

2013 Minnesota Student Survey County Tables

Fall 2013

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In Appreciation

We are indebted to the students, parents, teachers, Minnesota Student Survey coordinators, principals and superintendents across the state that agreed to participate in and supported the student survey when it was administered in the first half of 2013. These data are made available as a result of their interest and time and we are grateful for their efforts.

We are also indebted to the many state agency staff, especially the analysts with the Minnesota Center for Health Statistics at the Minnesota Department of Health, for their tireless work on making these data available.

2013 MINNESOTA STUDENT SURVEY

Survey Participation

The 2013 Minnesota Student Survey was administered in the first half of 2013 to public school students in Grades 5, 8, 9, and 11 statewide. All public school districts in Minnesota were invited to participate. Of the 334 public operating districts, 280 agreed to participate (84% of public operating school districts).

Public school student participation was voluntary and surveys were anonymous. Across the state, approximately 66% of fifth graders, 71% of eighth graders, 69% of ninth graders, and 62% of eleventh graders participated in the 2013 Minnesota Student Survey. Overall participation across the four grades was approximately 67% of total enrollment.

All schools and districts that participated in the survey followed federal laws regarding parental notification as required by the Family Educational Rights and Privacy Act (FERPA) and the Protection of Pupil Rights Amendment (PPRA). PPRA requires that schools that participate in the survey notify parents of the survey administration, provide parents the opportunity to review the survey instrument, and allow parents to opt their child out of participating.

Mode of Administration

In 2013, for the first time, schools could choose to administer the survey by computer or by using the traditional paper and pencil survey. Each participating school had to choose one method or the other. Overall, 35% of students took the survey by computer and 65% used the paper survey. The survey questions that students saw on their computer screens were the same as those in the paper survey booklets.

Researchers find that the mode of administration (in this case, computer or paper) may sometimes influence survey results in subtle ways. Students may feel that one method offers more privacy or anonymity than the other, or they may simply feel more comfortable with one method. The Minnesota Student Survey research team will be analyzing the results of the 2013 survey to see if they can detect any influence of the mode of administration on survey results.

Items on the Tables

The accompanying set of tables includes the responses for all survey items. Items are ordered within the tables according to meaningful domains; the order items appear on the tables is not necessarily the order they appeared in the survey. A Table of Contents is provided on pages v-vi. The Grade 5 survey version was shorter than the Grade 8 survey version, which in turn was shorter than the Grade 9/11 version. The Grade 5 and Grade 8 versions did not include items appropriate only for older students. Items found on some versions of the survey but not on others are identified on the tables.

New Questions and Year-to-Year Comparisons

Many of the 2013 survey instrument questions were changed from the 2010 survey instrument. While some questions stayed the same, other questions had updated or improved wording. Some entirely new questions were added and some questions were dropped. New questions are noted on each table. Caution must be used when making comparisons over time for any questions in which the wording has changed.

Please note that although these surveys are given repeatedly over time, student populations may change between administrations of the survey.

Validity of Responses

Approximately 2% of the surveys were eliminated from analyses because gender was missing, responses were highly inconsistent, or there was a pattern of likely exaggeration.

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**TABLE 1
DEMOGRAPHIC DESCRIPTION
Polk County**

		Grade							
		5th		8th		9th		11th	
		N	%	N	%	N	%	N	%
Total number of surveys		273	100%	263	100%	285	100%	251	100%
Gender	Male	127	47%	124	47%	134	47%	138	55%
	Female	146	53%	139	53%	151	53%	113	45%
Age	10 or younger	129	47%	0	0%	0	0%	0	0%
	11	135	49%	0	0%	0	0%	0	0%
	12	8	3%	0	0%	0	0%	0	0%
	13	1	0%	93	35%	0	0%	0	0%
	14	0	0%	163	62%	87	31%	0	0%
	15	0	0%	6	2%	187	66%	0	0%
	16	0	0%	0	0%	11	4%	75	30%
	17	0	0%	0	0%	0	0%	168	67%
	18	0	0%	0	0%	0	0%	8	3%
	19-20	0	0%	0	0%	0	0%	0	0%
	No answer	0	0%	1	0%	0	0%	0	0%
Are you a member of any of the following ethnic or cultural groups?[^] Hispanic or Latino/a	Yes	31	11%	31	12%	27	9%	19	8%
	No	213	78%	227	86%	248	87%	221	88%
	Not answered	29	11%	5	2%	10	4%	11	4%
Are you a member of any of the following ethnic or cultural groups?[^] Somali	Yes	2	1%	2	1%	1	0%	1	0%
	No	233	85%	248	94%	267	94%	233	93%
	Not answered	38	14%	13	5%	17	6%	17	7%
Are you a member of any of the following ethnic or cultural groups?[^] Hmong	Yes	1	0%	0	0%	0	0%	0	0%
	No	231	85%	249	95%	266	93%	233	93%
	Not answered	41	15%	14	5%	19	7%	18	7%
In addition, what is your race?[^] (If more than one describes you, mark ALL that apply)	American Indian or Alaskan Native only	15	5%	3	1%	8	3%	5	2%
	Asian only	0	0%	2	1%	3	1%	0	0%
	Black, African or African American only	9	3%	4	2%	3	1%	3	1%
	Native Hawaiian or Pacific Islander only	1	0%	0	0%	2	1%	1	0%
	White only	215	79%	228	87%	240	84%	224	89%
	Multiple race (checked more than one)	16	6%	12	5%	18	6%	11	4%
	No answer	17	6%	14	5%	11	4%	7	3%

[^] New question in 2013.

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TABLE 2
SCHOOL PLANS; IEP PARTICIPATION; CHANGING SCHOOLS; ACADEMIC PERFORMANCE
Polk County

		Grade							
		5th		8th		9th		11th	
		Male	Female	Male	Female	Male	Female	Male	Female
		%	%	%	%	%	%	%	%
What is the MAIN thing you plan to do right AFTER high school?*	I don't plan to graduate from high school			0%	1%	0%	0%	0%	1%
	Get my GED			1%	2%	1%	2%	1%	1%
	Go to a two-year community or technical college			11%	5%	12%	11%	18%	14%
	Go to a four-year college or university			58%	70%	58%	72%	57%	70%
	Get a license or certificate in a career field			5%	8%	1%	7%	4%	7%
	Attend an apprenticeship program			0%	0%	0%	1%	0%	0%
	Join the military			7%	2%	10%	2%	6%	3%
	Work at a job			9%	2%	13%	3%	9%	4%
	Other			9%	9%	6%	2%	6%	1%
Do you have an IEP or get special education services?	Yes	16%	14%	17%	7%	16%	11%	14%	5%
	No	84%	86%	83%	93%	84%	89%	86%	95%
Since the beginning of this school year, how many times have you changed schools?	0 times	96%	88%	94%	97%	93%	95%	96%	94%
	1 time	0%	5%	6%	1%	4%	3%	2%	3%
	2 times	2%	1%	1%	1%	3%	1%	1%	2%
	3 or more times	2%	6%	0%	1%	1%	1%	1%	2%
How would you describe your grades this school year?^	Mostly As	42%	47%	44%	55%	44%	46%	37%	56%
	Mostly Bs	41%	45%	26%	28%	32%	32%	42%	30%
	Mostly Cs	9%	4%	22%	10%	11%	13%	20%	9%
	Mostly Ds	3%	0%	5%	4%	8%	6%	1%	3%
	Mostly Fs	1%	0%	3%	1%	4%	2%	0%	2%
	Mostly Incompletes	2%	2%	1%	1%	1%	1%	0%	0%
	None of these letter grades	3%	2%	0%	0%	0%	0%	0%	0%

* 5th grade survey did not ask this question.

^ New question in 2013.

2013 Minnesota Student Survey

**TABLE 3
FEELINGS ABOUT SCHOOL[^]
Polk County**

		Grade								
		5th		8th		9th		11th		
		Male %	Female %	Male %	Female %	Male %	Female %	Male %	Female %	
How often do you care about doing well in school?	All of the time	56%	61%	39%	50%	43%	53%	33%	51%	
	Most of the time	30%	35%	49%	37%	39%	37%	46%	41%	
	Some of the time	10%	4%	10%	12%	17%	9%	20%	6%	
	None of the time	4%	0%	2%	1%	1%	1%	1%	2%	
How often do you pay attention in class?	All of the time	23%	39%	15%	12%	16%	12%	14%	27%	
	Most of the time	65%	57%	69%	72%	60%	72%	64%	66%	
	Some of the time	10%	4%	16%	14%	23%	15%	21%	5%	
	None of the time	2%	0%	0%	1%	1%	1%	1%	2%	
How often do you go to class unprepared?	All of the time	6%	2%	0%	1%	2%	3%	1%	3%	
	Most of the time	7%	4%	10%	5%	9%	3%	7%	0%	
	Some of the time	47%	43%	48%	42%	48%	34%	59%	40%	
	None of the time	40%	50%	42%	52%	41%	60%	33%	58%	
How much do you agree or disagree with each of the following statements?	If something interests me, I try to learn more about it.	Strongly agree	43%	45%	40%	41%	45%	34%	70%	56%
		Agree	54%	53%	56%	56%	52%	64%	28%	43%
		Disagree	2%	2%	4%	3%	3%	2%	1%	1%
		Strongly disagree	1%	0%	0%	0%	1%	0%	0%	0%
	I think things I learn in school are useful.	Strongly agree	41%	52%	15%	15%	15%	9%	17%	13%
		Agree	46%	45%	71%	68%	65%	73%	62%	74%
		Disagree	7%	1%	10%	15%	15%	15%	18%	9%
		Strongly disagree	6%	2%	4%	3%	5%	2%	3%	4%
	Being a student is one of the most important parts of who I am.	Strongly agree	30%	40%	16%	14%	18%	12%	14%	23%
		Agree	50%	51%	53%	53%	47%	60%	54%	57%
		Disagree	15%	9%	23%	27%	30%	25%	26%	19%
		Strongly disagree	4%	0%	7%	5%	5%	3%	6%	2%

[^] All questions on this table were new in 2013.

2013 Minnesota Student Survey

**TABLE 4
FEELINGS ABOUT SCHOOL; SKIPPING SCHOOL^
Polk County**

			Grade							
			5th		8th		9th		11th	
			Male %	Female %	Male %	Female %	Male %	Female %	Male %	Female %
How much do you agree or disagree with each of the following statements?	Overall, adults at my school treat students fairly.	Strongly agree	31%	48%	27%	18%	20%	16%	27%	21%
		Agree	45%	46%	51%	63%	56%	68%	60%	54%
		Disagree	17%	3%	15%	15%	17%	14%	8%	17%
		Strongly disagree	7%	2%	7%	4%	8%	2%	5%	9%
	Adults at my school listen to the students.	Strongly agree	35%	43%	19%	13%	19%	13%	17%	14%
		Agree	44%	48%	52%	61%	53%	64%	60%	50%
		Disagree	15%	8%	21%	23%	21%	21%	20%	29%
		Strongly disagree	6%	1%	7%	3%	7%	2%	4%	6%
	The school rules are fair.	Strongly agree	25%	47%	16%	17%	17%	11%	18%	19%
		Agree	52%	47%	55%	54%	57%	74%	53%	62%
		Disagree	16%	4%	21%	28%	23%	15%	24%	17%
		Strongly disagree	7%	1%	7%	1%	2%	0%	6%	3%
	At my school, teachers care about students.	Strongly agree	55%	69%	26%	25%	22%	18%	25%	18%
		Agree	37%	30%	54%	61%	56%	69%	57%	66%
		Disagree	7%	1%	16%	12%	14%	11%	14%	13%
		Strongly disagree	2%	0%	4%	2%	8%	1%	4%	4%
	Most teachers at my school are interested in me as a person.	Strongly agree	28%	44%	16%	19%	10%	8%	22%	15%
		Agree	49%	50%	52%	41%	55%	56%	51%	50%
		Disagree	20%	5%	23%	30%	24%	32%	23%	27%
		Strongly disagree	3%	1%	9%	10%	11%	5%	4%	8%
During the last 30 days, how many times have you skipped school or cut classes, but NOT a full day of school, without being excused?*	None			90%	87%	78%	87%	83%	82%	
	Once or twice			10%	8%	18%	9%	14%	9%	
	3 to 5 times			0%	5%	2%	3%	1%	6%	
	6 to 9 times			0%	0%	1%	0%	1%	1%	
	10 or more times			0%	0%	0%	0%	1%	2%	
During the last 30 days, how many times have you skipped school or cut a FULL day of school or classes, without being excused?*	None			93%	92%	92%	95%	93%	89%	
	Once or twice			6%	5%	6%	5%	5%	8%	
	3 to 5 times			2%	1%	1%	1%	2%	1%	
	6 to 9 times			0%	1%	1%	0%	0%	1%	
	10 or more times			0%	1%	0%	0%	0%	1%	

* 5th grade survey did not ask this question.

^ All questions on this table were new in 2013.

2013 Minnesota Student Survey

**TABLE 5
TIME AWAY FROM CLASS^
Polk County**

During the last 30 days, how many times have you...		Grade							
		5th		8th		9th		11th	
		Male	Female	Male	Female	Male	Female	Male	Female
		%	%	%	%	%	%	%	%
...gone to the nurses office?	None	61%	61%	88%	81%	86%	87%	94%	93%
	Once or twice	33%	32%	10%	14%	14%	11%	4%	5%
	3 to 5 times	4%	4%	2%	4%	0%	1%	1%	0%
	6 to 9 times	1%	1%	0%	0%	0%	0%	1%	1%
	10 or more times	1%	1%	0%	1%	0%	1%	0%	1%
...stayed home because you were sick?	None	44%	41%	58%	51%	56%	42%	57%	45%
	Once or twice	41%	45%	33%	37%	39%	40%	32%	39%
	3 to 5 times	12%	12%	8%	8%	4%	15%	9%	11%
	6 to 9 times	1%	3%	1%	3%	0%	3%	1%	4%
	10 or more times	2%	0%	0%	1%	1%	1%	1%	2%
...been sent to the office for discipline?	None	74%	94%	80%	90%	83%	95%	88%	92%
	Once or twice	19%	4%	15%	7%	15%	5%	11%	7%
	3 to 5 times	6%	1%	2%	3%	2%	1%	1%	1%
	6 to 9 times	1%	0%	2%	0%	1%	0%	0%	0%
	10 or more times	1%	0%	1%	0%	0%	0%	0%	0%
...had in-school suspension (ISS)?	None	95%	100%	98%	99%	95%	97%	96%	99%
	Once or twice	5%	0%	2%	1%	5%	3%	4%	1%
	3 to 5 times	0%	0%	0%	1%	1%	0%	0%	0%
	6 to 9 times	0%	0%	0%	0%	0%	0%	0%	0%
	10 or more times	0%	0%	0%	0%	0%	0%	0%	0%
...been suspended from school (out-of-school suspension/OSS)?	None	98%	100%	99%	99%	98%	99%	99%	99%
	Once or twice	2%	0%	1%	1%	2%	1%	1%	0%
	3 to 5 times	0%	0%	0%	0%	0%	0%	0%	1%
	6 to 9 times	0%	0%	0%	0%	0%	0%	0%	0%
	10 or more times	0%	0%	0%	0%	0%	0%	0%	0%

^ All questions on this table were new in 2013.

