

2013 Minnesota Student Survey Prevention Region Tables

Fall 2013

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Minnesota Department of Education
Minnesota Department of Human Services
Minnesota Department of Health
Minnesota Department of Public Safety**

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In Appreciation

We are indebted to the students, parents, teachers, Minnesota Student Survey coordinators, principals and superintendents across the state that agreed to participate in and supported the student survey when it was administered in the first half of 2013. These data are made available as a result of their interest and time and we are grateful for their efforts.

We are also indebted to the many state agency staff, especially the analysts with the Minnesota Center for Health Statistics at the Minnesota Department of Health, for their tireless work on making these data available.

2013 MINNESOTA STUDENT SURVEY

Survey Participation

The 2013 Minnesota Student Survey was administered in the first half of 2013 to public school students in Grades 5, 8, 9, and 11 statewide. All public school districts in Minnesota were invited to participate. Of the 334 public operating districts, 280 agreed to participate (84% of public operating school districts).

Public school student participation was voluntary and surveys were anonymous. Across the state, approximately 66% of fifth graders, 71% of eighth graders, 69% of ninth graders, and 62% of eleventh graders participated in the 2013 Minnesota Student Survey. Overall participation across the four grades was approximately 67% of total enrollment.

All schools and districts that participated in the survey followed federal laws regarding parental notification as required by the Family Educational Rights and Privacy Act (FERPA) and the Protection of Pupil Rights Amendment (PPRA). PPRA requires that schools that participate in the survey notify parents of the survey administration, provide parents the opportunity to review the survey instrument, and allow parents to opt their child out of participating.

Mode of Administration

In 2013, for the first time, schools could choose to administer the survey by computer or by using the traditional paper and pencil survey. Each participating school had to choose one method or the other. Overall, 35% of students took the survey by computer and 65% used the paper survey. The survey questions that students saw on their computer screens were the same as those in the paper survey booklets.

Researchers find that the mode of administration (in this case, computer or paper) may sometimes influence survey results in subtle ways. Students may feel that one method offers more privacy or anonymity than the other, or they may simply feel more comfortable with one method. The Minnesota Student Survey research team will be analyzing the results of the 2013 survey to see if they can detect any influence of the mode of administration on survey results.

Items on the Tables

The accompanying set of tables includes the responses for all survey items. Items are ordered within the tables according to meaningful domains; the order items appear on the tables is not necessarily the order they appeared in the survey. A Table of Contents is provided on pages v-vi. The Grade 5 survey version was shorter than the Grade 8 survey version, which in turn was shorter than the Grade 9/11 version. The Grade 5 and Grade 8 versions did not include items appropriate only for older students. Items found on some versions of the survey but not on others are identified on the tables.

New Questions and Year-to-Year Comparisons

Many of the 2013 survey instrument questions were changed from the 2010 survey instrument. While some questions stayed the same, other questions had updated or improved wording. Some entirely new questions were added and some questions were dropped. New questions are noted on each table. Caution must be used when making comparisons over time for any questions in which the wording has changed.

Please note that although these surveys are given repeatedly over time, student populations may change between administrations of the survey.

Validity of Responses

Approximately 2% of the surveys were eliminated from analyses because gender was missing, responses were highly inconsistent, or there was a pattern of likely exaggeration.

**2013 MINNESOTA STUDENT SURVEY
TABLE OF CONTENTS**

Table	Subject Area	Page
DEMOGRAPHICS		
Table 1	Demographic description	1
SCHOOL		
Table 2	School plans; IEP participation; Changing schools; Academic performance	2
Table 3	Feelings about school	3
Table 4	Feelings about school; Skipping school	4
Table 5	Time away from class	5
Table 6	Perceptions of safety; After school supervision	6
Table 7	Being bullied for specific reasons	7
Table 8	Victimization at school; Cyberbullying	8
Table 9	Being bullied or harassed at school	9
Table 10	Bullying or harassing other students at school	10
ACTIVITIES		
Table 11a-b	Use of time	11-12
Table 12a-b	Enrichment activities	13-14
Table 13	Reasons for participation in activities	15
FAMILY AND RELATIONSHIPS		
Table 14	Family composition and situations	16
Table 15	Parental communication	17
Table 16	Perceptions of family and others caring	18
RISK FACTORS		
Table 17	Family substance abuse; Physical and sexual violence	19
Table 18	Relationship violence	20
HEALTH AND SAFETY		
Table 19	General health and health conditions	21
Table 20	Health care access	22
Table 21	Physical activity; Sleep; Use of indoor tanning device	23
Table 22	Eating meals	24
Table 23a-b	Nutrition	25-26
Table 24	Vehicle safety	27
MENTAL HEALTH		
Table 25a-c	Self description	28-30
Table 26a-b	Emotional well-being and distress	31-32
Table 27	Self-inflicted injury; Suicidal thoughts and suicidal behavior	33
Table 28	Problematic and antisocial behavior	34

