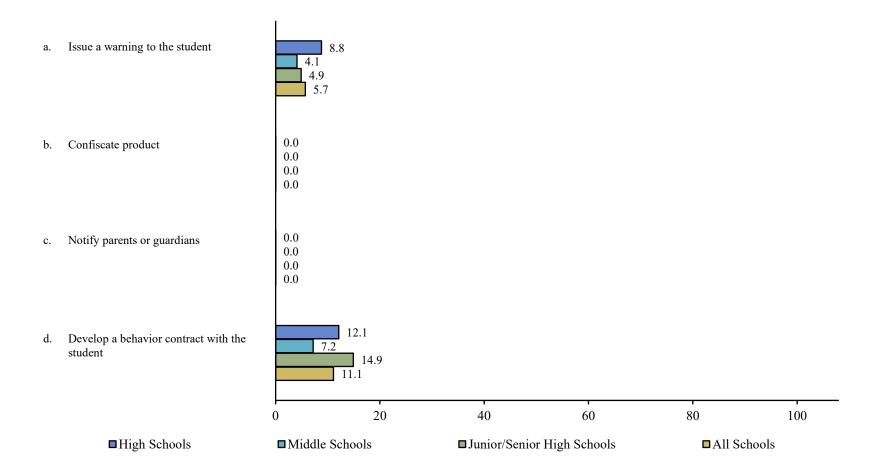
2024 School Health Profiles Report Weighted Principal Survey Results

28_1. (Never) Percentage of schools that never take the following actions when students are caught using electronic vapor products.



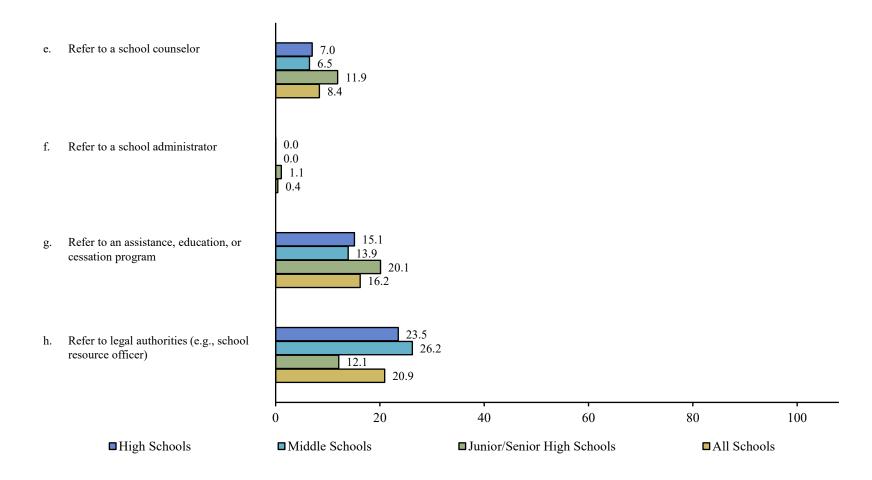
2024 School Health Profiles Report Weighted Principal Survey Results

28_2. (Rarely) Percentage of schools that rarely take the following actions when students are caught using electronic vapor products.



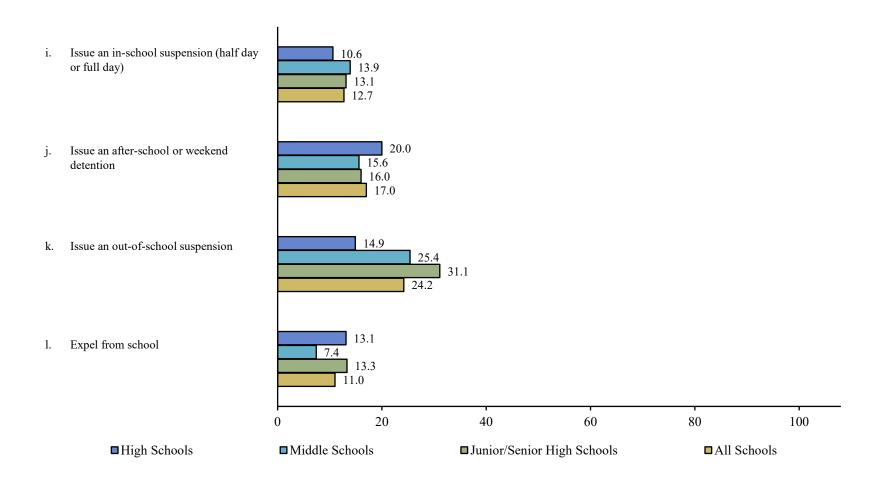
2024 School Health Profiles Report Weighted Principal Survey Results

28_2. (Rarely) Percentage of schools that rarely take the following actions when students are caught using electronic vapor products.



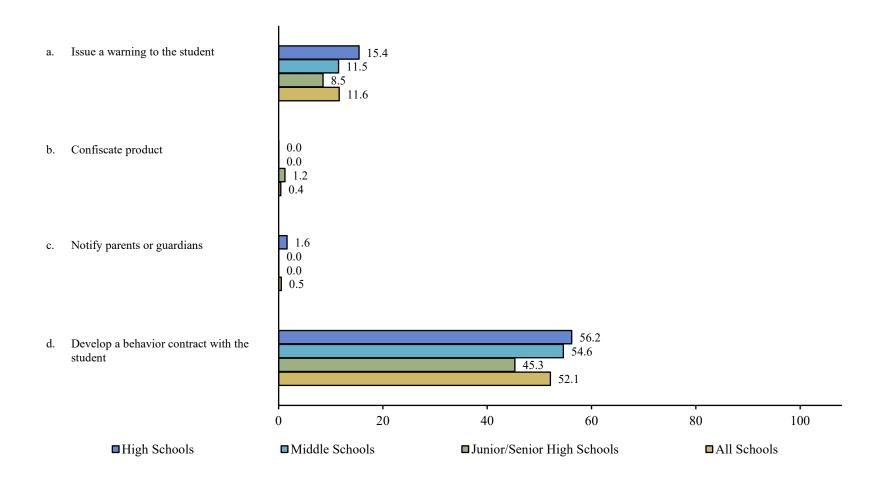
2024 School Health Profiles Report Weighted Principal Survey Results

28_2. (Rarely) Percentage of schools that rarely take the following actions when students are caught using electronic vapor products.



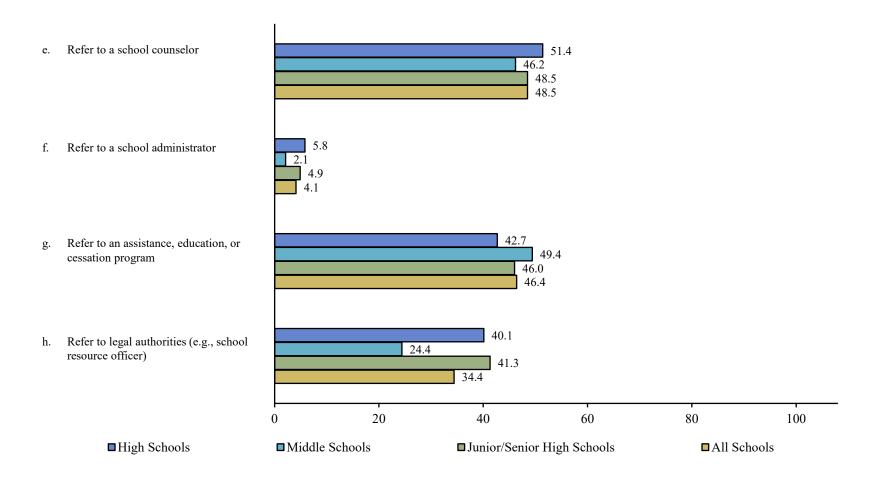
2024 School Health Profiles Report Weighted Principal Survey Results

28_3. (Sometimes) Percentage of schools that sometimes take the following actions when students are caught using electronic vapor products.