2013 Minnesota Student Survey

TABLE 6
PERCEPTIONS OF SAFETY; AFTER SCHOOL SUPERVISION
Polk County

			Grade							
			5th		8th		9th		11th	
			Male	Female	Male	Female	Male	Female	Male	Female
			%	%	%	%	%	%	%	%
How much do you agree or disagree with each of the following statements?	I feel safe going to and from school.	Strongly agree	58%	58%	51%	50%	48%	48%	69%	63%
		Agree	33%	38%	45%	44%	44%	47%	28%	33%
		Disagree	9%	2%	2%	5%	7%	4%	1%	4%
		Strongly disagree	1%	2%	2%	1%	2%	1%	2%	0%
	I feel safe at school.	Strongly agree	60%	60%	41%	45%	42%	36%	58%	58%
		Agree	28%	35%	52%	49%	47%	57%	36%	35%
		Disagree	10%	3%	4%	6%	9%	6%	4%	5%
		Strongly disagree	2%	1%	3%	1%	2%	1%	2%	2%
	I feel safe in my neighborhood.	Strongly agree	60%	55%	65%	52%	61%	45%	74%	60%
		Agree	28%	37%	31%	44%	33%	47%	26%	36%
		Disagree	10%	6%	2%	4%	4%	7%	0%	4%
		Strongly disagree	2%	3%	1%	1%	2%	1%	0%	0%
	I feel safe at home.^	Strongly agree	83%	78%	73%	64%	68%	57%	78%	70%
		Agree	14%	20%	24%	32%	29%	39%	21%	28%
		Disagree	3%	2%	0%	3%	2%	4%	1%	2%
		Strongly disagree	0%	0%	3%	1%	1%	1%	0%	0%
Where do you usually GO after school?^ (Mark all that apply)	I stay at my school or go to another school	8%	13%	17%	33%	14%	26%	17%	23%	
	Your home or another home such as a friend's, relative's or neighbor's	95%	89%	96%	89%	89%	89%	81%	82%	
	A rec, community or other youth center	11%	9%	5%	12%	11%	10%	8%	5%	
	A park or other outdoor space	8%	7%	8%	7%	14%	7%	7%	4%	
	A library	7%	11%	3%	5%	4%	7%	2%	2%	
	A church, synagogue, mosque, or other spiritual/religious place	5%	4%	6%	6%	5%	5%	1%	6%	
	A job*					16%	8%	38%	40%	
	Some other place, such as a mall or movie theatre	7%	8%	16%	23%	13%	18%	14%	14%	
During a typical week, how often are you home alone or somewhere unsupervised after school?	0 days	46%	48%	35%	30%	24%	28%	28%	23%	
	1 day	17%	21%	20%	22%	15%	17%	16%	12%	
	2 days	10%	6%	14%	16%	17%	21%	17%	16%	
	3 days	8%	7%	6%	12%	19%	11%	9%	12%	
	4 days	1%	4%	5%	7%	3%	5%	4%	12%	
	5 days	19%	13%	21%	14%	23%	18%	27%	25%	

* 5th and 8th grade surveys did not ask this question.

^ New question in 2013.

2013 Minnesota Student Survey

**TABLE 7
BEING BULLIED FOR SPECIFIC REASONS[^]
Polk County**

<i>During the last 30 days, how often have other students harassed or bullied you for any of the following reasons?</i>		Grade							
		5th		8th		9th		11th	
		Male	Female	Male	Female	Male	Female	Male	Female
		%	%	%	%	%	%	%	%
Your race, ethnicity or national origin	Never	93%	88%	89%	90%	91%	91%	88%	92%
	Once or twice	5%	11%	7%	6%	3%	7%	9%	5%
	About once a week	2%	1%	1%	1%	2%	1%	1%	4%
	Several times a week	0%	1%	3%	3%	2%	0%	0%	0%
	Every day	1%	0%	0%	0%	2%	1%	2%	0%
Your religion	Never	92%	92%	96%	94%	93%	94%	96%	92%
	Once or twice	7%	7%	4%	4%	6%	4%	2%	6%
	About once a week	0%	1%	0%	1%	1%	1%	0%	2%
	Several times a week	2%	0%	0%	1%	0%	1%	0%	0%
	Every day	0%	0%	0%	0%	0%	1%	1%	0%
Your gender (being male or female)	Never	93%	85%	96%	93%	96%	95%	97%	92%
	Once or twice	5%	10%	3%	6%	4%	3%	1%	8%
	About once a week	1%	2%	1%	1%	0%	1%	1%	0%
	Several times a week	2%	0%	0%	0%	0%	0%	0%	0%
	Every day	0%	2%	0%	0%	0%	1%	1%	0%
Because you are gay or lesbian or because someone thought you were*	Never			91%	88%	93%	96%	94%	95%
	Once or twice			4%	11%	4%	2%	5%	4%
	About once a week			2%	1%	1%	1%	1%	0%
	Several times a week			2%	0%	1%	0%	0%	0%
	Every day			0%	0%	2%	1%	0%	1%
A physical or mental disability	Never	93%	97%	93%	97%	93%	95%	94%	96%
	Once or twice	7%	3%	4%	2%	5%	3%	5%	2%
	About once a week	0%	0%	2%	1%	1%	0%	0%	1%
	Several times a week	0%	0%	1%	0%	0%	1%	0%	0%
	Every day	0%	0%	1%	0%	2%	1%	1%	1%
Your weight or physical appearance	Never	80%	80%	69%	70%	78%	77%	84%	79%
	Once or twice	13%	9%	18%	21%	15%	13%	10%	16%
	About once a week	2%	7%	3%	3%	4%	5%	1%	2%
	Several times a week	2%	2%	3%	4%	3%	3%	3%	1%
	Every day	3%	1%	7%	2%	0%	2%	1%	3%

* 5th grade survey did not ask this question.
[^] All questions on this table were new in 2013.

2013 Minnesota Student Survey

**TABLE 8
VICTIMIZATION AT SCHOOL; CYBERBULLYING^
Polk County**

			Grade							
			5th		8th		9th		11th	
			Male	Female	Male	Female	Male	Female	Male	Female
			%	%	%	%	%	%	%	%
During the last 30 days, on how many days have other students at school...	...stolen or deliberately damaged your property such as clothing, books or car?	0 days	83%	90%	90%	88%	86%	92%	88%	93%
		1 day	16%	7%	6%	8%	11%	6%	9%	4%
		2 or 3 days	1%	3%	3%	3%	2%	1%	1%	3%
		4 or 5 days	0%	0%	2%	1%	1%	0%	0%	1%
		6 or more days	0%	1%	0%	0%	0%	1%	2%	0%
	...offered, sold or given you an illegal drug?	0 days	100%	99%	94%	93%	89%	94%	87%	91%
		1 day	0%	1%	3%	2%	5%	2%	4%	4%
		2 or 3 days	0%	0%	0%	2%	3%	1%	4%	4%
		4 or 5 days	0%	0%	1%	1%	2%	2%	1%	0%
		6 or more days	0%	0%	2%	2%	2%	1%	4%	2%
	...threatened or injured you with a weapon (gun, knife, club, etc.)?	0 days	94%	96%	93%	98%	93%	97%	96%	98%
		1 day	5%	3%	5%	2%	2%	1%	3%	0%
		2 or 3 days	0%	1%	1%	0%	2%	1%	0%	1%
		4 or 5 days	0%	0%	1%	0%	2%	0%	0%	1%
		6 or more days	2%	0%	0%	0%	1%	1%	1%	0%
During the last 30 days, how often have you been bullied through e-mail, chat rooms, instant messaging, websites or texting?	Never	87%	84%	89%	80%	87%	75%	93%	78%	
	Once or twice	10%	12%	11%	17%	11%	21%	5%	16%	
	About once a week	2%	1%	1%	2%	1%	2%	1%	4%	
	Several times a week	1%	1%	0%	1%	1%	1%	0%	2%	
	Every day	1%	1%	0%	0%	1%	1%	1%	0%	

^ All questions on this table were new in 2013.

2013 Minnesota Student Survey

**TABLE 9
BEING BULLIED OR HARASSED AT SCHOOL[^]
Polk County**

<i>During the last 30 days, how often have other students at school...</i>		Grade							
		5th		8th		9th		11th	
		Male	Female	Male	Female	Male	Female	Male	Female
		%	%	%	%	%	%	%	%
...pushed, shoved, slapped, hit or kicked you when they weren't kidding around?	Never	63%	73%	80%	78%	79%	87%	90%	94%
	Once or twice	26%	20%	13%	16%	15%	12%	8%	4%
	About once a week	6%	3%	4%	3%	4%	1%	0%	1%
	Several times a week	2%	3%	1%	1%	0%	0%	1%	0%
	Every day	2%	1%	2%	2%	2%	1%	1%	2%
...threatened to beat you up?	Never	74%	88%	75%	91%	80%	91%	96%	94%
	Once or twice	18%	8%	19%	6%	12%	9%	4%	4%
	About once a week	5%	3%	5%	3%	5%	0%	0%	2%
	Several times a week	3%	1%	2%	0%	2%	0%	0%	0%
	Every day	0%	0%	0%	0%	1%	0%	1%	0%
...spread mean rumors or lies about you?	Never	68%	60%	78%	57%	82%	64%	85%	65%
	Once or twice	23%	30%	12%	33%	12%	30%	13%	26%
	About once a week	5%	4%	7%	6%	3%	2%	2%	4%
	Several times a week	0%	4%	2%	3%	0%	2%	0%	1%
	Every day	4%	3%	1%	1%	3%	2%	0%	4%
...made sexual jokes, comments or gestures towards you?*	Never			80%	71%	77%	77%	86%	75%
	Once or twice			12%	17%	14%	20%	10%	16%
	About once a week			1%	6%	6%	2%	1%	6%
	Several times a week			3%	4%	2%	1%	1%	0%
	Every day			4%	2%	2%	1%	2%	3%
...excluded you from friends, other students or activities?	Never	70%	64%	73%	64%	80%	70%	88%	68%
	Once or twice	23%	25%	19%	29%	14%	24%	8%	25%
	About once a week	4%	8%	3%	3%	3%	3%	1%	2%
	Several times a week	1%	1%	2%	1%	0%	1%	1%	2%
	Every day	2%	2%	3%	2%	2%	2%	1%	4%

* 5th grade survey did not ask this question.

[^] All questions on this table were new in 2013.

2013 Minnesota Student Survey

**TABLE 10
BULLYING OR HARASSING OTHER STUDENTS AT SCHOOL[^]
Polk County**

			Grade							
			5th		8th		9th		11th	
			Male %	Female %	Male %	Female %	Male %	Female %	Male %	Female %
During the last 30 days, how many times at school have YOU... [^]	...pushed, shoved slapped, hit or kicked someone when you weren't kidding around?	Never	82%	92%	85%	88%	76%	95%	92%	96%
		Once or twice	17%	7%	12%	9%	19%	4%	5%	4%
		About once a week	1%	0%	2%	3%	4%	0%	1%	0%
		Several times a week	0%	1%	1%	0%	1%	0%	1%	0%
		Every day	0%	0%	1%	0%	1%	1%	1%	0%
	...threatened or beat someone up?	Never	87%	99%	87%	95%	75%	95%	93%	99%
		Once or twice	13%	1%	12%	4%	18%	3%	6%	1%
		About once a week	0%	0%	1%	1%	5%	1%	1%	0%
		Several times a week	0%	0%	0%	0%	2%	0%	0%	0%
		Every day	0%	1%	0%	0%	1%	0%	1%	0%
	...spread mean rumors or lies about someone else?	Never	97%	95%	93%	91%	93%	91%	95%	93%
		Once or twice	3%	5%	6%	8%	5%	9%	3%	7%
		About once a week	0%	0%	1%	0%	1%	0%	1%	0%
		Several times a week	0%	0%	0%	1%	0%	0%	1%	0%
		Every day	0%	0%	1%	0%	1%	0%	1%	0%
	...made sexual jokes, comments or gestures towards someone else?*	Never			88%	95%	80%	93%	88%	96%
		Once or twice			8%	4%	14%	4%	7%	4%
		About once a week			2%	1%	3%	1%	3%	0%
		Several times a week			1%	1%	1%	1%	0%	1%
		Every day			2%	0%	2%	1%	2%	0%
...excluded someone from friends, other students or activities?	Never	88%	86%	91%	81%	86%	88%	93%	91%	
	Once or twice	10%	13%	7%	17%	9%	12%	5%	8%	
	About once a week	1%	1%	1%	0%	2%	0%	1%	0%	
	Several times a week	1%	0%	0%	0%	1%	0%	1%	1%	
	Every day	0%	0%	2%	1%	2%	0%	1%	0%	
During the last 30 days, on how many days did you carry a weapon such as a gun, knife, or club ON SCHOOL PROPERTY?	0 days	95%	100%	97%	99%	91%	99%	93%	98%	
	1 day	5%	0%	1%	0%	3%	0%	1%	1%	
	2 or 3 days	0%	0%	1%	1%	2%	0%	2%	0%	
	4 or 5 days	0%	0%	0%	0%	2%	0%	0%	0%	
	6 or more days	0%	0%	2%	0%	2%	1%	4%	1%	

* 5th grade survey did not ask this question.
[^] All questions on this table were new in 2013.

2013 Minnesota Student Survey

**TABLE 11A
USE OF TIME[^]
Polk County**

<i>During a typical school day, how many hours do you do each of the following outside of school?</i>		Grade							
		5th		8th		9th		11th	
		Male %	Female %	Male %	Female %	Male %	Female %	Male %	Female %
Study or do homework	0 hours	18%	12%	23%	16%	28%	14%	26%	13%
	1 hour	70%	74%	56%	49%	56%	54%	55%	44%
	2 hours	10%	11%	18%	24%	11%	25%	15%	36%
	3 to 5 hours	2%	3%	3%	10%	5%	4%	4%	6%
	6 or more hours	0%	1%	1%	1%	0%	3%	1%	1%
Read for pleasure	0 hours	31%	28%	70%	51%	71%	56%	73%	63%
	1 hour	60%	54%	24%	33%	20%	30%	21%	23%
	2 hours	6%	14%	4%	8%	6%	7%	1%	6%
	3 to 5 hours	2%	2%	3%	5%	1%	5%	3%	6%
	6 or more hours	0%	2%	0%	2%	2%	3%	1%	2%
Do creative things such as music or arts and crafts	0 hours	50%	19%	57%	21%	63%	45%	66%	44%
	1 hour	34%	43%	21%	43%	22%	31%	20%	34%
	2 hours	11%	26%	13%	14%	9%	15%	7%	9%
	3 to 5 hours	4%	9%	6%	12%	5%	9%	3%	8%
	6 or more hours	2%	4%	3%	10%	2%	1%	4%	5%
Go outside, take a walk or go for a bike ride	0 hours	27%	26%	26%	29%	27%	32%	34%	28%
	1 hour	39%	46%	36%	47%	34%	43%	41%	49%
	2 hours	24%	19%	21%	18%	15%	15%	13%	16%
	3 to 5 hours	7%	7%	8%	4%	14%	9%	7%	3%
	6 or more hours	2%	1%	9%	2%	10%	2%	5%	5%
During a typical week, how many hours do you work for pay outside of the regular school day?*	0 hours			61%	68%	53%	66%	38%	39%
	1 to 2 hours			16%	18%	18%	17%	9%	4%
	3 to 5 hours			10%	8%	15%	10%	10%	17%
	6 to 10 hours			11%	4%	5%	5%	18%	13%
	11 to 20 hours			2%	1%	7%	1%	11%	15%
	21 to 30 hours			0%	0%	2%	1%	6%	10%
	31 or more hours			1%	1%	0%	0%	9%	2%

* 5th grade survey did not ask this question.
[^] All questions on this table were new in 2013.