Continued on the next page

2013 MINNESOTA STUDENT SURVEY
TABLE OF CONTENTS, continued

Table	Subject Area	Page
SUBSTANCE USE		
Table 29	Summary of substance use	35
Table 30	Substance use among 5 th grade students	36
Table 31	Tobacco use	37
Table 32	Exposure to secondhand smoke	38
Table 33	Alcohol use frequency and quantity	39
Table 34	Access to alcohol	40
Table 35	Age of first use of alcohol and marijuana	41
Table 36	Use of marijuana and prescription drugs	42
Table 37	Prescription drug use	43
Table 38	Hallucinogen, ecstasy, cocaine and heroin use	44
Table 39	Methamphetamine, over-the-counter drug, synthetic drug and inhalant use	45
Table 40	Perceived risk of harm from substance use	46
Table 41	Perceptions of others' disapproval of substance use	47
Table 42	Feelings and perceptions of other's feelings about alcohol use	48
Table 43	Use of tobacco, alcohol and marijuana	49
Table 44	Perceptions of others' use of tobacco, alcohol and marijuana	50
Table 45a-b	Consequences of substance use	51-52
SEXUAL HEALTH AND PROTECTIVE FACTORS		
Table 46	Sexual orientation; Sexual behavior	53
Table 47	Sexual behavior	54
Table 48	Reasons for sexual abstinence	55

2013 Minnesota Student Survey

**TABLE 1
DEMOGRAPHIC DESCRIPTION
East Central**

		Grade							
		5th		8th		9th		11th	
		N	%	N	%	N	%	N	%
Total number of surveys		4,925	100%	6,015	100%	5,937	100%	5,039	100%
Gender	Male	2,489	51%	3,052	51%	2,991	50%	2,547	51%
	Female	2,436	49%	2,963	49%	2,946	50%	2,492	49%
Age	10 or younger	2,008	41%	0	0%	0	0%	0	0%
	11	2,836	58%	0	0%	0	0%	0	0%
	12	53	1%	10	0%	0	0%	0	0%
	13	0	0%	2,503	42%	12	0%	0	0%
	14	0	0%	3,415	57%	2,408	41%	0	0%
	15	0	0%	65	1%	3,406	57%	3	0%
	16	0	0%	1	0%	98	2%	2,085	41%
	17	0	0%	0	0%	3	0%	2,871	57%
	18	0	0%	0	0%	0	0%	59	1%
	19-20	0	0%	0	0%	0	0%	7	0%
	No answer	28	1%	21	0%	10	0%	14	0%
Are you a member of any of the following ethnic or cultural groups?^ Hispanic or Latino/a	Yes	164	3%	256	4%	266	4%	165	3%
	No	4,313	88%	5,362	89%	5,313	89%	4,619	92%
	Not answered	448	9%	397	7%	358	6%	255	5%
Are you a member of any of the following ethnic or cultural groups?^ Somali	Yes	66	1%	50	1%	52	1%	41	1%
	No	4,396	89%	5,515	92%	5,455	92%	4,687	93%
	Not answered	463	9%	450	7%	430	7%	311	6%
Are you a member of any of the following ethnic or cultural groups?^ Hmong	Yes	28	1%	29	0%	25	0%	16	0%
	No	4,403	89%	5,504	92%	5,464	92%	4,693	93%
	Not answered	494	10%	482	8%	448	8%	330	7%
In addition, what is your race?^ (If more than one describes you, mark ALL that apply)	American Indian or Alaskan Native only	132	3%	108	2%	75	1%	42	1%
	Asian only	88	2%	86	1%	78	1%	70	1%
	Black, African or African American only	189	4%	143	2%	150	3%	111	2%
	Native Hawaiian or Pacific Islander only	22	0%	17	0%	24	0%	12	0%
	White only	3,956	80%	5,120	85%	5,050	85%	4,480	89%
	Multiple race (checked more than one)	250	5%	380	6%	428	7%	253	5%
	No answer	288	6%	161	3%	132	2%	71	1%

^ New question in 2013.