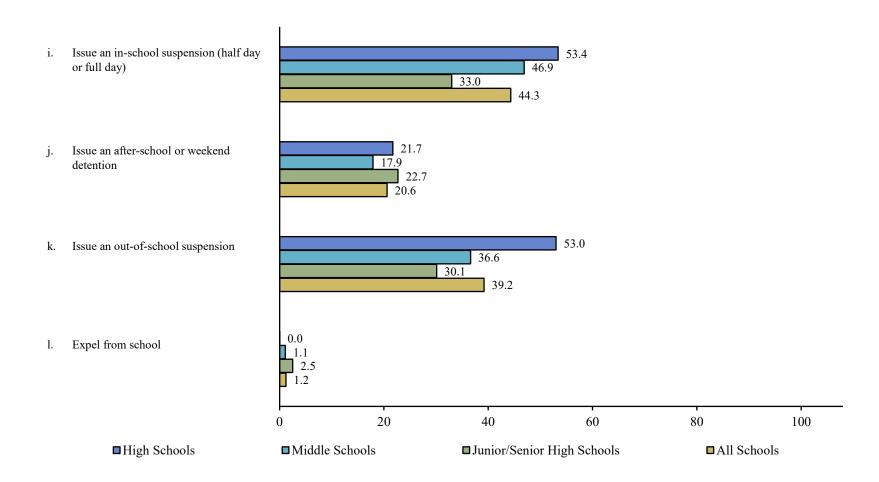
2024 School Health Profiles Report Weighted Principal Survey Results

28_3. (Sometimes) Percentage of schools that sometimes take the following actions when students are caught using electronic vapor products.



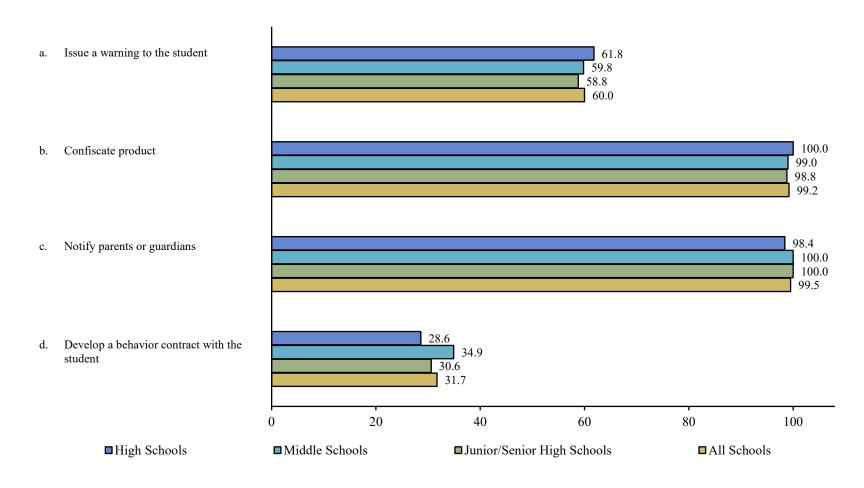
2024 School Health Profiles Report Weighted Principal Survey Results

28_3. (Sometimes) Percentage of schools that sometimes take the following actions when students are caught using electronic vapor products.



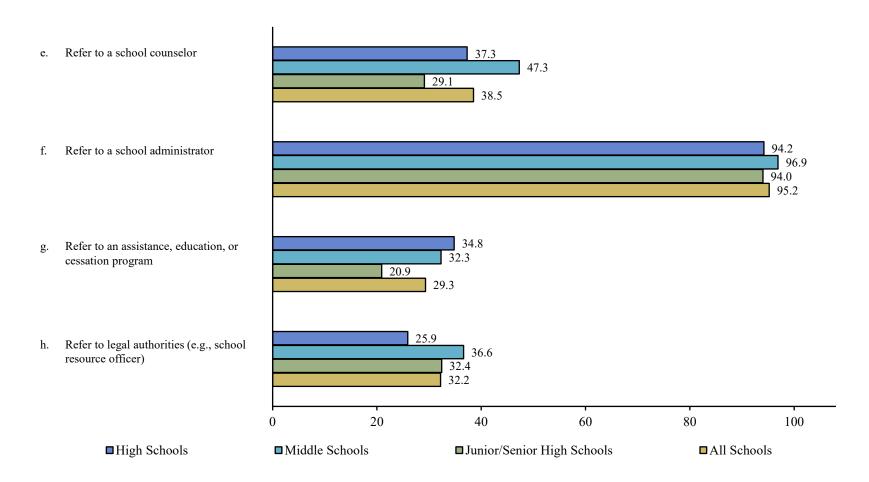
2024 School Health Profiles Report Weighted Principal Survey Results

28_4. (Always or almost always) Percentage of schools that always or almost always take the following actions when students are caught using electronic vapor products.



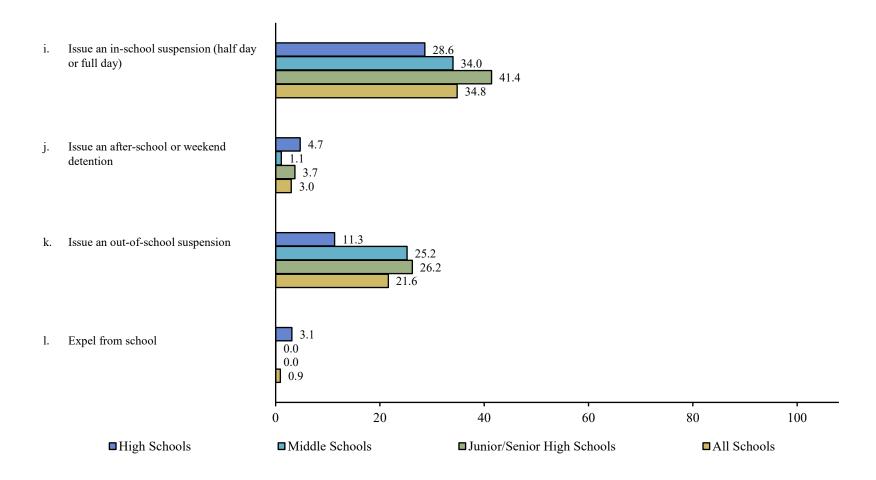
2024 School Health Profiles Report Weighted Principal Survey Results

28_4. (Always or almost always) Percentage of schools that always or almost always take the following actions when students are caught using electronic vapor products.



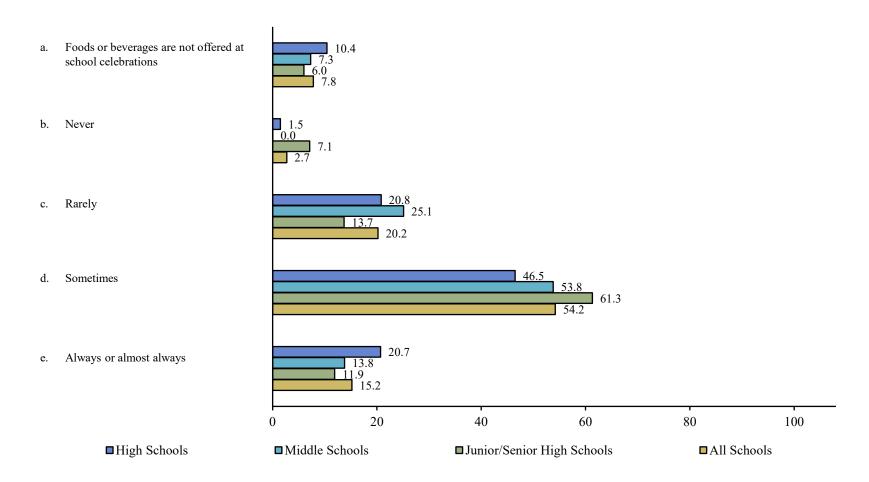
2024 School Health Profiles Report Weighted Principal Survey Results

28_4. (Always or almost always) Percentage of schools that always or almost always take the following actions when students are caught using electronic vapor products.



2024 School Health Profiles Report Weighted Principal Survey Results

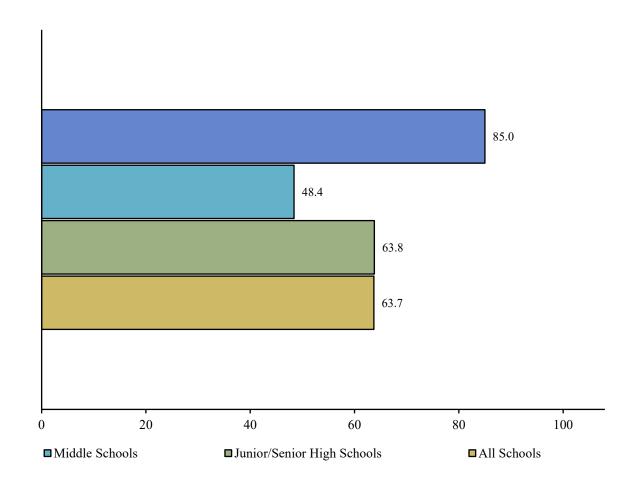
29. Percentage of schools that never, rarely, sometimes, or always or almost always offer fruits or non-fried vegetables at school celebrations when foods or beverages are offered.