2013 Minnesota Student Survey

**TABLE 11B
USE OF TIME[^]
Polk County**

<i>During a typical school day, how many hours do you do each of the following outside of school?</i>		Grade							
		5th		8th		9th		11th	
		Male	Female	Male	Female	Male	Female	Male	Female
		%	%	%	%	%	%	%	%
Watch TV shows, movies or videos on a TV, computer or phone	0 hours	17%	15%	6%	4%	3%	3%	9%	9%
	1 hour	47%	46%	28%	35%	34%	37%	29%	36%
	2 hours	19%	23%	32%	26%	30%	27%	21%	35%
	3 to 5 hours	12%	11%	19%	24%	18%	23%	28%	17%
	6 or more hours	5%	4%	15%	10%	15%	9%	12%	3%
Talk on the phone or use an app	0 hours	51%	38%	22%	20%	25%	12%	31%	11%
	1 hour	31%	45%	34%	36%	36%	30%	29%	40%
	2 hours	15%	13%	19%	21%	22%	24%	15%	24%
	3 to 5 hours	3%	3%	10%	13%	7%	20%	11%	16%
	6 or more hours	1%	1%	14%	10%	9%	14%	13%	9%
Text	0 hours	70%	56%	31%	22%	29%	14%	18%	7%
	1 hour	21%	28%	29%	23%	27%	18%	30%	17%
	2 hours	7%	11%	16%	14%	19%	16%	12%	18%
	3 to 5 hours	2%	4%	10%	12%	7%	20%	13%	19%
	6 or more hours	1%	1%	15%	28%	19%	32%	28%	38%
Play video or online games	0 hours	27%	55%	24%	61%	23%	63%	34%	79%
	1 hour	45%	38%	19%	25%	26%	22%	22%	9%
	2 hours	15%	5%	22%	7%	25%	9%	17%	7%
	3 to 5 hours	7%	0%	19%	6%	13%	3%	15%	4%
	6 or more hours	7%	1%	16%	0%	12%	3%	12%	1%
Use the computer	0 hours	46%	46%	34%	41%	36%	42%	30%	28%
	1 hour	38%	41%	35%	34%	41%	38%	33%	43%
	2 hours	10%	8%	13%	12%	9%	13%	20%	16%
	3 to 5 hours	4%	3%	7%	9%	7%	3%	8%	5%
	6 or more hours	2%	1%	10%	4%	7%	3%	9%	7%

[^] All questions on this table were new in 2013.

2013 Minnesota Student Survey

**TABLE 12A
ENRICHMENT ACTIVITIES[^]
Polk County**

		Grade								
		5th		8th		9th		11th		
		Male %	Female %	Male %	Female %	Male %	Female %	Male %	Female %	
Does your school or community offer a variety of programs for people your age to participate in outside of the regular school day?	Yes	65%	68%	67%	69%	68%	70%	60%	71%	
	No	12%	13%	5%	8%	8%	7%	11%	8%	
	I don't know what programs are available in my community	23%	19%	28%	23%	24%	23%	29%	21%	
During a typical week, how often do you participate in the following activities outside of the regular school day?	Club or community sports teams, such as park and rec teams, in-house teams or traveling teams	0 days	48%	47%	46%	41%	63%	68%	82%	79%
		1 day	10%	14%	5%	8%	7%	6%	3%	3%
		2 days	11%	12%	6%	4%	4%	5%	2%	2%
		3 to 4 days	12%	17%	8%	11%	8%	4%	2%	6%
		5 or more days	19%	10%	35%	36%	18%	17%	11%	11%
	School sports teams*	0 days					41%	40%	45%	46%
		1 day					5%	3%	3%	4%
		2 days					2%	3%	2%	3%
		3 to 4 days					8%	15%	3%	6%
		5 or more days					45%	38%	46%	41%
	School sponsored activities or clubs that are not sports, such as drama, music, chess or science club	0 days	81%	83%	86%	68%	83%	78%	79%	69%
		1 day	13%	10%	6%	9%	8%	8%	6%	8%
		2 days	3%	4%	2%	4%	1%	1%	6%	7%
		3 to 4 days	2%	1%	1%	9%	5%	7%	3%	5%
		5 or more days	1%	1%	5%	9%	4%	6%	5%	11%

* 5th and 8th grade surveys did not ask this question.

[^] All questions on this table were new in 2013.

2013 Minnesota Student Survey

**TABLE 12B
ENRICHMENT ACTIVITIES^
Polk County**

<i>During a typical week, how often do you participate in the following activities outside of the regular school day?</i>		Grade							
		5th		8th		9th		11th	
		Male	Female	Male	Female	Male	Female	Male	Female
		%	%	%	%	%	%	%	%
Tutoring, homework help or academic programs	0 days	87%	88%	93%	93%	95%	92%	92%	95%
	1 day	8%	7%	4%	4%	5%	5%	6%	1%
	2 days	3%	4%	2%	1%	1%	1%	1%	3%
	3 to 4 days	0%	0%	0%	1%	0%	1%	0%	0%
	5 or more days	3%	1%	0%	1%	0%	0%	1%	2%
Leadership activities such as student government, youth councils or committees	0 days	91%	96%	98%	86%	92%	86%	92%	79%
	1 day	8%	4%	2%	10%	6%	9%	8%	10%
	2 days	1%	1%	0%	3%	0%	4%	0%	7%
	3 to 4 days	0%	0%	0%	1%	2%	0%	1%	2%
	5 or more days	0%	0%	0%	0%	0%	1%	0%	2%
Lessons, such as music, dance, tennis or karate lessons	0 days	70%	55%	83%	65%	86%	72%	93%	84%
	1 day	20%	18%	8%	16%	10%	9%	4%	12%
	2 days	6%	16%	5%	7%	2%	11%	1%	2%
	3 to 4 days	2%	7%	3%	7%	2%	4%	2%	1%
	5 or more days	2%	4%	1%	5%	1%	4%	1%	2%
Other community clubs and programs such as 4-H, Scouts, Y-clubs or Community Ed	0 days	79%	78%	91%	91%	94%	95%	95%	96%
	1 day	16%	13%	9%	6%	4%	3%	4%	1%
	2 days	3%	3%	0%	2%	2%	1%	1%	4%
	3 to 4 days	1%	4%	0%	0%	0%	0%	0%	0%
	5 or more days	1%	1%	0%	1%	1%	0%	0%	0%
Religious activities such as religious services, education or youth group	0 days	67%	67%	55%	41%	51%	49%	69%	58%
	1 day	25%	27%	38%	46%	38%	34%	23%	29%
	2 days	5%	5%	7%	12%	10%	14%	5%	10%
	3 to 4 days	1%	0%	0%	1%	1%	1%	2%	2%
	5 or more days	2%	0%	0%	0%	1%	2%	0%	1%

^ All questions on this table were new in 2013.

2013 Minnesota Student Survey

**TABLE 13
REASONS FOR PARTICIPATION IN ACTIVITIES
Polk County**

		Grade							
		5th		8th		9th		11th	
		Male	Female	Male	Female	Male	Female	Male	Female
		%	%	%	%	%	%	%	%
What are the reasons you participate in activities, programs or clubs outside of the regular school day?* (Mark all that apply)	To have fun			84%	89%				
	To be with my friends			80%	82%				
	To try new things			26%	51%				
	To help me succeed in school			18%	34%				
	To help me get into college			38%	43%				
	To be a leader or make a difference			20%	25%				
	To feel more connected to my community			12%	14%				
	My parents (or guardians) want me to			27%	30%				
	It is a safe place			6%	14%				
	Other			26%	18%				
What are the reasons you don't participate in activities, programs or clubs outside of the regular school day? (Mark all that apply)	I do not know what is available in my community	25%	16%	13%	19%	14%	23%	17%	13%
	Activities are not available in my community	3%	4%	2%	3%	5%	3%	3%	5%
	Activities cost too much	13%	11%	6%	10%	8%	13%	12%	13%
	My parents (or guardians) won't let me	15%	12%	5%	8%	3%	6%	2%	4%
	My friends are not there	11%	13%	11%	22%	19%	28%	20%	25%
	I am not interested	56%	55%	62%	54%	66%	52%	68%	60%
	I am too busy with other things, such as a job or homework	21%	41%	27%	40%	41%	45%	50%	69%
	I don't have a way to get there or home	8%	10%	6%	19%	13%	30%	5%	7%
	I have to take care of other family members	7%	9%	3%	11%	3%	15%	8%	4%
	It is not a safe place	2%	1%	0%	3%	5%	1%	1%	0%
	Other	34%	33%	19%	20%	26%	19%	21%	14%

* Only the 8th grade survey asked this question.

2013 Minnesota Student Survey

**TABLE 14
FAMILY COMPOSITION AND SITUATIONS
Polk County**

		Grade							
		5th		8th		9th		11th	
		Male	Female	Male	Female	Male	Female	Male	Female
		%	%	%	%	%	%	%	%
Which adults do you live with?	Both biological parents	65%	71%	67%	63%	72%	64%	67%	61%
	Both adoptive parents	1%	1%	2%	1%	2%	1%	1%	3%
	Mother and stepfather	8%	6%	7%	8%	7%	13%	6%	7%
	Father and stepmother	1%	0%	2%	0%	1%	2%	1%	2%
	Mother and partner	1%	1%	1%	2%	0%	1%	1%	0%
	Father and partner	0%	0%	1%	1%	0%	1%	0%	0%
	Mother only	13%	10%	10%	18%	12%	15%	14%	19%
	Father only	0%	3%	2%	1%	4%	1%	6%	4%
	Sometimes with mother, sometimes with father	6%	3%	2%	2%	1%	3%	1%	0%
	Other (relatives, foster care, etc)	2%	4%	4%	1%	1%	1%	3%	4%
	No adults	3%	1%	2%	1%	0%	0%	0%	0%
During the past 12 months, have you stayed in a shelter, somewhere not intended as a place to live, or someone else's home because you had no other place to stay?* [^]	No			93%	95%	90%	95%	96%	95%
	Yes, with my parents or an adult family member			7%	4%	9%	5%	4%	5%
	Yes, on my own without any adult family members			0%	2%	1%	0%	0%	0%
Have any of your parents or guardians ever been in jail or prison?* [^]	None of my parents or guardians has ever been in jail or prison			81%	76%	88%	84%	86%	82%
	Yes, I have a parent or guardian in jail or prison right now			4%	3%	4%	1%	2%	0%
	Yes, I have had a parent or guardian in jail or prison in the past			16%	21%	9%	15%	11%	18%

* 5th grade survey did not ask this question.

[^] New question in 2013.

2013 Minnesota Student Survey

**TABLE 15
PARENTAL COMMUNICATION**

Polk County

		Grade							
		5th		8th		9th		11th	
		Male	Female	Male	Female	Male	Female	Male	Female
		%	%	%	%	%	%	%	%
Can you talk to your father about problems you are having?	Yes, most of the time	51%	37%	47%	36%	49%	30%	55%	41%
	Yes, some of the time	27%	31%	35%	32%	30%	34%	27%	33%
	No, not very often	11%	20%	5%	14%	11%	13%	9%	14%
	No, not at all	3%	6%	6%	7%	5%	11%	4%	6%
	My father is not around	7%	6%	7%	11%	5%	12%	6%	6%
Can you talk to your mother about problems you are having?	Yes, most of the time	64%	71%	55%	64%	54%	64%	58%	59%
	Yes, some of the time	21%	17%	31%	23%	27%	25%	26%	27%
	No, not very often	8%	8%	8%	8%	10%	7%	7%	6%
	No, not at all	5%	1%	3%	4%	7%	3%	7%	5%
	My mother is not around	2%	2%	2%	1%	1%	1%	2%	2%

2013 Minnesota Student Survey

TABLE 16
PERCEPTIONS OF FAMILY AND OTHERS CARING
Polk County

<i>How much do you feel ...</i>		Grade							
		5th		8th		9th		11th	
		Male %	Female %	Male %	Female %	Male %	Female %	Male %	Female %
... your parents care about you?	Not at all	0%	1%	1%	2%	2%	1%	1%	1%
	A little	3%	3%	2%	3%	5%	4%	1%	6%
	Some	2%	1%	3%	7%	8%	7%	5%	3%
	Quite a bit	7%	11%	18%	10%	14%	20%	20%	18%
	Very much	88%	85%	75%	77%	72%	68%	74%	72%
... other adult relatives care about you?	Not at all	3%	0%	0%	1%	5%	2%	0%	1%
	A little	2%	3%	1%	7%	3%	3%	2%	4%
	Some	4%	3%	7%	8%	14%	11%	16%	11%
	Quite a bit	23%	22%	30%	28%	24%	27%	29%	26%
	Very much	69%	72%	63%	55%	55%	57%	54%	58%
... friends care about you?	Not at all	3%	0%	2%	2%	4%	1%	3%	1%
	A little	6%	6%	7%	4%	10%	4%	3%	5%
	Some	18%	14%	25%	8%	19%	16%	19%	9%
	Quite a bit	35%	34%	37%	45%	38%	32%	33%	40%
	Very much	38%	46%	30%	40%	29%	47%	42%	46%
... teachers/other adults at school care about you?	Not at all	8%	1%	11%	10%	12%	8%	9%	13%
	A little	12%	7%	23%	18%	16%	19%	15%	11%
	Some	17%	13%	27%	33%	31%	36%	32%	29%
	Quite a bit	27%	40%	23%	27%	28%	23%	22%	36%
	Very much	36%	38%	16%	13%	13%	14%	22%	12%
... adults in your community care about you?	Not at all	8%	4%	13%	13%	18%	9%	13%	15%
	A little	16%	16%	21%	21%	15%	24%	14%	23%
	Some	18%	20%	34%	32%	32%	30%	34%	21%
	Quite a bit	28%	28%	16%	21%	18%	23%	23%	28%
	Very much	30%	31%	16%	14%	17%	14%	16%	13%

2013 Minnesota Student Survey

TABLE 17
FAMILY SUBSTANCE ABUSE; PHYSICAL AND SEXUAL VIOLENCE
Polk County

		Grade							
		5th		8th		9th		11th	
		Male	Female	Male	Female	Male	Female	Male	Female
		%	%	%	%	%	%	%	%
Do you live with anyone who drinks too much alcohol? [^]	Yes	7%	4%	8%	14%	14%	9%	9%	11%
	No	93%	96%	92%	86%	86%	91%	91%	89%
Do you live with anyone who uses illegal drugs or abuses prescription drugs? [^]	Yes	2%	1%	5%	5%	3%	3%	1%	2%
	No	98%	99%	95%	95%	97%	97%	99%	98%
Does a parent or other adult in your home regularly swear at you, insult you or put you down? [^]	Yes	14%	8%	7%	15%	10%	14%	10%	11%
	No	86%	92%	93%	85%	90%	86%	90%	89%
Has a parent or other adult in your household ever hit, beat, kicked or physically hurt you in any way? [^]	Yes	12%	8%	5%	14%	6%	12%	9%	6%
	No	88%	92%	95%	86%	94%	88%	91%	94%
Have your parents or other adults in your home ever slapped, hit, kicked, punched or beat each other up? [^]	Yes	8%	3%	4%	9%	5%	5%	4%	7%
	No	92%	97%	96%	91%	95%	95%	96%	93%
Has any adult or other person outside of the family ever touched you sexually against your wishes or forced you to touch them sexually?	Yes	1%	3%	2%	5%	3%	8%	0%	7%
	No	99%	97%	98%	95%	97%	92%	100%	93%
Has any older or stronger member of your family ever touched you or had you touch them sexually?	Yes	1%	3%	4%	2%	2%	3%	2%	4%
	No	99%	97%	96%	98%	98%	97%	98%	96%

[^] New question in 2013.