2013 Minnesota Student Survey

TABLE 2
SCHOOL PLANS; IEP PARTICIPATION; CHANGING SCHOOLS; ACADEMIC PERFORMANCE
East Central

		Grade							
		5th		8th		9th		11th	
		Male	Female	Male	Female	Male	Female	Male	Female
		%	%	%	%	%	%	%	%
What is the MAIN thing you plan to do right AFTER high school?*	I don't plan to graduate from high school			1%	0%	1%	0%	0%	0%
	Get my GED			2%	2%	2%	2%	0%	1%
	Go to a two-year community or technical college			10%	6%	12%	7%	22%	15%
	Go to a four-year college or university			56%	73%	58%	74%	55%	74%
	Get a license or certificate in a career field			5%	7%	3%	6%	2%	3%
	Attend an apprenticeship program			0%	0%	0%	0%	0%	0%
	Join the military			12%	2%	12%	3%	10%	2%
	Work at a job			8%	4%	8%	4%	7%	2%
	Other			5%	4%	5%	4%	3%	2%
Do you have an IEP or get special education services?	Yes	14%	8%	13%	7%	13%	7%	12%	7%
	No	86%	92%	87%	93%	87%	93%	88%	93%
Since the beginning of this school year, how many times have you changed schools?	0 times	89%	91%	94%	95%	95%	95%	96%	96%
	1 time	6%	6%	4%	3%	3%	3%	3%	2%
	2 times	2%	1%	1%	1%	1%	1%	1%	1%
	3 or more times	3%	2%	1%	1%	1%	1%	1%	1%
How would you describe your grades this school year?^	Mostly As	37%	47%	30%	49%	33%	48%	30%	46%
	Mostly Bs	40%	35%	39%	33%	37%	35%	41%	39%
	Mostly Cs	13%	9%	22%	12%	21%	12%	21%	12%
	Mostly Ds	2%	2%	6%	4%	6%	4%	6%	2%
	Mostly Fs	0%	0%	2%	1%	2%	1%	1%	0%
	Mostly Incompletes	1%	0%	1%	1%	1%	0%	0%	0%
	None of these letter grades	6%	7%	0%	0%	0%	0%	0%	0%

* 5th grade survey did not ask this question.

^ New question in 2013.

2013 Minnesota Student Survey

**TABLE 3
FEELINGS ABOUT SCHOOL[^]
East Central**

		Grade								
		5th		8th		9th		11th		
		Male %	Female %	Male %	Female %	Male %	Female %	Male %	Female %	
How often do you care about doing well in school?	All of the time	50%	64%	40%	52%	40%	54%	33%	51%	
	Most of the time	39%	30%	44%	38%	44%	36%	46%	40%	
	Some of the time	10%	6%	14%	9%	14%	9%	19%	9%	
	None of the time	1%	0%	1%	1%	2%	1%	2%	0%	
How often do you pay attention in class?	All of the time	23%	36%	18%	21%	16%	18%	14%	17%	
	Most of the time	63%	57%	64%	67%	65%	69%	62%	69%	
	Some of the time	13%	6%	16%	12%	18%	12%	23%	14%	
	None of the time	1%	0%	1%	0%	1%	1%	1%	0%	
How often do you go to class unprepared?	All of the time	2%	2%	3%	2%	2%	2%	2%	2%	
	Most of the time	7%	5%	5%	4%	5%	2%	7%	2%	
	Some of the time	49%	40%	47%	36%	42%	32%	45%	33%	
	None of the time	41%	53%	45%	59%	50%	64%	46%	63%	
How much do you agree or disagree with each of the following statements?	If something interests me, I try to learn more about it.	Strongly agree	43%	43%	50%	45%	55%	46%	63%	57%
		Agree	53%	54%	47%	52%	43%	52%	36%	42%
		Disagree	3%	3%	3%	2%	2%	2%	1%	1%
		Strongly disagree	1%	1%	1%	1%	1%	0%	0%	0%
	I think things I learn in school are useful.	Strongly agree	43%	47%	23%	19%	17%	14%	14%	11%
		Agree	49%	46%	59%	65%	61%	66%	61%	67%
		Disagree	6%	5%	14%	14%	18%	17%	20%	19%
		Strongly disagree	2%	2%	4%	2%	4%	3%	5%	3%
	Being a student is one of the most important parts of who I am.	Strongly agree	27%	31%	17%	17%	16%	16%	11%	15%
		Agree	49%	50%	49%	52%	48%	50%	46%	52%
		Disagree	18%	17%	28%	26%	30%	29%	33%	28%
		Strongly disagree	5%	2%	6%	4%	7%	5%	9%	5%

[^] All questions on this table were new in 2013.