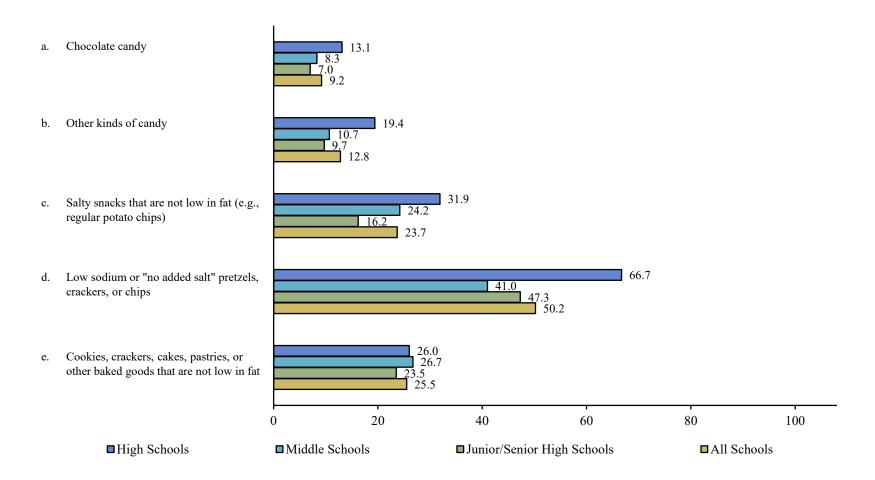
2024 School Health Profiles Report Weighted Principal Survey Results

30. Percentage of schools in which students can purchase snack foods or beverages from one or more vending machines at the school or at a school store, canteen, or snack bar.

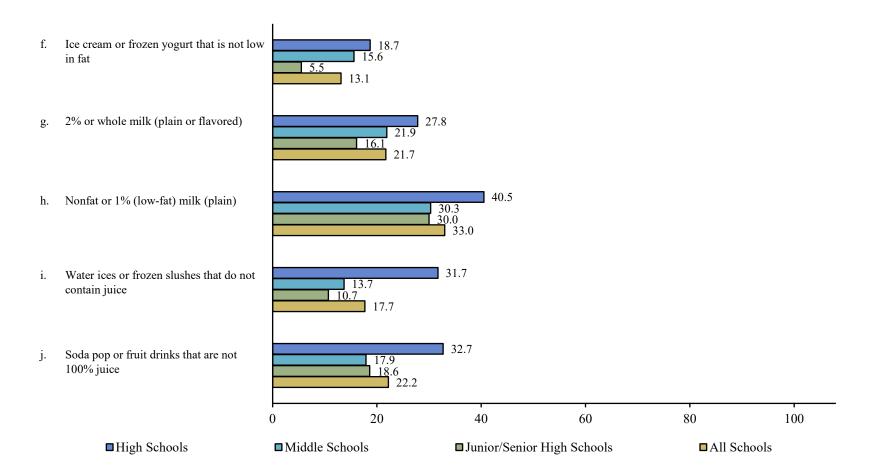
■ High Schools



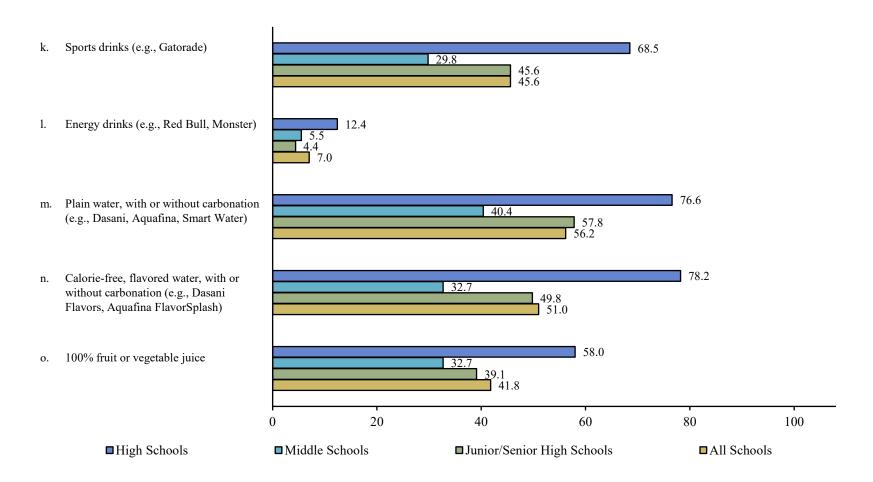
2024 School Health Profiles Report Weighted Principal Survey Results



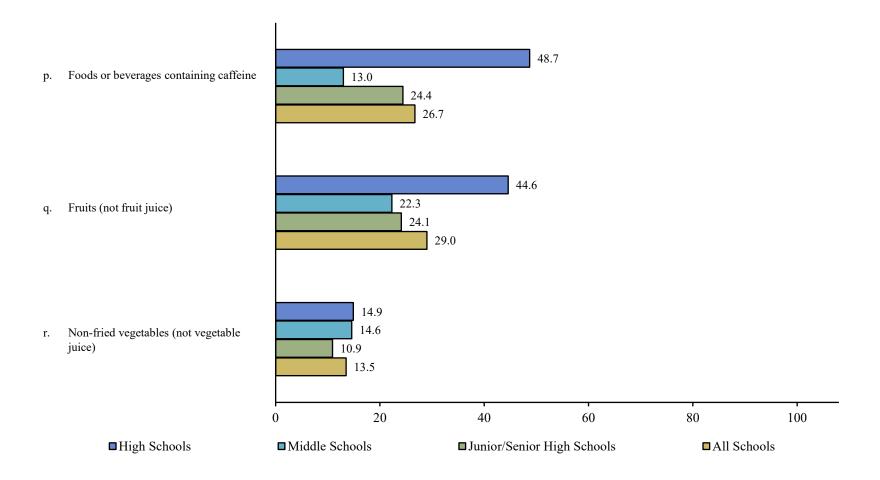
2024 School Health Profiles Report Weighted Principal Survey Results



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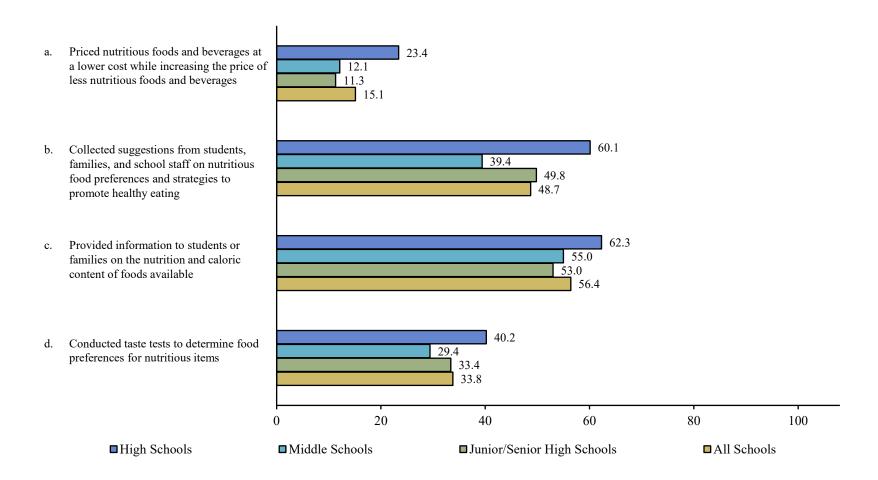


2024 School Health Profiles Report Weighted Principal Survey Results



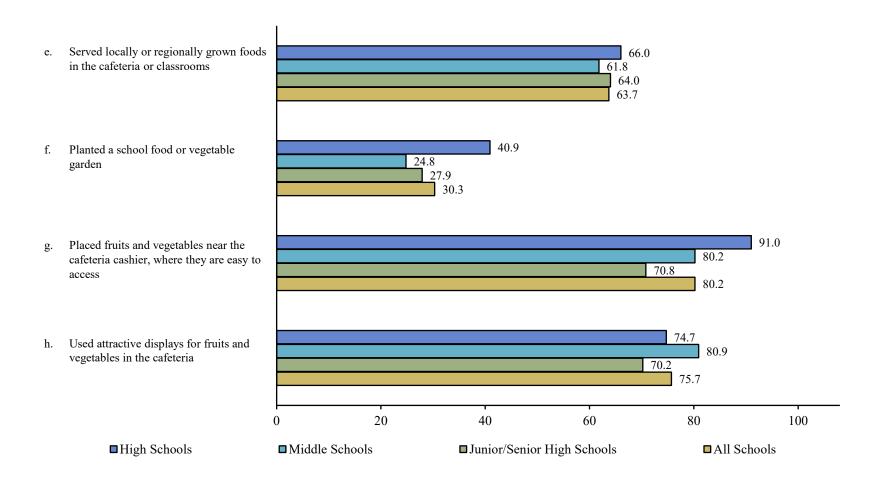
2024 School Health Profiles Report Weighted Principal Survey Results