2013 Minnesota Student Survey

**TABLE 18
RELATIONSHIP VIOLENCE*^**

Polk County

		Grade					
		8th		9th		11th	
		Male	Female	Male	Female	Male	Female
		%	%	%	%	%	%
Have you ever had a boyfriend or girlfriend in a dating or serious relationship who called you names or put you down verbally?	Yes	3%	16%	8%	15%	11%	29%
	No	97%	84%	92%	85%	89%	71%
Have you ever had a boyfriend or girlfriend in a dating or serious relationship who hit, slapped or physically hurt you on purpose?	Yes	3%	5%	5%	1%	7%	13%
	No	97%	95%	95%	99%	93%	88%
Have you ever had a boyfriend or girlfriend in a dating or serious relationship who pressured you into having sex when you did not want to?*	Yes			5%	11%	8%	20%
	No			95%	89%	92%	80%
Have YOU ever done any of the following to a boyfriend or girlfriend in a dating or serious relationship: called him/her names or put him/her down verbally?	Yes	4%	4%	4%	6%	7%	20%
	No	96%	96%	96%	94%	93%	80%
Have YOU ever done any of the following to a boyfriend or girlfriend in a dating or serious relationship: hit, slapped or physically hurt him/her on purpose?	Yes	2%	2%	2%	1%	2%	4%
	No	98%	98%	98%	99%	98%	96%
Have YOU ever done any of the following to a boyfriend or girlfriend in a dating or serious relationship: pressured him/her into having sex when he/she did not want to?*	Yes			2%	1%	2%	2%
	No			98%	99%	98%	98%

* 5th grade survey did not ask these questions.

** 8th grade survey did not ask this question.

^ All questions on this table were new in 2013.

2013 Minnesota Student Survey

**TABLE 19
GENERAL HEALTH AND HEALTH CONDITIONS
Polk County**

		Grade							
		5th		8th		9th		11th	
		Male %	Female %	Male %	Female %	Male %	Female %	Male %	Female %
How would you describe your health in general?^	Excellent	35%	41%	37%	20%	29%	12%	38%	21%
	Very good	40%	36%	32%	43%	41%	45%	38%	42%
	Good	22%	22%	23%	30%	23%	33%	18%	27%
	Fair	3%	1%	7%	4%	4%	8%	4%	8%
	Poor	0%	0%	2%	2%	2%	1%	1%	1%
Do you have any physical disabilities, or long-term health problems (such as asthma, cancer, diabetes, epilepsy or something else)? Long-term means lasting 6 months or more.^	Yes	13%	13%	10%	14%	15%	16%	11%	24%
	No	87%	87%	90%	86%	85%	84%	89%	76%
Has a doctor or nurse ever told you that you have asthma?	Yes	10%	6%	12%	15%	17%	19%	18%	24%
	No	90%	94%	88%	85%	83%	81%	82%	76%
Has a doctor or nurse ever told you that you have diabetes?^	Yes	2%	1%	1%	1%	2%	2%	1%	3%
	No	98%	99%	99%	99%	98%	98%	99%	97%
Has a doctor or nurse ever told you that you have pre-diabetes?^	Yes	2%	0%	1%	1%	0%	2%	1%	1%
	No	98%	100%	99%	99%	100%	98%	99%	99%
Has a doctor or nurse ever told you that you have an allergy that requires you to carry an epi-pen?^	Yes	4%	1%	3%	4%	3%	2%	4%	7%
	No	96%	99%	97%	96%	97%	98%	96%	93%
Do you have any long-term mental health, behavioral or emotional problems? Long-term means lasting 6 months or more.^	Yes	10%	8%	3%	8%	8%	13%	6%	12%
	No	90%	92%	97%	92%	92%	87%	94%	88%
How would YOU describe your weight?	Underweight	20%	11%	8%	5%	11%	3%	7%	5%
	About the right weight	69%	80%	75%	71%	75%	70%	78%	74%
	Overweight	11%	9%	17%	25%	15%	27%	15%	21%
Weight status* according to Body Mass Index (BMI)**	Not overweight			65%	72%	66%	72%	65%	81%
	Overweight			15%	23%	22%	20%	23%	13%
	Obese			20%	6%	12%	8%	12%	6%

* 5th grade survey did not ask this question.

^ New question in 2013.

** Body Mass Index (BMI) is a number calculated from a child's self-reported weight and height. BMI is calculated using a standard formula. BMI-for-age percentiles are used to interpret BMI numbers for children and teens. CDC BMI-for-age growth charts were used to determine weight status according to BMI for participants in the Minnesota Student Survey.

Not overweight: Less than the 85th percentile
Overweight: 85th to less than the 95th percentile
Obese: Equal to or greater than the 95th percentile

2013 Minnesota Student Survey

**TABLE 20
HEALTH CARE ACCESS**

Polk County

		Grade							
		5th		8th		9th		11th	
		Male	Female	Male	Female	Male	Female	Male	Female
		%	%	%	%	%	%	%	%
When was the last time you saw a doctor or nurse for a check-up or physical exam when you were not sick or injured?	During the last year	72%	69%	70%	73%	65%	65%	47%	52%
	Between 1 and 2 years ago	16%	16%	26%	22%	24%	25%	37%	36%
	More than 2 years ago	7%	9%	2%	3%	5%	9%	10%	11%
	Never	5%	6%	2%	2%	5%	1%	6%	1%
When was the last time you saw a dentist or dental hygienist for a regular check-up, exam or teeth cleaning or other dental work? [^]	During the last year	82%	78%	85%	81%	82%	83%	80%	84%
	Between 1 and 2 years ago	11%	15%	10%	17%	11%	14%	15%	13%
	More than 2 years ago	4%	6%	3%	2%	3%	3%	4%	4%
	Never	2%	1%	2%	1%	4%	0%	1%	0%
Have you ever been treated for a mental health, emotional or behavioral problem? [*] (Mark ALL that apply)	No			88%	91%	91%	85%	91%	85%
	Yes, during the last year			7%	7%	6%	11%	4%	7%
	Yes, more than a year ago			7%	3%	4%	4%	4%	10%
Have you ever been treated for an alcohol or drug problem? [*] (Mark ALL that apply)	No			99%	99%	95%	99%	96%	99%
	Yes, during the last year			1%	1%	5%	1%	2%	0%
	Yes, more than a year ago			0%	0%	0%	0%	1%	1%

* 5th grade survey did not ask this question.

[^] New question in 2013.

2013 Minnesota Student Survey

TABLE 21
PHYSICAL ACTIVITY; SLEEP; USE OF INDOOR TANNING DEVICE[^]
Polk County

		Grade							
		5th		8th		9th		11th	
		Male	Female	Male	Female	Male	Female	Male	Female
		%	%	%	%	%	%	%	%
During the last 7 days, on how many days were you physically active for a total of AT LEAST 60 MINUTES PER DAY?	0 days	14%	10%	11%	6%	8%	7%	7%	12%
	1 day	11%	8%	4%	7%	5%	10%	8%	14%
	2 days	7%	8%	6%	12%	8%	7%	3%	16%
	3 days	11%	19%	8%	7%	11%	20%	11%	13%
	4 days	10%	13%	8%	15%	11%	14%	8%	8%
	5 days	15%	12%	17%	16%	10%	17%	21%	15%
	6 days	10%	8%	14%	14%	17%	11%	17%	9%
	7 days	23%	23%	33%	22%	31%	13%	24%	13%
During a typical school week, on how many days do you go to physical education (PE or gym) classes?	0 days	4%	1%	28%	35%	26%	28%	68%	90%
	1 day	3%	2%	2%	2%	2%	3%	1%	2%
	2 days	21%	13%	10%	8%	7%	6%	1%	2%
	3 days	31%	39%	29%	34%	13%	15%	1%	1%
	4 days	29%	29%	2%	2%	1%	0%	1%	0%
	5 days	12%	15%	29%	20%	52%	49%	29%	5%
During a typical school night, how many hours of sleep do you get?	4 hours or less	2%	1%	3%	1%	5%	3%	6%	8%
	5 hours	6%	1%	6%	2%	5%	11%	9%	9%
	6 hours	8%	2%	10%	16%	8%	25%	18%	28%
	7 hours	12%	12%	23%	38%	33%	30%	35%	29%
	8 hours	20%	20%	37%	30%	35%	20%	25%	22%
	9 hours	30%	32%	17%	13%	12%	7%	7%	4%
	10 or more hours	23%	33%	4%	0%	3%	3%	1%	1%
During the last 12 months, how many times did you use an indoor tanning device such as a sunlamp, sunbed or tanning booth?*	0 times			96%	90%	94%	79%	95%	46%
	1 or 2 times			2%	4%	2%	2%	2%	3%
	3 to 9 times			1%	4%	2%	5%	1%	10%
	10 to 19 times			1%	2%	0%	9%	1%	19%
	20 to 39 times			0%	0%	0%	3%	2%	15%
	40 or more times			1%	0%	2%	3%	0%	8%

* 5th grade survey did not ask this question.

[^] All questions on this table were new in 2013.

2013 Minnesota Student Survey

**TABLE 22
EATING MEALS
Polk County**

		Grade							
		5th		8th		9th		11th	
		Male	Female	Male	Female	Male	Female	Male	Female
		%	%	%	%	%	%	%	%
During the last 7 days, on how many days did you eat breakfast? [^]	0 days	5%	3%	6%	12%	8%	10%	10%	9%
	1 day	2%	1%	2%	6%	7%	6%	8%	9%
	2 days	6%	1%	8%	7%	6%	15%	12%	14%
	3 days	6%	3%	8%	9%	7%	13%	10%	19%
	4 days	5%	6%	8%	12%	5%	9%	9%	6%
	5 days	12%	6%	11%	11%	9%	9%	8%	8%
	6 days	7%	10%	7%	6%	7%	5%	5%	4%
	7 days	58%	69%	50%	38%	52%	33%	38%	31%
During the last 30 days, have you had to skip meals because your family did not have enough money to buy food? [^]	Yes	5%	6%	3%	5%	7%	3%	3%	3%
	No	95%	94%	97%	95%	93%	97%	97%	97%
During a typical school week, where do you usually get your lunch? [^] (Mark ALL that apply)	I usually don't eat lunch	5%	1%	5%	5%	7%	11%	7%	11%
	Regular school lunch from the cafeteria	87%	93%	90%	87%	85%	80%	72%	71%
	The a la carte line (buy individual items)	1%	1%	3%	12%	14%	14%	7%	5%
	School store or vending machine	2%	3%	7%	3%	6%	5%	5%	1%
	Fast food restaurant, gas station or somewhere else outside of school	3%	1%	8%	4%	15%	7%	30%	27%
	I bring lunch from home	27%	38%	8%	13%	9%	13%	12%	16%
Do you currently get free or reduced-price lunch at school?	Yes	20%	24%	27%	25%	20%	25%	17%	19%
	No	80%	76%	73%	75%	80%	75%	83%	81%

[^] New question in 2013.

2013 Minnesota Student Survey

**TABLE 23A
NUTRITION[^]
Polk County**

<i>During the last 7 days, how many times did you...</i>		Grade							
		5th		8th		9th		11th	
		Male	Female	Male	Female	Male	Female	Male	Female
		%	%	%	%	%	%	%	%
During the last 7 days, how many times did you drink 100% fruit juices such as orange, apple or grape juice?	I did NOT eat or drink this	17%	12%	14%	14%	17%	9%	17%	13%
	1 to 3 times in the last 7 days	39%	45%	40%	41%	39%	44%	44%	40%
	4 to 6 times in the last 7 days	15%	18%	15%	16%	14%	18%	19%	25%
	1 time per day	10%	9%	15%	12%	18%	18%	10%	13%
	2 times per day	6%	4%	8%	7%	6%	3%	3%	5%
	3 times per day	3%	4%	3%	6%	4%	3%	3%	1%
	4 or more times per day	11%	7%	6%	4%	2%	5%	4%	4%
During the last 7 days, how many times did you eat fruit?	I did NOT eat or drink this	14%	5%	13%	8%	11%	4%	13%	3%
	1 to 3 times in the last 7 days	27%	30%	30%	31%	35%	27%	37%	37%
	4 to 6 times in the last 7 days	29%	23%	25%	20%	18%	29%	22%	22%
	1 time per day	8%	15%	14%	21%	15%	17%	14%	18%
	2 times per day	6%	11%	7%	11%	13%	15%	8%	14%
	3 times per day	3%	4%	8%	7%	5%	4%	4%	4%
	4 or more times per day	13%	11%	3%	3%	2%	5%	2%	3%
During the last 7 days, how many times did you eat green salad, potatoes, carrots or other vegetables (Do not count French fries, fried potatoes, or potato chips)?	I did NOT eat or drink this	20%	7%	16%	9%	12%	9%	15%	8%
	1 to 3 times in the last 7 days	33%	33%	30%	29%	37%	27%	34%	33%
	4 to 6 times in the last 7 days	16%	24%	20%	29%	24%	26%	21%	18%
	1 time per day	13%	18%	15%	20%	15%	19%	21%	24%
	2 times per day	4%	9%	15%	6%	12%	13%	5%	10%
	3 times per day	6%	1%	2%	6%	1%	3%	2%	5%
	4 or more times per day	8%	8%	2%	1%	1%	3%	2%	1%
During the last 7 days, how many times did you eat from a fast food restaurant, including carry-out or delivery?	I did NOT eat or drink this	42%	38%	29%	26%	27%	27%	22%	19%
	1 to 3 times in the last 7 days	47%	51%	58%	69%	64%	63%	54%	69%
	4 to 6 times in the last 7 days	4%	7%	9%	2%	8%	7%	12%	7%
	1 time per day	4%	4%	3%	1%	1%	1%	7%	4%
	2 times per day	2%	0%	0%	1%	0%	1%	1%	1%
	3 times per day	0%	0%	0%	1%	0%	0%	2%	0%
	4 or more times per day	1%	0%	2%	0%	0%	1%	2%	1%

[^] All questions on this table were new in 2013.