2013 Minnesota Student Survey

**TABLE 4
FEELINGS ABOUT SCHOOL; SKIPPING SCHOOL^
East Central**

			Grade							
			5th		8th		9th		11th	
			Male %	Female %	Male %	Female %	Male %	Female %	Male %	Female %
How much do you agree or disagree with each of the following statements?	Overall, adults at my school treat students fairly.	Strongly agree	41%	47%	28%	24%	26%	22%	23%	20%
		Agree	44%	42%	51%	56%	55%	59%	59%	61%
		Disagree	11%	9%	15%	16%	13%	15%	13%	15%
		Strongly disagree	4%	2%	6%	4%	6%	4%	5%	4%
	Adults at my school listen to the students.	Strongly agree	42%	44%	24%	18%	21%	16%	18%	13%
		Agree	47%	45%	53%	56%	57%	59%	60%	64%
		Disagree	9%	8%	18%	21%	18%	21%	17%	18%
		Strongly disagree	3%	2%	5%	4%	5%	4%	6%	4%
	The school rules are fair.	Strongly agree	34%	43%	21%	19%	21%	19%	15%	15%
		Agree	45%	45%	53%	54%	56%	60%	54%	60%
		Disagree	16%	9%	19%	21%	18%	17%	24%	20%
		Strongly disagree	5%	2%	7%	5%	6%	4%	7%	5%
	At my school, teachers care about students.	Strongly agree	59%	67%	31%	31%	27%	25%	24%	23%
		Agree	36%	30%	56%	57%	58%	61%	62%	65%
		Disagree	3%	3%	10%	10%	11%	11%	12%	9%
		Strongly disagree	1%	1%	4%	2%	4%	2%	3%	2%
	Most teachers at my school are interested in me as a person.	Strongly agree	31%	39%	17%	16%	17%	14%	16%	15%
		Agree	51%	49%	52%	53%	50%	51%	53%	53%
		Disagree	14%	10%	23%	25%	26%	29%	25%	27%
		Strongly disagree	4%	2%	8%	6%	7%	6%	7%	5%
During the last 30 days, how many times have you skipped school or cut classes, but NOT a full day of school, without being excused?*	None			90%	89%	90%	88%	83%	86%	
	Once or twice			8%	8%	7%	8%	12%	10%	
	3 to 5 times			2%	2%	2%	2%	3%	3%	
	6 to 9 times			0%	1%	1%	0%	1%	1%	
	10 or more times			1%	0%	1%	1%	1%	1%	
During the last 30 days, how many times have you skipped school or cut a FULL day of school or classes, without being excused?*	None			92%	92%	92%	92%	90%	92%	
	Once or twice			6%	6%	5%	6%	8%	6%	
	3 to 5 times			2%	2%	1%	2%	2%	1%	
	6 to 9 times			0%	1%	0%	0%	0%	0%	
	10 or more times			0%	0%	1%	0%	1%	0%	

* 5th grade survey did not ask this question.

^ All questions on this table were new in 2013.