32. Percentage of schools that have done any of the following activities during the current school year.



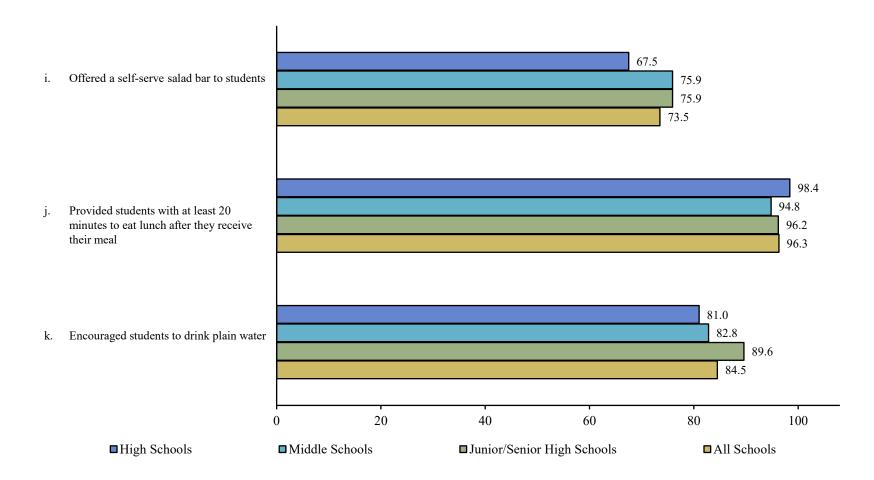
2024 School Health Profiles Report Weighted Principal Survey Results

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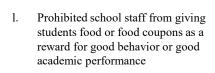
2024 School Health Profiles Report Weighted Principal Survey Results

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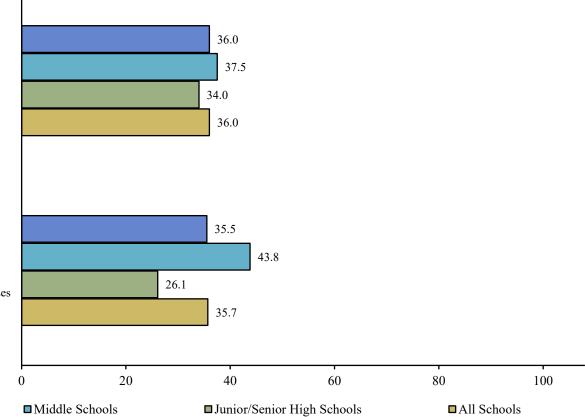
2024 School Health Profiles Report Weighted Principal Survey Results

32. Percentage of schools that have done any of the following activities during the current school year.



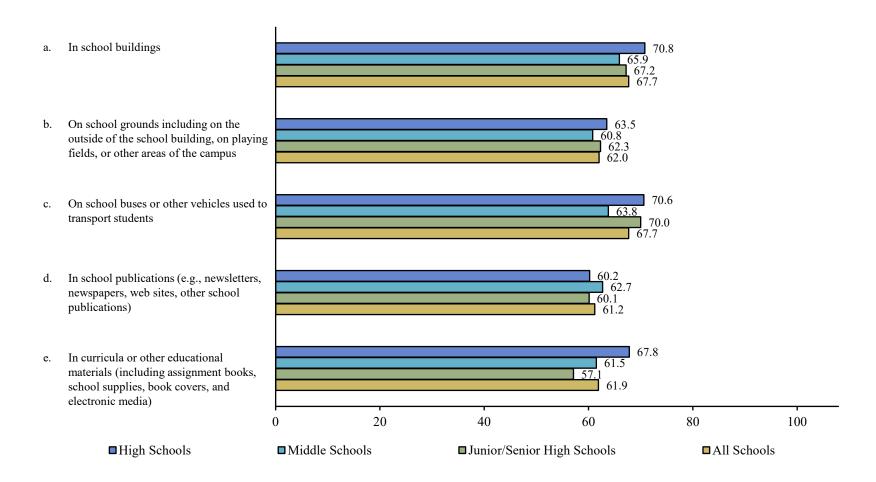
m. Prohibited less nutritious foods and beverages (e.g., candy, baked goods) from being sold for fundraising purposes

■ High Schools



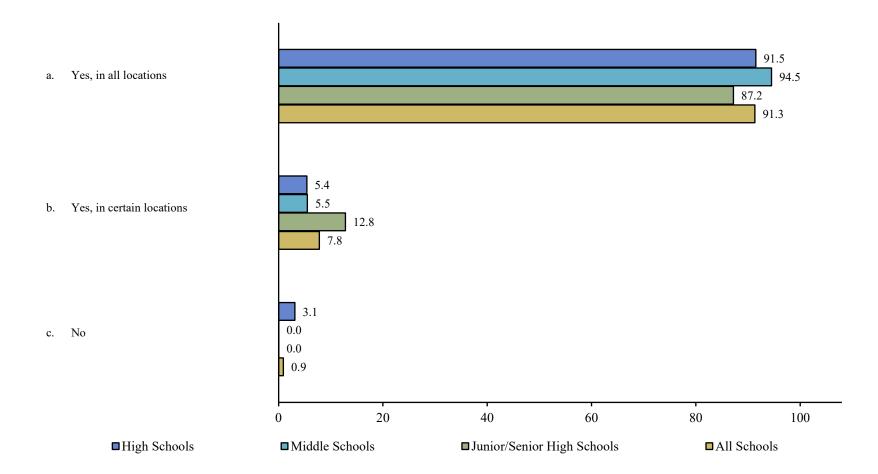
2024 School Health Profiles Report Weighted Principal Survey Results

33. Percentage of schools that prohibit advertisements for candy, fast food restaurants, or soft drinks in the following locations.



2024 School Health Profiles Report Weighted Principal Survey Results

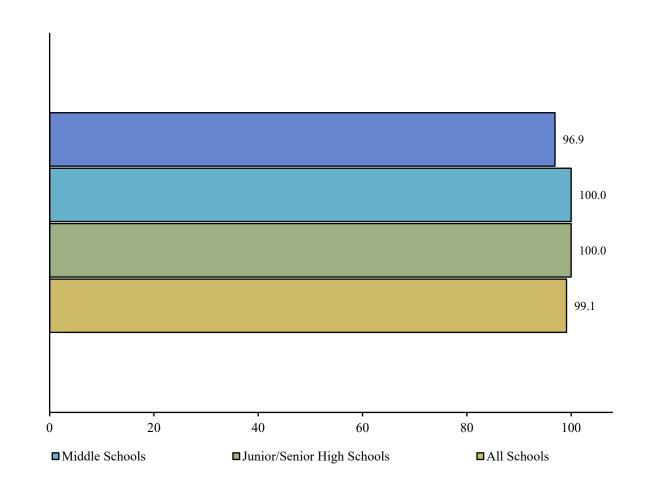
34. Percentage of schools that permit students to have a drinking water bottle with them during the school day.



2024 School Health Profiles Report Weighted Principal Survey Results

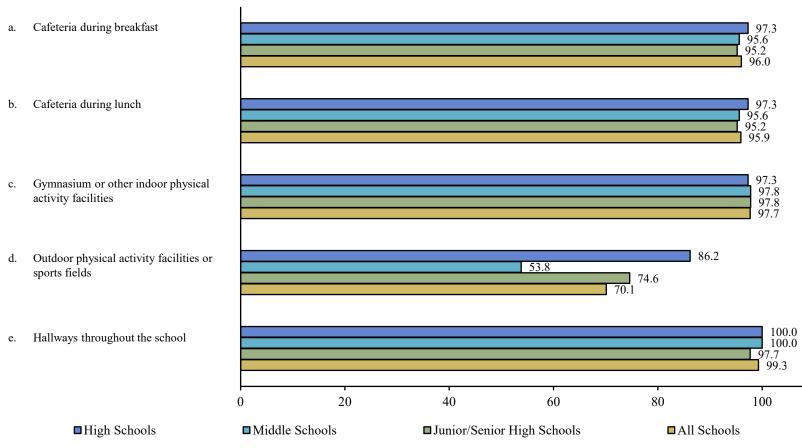
34N. Percentage of schools that permit students to have a drinking water bottle with them in either all locations or certain locations during the school day.