2013 Minnesota Student Survey

**TABLE 23B
NUTRITION
Polk County**

<i>How many cans, bottles or glasses of each of the following did you drink yesterday?</i>		Grade							
		5th		8th		9th		11th	
		Male	Female	Male	Female	Male	Female	Male	Female
		%	%	%	%	%	%	%	%
Milk	0	10%	12%	9%	20%	11%	23%	18%	33%
	1 to 2	53%	60%	46%	52%	51%	51%	53%	46%
	3 to 4	21%	16%	33%	19%	23%	19%	15%	12%
	5 to 6	5%	6%	5%	3%	8%	5%	6%	7%
	7 or more	12%	6%	7%	6%	6%	3%	9%	2%
Pop or soda	0	51%	55%	44%	60%	41%	51%	33%	52%
	1 to 2	38%	39%	46%	36%	39%	40%	52%	40%
	3 to 4	6%	4%	6%	2%	10%	8%	9%	4%
	5 to 6	3%	2%	2%	2%	7%	1%	6%	2%
	7 or more	3%	0%	3%	0%	4%	0%	0%	2%
Sports drinks, such as Gatorade or Powerade	0	58%	69%	50%	60%	45%	54%	51%	57%
	1 to 2	26%	23%	33%	29%	30%	30%	28%	27%
	3 to 4	8%	4%	11%	9%	16%	11%	8%	12%
	5 to 6	4%	2%	2%	1%	5%	1%	5%	1%
	7 or more	5%	1%	4%	1%	4%	3%	8%	4%
Energy drinks, such as Red Bull or Jolt[^]	0	88%	93%	86%	90%	81%	92%	88%	88%
	1 to 2	7%	5%	8%	8%	10%	5%	9%	7%
	3 to 4	0%	1%	2%	1%	4%	2%	2%	4%
	5 to 6	2%	2%	2%	2%	3%	0%	1%	0%
	7 or more	3%	0%	3%	0%	2%	1%	0%	1%
Other sugar-sweetened drinks, such as sweet tea, lemonade, coffee drinks or juice drinks[^]	0	56%	40%	51%	44%	52%	33%	54%	45%
	1 to 2	36%	42%	37%	46%	37%	53%	37%	46%
	3 to 4	5%	8%	6%	8%	4%	12%	7%	7%
	5 to 6	1%	3%	4%	2%	5%	2%	1%	1%
	7 or more	2%	6%	3%	2%	2%	0%	2%	1%
Water	0	6%	3%	2%	2%	4%	5%	5%	3%
	1 to 2	19%	14%	19%	29%	24%	23%	31%	20%
	3 to 4	26%	22%	26%	26%	27%	34%	24%	41%
	5 to 6	14%	20%	25%	20%	21%	15%	16%	14%
	7 or more	36%	41%	28%	23%	24%	23%	23%	22%

[^] New question in 2013.

2013 Minnesota Student Survey

**TABLE 24
VEHICLE SAFETY
Polk County**

		Grade							
		5th		8th		9th		11th	
		Male	Female	Male	Female	Male	Female	Male	Female
		%	%	%	%	%	%	%	%
When driving a car, how often do you wear a seat belt?*	I don't drive a car					49%	51%	9%	10%
	I never do this					2%	1%	6%	1%
	Sometimes					8%	4%	12%	12%
	Often					7%	7%	18%	13%
	Always					34%	38%	56%	65%
When driving a car, how often do you read incoming text messages or emails?^^	I don't drive a car					55%	61%	10%	11%
	I never do this					27%	24%	33%	30%
	Sometimes					13%	8%	35%	40%
	Often					4%	3%	13%	12%
	Always					2%	4%	9%	7%
When driving a car, how often do you send text messages or emails?^^	I don't drive a car					54%	60%	10%	11%
	I never do this					29%	25%	38%	37%
	Sometimes					11%	9%	32%	36%
	Often					4%	1%	12%	10%
	Always					2%	5%	9%	7%
When driving a car, how often do you make or answer a phone call?^^	I don't drive a car					53%	61%	7%	11%
	I never do this					19%	22%	16%	13%
	Sometimes					18%	9%	43%	42%
	Often					7%	3%	21%	28%
	Always					2%	5%	13%	7%
How often do you wear a seat belt when you ride in the FRONT seat of a car?^	I don't ride in the front seat	10%	20%	2%	0%	0%	1%	1%	1%
	Always	69%	67%	69%	71%	63%	68%	59%	68%
	Often	11%	7%	15%	20%	24%	17%	16%	16%
	Sometimes	8%	5%	12%	8%	8%	11%	18%	13%
	I never wear a seatbelt	2%	1%	2%	1%	5%	3%	6%	2%
How often do you wear a seat belt when you ride in the BACK seat of a car?^	I don't ride in the back seat	7%	4%	8%	5%	5%	4%	7%	8%
	Always	70%	79%	51%	54%	51%	51%	43%	52%
	Often	11%	8%	22%	25%	20%	22%	19%	14%
	Sometimes	10%	6%	10%	10%	20%	17%	15%	20%
	I never wear a seatbelt	2%	2%	8%	6%	5%	5%	16%	5%

* 5th and 8th grade surveys did not ask this question.

^ New question in 2013.

2013 Minnesota Student Survey

**TABLE 25A
SELF DESCRIPTION[^]
Polk County**

<i>In general, how does each of the following statements describe you?</i>		Grade							
		5th		8th		9th		11th	
		Male	Female	Male	Female	Male	Female	Male	Female
		%	%	%	%	%	%	%	%
I feel in control of my life and future.*	Not at all or rarely	17%	20%	5%	7%	5%	3%	3%	4%
	Somewhat or sometimes	43%	38%	17%	21%	21%	27%	17%	18%
	Very or often	25%	24%	45%	39%	41%	39%	37%	42%
	Extremely or almost always	16%	18%	33%	33%	34%	31%	43%	36%
I feel good about myself.	Not at all or rarely	4%	3%	5%	12%	8%	8%	2%	9%
	Somewhat or sometimes	13%	16%	13%	32%	11%	39%	15%	28%
	Very or often	38%	38%	45%	39%	46%	34%	40%	30%
	Extremely or almost always	45%	44%	36%	17%	36%	19%	43%	33%
I feel good about my future.	Not at all or rarely	7%	4%	7%	7%	7%	3%	3%	2%
	Somewhat or sometimes	6%	14%	12%	17%	13%	24%	16%	21%
	Very or often	29%	31%	40%	40%	42%	46%	37%	40%
	Extremely or almost always	58%	51%	40%	36%	38%	27%	44%	37%
I deal with disappointment without getting too upset.	Not at all or rarely	12%	17%	10%	10%	13%	10%	4%	13%
	Somewhat or sometimes	35%	25%	28%	38%	29%	43%	27%	37%
	Very or often	26%	34%	39%	38%	35%	39%	42%	35%
	Extremely or almost always	27%	25%	23%	13%	23%	9%	27%	15%
I find good ways to deal with things that are hard in my life.	Not at all or rarely	9%	7%	10%	9%	11%	8%	3%	9%
	Somewhat or sometimes	26%	25%	22%	30%	20%	32%	20%	34%
	Very or often	36%	31%	46%	46%	45%	49%	48%	38%
	Extremely or almost always	29%	37%	21%	15%	24%	11%	28%	19%
I am thinking about what my purpose is in life.**	Not at all or rarely	9%	1%	18%	9%	14%	3%	6%	6%
	Somewhat or sometimes	10%	7%	23%	21%	22%	29%	26%	16%
	Very or often	30%	28%	34%	41%	35%	34%	36%	41%
	Extremely or almost always	52%	63%	25%	29%	28%	34%	33%	37%

* On the 5th grade survey, this item was worded "I can shape and influence what happens in my life and future."

** On the 5th grade survey, this item was worded "I think about what I want to do in my life when I grow up."

[^] All questions on this table were new in 2013. These items are adapted from the Developmental Assets Profile (DAP) under a license agreement with Search Institute, Minneapolis, MN.

2013 Minnesota Student Survey

**TABLE 25B
SELF DESCRIPTION[^]
Polk County**

<i>In general, how does each of the following statements describe you?</i>		Grade							
		5th		8th		9th		11th	
		Male	Female	Male	Female	Male	Female	Male	Female
		%	%	%	%	%	%	%	%
I say no to things that are dangerous or unhealthy.	Not at all or rarely	13%	7%	7%	7%	8%	5%	5%	4%
	Somewhat or sometimes	13%	7%	17%	16%	19%	21%	24%	24%
	Very or often	16%	16%	20%	18%	36%	26%	25%	26%
	Extremely or almost always	58%	69%	56%	58%	37%	47%	45%	46%
I build friendships with other people.	Not at all or rarely	5%	7%	12%	4%	6%	1%	2%	2%
	Somewhat or sometimes	28%	15%	23%	29%	21%	33%	23%	26%
	Very or often	37%	38%	42%	40%	45%	44%	45%	42%
	Extremely or almost always	30%	40%	23%	27%	28%	21%	30%	30%
I express my feelings in proper ways.	Not at all or rarely	18%	10%	12%	9%	13%	9%	6%	6%
	Somewhat or sometimes	26%	20%	31%	33%	27%	35%	30%	29%
	Very or often	32%	36%	39%	43%	38%	42%	41%	40%
	Extremely or almost always	24%	35%	18%	16%	22%	14%	23%	25%
I plan ahead and make good choices.	Not at all or rarely	7%	4%	6%	5%	10%	6%	5%	6%
	Somewhat or sometimes	27%	19%	31%	27%	24%	26%	29%	29%
	Very or often	38%	39%	38%	38%	35%	42%	39%	35%
	Extremely or almost always	28%	39%	26%	31%	31%	26%	28%	30%
I stay away from bad influences.	Not at all or rarely	9%	5%	12%	7%	12%	5%	7%	9%
	Somewhat or sometimes	14%	6%	17%	19%	25%	27%	28%	22%
	Very or often	28%	23%	28%	27%	28%	28%	32%	28%
	Extremely or almost always	50%	66%	44%	47%	35%	40%	33%	41%
I resolve conflicts without anyone getting hurt.	Not at all or rarely	12%	8%	8%	5%	13%	3%	2%	4%
	Somewhat or sometimes	25%	20%	31%	24%	31%	26%	25%	28%
	Very or often	29%	21%	37%	42%	36%	43%	43%	36%
	Extremely or almost always	34%	50%	24%	30%	21%	28%	29%	32%

[^] All questions on this table were new in 2013. These items are adapted from the Developmental Assets Profile (DAP) under a license agreement with Search Institute, Minneapolis, MN.

2013 Minnesota Student Survey

**TABLE 25C
SELF DESCRIPTION[^]
Polk County**

<i>In general, how does each of the following statements describe you?</i>		Grade							
		5th		8th		9th		11th	
		Male	Female	Male	Female	Male	Female	Male	Female
		%	%	%	%	%	%	%	%
I accept people who are different from me.	Not at all or rarely	4%	5%	9%	2%	6%	0%	3%	3%
	Somewhat or sometimes	13%	7%	18%	9%	22%	13%	17%	8%
	Very or often	31%	22%	41%	34%	42%	46%	44%	41%
	Extremely or almost always	51%	67%	32%	55%	30%	41%	35%	49%
I am sensitive to the needs and feelings of others.	Not at all or rarely	18%	5%	14%	4%	15%	5%	10%	5%
	Somewhat or sometimes	26%	14%	31%	23%	34%	20%	29%	18%
	Very or often	32%	34%	34%	46%	31%	49%	37%	39%
	Extremely or almost always	23%	48%	20%	28%	21%	26%	25%	39%
I feel valued and appreciated by others.	Not at all or rarely	4%	5%	10%	8%	9%	7%	3%	5%
	Somewhat or sometimes	19%	13%	28%	26%	28%	33%	29%	27%
	Very or often	31%	38%	41%	47%	37%	40%	39%	42%
	Extremely or almost always	46%	45%	22%	18%	26%	19%	29%	25%
I am included in family tasks and decisions.	Not at all or rarely	9%	3%	8%	6%	9%	6%	7%	9%
	Somewhat or sometimes	24%	18%	24%	23%	21%	22%	20%	20%
	Very or often	28%	28%	35%	33%	40%	33%	41%	35%
	Extremely or almost always	39%	52%	33%	38%	30%	40%	31%	36%
I am given useful roles and responsibilities.	Not at all or rarely	5%	3%	8%	6%	8%	2%	2%	5%
	Somewhat or sometimes	22%	13%	23%	19%	21%	17%	24%	14%
	Very or often	33%	28%	39%	38%	41%	43%	46%	44%
	Extremely or almost always	39%	56%	31%	36%	30%	38%	28%	38%

[^] All questions on this table were new in 2013. These items are adapted from the Developmental Assets Profile (DAP) under a license agreement with Search Institute, Minneapolis, MN.

2013 Minnesota Student Survey

**TABLE 26A
EMOTIONAL WELL-BEING AND DISTRESS*^**

Polk County

<i>During the last 12 months, have you had SIGNIFICANT problems with...</i>		Grade					
		8th		9th		11th	
		Male	Female	Male	Female	Male	Female
		%	%	%	%	%	%
...feeling very trapped, lonely, sad, blue, depressed or hopeless about the future?	Yes	13%	34%	19%	34%	21%	32%
	No	87%	66%	81%	66%	79%	68%
...sleep trouble, such as bad dreams, sleeping restlessly or falling asleep during the day?	Yes	22%	37%	27%	49%	24%	38%
	No	78%	63%	73%	51%	76%	62%
...feeling very anxious, nervous, tense, scared, panicked or like something bad was going to happen?	Yes	17%	35%	25%	44%	20%	35%
	No	83%	65%	75%	56%	80%	65%
...becoming very distressed and upset when something reminded you of the past?	Yes	22%	48%	24%	39%	20%	33%
	No	78%	52%	76%	61%	80%	67%
...thinking about ending your life or committing suicide?	Yes	3%	18%	12%	17%	4%	14%
	No	97%	82%	88%	83%	96%	86%

* 5th grade survey did not ask these questions.