2013 Minnesota Student Survey

**TABLE 5
TIME AWAY FROM CLASS[^]**

East Central

<i>During the last 30 days, how many times have you...</i>		Grade							
		5th		8th		9th		11th	
		Male	Female	Male	Female	Male	Female	Male	Female
		%	%	%	%	%	%	%	%
...gone to the nurses office?	None	55%	50%	72%	59%	79%	67%	81%	71%
	Once or twice	32%	35%	23%	32%	17%	26%	17%	25%
	3 to 5 times	8%	11%	3%	6%	2%	5%	2%	3%
	6 to 9 times	2%	2%	1%	1%	0%	1%	0%	1%
	10 or more times	3%	2%	1%	1%	1%	1%	0%	0%
...stayed home because you were sick?	None	50%	47%	56%	50%	62%	54%	60%	51%
	Once or twice	35%	39%	34%	37%	29%	35%	32%	37%
	3 to 5 times	11%	11%	8%	10%	7%	9%	6%	10%
	6 to 9 times	2%	2%	1%	2%	1%	1%	1%	2%
	10 or more times	1%	1%	1%	1%	1%	1%	0%	1%
...been sent to the office for discipline?	None	84%	95%	81%	91%	89%	94%	90%	95%
	Once or twice	12%	4%	14%	7%	8%	5%	8%	4%
	3 to 5 times	3%	0%	4%	1%	2%	1%	2%	1%
	6 to 9 times	1%	0%	1%	0%	0%	0%	0%	0%
	10 or more times	1%	0%	1%	0%	1%	0%	0%	0%
...had in-school suspension (ISS)?	None	96%	99%	94%	98%	97%	98%	96%	99%
	Once or twice	3%	1%	5%	2%	3%	2%	3%	1%
	3 to 5 times	1%	0%	1%	0%	0%	0%	0%	0%
	6 to 9 times	0%	0%	0%	0%	0%	0%	0%	0%
	10 or more times	0%	0%	0%	0%	0%	0%	0%	0%
...been suspended from school (out-of-school suspension/OSS)?	None	98%	100%	97%	99%	98%	99%	98%	99%
	Once or twice	2%	0%	2%	1%	1%	1%	1%	1%
	3 to 5 times	0%	0%	0%	0%	0%	0%	0%	0%
	6 to 9 times	0%	0%	0%	0%	0%	0%	0%	0%
	10 or more times	0%	0%	0%	0%	0%	0%	0%	0%

[^] All questions on this table were new in 2013.

2013 Minnesota Student Survey

TABLE 6
PERCEPTIONS OF SAFETY; AFTER SCHOOL SUPERVISION
East Central

			Grade							
			5th		8th		9th		11th	
			Male	Female	Male	Female	Male	Female	Male	Female
			%	%	%	%	%	%	%	%
How much do you agree or disagree with each of the following statements?	I feel safe going to and from school.	Strongly agree	58%	57%	56%	49%	57%	51%	60%	57%
		Agree	36%	37%	39%	46%	38%	44%	36%	40%
		Disagree	5%	5%	3%	4%	3%	4%	2%	3%
		Strongly disagree	2%	1%	2%	1%	2%	1%	1%	1%
	I feel safe at school.	Strongly agree	59%	60%	50%	46%	49%	45%	55%	51%
		Agree	34%	35%	41%	46%	42%	47%	39%	43%
		Disagree	5%	4%	6%	7%	6%	7%	4%	5%
		Strongly disagree	2%	1%	2%	1%	2%	1%	2%	1%
	I feel safe in my neighborhood.	Strongly agree	60%	56%	62%	53%	64%	55%	66%	60%
		Agree	32%	37%	33%	42%	32%	41%	31%	36%
		Disagree	6%	6%	3%	5%	3%	3%	2%	3%
		Strongly disagree	2%	2%	2%	1%	1%	1%	1%	0%
	I feel safe at home.^	Strongly agree	79%	77%	74%	67%	74%	66%	73%	70%
		Agree	18%	20%	23%	29%	24%	30%	25%	27%
		Disagree	2%	2%	2%	3%	1%	3%	1%	2%
		Strongly disagree	1%	1%	1%	1%	1%	1%	1%	0%
Where do you usually GO after school?^ (Mark all that apply)	I stay at my school or go to another school	10%	11%	19%	21%	24%	27%	24%	24%	
	Your home or another home such as a friend's, relative's or neighbor's	93%	93%	88%	93%	87%	93%	81%	89%	
	A rec, community or other youth center	6%	7%	10%	10%	10%	9%	9%	7%	
	A park or other outdoor space	10%	9%	9%	9%	9%	7%	7%	6%	
	A library	3%	5%	3%	4%	2%	6%	3%	5%	
	A church, synagogue, mosque, or other spiritual/religious place	4%	5%	5%	7%	6%	7%	4%	8%	
	A job*					8%	5%	38%	44%	
	Some other place, such as a mall or movie theatre	9%	10%	11%	19%	10%	16%	14%	22%	
During a typical week, how often are you home alone or somewhere unsupervised after school?	0 days	43%	46%	33%	30%	33%	28%	28%	25%	
	1 day	21%	21%	22%	21%	19%	17%	18%	17%	
	2 days	13%	12%	15%	16%	16%	18%	16%	16%	
	3 days	8%	8%	11%	13%	11%	13%	12%	14%	
	4 days	4%	4%	5%	6%	6%	7%	7%	8%	
	5 days	10%	9%	14%	15%	15%	17%	20%	20%	

* 5th and 8th grade surveys did not ask this question.