■ High Schools



2024 School Health Profiles Report Weighted Principal Survey Results

35. Percentage of schools that offer a free source of drinking water in the following locations.*

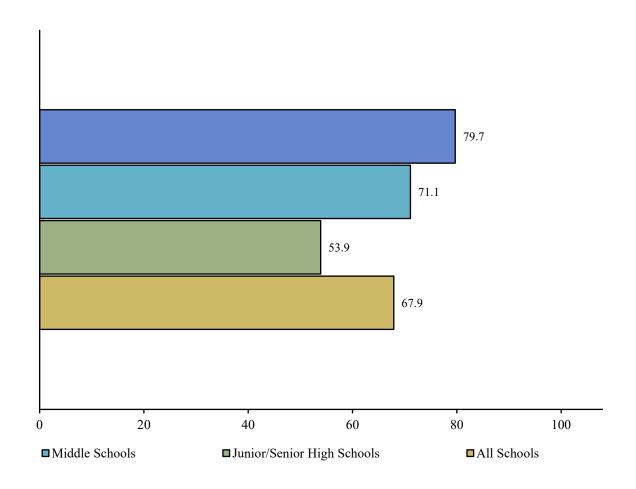


^{*}Among schools with that location.

2024 School Health Profiles Report Weighted Principal Survey Results

36. Percentage of schools that have a full-time registered nurse who provides health services to students.

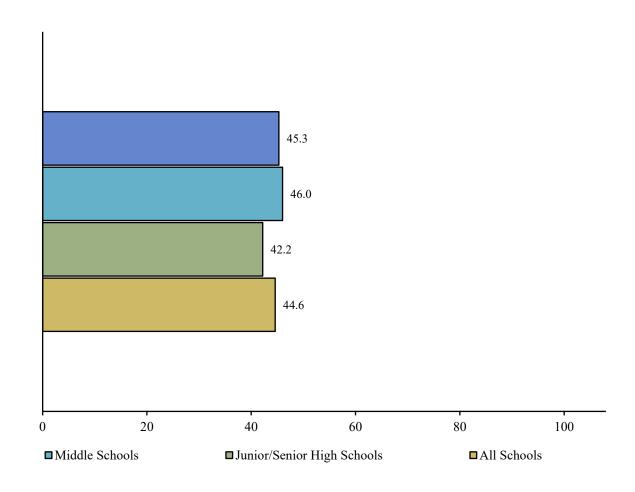
■ High Schools



2024 School Health Profiles Report Weighted Principal Survey Results

37. Percentage of schools that have a part-time registered nurse who provides health services to students.

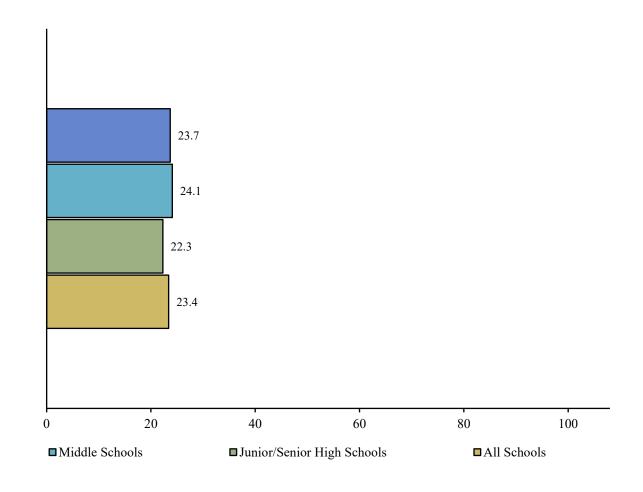
■ High Schools



2024 School Health Profiles Report Weighted Principal Survey Results

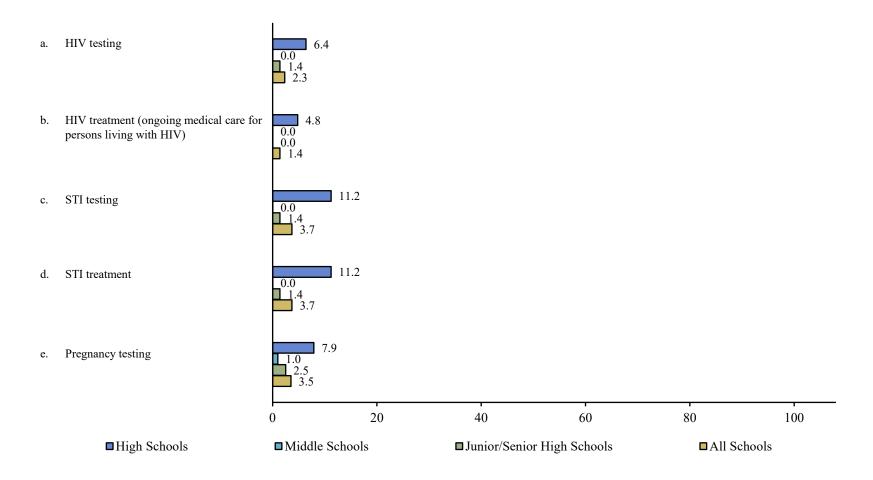
38. Percentage of schools that have a school-based health center that offers health services to students.

■ High Schools



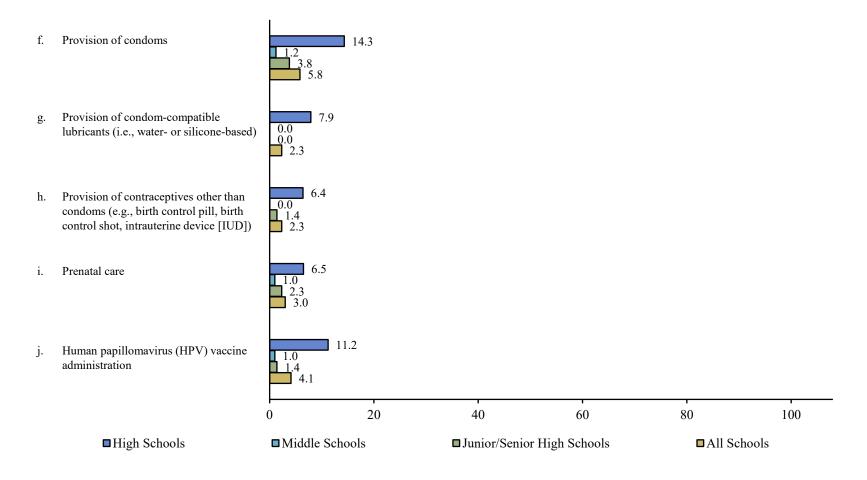
2024 School Health Profiles Report Weighted Principal Survey Results

39. Percentage of schools that provide the following services to students.



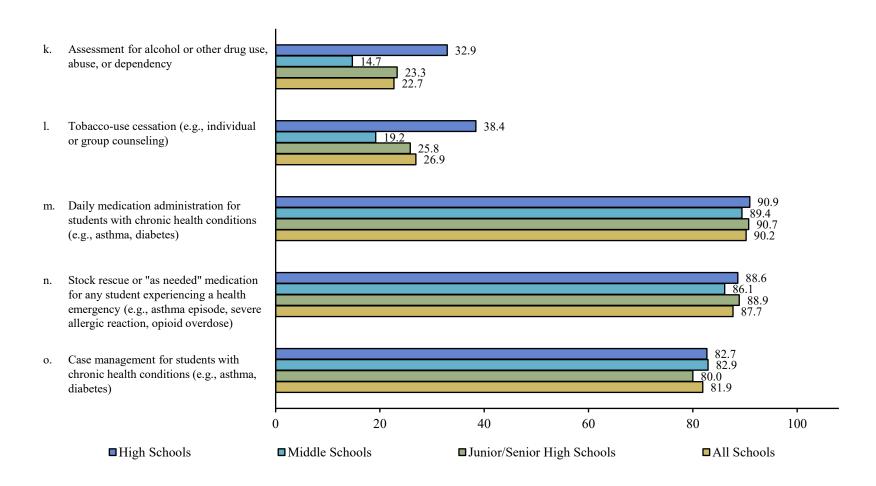
2024 School Health Profiles Report Weighted Principal Survey Results