^ All questions on this table were new in 2013. Items are adapted from the GAIN Short Screener (GAIN-SS) under a license agreement with Chestnut Health Systems, Inc.

Question introduction reads: This question asks about SIGNIFICANT problems. Problems are considered significant when you have them for two or more weeks, when they keep coming back, keep you from meeting your responsibilities, or make you feel like you can't go on.

2013 Minnesota Student Survey

**TABLE 26B
EMOTIONAL WELL-BEING AND DISTRESS*^**

Polk County

<i>Thinking back the last 30 days, how much do you agree or disagree with the following statements?</i>		Grade	
		5th	
		Male	Female
		%	%
I worry a lot	Strongly agree	13%	10%
	Agree	24%	26%
	Neither agree nor disagree	25%	35%
	Disagree	16%	16%
	Strongly disagree	23%	12%
I sometimes feel bad without knowing why	Strongly agree	9%	19%
	Agree	29%	26%
	Neither agree nor disagree	21%	22%
	Disagree	14%	14%
	Strongly disagree	26%	19%

* Only 5th grade survey asked these questions.

^ All questions on this table were new in 2013.

2013 Minnesota Student Survey

TABLE 27
SELF-INFLICTED INJURY; SUICIDAL THOUGHTS AND SUICIDAL BEHAVIOR*^
Polk County

		Grade					
		8th		9th		11th	
		Male	Female	Male	Female	Male	Female
		%	%	%	%	%	%
During the last 12 months, how many times did you do something to purposely hurt or injure yourself without wanting to die, such as cutting, burning, or bruising yourself on purpose?	0 times	91%	79%	89%	77%	97%	85%
	1 or 2 times	7%	10%	5%	11%	3%	4%
	3 to 5 times	2%	4%	2%	4%	0%	7%
	6 to 9 times	0%	4%	3%	3%	0%	3%
	10 to 19 times	0%	1%	1%	1%	0%	1%
	20 or more times	0%	2%	0%	4%	0%	1%
Have you ever seriously considered attempting suicide? (Mark all that apply)	No	96%	79%	85%	77%	91%	75%
	Yes, during the last year	1%	15%	7%	17%	2%	10%
	Yes, more than a year ago	3%	8%	9%	7%	8%	20%
Have you ever actually attempted suicide? (Mark all that apply)	No	100%	93%	94%	93%	98%	90%
	Yes, during the last year	0%	7%	3%	5%	1%	4%
	Yes, more than a year ago	0%	3%	3%	2%	2%	6%

* 5th grade survey did not ask these questions.

^ All questions on this table were new in 2013.

2013 Minnesota Student Survey

**TABLE 28
PROBLEMATIC AND ANTISOCIAL BEHAVIOR
Polk County**

During the last 12 months...			Grade								
			5th		8th		9th		11th		
			Male	Female	Male	Female	Male	Female	Male	Female	
			%	%	%	%	%	%	%	%	
...did you do any of the following TWO OR MORE TIMES?^A	Lie or con to get things you wanted or to avoid having to do something	Yes			43%	54%	50%	44%	43%	47%	
		No			57%	46%	50%	56%	57%	53%	
	Have a hard time paying attention at school, work or home	Yes			44%	51%	53%	58%	43%	52%	
		No			56%	49%	47%	42%	57%	48%	
	Have a hard time listening to instructions at school, work or home	Yes			32%	42%	41%	46%	36%	41%	
		No			68%	58%	59%	54%	64%	59%	
	Be a bully or threaten other people	Yes			13%	11%	14%	5%	3%	8%	
		No			87%	89%	86%	95%	97%	92%	
	Start fights with other people	Yes			9%	9%	17%	9%	8%	7%	
		No			91%	91%	83%	91%	92%	93%	
	...run away from home?	Never		95%	98%	97%	91%	91%	92%	95%	97%
		Once or twice		4%	2%	3%	8%	8%	5%	4%	3%
3 to 5 times		0%	0%	0%	2%	2%	1%	0%	0%		
6 to 9 times		1%	0%	0%	0%	0%	1%	0%	0%		
10 or more times		0%	0%	0%	0%	0%	1%	1%	0%		
...damaged or destroyed property?	Never		84%	95%	90%	92%	81%	92%	82%	96%	
	Once or twice		14%	4%	8%	6%	16%	7%	14%	3%	
	3 to 5 times		1%	1%	1%	2%	3%	1%	2%	1%	
	6 to 9 times		1%	0%	0%	1%	0%	0%	1%	0%	
	10 or more times		1%	0%	1%	0%	0%	0%	2%	0%	
...hit or beat up another person?	Never		79%	92%	88%	93%	79%	91%	88%	95%	
	Once or twice		16%	7%	6%	5%	15%	7%	6%	3%	
	3 to 5 times		1%	1%	5%	2%	4%	1%	2%	2%	
	6 to 9 times		1%	0%	0%	0%	0%	1%	2%	0%	
	10 or more times		3%	1%	2%	0%	2%	1%	2%	0%	
...taken something from a store without paying for it?	Never		95%	99%	94%	90%	89%	94%	86%	92%	
	Once or twice		3%	1%	1%	8%	9%	3%	9%	6%	
	3 to 5 times		0%	0%	1%	1%	2%	1%	2%	1%	
	6 to 9 times		0%	0%	2%	2%	0%	1%	1%	1%	
	10 or more times		2%	0%	2%	0%	0%	0%	2%	0%	

* 5th grade survey did not ask these questions.

^ New questions in 2013. Items are adapted from the GAIN Short Screener (GAIN-SS) under a license agreement with Chestnut Health Systems, Inc.

2013 Minnesota Student Survey

TABLE 29
SUMMARY OF SUBSTANCE USE **

Polk County

		Grade					
		8th		9th		11th	
		Male	Female	Male	Female	Male	Female
		%	%	%	%	%	%
Use of any tobacco products during the past 30 days	No	92%	95%	86%	95%	77%	91%
	Yes	8%	5%	14%	5%	23%	9%
Frequent (20+ days) use of any tobacco products during the past 30 days	No	100%	98%	97%	99%	87%	97%
	Yes	0%	2%	3%	1%	13%	3%
Frequent binge drinking in the past year (typically drank 5 or more drinks at a time and drank on 10 or more occasions during the past year)	No	98%	99%	99%	99%	94%	96%
	Yes	2%	1%	1%	1%	6%	4%
Any alcohol, marijuana and/or other drug use during the past year (excluding tobacco)	No alcohol or marijuana or other drug use in the past year	83%	78%	64%	70%	60%	52%
	Used only alcohol in the past year	10%	10%	15%	21%	22%	28%
	Used alcohol and marijuana in the past year, but not other drugs	1%	5%	6%	3%	9%	8%
	Used marijuana or other drugs in the past year, but not alcohol	2%	5%	6%	2%	1%	4%
	Used alcohol and marijuana or other drugs in the past year	4%	3%	8%	3%	8%	7%

** These are all computed variables based on combinations of responses to two or more survey items.

2013 Minnesota Student Survey

**TABLE 30
SUBSTANCE USE AMONG 5TH GRADE STUDENTS*^**

Polk County

		Grade	
		5th	
		Male	Female
		%	%
During the last 30 days, have you smoked any cigarettes?	Yes	1%	1%
	No	99%	99%
During the last 12 months, have you had alcoholic beverages to drink such as beer, wine, wine coolers and liquor?	Yes	3%	2%
	No	97%	98%
During the last 12 months, have you used marijuana (pot, weed) or hashish (hash, hash oil)?	Yes	0%	0%
	No	100%	100%
During the last 12 months, have you sniffed glue or huffed or inhaled the contents of aerosol spray cans or other gases to get high?	Yes	2%	1%
	No	98%	99%

* Only 5th grade survey asked these questions.

^ All questions on this table were new in 2013.

2013 Minnesota Student Survey

**TABLE 31
TOBACCO USE*
Polk County**

<i>During the last 30 days, on how many days did you ...</i>		Grade					
		8th		9th		11th	
		Male	Female	Male	Female	Male	Female
		%	%	%	%	%	%
...smoke a cigarette?	0 days	95%	96%	92%	95%	90%	91%
	1 to 2 days	3%	0%	3%	3%	3%	2%
	3 to 5 days	1%	2%	2%	1%	0%	3%
	6 to 9 days	0%	0%	0%	1%	2%	1%
	10 to 19 days	1%	0%	0%	1%	0%	1%
	20 to 29 days	0%	1%	2%	1%	3%	0%
	All 30 days	0%	2%	1%	0%	2%	3%
...smoke cigars, cigarillos or little cigars?	0 days	98%	98%	96%	99%	90%	97%
	1 to 2 days	1%	1%	1%	0%	6%	1%
	3 to 5 days	1%	0%	1%	1%	0%	2%
	6 to 9 days	0%	1%	2%	0%	3%	0%
	10 to 19 days	0%	0%	1%	0%	0%	0%
	20 to 29 days	0%	1%	0%	0%	1%	0%
	All 30 days	0%	0%	0%	0%	0%	0%
...use chewing tobacco, snuff or dip?	0 days	95%	98%	91%	99%	84%	100%
	1 to 2 days	3%	2%	5%	0%	3%	0%
	3 to 5 days	2%	0%	2%	0%	2%	0%
	6 to 9 days	1%	0%	1%	0%	2%	0%
	10 to 19 days	0%	0%	0%	1%	1%	0%
	20 to 29 days	0%	0%	2%	0%	4%	0%
	All 30 days	0%	0%	0%	0%	4%	0%

* 5th grade survey did not ask these questions.

2013 Minnesota Student Survey

**TABLE 32
EXPOSURE TO SECONDHAND SMOKE[^]**

Polk County

		Grade							
		5th		8th		9th		11th	
		Male	Female	Male	Female	Male	Female	Male	Female
		%	%	%	%	%	%	%	%
During the last 7 days, on how many days were you in the same room as someone who was smoking cigarettes?	0 days	74%	83%	71%	67%	65%	69%	66%	67%
	1 or 2 days	19%	11%	15%	20%	15%	15%	14%	18%
	3 or 4 days	3%	1%	8%	5%	5%	6%	7%	5%
	5 or 6 days	1%	0%	5%	3%	4%	3%	4%	1%
	All 7 days	3%	4%	2%	5%	12%	7%	9%	9%
During the last 7 days, on how many days did you ride in a car with someone who was smoking cigarettes?	0 days	79%	86%	81%	70%	71%	73%	77%	76%
	1 or 2 days	14%	9%	10%	16%	12%	12%	10%	15%
	3 or 4 days	2%	1%	5%	7%	7%	7%	8%	3%
	5 or 6 days	3%	1%	2%	1%	2%	2%	4%	3%
	All 7 days	3%	2%	3%	6%	8%	5%	2%	4%

[^] All questions on this table were new in 2013.

2013 Minnesota Student Survey

**TABLE 33
ALCOHOL USE FREQUENCY AND QUANTITY***

Polk County

		Grade					
		8th		9th		11th	
		Male	Female	Male	Female	Male	Female
		%	%	%	%	%	%
During the last 30 days, on how many days did you drink one or more drinks of an alcoholic beverage?	0 days	90%	89%	84%	85%	78%	81%
	1 or 2 days	7%	7%	9%	11%	12%	13%
	3 to 5 days	1%	2%	3%	3%	3%	2%
	6 to 9 days	2%	1%	2%	1%	2%	3%
	10 to 19 days	0%	2%	1%	1%	4%	1%
	20 to 29 days	0%	1%	1%	0%	0%	1%
	All 30 days	0%	0%	0%	0%	1%	0%
During the last 12 months, on how many occasions (if any) have you had alcoholic beverages to drink?	0	86%	85%	71%	73%	62%	56%
	1-2	6%	8%	16%	15%	13%	20%
	3-5	3%	2%	7%	8%	9%	5%
	6-9	2%	1%	3%	1%	9%	6%
	10-19	2%	2%	1%	2%	3%	6%
	20-39	1%	2%	1%	1%	1%	4%
	40+	0%	0%	2%	1%	3%	3%
If you drink beer/wine/wine coolers/liquor, generally, how much (if any) do you drink at one time?	I don't drink beer/wine/wine coolers/liquor	90%	88%	75%	82%	70%	65%
	1 glass/can/drink	5%	7%	13%	5%	3%	11%
	2 glasses/cans/drinks	2%	1%	5%	6%	2%	7%
	3 glasses/cans/drinks	0%	2%	2%	3%	4%	7%
	4 glasses/cans/drinks	2%	1%	2%	2%	6%	4%
	5 or more glasses/cans/drinks	2%	2%	4%	1%	14%	6%
During the past 30 days, on how many days did you have 5 or more drinks in a row, that is, within a couple of hours?^	0 days	96%	97%	91%	94%	87%	92%
	1 day	2%	1%	5%	4%	6%	3%
	2 days	0%	1%	1%	1%	2%	3%
	3 to 5 days	2%	1%	1%	1%	2%	1%
	6 to 9 days	0%	0%	1%	0%	2%	2%
	10 to 19 days	0%	1%	1%	0%	1%	0%
	20 or more days	0%	0%	1%	0%	0%	0%

* 5th grade survey did not ask these questions.

^ New question in 2013.

2013 Minnesota Student Survey

TABLE 34
ACCESS TO ALCOHOL*

Polk County

INCLUDES ONLY THOSE WHO USED ALCOHOL IN THE LAST 30 DAYS		Grade					
		8th		9th		11th	
		Male	Female	Male	Female	Male	Female
		%	%	%	%	%	%
If you used alcohol in the last 30 days, how did you get it? (Mark all that apply)	I bought alcohol at gas stations or convenience stores	0%	0%	0%	13%	0%	0%
	I bought alcohol at bars or restaurants	0%	0%	10%	0%	0%	5%
	I bought alcohol at liquor or other stores^	0%	0%	14%	0%	11%	5%
	I bought alcohol on the internet	0%	0%	0%	0%	4%	0%
	I got alcohol from friends	27%	20%	29%	39%	46%	67%
	I got alcohol from my parents	9%	13%	14%	13%	14%	14%
	I got alcohol from other family members	27%	13%	14%	17%	29%	5%
	I got alcohol by getting someone else to buy for me	27%	20%	5%	26%	18%	33%
	I got alcohol at parties^	27%	33%	14%	26%	21%	62%
	I took alcohol from my home	27%	13%	38%	17%	36%	29%
	I took alcohol from a friend's home	0%	13%	10%	0%	11%	10%
	I took alcohol from stores	0%	0%	0%	4%	4%	0%

* 5th grade survey did not ask this question.

^ New question in 2013.