^ New question in 2013.

2013 Minnesota Student Survey

**TABLE 7
BEING BULLIED FOR SPECIFIC REASONS[^]
East Central**

<i>During the last 30 days, how often have other students harassed or bullied you for any of the following reasons?</i>		Grade							
		5th		8th		9th		11th	
		Male	Female	Male	Female	Male	Female	Male	Female
		%	%	%	%	%	%	%	%
Your race, ethnicity or national origin	Never	92%	94%	92%	94%	92%	94%	92%	96%
	Once or twice	5%	5%	5%	4%	4%	4%	4%	3%
	About once a week	1%	1%	1%	1%	1%	1%	1%	1%
	Several times a week	1%	1%	1%	0%	1%	1%	1%	0%
	Every day	1%	0%	1%	1%	2%	0%	2%	0%
Your religion	Never	93%	93%	95%	94%	94%	93%	93%	93%
	Once or twice	5%	6%	3%	5%	4%	5%	4%	6%
	About once a week	1%	1%	1%	1%	1%	1%	1%	0%
	Several times a week	0%	0%	0%	0%	1%	0%	1%	0%
	Every day	0%	0%	1%	0%	1%	0%	1%	0%
Your gender (being male or female)	Never	92%	87%	97%	90%	97%	91%	97%	92%
	Once or twice	5%	10%	2%	7%	1%	7%	1%	6%
	About once a week	1%	1%	0%	1%	0%	1%	0%	1%
	Several times a week	1%	1%	1%	1%	0%	0%	0%	0%
	Every day	1%	1%	0%	1%	1%	0%	1%	0%
Because you are gay or lesbian or because someone thought you were*	Never			91%	92%	91%	93%	94%	95%
	Once or twice			5%	5%	5%	5%	3%	3%
	About once a week			2%	1%	2%	1%	1%	1%
	Several times a week			1%	1%	1%	1%	1%	0%
	Every day			1%	1%	2%	1%	1%	0%
A physical or mental disability	Never	92%	94%	94%	94%	94%	94%	95%	96%
	Once or twice	6%	4%	4%	4%	4%	4%	2%	3%
	About once a week	1%	1%	1%	1%	1%	1%	1%	1%
	Several times a week	1%	1%	1%	1%	1%	0%	0%	0%
	Every day	1%	1%	1%	1%	1%	0%	1%	0%
Your weight or physical appearance	Never	78%	79%	78%	69%	79%	72%	83%	79%
	Once or twice	14%	15%	14%	20%	13%	18%	10%	15%
	About once a week	3%	2%	4%	4%	3%	5%	3%	3%
	Several times a week	2%	2%	2%	4%	2%	3%	2%	2%
	Every day	2%	2%	2%	3%	3%	2%	3%	1%

* 5th grade survey did not ask this question.

[^] All questions on this table were new in 2013.