39. Percentage of schools that provide the following services to students.



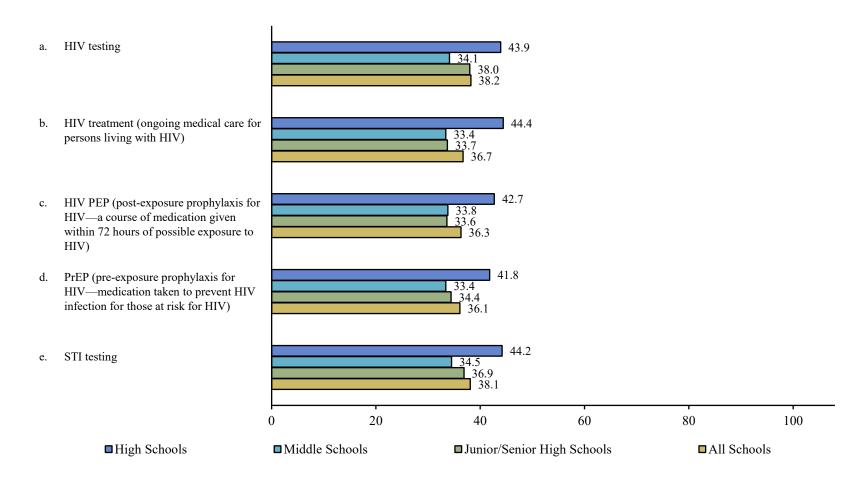
2024 School Health Profiles Report Weighted Principal Survey Results

39. Percentage of schools that provide the following services to students.



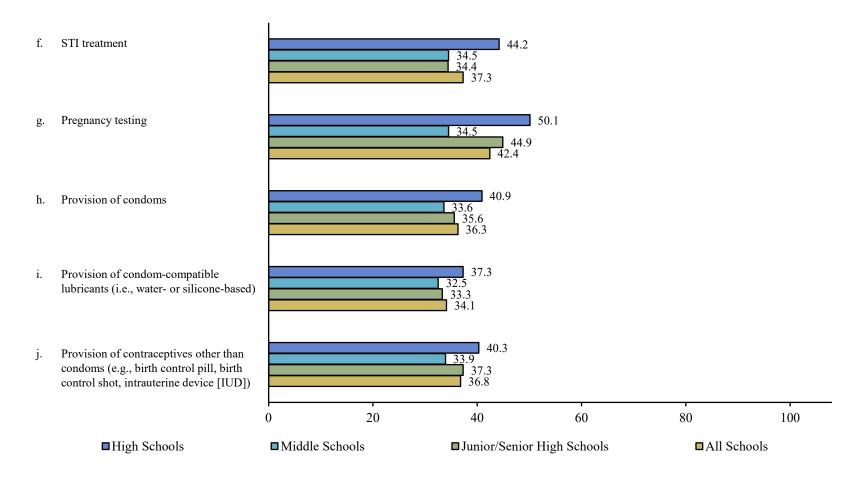
2024 School Health Profiles Report Weighted Principal Survey Results

40. Percentage of schools that provide students with referrals to any organizations or health care professionals not on school property for the following services.



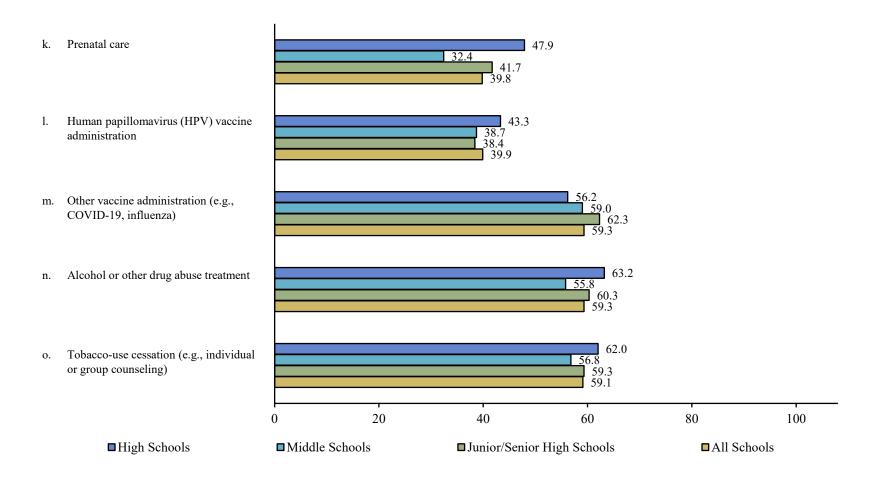
2024 School Health Profiles Report Weighted Principal Survey Results

40. Percentage of schools that provide students with referrals to any organizations or health care professionals not on school property for the following services.



2024 School Health Profiles Report Weighted Principal Survey Results

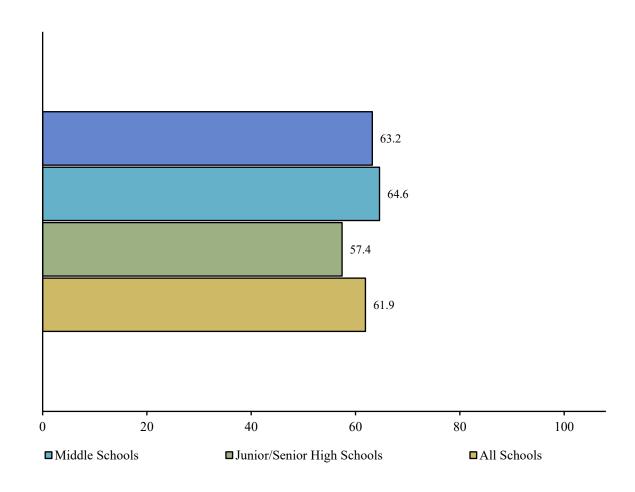
40. Percentage of schools that provide students with referrals to any organizations or health care professionals not on school property for the following services.



2024 School Health Profiles Report Weighted Principal Survey Results

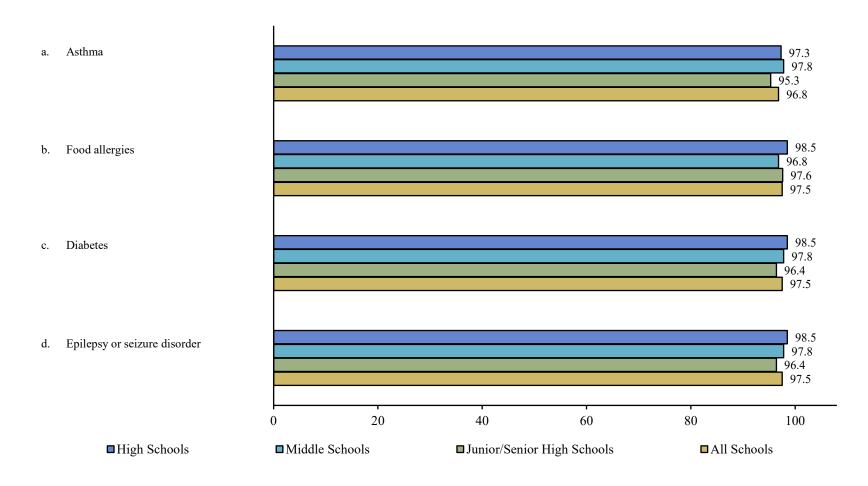
41. Percentage of schools that have a protocol that ensures students with a chronic condition that may require daily or emergency management (e.g., asthma, diabetes, food allergies) are enrolled in private, state, or federally funded insurance programs if eligible.

■ High Schools



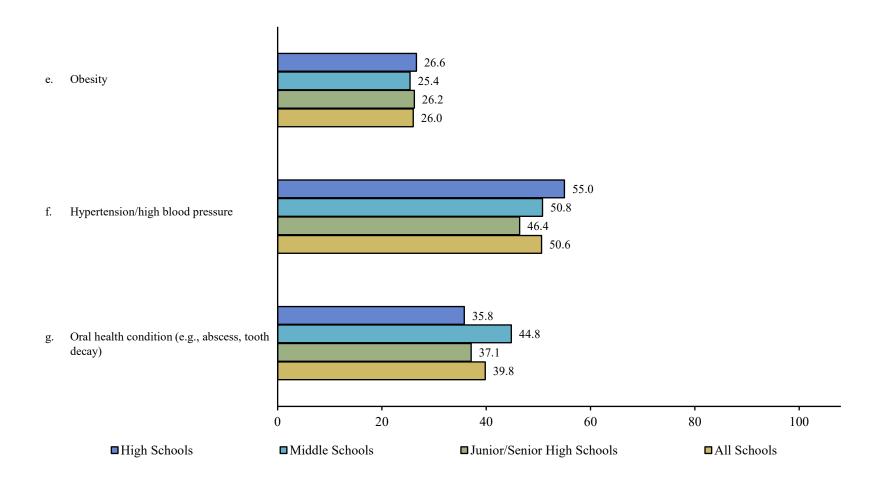
2024 School Health Profiles Report Weighted Principal Survey Results

42. Percentage of schools that routinely use school records to identify and track students with a current diagnosis of the following chronic conditions.