2013 Minnesota Student Survey

**TABLE 35
AGE OF FIRST USE OF ALCOHOL AND MARIJUANA***

Polk County

		Grade			
		9th		11th	
		Male	Female	Male	Female
		%	%	%	%
How old were you when you had your first drink of an alcoholic beverage, such as beer, wine, wine coolers and liquor, other than a few sips?	I have never had a drink of alcohol other than a few sips	57%	59%	50%	36%
	10 years old or younger	9%	2%	9%	3%
	11 years old	3%	5%	4%	1%
	12 years old	8%	6%	2%	5%
	13 years old	6%	8%	6%	7%
	14 years old	11%	17%	7%	13%
	15 years old	5%	3%	9%	14%
	16 years old	0%	0%	9%	17%
	17 years old or older	0%	0%	4%	5%
How old were you when you tried marijuana (pot, weed) or hashish (hash, hash oil) for the first time?	I have never tried marijuana or hashish	81%	87%	81%	76%
	10 years old or younger	2%	1%	1%	0%
	11 years old	2%	1%	0%	0%
	12 years old	2%	3%	2%	2%
	13 years old	3%	3%	2%	6%
	14 years old	5%	4%	4%	3%
	15 years old	4%	1%	3%	2%
	16 years old	0%	0%	6%	10%
	17 years old or older	0%	0%	1%	1%

* 5th and 8th grade surveys did not ask these questions.

2013 Minnesota Student Survey

**TABLE 36
USE OF MARIJUANA AND PRESCRIPTION DRUGS*
Polk County**

		Grade					
		8th		9th		11th	
		Male	Female	Male	Female	Male	Female
		%	%	%	%	%	%
During the last 30 days, on how many days did you use marijuana or hashish?	0 days	95%	92%	91%	97%	88%	92%
	1 to 2 days	1%	2%	5%	1%	6%	1%
	3 to 5 days	1%	1%	2%	1%	2%	3%
	6 to 9 days	0%	2%	0%	0%	2%	3%
	10 to 19 days	1%	2%	2%	1%	1%	1%
	20 to 29 days	0%	1%	1%	0%	0%	0%
	All 30 days	2%	0%	0%	0%	2%	1%
During the last 12 months, on how many occasions (if any) have you used marijuana or hashish?	0	93%	90%	83%	95%	85%	84%
	1-2	2%	2%	5%	2%	2%	5%
	3-5	1%	2%	2%	0%	3%	3%
	6-9	0%	2%	1%	1%	2%	2%
	10-19	2%	2%	0%	2%	4%	3%
	20-39	0%	2%	2%	1%	1%	1%
	40+	2%	1%	8%	0%	3%	3%
During the last 30 days, on how many days did you use prescription drugs not prescribed for you?^	0 days	97%	97%	93%	96%	95%	94%
	1 to 2 days	2%	2%	5%	1%	2%	2%
	3 to 5 days	1%	0%	1%	1%	2%	3%
	6 to 9 days	0%	2%	0%	2%	0%	0%
	10 to 19 days	0%	0%	1%	0%	1%	0%
	20 to 29 days	0%	0%	1%	0%	0%	2%
	All 30 days	0%	0%	0%	0%	1%	0%

* 5th grade survey did not ask this question.

^ New question in 2013.

2013 Minnesota Student Survey

**TABLE 37
PRESCRIPTION DRUG USE*^**

Polk County

<i>During the last 12 months, on how many occasions have you used any of the following prescription drugs that were NOT prescribed for you or that you took ONLY to get high?</i>		Grade					
		8th		9th		11th	
		Male	Female	Male	Female	Male	Female
		%	%	%	%	%	%
Stimulants such as Benzedrine (bennies, speed, uppers) or diet pills	0	100%	99%	99%	99%	100%	100%
	1 to 2	0%	0%	0%	0%	0%	0%
	3 to 5	0%	1%	0%	0%	0%	0%
	6 to 9	0%	0%	1%	1%	0%	0%
	10 to 19	0%	0%	0%	0%	0%	0%
	20 to 39	0%	0%	0%	1%	0%	0%
	40 or more	0%	0%	0%	0%	0%	0%
ADHD or ADD drugs like Ritalin (hyper pills)	0	98%	99%	97%	99%	98%	97%
	1 to 2	1%	0%	0%	1%	2%	1%
	3 to 5	0%	0%	1%	0%	0%	0%
	6 to 9	1%	1%	1%	0%	0%	0%
	10 to 19	0%	0%	1%	0%	0%	1%
	20 to 39	0%	0%	0%	0%	0%	0%
	40 or more	0%	0%	1%	0%	0%	1%
Pain relievers such as OxyContin, Percocet, Vicodin or others	0	100%	97%	98%	98%	99%	98%
	1 to 2	0%	2%	2%	1%	1%	1%
	3 to 5	0%	2%	0%	1%	0%	1%
	6 to 9	0%	0%	0%	0%	0%	0%
	10 to 19	0%	0%	0%	1%	0%	0%
	20 to 39	0%	0%	0%	0%	0%	0%
	40 or more	0%	0%	0%	0%	0%	0%
Tranquilizers such as Valium, Xanax or sedatives or barbiturates	0	100%	98%	99%	99%	100%	99%
	1 to 2	0%	2%	1%	1%	0%	1%
	3 to 5	0%	0%	0%	0%	0%	0%
	6 to 9	0%	0%	0%	0%	0%	0%
	10 to 19	0%	0%	0%	0%	0%	0%
	20 to 39	0%	0%	0%	0%	0%	0%
	40 or more	0%	0%	0%	0%	0%	0%

* 5th grade survey did not ask this question.

^ Responses for 30-day (found on Table 36) and 12-month misuse of prescription drugs are inconsistent for some students. This may be due to the misinterpretation of a skip instruction on the survey or to slight differences in how the questions were worded. Due to these methodological issues, the results for these questions cannot be compared to the results from previous years.

2013 Minnesota Student Survey

**TABLE 38
HALLUCINOGEN, ECSTASY, COCAINE AND HEROIN USE*^**

Polk County

<i>During the last 12 months, on how many occasions (if any) have you used...</i>		Grade					
		8th		9th		11th	
		Male	Female	Male	Female	Male	Female
		%	%	%	%	%	%
...LSD (acid), PCP (wet sticks or dipped joints), or other psychedelics (mushrooms, angel dust)?	0	99%	99%	97%	99%	100%	98%
	1 to 2	1%	0%	3%	0%	0%	2%
	3 to 5	0%	1%	0%	0%	0%	0%
	6 to 9	0%	0%	0%	1%	0%	0%
	10 to 19	0%	0%	0%	1%	0%	0%
	20 to 39	0%	0%	0%	0%	0%	0%
	40 or more	0%	0%	0%	0%	0%	0%
...MDMA (E, X, ecstasy), GHB (G, Liquid E, Liquid X, roofies) or Ketamine (Special K)?	0	100%	99%	99%	99%	100%	100%
	1 to 2	0%	1%	1%	1%	0%	0%
	3 to 5	0%	0%	0%	0%	0%	0%
	6 to 9	0%	0%	0%	0%	0%	0%
	10 to 19	0%	0%	0%	1%	0%	0%
	20 to 39	0%	0%	0%	0%	0%	0%
	40 or more	0%	0%	0%	0%	0%	0%
...crack, coke or cocaine in any other form?	0	99%	98%	99%	99%	99%	98%
	1 to 2	1%	1%	0%	1%	1%	2%
	3 to 5	0%	0%	1%	0%	0%	0%
	6 to 9	0%	1%	0%	0%	0%	0%
	10 to 19	0%	0%	0%	1%	0%	0%
	20 to 39	0%	0%	0%	0%	0%	0%
	40 or more	0%	1%	0%	0%	0%	0%
...heroin?	0	100%	98%	100%	99%	100%	100%
	1 to 2	0%	0%	0%	0%	0%	0%
	3 to 5	0%	1%	0%	0%	0%	0%
	6 to 9	0%	0%	0%	1%	0%	0%
	10 to 19	0%	0%	0%	0%	0%	0%
	20 to 39	0%	0%	0%	0%	0%	0%
	40 or more	0%	1%	0%	0%	0%	0%

* 5th grade survey did not ask this question.

^ Due to methodological issues with these questions (e.g. the possible misinterpretation of a skip instruction on the survey), the results for these questions cannot be compared to the results from previous years.

2013 Minnesota Student Survey

TABLE 39
METHAMPHETAMINE, OVER-THE-COUNTER DRUG, SYNTHETIC DRUG AND INHALANT USE^{*,^^}
Polk County

<i>During the last 12 months, on how many occasions (if any) have you ...</i>		Grade					
		8th		9th		11th	
		Male	Female	Male	Female	Male	Female
		%	%	%	%	%	%
...used methamphetamine (meth, glass, crank, crystal meth, ice)?	0	100%	98%	100%	99%	100%	99%
	1 to 2	0%	1%	0%	0%	0%	0%
	3 to 5	0%	0%	0%	0%	0%	0%
	6 to 9	0%	0%	0%	1%	0%	0%
	10 to 19	0%	0%	0%	1%	0%	0%
	20 to 39	0%	0%	0%	0%	0%	1%
	40 or more	0%	1%	0%	0%	0%	0%
...used over-the-counter drugs such as cough syrup, cold medicine or diet pills that you took only to get high? [^]	0	99%	98%	98%	98%	100%	99%
	1 to 2	1%	1%	1%	1%	0%	1%
	3 to 5	0%	0%	1%	1%	0%	0%
	6 to 9	0%	0%	1%	0%	0%	0%
	10 to 19	0%	0%	0%	0%	0%	0%
	20 to 39	0%	0%	0%	0%	0%	0%
	40 or more	0%	1%	0%	0%	0%	0%
...used synthetic drugs such as bath salts (Ivory Wave, White Lightning) or synthetic marijuana (K2, Gold) that you took only to get high? [^]	0	98%	98%	97%	99%	99%	100%
	1 to 2	1%	1%	1%	1%	0%	0%
	3 to 5	0%	0%	1%	0%	1%	0%
	6 to 9	0%	0%	1%	0%	0%	0%
	10 to 19	0%	2%	0%	0%	0%	0%
	20 to 39	1%	0%	0%	0%	0%	0%
	40 or more	0%	0%	1%	1%	0%	0%
...sniffed glue or huffed or inhaled the contents of aerosol spray cans or other gases to get high?	0	100%	98%	98%	99%	99%	99%
	1 to 2	0%	1%	2%	1%	1%	1%
	3 to 5	0%	1%	0%	0%	0%	0%
	6 to 9	0%	0%	0%	0%	0%	0%
	10 to 19	0%	0%	0%	0%	0%	0%
	20 to 39	0%	0%	0%	0%	0%	0%
	40 or more	0%	0%	0%	0%	0%	0%

* 5th grade survey did not ask these questions.

[^] New question in 2013.

^{^^} Due to methodological issues with these questions (e.g. the possible misinterpretation of a skip instruction on the survey), the results for these questions cannot be compared to the results from previous years.

2013 Minnesota Student Survey

**TABLE 40
PERCEIVED RISK OF HARM FROM SUBSTANCE USE
Polk County**

<i>How much do you think people risk harming themselves physically or in other ways if they...</i>		Grade							
		5th		8th		9th		11th	
		Male	Female	Male	Female	Male	Female	Male	Female
		%	%	%	%	%	%	%	%
... smoke one or more packs of cigarettes per day?	No risk	22%	22%	13%	8%	16%	7%	8%	5%
	Slight risk	10%	10%	9%	12%	5%	9%	15%	5%
	Moderate risk	16%	14%	28%	20%	17%	19%	21%	31%
	Great risk	51%	54%	50%	60%	62%	64%	57%	60%
... have five or more drinks of an alcoholic beverage once or twice per week?	No risk	25%	23%	14%	8%	17%	7%	11%	7%
	Slight risk	19%	15%	21%	16%	14%	16%	18%	12%
	Moderate risk	23%	24%	28%	33%	29%	29%	24%	27%
	Great risk	33%	38%	37%	43%	40%	49%	46%	53%
... smoke marijuana once or twice per week?	No risk	26%	23%	18%	9%	27%	10%	20%	14%
	Slight risk	8%	6%	14%	9%	14%	14%	21%	7%
	Moderate risk	16%	14%	23%	30%	14%	24%	18%	30%
	Great risk	50%	56%	45%	52%	46%	52%	42%	49%
... use prescription drugs not prescribed for them? [^]	No risk	25%	22%	11%	6%	16%	8%	8%	7%
	Slight risk	5%	8%	8%	8%	8%	9%	8%	7%
	Moderate risk	12%	18%	20%	21%	15%	16%	23%	22%
	Great risk	58%	51%	61%	65%	61%	67%	60%	64%

[^] New question in 2013.

2013 Minnesota Student Survey

TABLE 41
PERCEPTIONS OF OTHERS' DISAPPROVAL OF SUBSTANCE USE^
Polk County

		Grade							
		5th		8th		9th		11th	
		Male	Female	Male	Female	Male	Female	Male	Female
		%	%	%	%	%	%	%	%
How wrong do your parents feel it would be for you to smoke cigarettes?	Not at all wrong	4%	3%	6%	1%	6%	1%	7%	5%
	A little bit wrong	2%	2%	3%	4%	6%	4%	6%	7%
	Wrong	4%	6%	5%	7%	13%	11%	13%	14%
	Very wrong	90%	89%	86%	88%	76%	83%	74%	74%
How wrong do your parents feel it would be for you to have one or more drinks of alcoholic beverage nearly every day?	Not at all wrong	6%	4%	7%	2%	6%	2%	7%	6%
	A little bit wrong	4%	3%	4%	2%	5%	5%	9%	6%
	Wrong	4%	5%	8%	9%	12%	9%	12%	16%
	Very wrong	85%	88%	80%	87%	77%	84%	71%	73%
How wrong do your parents feel it would be for you to smoke marijuana?	Not at all wrong	5%	3%	6%	2%	8%	2%	6%	6%
	A little bit wrong	1%	1%	4%	4%	2%	5%	7%	7%
	Wrong	3%	2%	4%	3%	11%	5%	10%	5%
	Very wrong	91%	93%	86%	91%	79%	88%	78%	83%
How wrong do your parents feel it would be for you to use prescription drugs not prescribed for you?	Not at all wrong	4%	2%	4%	1%	6%	3%	5%	7%
	A little bit wrong	1%	1%	2%	2%	1%	1%	3%	4%
	Wrong	5%	2%	6%	7%	11%	7%	8%	6%
	Very wrong	90%	94%	88%	89%	83%	89%	83%	84%
How wrong do your friends feel it would be for you to smoke cigarettes?	Not at all wrong	6%	5%	9%	2%	11%	5%	17%	12%
	A little bit wrong	4%	1%	11%	7%	15%	10%	13%	11%
	Wrong	12%	10%	26%	17%	26%	26%	32%	30%
	Very wrong	77%	83%	54%	74%	48%	59%	38%	47%
How wrong do your friends feel it would be for you to have one or more drinks of alcoholic beverage nearly every day?	Not at all wrong	8%	5%	9%	2%	14%	8%	21%	12%
	A little bit wrong	4%	4%	13%	10%	23%	9%	19%	21%
	Wrong	11%	6%	25%	18%	18%	26%	26%	26%
	Very wrong	77%	86%	53%	70%	46%	58%	33%	41%
How wrong do your friends feel it would be for you to smoke marijuana?	Not at all wrong	8%	4%	9%	4%	17%	7%	19%	13%
	A little bit wrong	1%	1%	14%	4%	11%	8%	15%	11%
	Wrong	4%	6%	21%	16%	23%	23%	30%	34%
	Very wrong	87%	89%	56%	76%	48%	62%	36%	42%
How wrong do your friends feel it would be for you to use prescription drugs not prescribed for you?	Not at all wrong	7%	2%	7%	3%	11%	3%	14%	10%
	A little bit wrong	1%	3%	11%	3%	10%	9%	11%	7%
	Wrong	7%	8%	19%	14%	24%	21%	25%	30%
	Very wrong	85%	87%	63%	79%	54%	67%	50%	52%

^ All questions on this table were new in 2013.