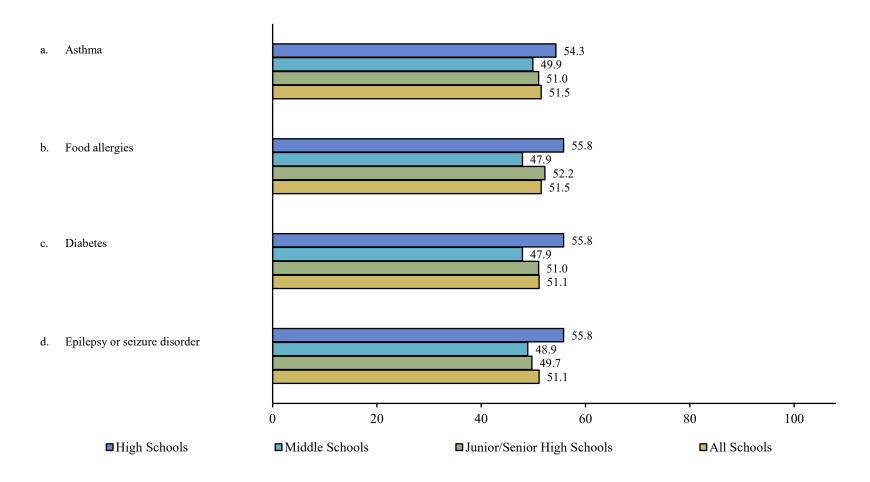
2024 School Health Profiles Report Weighted Principal Survey Results

42. Percentage of schools that routinely use school records to identify and track students with a current diagnosis of the following chronic conditions.



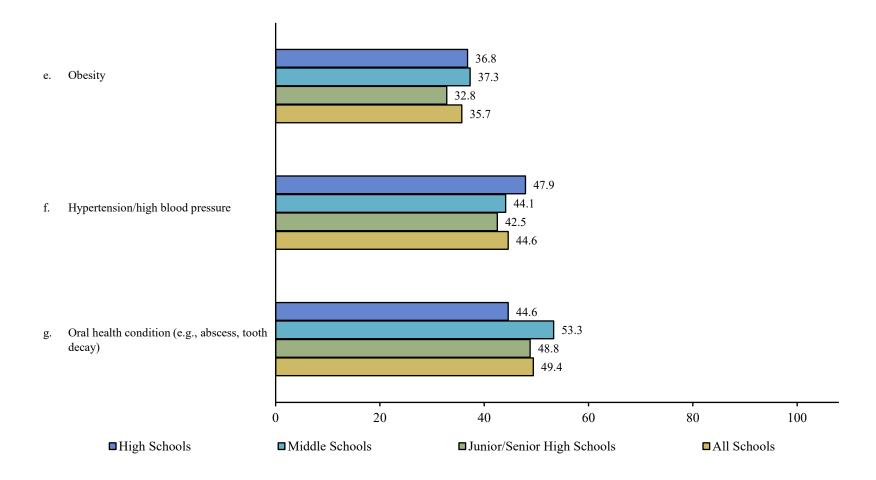
2024 School Health Profiles Report Weighted Principal Survey Results

43. Percentage of schools that provide referrals to any organizations or health care professionals not on school property for students diagnosed with or suspected to have the following chronic conditions.



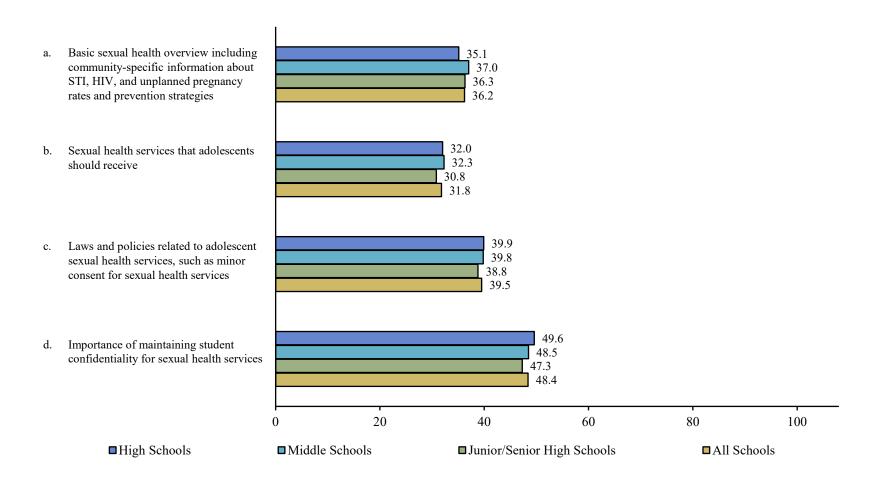
2024 School Health Profiles Report Weighted Principal Survey Results

43. Percentage of schools that provide referrals to any organizations or health care professionals not on school property for students diagnosed with or suspected to have the following chronic conditions.



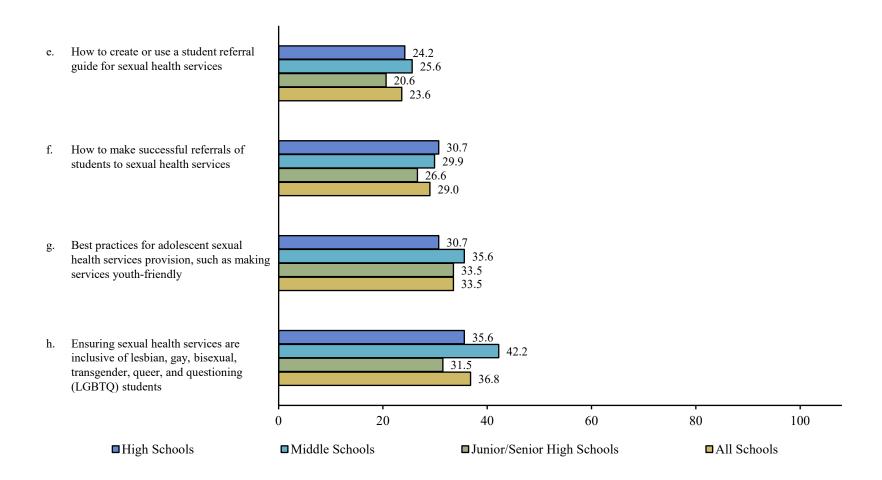
2024 School Health Profiles Report Weighted Principal Survey Results

44. Percentage of schools in which any staff received professional development on each of the following topics during the past two years.



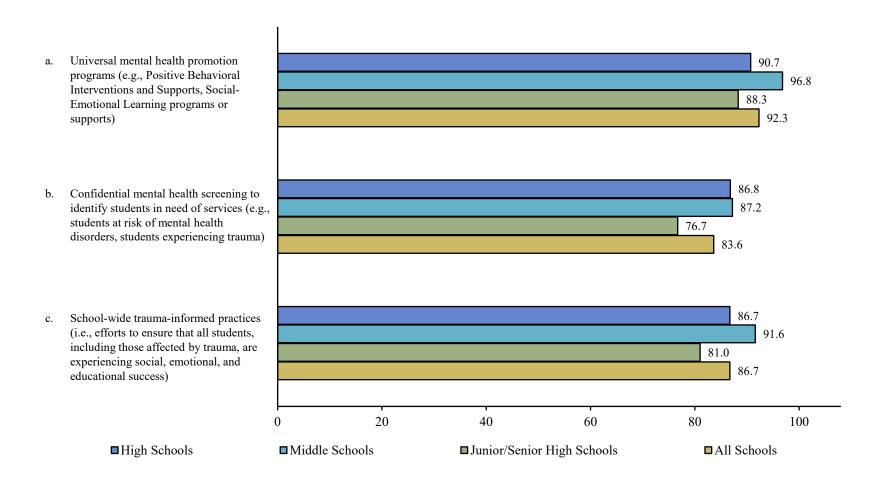
2024 School Health Profiles Report Weighted Principal Survey Results

44. Percentage of schools in which any staff received professional development on each of the following topics during the past two years.



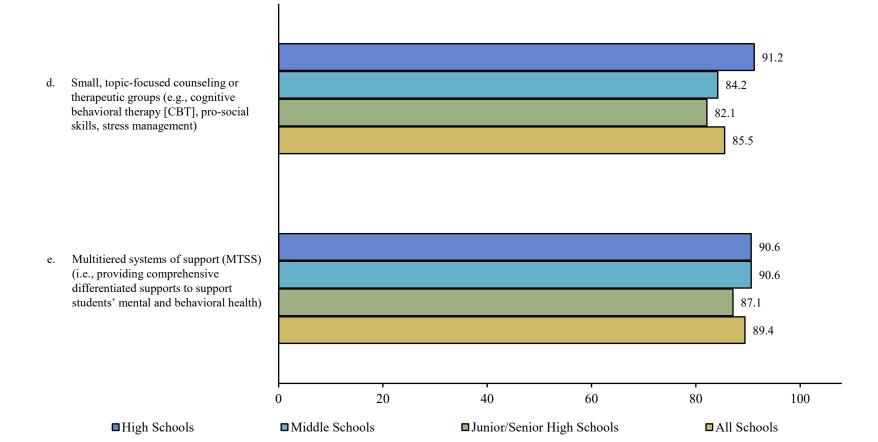
2024 School Health Profiles Report Weighted Principal Survey Results

45. Percentage of schools that provide the following mental health programs or services to students.



2024 School Health Profiles Report Weighted Principal Survey Results

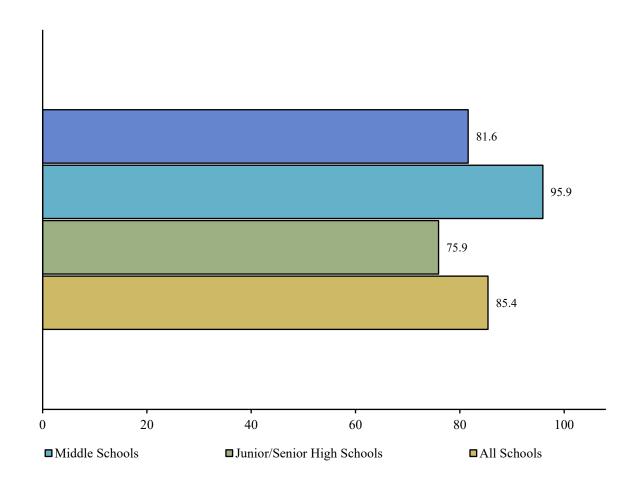
45. Percentage of schools that provide the following mental health programs or services to students.



2024 School Health Profiles Report Weighted Principal Survey Results

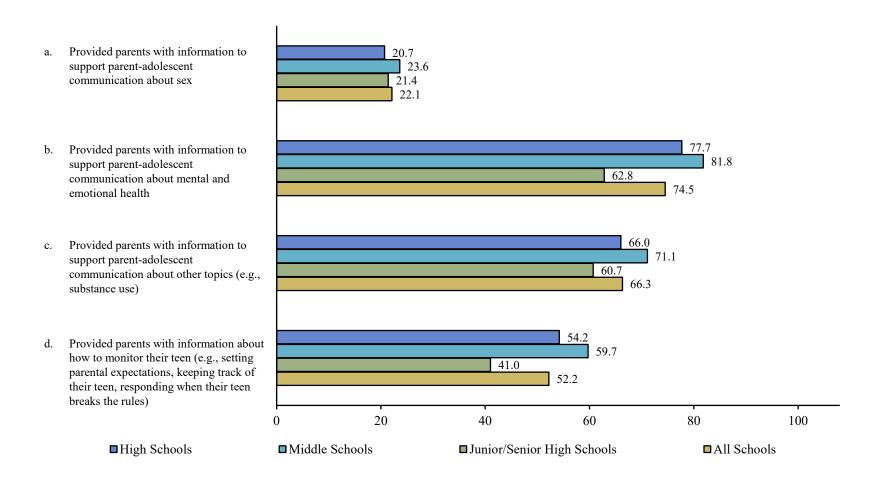
46. Percentage of schools with set opportunities for students to check in on their emotions and connect with their peers and teacher.

■ High Schools



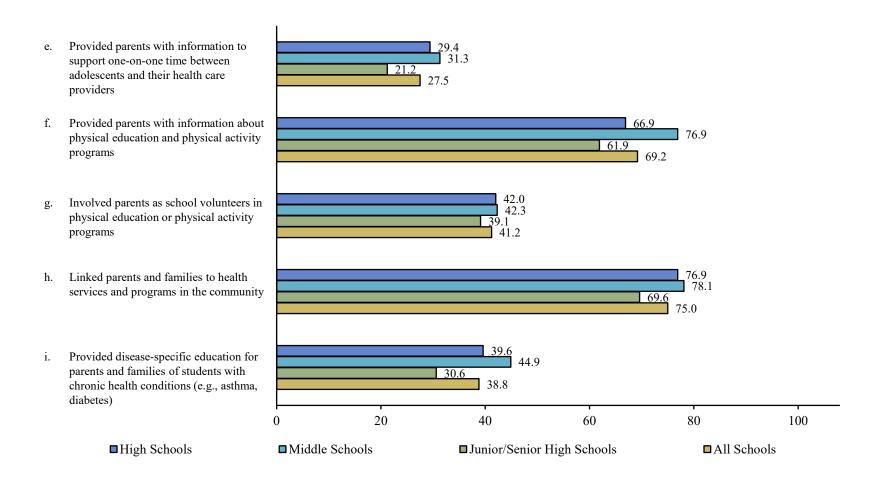
2024 School Health Profiles Report Weighted Principal Survey Results

47. Percentage of schools that have done any of the following activities during the current school year.



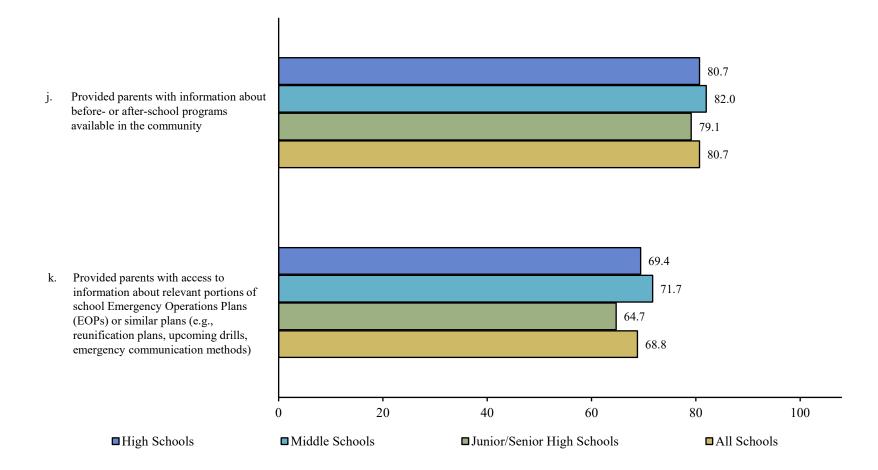
2024 School Health Profiles Report Weighted Principal Survey Results

47. Percentage of schools that have done any of the following activities during the current school year.



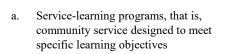
2024 School Health Profiles Report Weighted Principal Survey Results

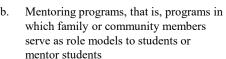
47. Percentage of schools that have done any of the following activities during the current school year.



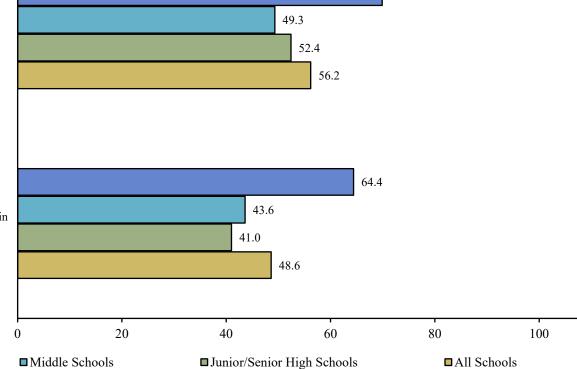
2024 School Health Profiles Report Weighted Principal Survey Results

48. Percentage of schools that currently implement any of the following school-based positive youth development programs.





■ High Schools

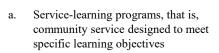


69.9

2024 School Health Profiles Report Weighted Principal Survey Results

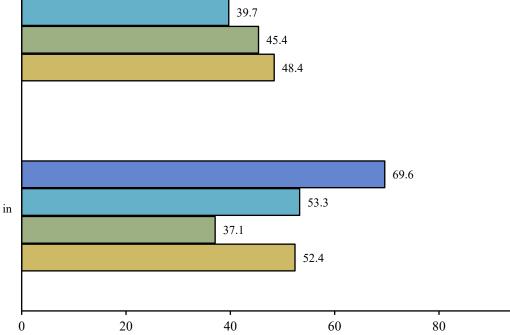
49. Percentage of schools that currently connect students to any of the following community-based positive youth development programs.

■ Middle Schools



b. Mentoring programs, that is, programs in which family or community members serve as role models to students or mentor students

■ High Schools



■ Junior/Senior High Schools

64.2

100

■ All Schools