2013 Minnesota Student Survey

TABLE 42
FEELINGS AND PERCEPTIONS OF OTHERS' FEELINGS ABOUT ALCOHOL USE*^
Polk County

		Grade					
		8th		9th		11th	
		Male	Female	Male	Female	Male	Female
		%	%	%	%	%	%
How do you feel about each of the following statements: Parents and other adults should clearly communicate with their children about the importance of not using alcohol?	Strongly agree	56%	64%	53%	57%	57%	48%
	Agree	33%	24%	28%	32%	28%	34%
	Neither agree nor disagree	7%	6%	12%	7%	8%	13%
	Disagree	0%	1%	3%	1%	2%	4%
	Strongly disagree	4%	5%	3%	2%	5%	2%
How do you feel about each of the following statements: Drinking alcohol is never a good thing for anyone my age to do?	Strongly agree	59%	67%	55%	52%	50%	36%
	Agree	27%	19%	22%	25%	26%	34%
	Neither agree nor disagree	8%	5%	15%	17%	14%	21%
	Disagree	2%	1%	5%	3%	3%	6%
	Strongly disagree	4%	8%	3%	3%	7%	4%
How do you think MOST STUDENTS in your school feel about each of the following statements: Parents and other adults should clearly communicate with their children about the importance of not using alcohol?	Strongly agree	29%	13%	23%	21%	24%	15%
	Agree	38%	53%	41%	34%	38%	36%
	Neither agree nor disagree	27%	23%	21%	29%	27%	41%
	Disagree	2%	6%	12%	14%	4%	6%
	Strongly disagree	4%	5%	2%	2%	7%	3%
How do you think MOST STUDENTS in your school feel about each of the following statements: Drinking alcohol is never a good thing for anyone my age to do?	Strongly agree	31%	14%	25%	18%	20%	14%
	Agree	35%	46%	32%	28%	28%	21%
	Neither agree nor disagree	27%	24%	24%	23%	33%	42%
	Disagree	3%	9%	14%	24%	13%	16%
	Strongly disagree	4%	7%	5%	6%	7%	8%

* 5th grade survey did not ask these questions.

^ All questions on this table were new in 2013.

2013 Minnesota Student Survey

**TABLE 43
USE OF TOBACCO, ALCOHOL AND MARIJUANA**
Polk County**

<i>How often do you use each of the following?</i>		Grade					
		8th		9th		11th	
		Male	Female	Male	Female	Male	Female
		%	%	%	%	%	%
Tobacco (cigarettes, chew)	Never	87%	94%	83%	90%	73%	88%
	Tried once or twice	6%	3%	7%	4%	10%	5%
	Once or twice a year	1%	0%	2%	1%	5%	0%
	Once a month	1%	2%	2%	1%	1%	3%
	Twice a month	2%	0%	2%	0%	1%	1%
	Once a week	2%	1%	1%	2%	3%	1%
	Daily	1%	1%	3%	1%	8%	3%
Alcohol (beer, wine, liquor)	Never	80%	83%	72%	73%	63%	60%
	Tried once or twice	11%	7%	12%	14%	13%	14%
	Once or twice a year	3%	3%	7%	6%	11%	11%
	Once a month	3%	3%	5%	2%	3%	7%
	Twice a month	2%	1%	2%	3%	7%	6%
	Once a week	0%	3%	2%	2%	4%	1%
	Daily	0%	0%	1%	0%	1%	0%
Marijuana (pot, hash, hash oil)	Never	92%	90%	86%	91%	85%	83%
	Tried once or twice	4%	3%	4%	5%	2%	6%
	Once or twice a year	1%	2%	4%	0%	3%	4%
	Once a month	0%	3%	0%	1%	2%	2%
	Twice a month	1%	0%	1%	1%	4%	1%
	Once a week	1%	1%	2%	3%	2%	2%
	Daily	1%	3%	2%	0%	2%	2%

* 5th grade survey did not ask these questions.

^ All questions on this table were new in 2013.

2013 Minnesota Student Survey

TABLE 44
PERCEPTIONS OF OTHERS' USE OF TOBACCO, ALCOHOL AND MARIJUANA**
Polk County

<i>In your opinion, how often do you think MOST STUDENTS in your school use each of the following?</i>		Grade					
		8th		9th		11th	
		Male	Female	Male	Female	Male	Female
		%	%	%	%	%	%
Tobacco (cigarettes, chew)	Never	40%	25%	31%	20%	20%	12%
	Tried once or twice	23%	30%	19%	20%	15%	14%
	Once or twice a year	8%	5%	10%	5%	8%	5%
	Once a month	6%	9%	10%	8%	8%	12%
	Twice a month	2%	4%	3%	12%	2%	9%
	Once a week	9%	18%	14%	17%	18%	20%
	Daily	11%	9%	13%	18%	28%	28%
Alcohol (beer, wine, liquor)	Never	33%	19%	24%	16%	16%	12%
	Tried once or twice	25%	26%	16%	18%	14%	9%
	Once or twice a year	9%	6%	15%	7%	8%	3%
	Once a month	10%	11%	10%	10%	9%	12%
	Twice a month	2%	9%	8%	8%	8%	14%
	Once a week	11%	16%	18%	27%	33%	37%
	Daily	8%	12%	9%	14%	12%	13%
Marijuana (pot, hash, hash oil)	Never	41%	25%	28%	18%	24%	14%
	Tried once or twice	23%	23%	20%	18%	13%	15%
	Once or twice a year	4%	5%	9%	8%	10%	6%
	Once a month	11%	10%	11%	8%	7%	11%
	Twice a month	3%	6%	7%	9%	5%	12%
	Once a week	4%	17%	13%	16%	21%	25%
	Daily	14%	14%	12%	22%	20%	18%

* 5th grade survey did not ask these questions.

^ All questions on this table were new in 2013.

2013 Minnesota Student Survey

**TABLE 45A
CONSEQUENCES OF SUBSTANCE USE***

Polk County

<i>During the last 12 months ...</i>		Grade					
		8th		9th		11th	
		Male	Female	Male	Female	Male	Female
		%	%	%	%	%	%
...have you found that you had to use a lot more alcohol or drugs than before to get the same effect?	No or no use	99%	96%	98%	98%	94%	93%
	Yes	1%	4%	2%	2%	6%	7%
...have you tried to cut down on your use of alcohol or drugs but couldn't?	No or no use	99%	97%	97%	97%	98%	98%
	Yes	1%	3%	3%	3%	2%	2%
...have you continued to use alcohol or drugs even though you knew it was hurting your relationships with friends or family?	No or no use	98%	93%	95%	94%	96%	94%
	Yes	2%	7%	5%	6%	4%	6%
...how many times have you spent all or most of the day using alcohol or drugs, or getting over their effects?	0 times or no use	98%	92%	91%	94%	92%	93%
	1 time	1%	5%	5%	4%	3%	3%
	2 times	1%	1%	2%	1%	2%	2%
	3 or more times	0%	3%	2%	1%	3%	2%
...how many times have you given up important social or recreational activities like sports or being with friends or relatives to use alcohol or drugs or to get over their effects?	0 times or no use	98%	94%	95%	99%	97%	97%
	1 time	1%	2%	2%	1%	2%	0%
	2 times	1%	3%	1%	0%	0%	2%
	3 or more times	0%	1%	2%	0%	1%	1%
...how many times have you missed work or school, or neglected other major responsibilities because of alcohol or drug use?	0 times or no use	100%	98%	98%	99%	98%	97%
	1 time	0%	2%	0%	1%	2%	0%
	2 times	0%	0%	2%	0%	0%	1%
	3 or more times	0%	1%	0%	0%	1%	2%

* 5th grade survey did not ask these questions.

2013 Minnesota Student Survey

**TABLE 45B
CONSEQUENCES OF SUBSTANCE USE***

Polk County

<i>During the last 12 months, how many times...</i>		Grade					
		8th		9th		11th	
		Male	Female	Male	Female	Male	Female
		%	%	%	%	%	%
...have you driven a motor vehicle after using alcohol or drugs?*	0 times or no use			98%	98%	92%	93%
	1 time			2%	1%	3%	2%
	2 times			0%	1%	1%	2%
	3 or more times			1%	0%	4%	3%
...have you hit someone or become violent while using alcohol or drugs?	0 times or no use	98%	98%	99%	99%	97%	96%
	1 time	1%	1%	0%	0%	2%	3%
	2 times	1%	2%	1%	1%	0%	0%
	3 or more times	0%	0%	0%	0%	2%	1%
...have you used so much alcohol or drugs that the next day you could not remember what you had said or done?	0 times or no use	98%	92%	94%	92%	93%	91%
	1 time	0%	5%	2%	4%	1%	3%
	2 times	1%	2%	2%	2%	3%	2%
	3 or more times	1%	2%	2%	1%	3%	4%
...have you used more alcohol or drugs than you intended to?	0 times or no use	98%	91%	94%	95%	97%	91%
	1 time	0%	7%	3%	2%	2%	2%
	2 times	2%	0%	2%	0%	1%	3%
	3 or more times	0%	3%	1%	3%	1%	4%
...has alcohol or drug use left you feeling depressed, agitated, paranoid, or unable to concentrate?	0 times or no use	97%	96%	98%	93%	96%	96%
	1 time	3%	0%	1%	5%	2%	1%
	2 times	0%	3%	1%	1%	1%	1%
	3 or more times	0%	2%	1%	1%	1%	2%
...has alcohol or drug use caused you problems with the law?	0 times or no use	97%	97%	95%	97%	97%	98%
	1 time	2%	1%	1%	1%	2%	1%
	2 times	1%	1%	4%	1%	0%	1%
	3 or more times	0%	1%	0%	0%	2%	0%

* 5th grade survey did not ask these questions.

** 8th grade survey did not ask this question.

2013 Minnesota Student Survey

**TABLE 46
SEXUAL ORIENTATION; SEXUAL BEHAVIOR***

Polk County

		Grade			
		9th		11th	
		Male	Female	Male	Female
		%	%	%	%
Which of the following best describes you?^	Heterosexual (straight)	97%	98%	96%	94%
	Bisexual	2%	1%	1%	4%
	Gay or lesbian	1%	1%	0%	2%
	Not sure (questioning)	0%	1%	2%	1%
Have you ever had sexual intercourse ('had sex')?	Yes	19%	21%	45%	52%
	No	81%	79%	55%	48%
During the last 12 months, with how many different male partners have you had sexual intercourse?	None	98%	81%	93%	53%
	1 person	1%	15%	6%	35%
	2 persons	0%	3%	0%	6%
	3 persons	0%	1%	0%	5%
	4 persons	0%	0%	0%	0%
	5 persons	0%	0%	0%	2%
	6 or more persons	2%	0%	1%	0%
During the last 12 months, with how many different female partners have you had sexual intercourse?	None	82%	97%	59%	96%
	1 person	10%	2%	31%	4%
	2 persons	3%	1%	5%	0%
	3 persons	0%	0%	3%	0%
	4 persons	2%	0%	2%	0%
	5 persons	0%	0%	0%	0%
	6 or more persons	3%	0%	1%	0%
How many times have you been pregnant or gotten someone pregnant?	0 times	97%	100%	97%	98%
	1 time	2%	0%	2%	1%
	2 or more times	0%	0%	1%	1%
	Not sure	2%	0%	1%	0%

* 5th and 8th grade surveys did not ask these questions.

^ New question in 2013.

2013 Minnesota Student Survey

**TABLE 47
SEXUAL BEHAVIOR***

Polk County

INCLUDES ONLY THOSE WHO HAVE EVER HAD SEXUAL INTERCOURSE		Grade			
		9th		11th	
		Male	Female	Male	Female
		%	%	%	%
Have you talked with your partner(s) about protecting yourselves from getting sexually transmitted infections/HIV/AIDS?	Never	46%	50%	30%	22%
	Not with every partner	25%	3%	8%	9%
	At least once with every partner	29%	47%	62%	69%
Have you talked with your partner(s) about preventing pregnancy?	Never	42%	38%	15%	15%
	Not with every partner	8%	3%	9%	7%
	At least once with every partner	50%	59%	75%	78%
The LAST time you had sexual intercourse, what ONE method did you or your partner use to prevent pregnancy?^	No method was used to prevent pregnancy	4%	16%	0%	8%
	Birth control pills	22%	16%	24%	27%
	Condoms	48%	48%	69%	48%
	Depo-Provera/any birth control shot, Nuva Ring/any birth control ring, Implanon/any implant or any IUD	0%	3%	4%	8%
	Withdrawal (pull-out)	4%	3%	2%	8%
	Some other method	0%	0%	0%	2%
	Not sure	22%	13%	2%	0%
The LAST time you had sexual intercourse, did you or your partner use a condom?	Yes	71%	66%	80%	69%
	No	29%	34%	20%	31%
Did you drink alcohol or use drugs before you had sexual intercourse the LAST time?^	Yes	8%	9%	16%	9%
	No	92%	91%	84%	91%

* 5th and 8th grade surveys did not ask these questions.

^ New question in 2013.

2013 Minnesota Student Survey

**TABLE 48
REASONS FOR SEXUAL ABSTINENCE***

Polk County

		Grade			
		9th		11th	
		Male	Female	Male	Female
		%	%	%	%
If you do not have sexual intercourse, what factors influence your choice not to? (Mark all that apply)	I don't want to have sex	32%	60%	17%	60%
	My partner doesn't want to have sex[^]	11%	4%	3%	4%
	I have not had a chance to have sex[^]	33%	17%	34%	22%
	My friends don't have sex	4%	20%	3%	12%
	I don't think it's right for a person my age to have sex	45%	57%	23%	40%
	I have chosen to wait until I am married	23%	39%	25%	44%
	My religious or spiritual beliefs	22%	23%	20%	38%
	My parent(s) would object	38%	46%	23%	48%
	What my parents have taught me about sex	22%	25%	9%	20%
	What sex education at school has taught me	18%	22%	2%	18%
	Fear of pregnancy	26%	53%	23%	50%
	Fear of sexually transmitted diseases	29%	42%	18%	34%
	Other reason(s)	32%	18%	26%	18%

* 5th and 8th grade surveys did not ask these questions.

[^] New question in 2013.