2013 Minnesota Student Survey

**TABLE 8
VICTIMIZATION AT SCHOOL; CYBERBULLYING^
East Central**

			Grade							
			5th		8th		9th		11th	
			Male	Female	Male	Female	Male	Female	Male	Female
			%	%	%	%	%	%	%	%
During the last 30 days, on how many days have other students at school...	...stolen or deliberately damaged your property such as clothing, books or car?	0 days	87%	90%	84%	88%	87%	90%	89%	93%
		1 day	9%	7%	10%	8%	8%	7%	7%	5%
		2 or 3 days	2%	2%	4%	3%	3%	2%	2%	1%
		4 or 5 days	0%	1%	1%	0%	1%	0%	1%	0%
		6 or more days	1%	1%	1%	1%	1%	0%	2%	0%
	...offered, sold or given you an illegal drug?	0 days	98%	99%	94%	94%	89%	90%	82%	89%
		1 day	1%	0%	3%	3%	4%	4%	5%	4%
		2 or 3 days	0%	0%	1%	1%	2%	3%	5%	3%
		4 or 5 days	0%	0%	1%	0%	1%	1%	2%	1%
		6 or more days	0%	0%	1%	1%	4%	2%	6%	2%
	...threatened or injured you with a weapon (gun, knife, club, etc.)?	0 days	93%	97%	94%	96%	94%	96%	96%	98%
		1 day	4%	2%	3%	3%	3%	2%	2%	1%
		2 or 3 days	1%	1%	1%	1%	1%	1%	1%	0%
		4 or 5 days	0%	0%	1%	0%	1%	0%	0%	0%
		6 or more days	1%	0%	1%	1%	1%	0%	1%	0%
During the last 30 days, how often have you been bullied through e-mail, chat rooms, instant messaging, websites or texting?	Never	87%	83%	91%	77%	92%	81%	92%	85%	
	Once or twice	10%	13%	6%	17%	6%	14%	5%	12%	
	About once a week	2%	2%	1%	3%	1%	2%	1%	2%	
	Several times a week	1%	1%	0%	1%	1%	2%	1%	1%	
	Every day	1%	1%	1%	1%	1%	1%	1%	0%	

^ All questions on this table were new in 2013.

2013 Minnesota Student Survey

**TABLE 9
BEING BULLIED OR HARASSED AT SCHOOL[^]
East Central**

<i>During the last 30 days, how often have other students at school...</i>		Grade							
		5th		8th		9th		11th	
		Male	Female	Male	Female	Male	Female	Male	Female
		%	%	%	%	%	%	%	%
...pushed, shoved, slapped, hit or kicked you when they weren't kidding around?	Never	69%	77%	79%	85%	84%	89%	89%	93%
	Once or twice	23%	19%	15%	11%	12%	8%	8%	5%
	About once a week	4%	2%	2%	2%	2%	1%	1%	1%
	Several times a week	2%	1%	2%	1%	1%	1%	1%	0%
	Every day	1%	1%	2%	1%	2%	1%	2%	0%
...threatened to beat you up?	Never	79%	88%	83%	89%	86%	91%	90%	95%
	Once or twice	16%	9%	12%	8%	10%	7%	7%	4%
	About once a week	3%	1%	2%	1%	2%	1%	2%	0%
	Several times a week	2%	1%	1%	1%	1%	0%	0%	0%
	Every day	1%	1%	1%	1%	1%	0%	1%	0%
...spread mean rumors or lies about you?	Never	68%	62%	80%	61%	83%	65%	84%	71%
	Once or twice	25%	29%	14%	27%	12%	25%	12%	22%
	About once a week	4%	4%	3%	6%	2%	5%	2%	4%
	Several times a week	2%	2%	2%	3%	1%	3%	1%	2%
	Every day	2%	2%	2%	3%	2%	2%	2%	2%
...made sexual jokes, comments or gestures towards you?*	Never			83%	75%	83%	71%	80%	73%
	Once or twice			10%	15%	9%	17%	10%	17%
	About once a week			2%	4%	2%	5%	4%	5%
	Several times a week			2%	3%	2%	3%	2%	3%
	Every day			3%	3%	3%	3%	4%	2%
...excluded you from friends, other students or activities?	Never	74%	60%	81%	63%	85%	69%	85%	70%
	Once or twice	19%	28%	13%	25%	10%	21%	10%	21%
	About once a week	4%	5%	3%	6%	2%	4%	2%	5%
	Several times a week	2%	3%	2%	3%	2%	3%	1%	3%
	Every day	2%	3%	2%	3%	2%	3%	2%	2%

* 5th grade survey did not ask this question.

[^] All questions on this table were new in 2013.

2013 Minnesota Student Survey

**TABLE 10
BULLYING OR HARASSING OTHER STUDENTS AT SCHOOL[^]
East Central**

			Grade							
			5th		8th		9th		11th	
			Male %	Female %	Male %	Female %	Male %	Female %	Male %	Female %
During the last 30 days, how many times at school have YOU... [^]	...pushed, shoved slapped, hit or kicked someone when you weren't kidding around?	Never	87%	93%	85%	93%	88%	94%	90%	98%
		Once or twice	11%	7%	12%	6%	10%	5%	6%	2%
		About once a week	1%	0%	1%	0%	2%	1%	1%	0%
		Several times a week	0%	0%	1%	0%	0%	0%	1%	0%
		Every day	0%	0%	1%	0%	1%	0%	2%	0%
	...threatened or beat someone up?	Never	94%	97%	88%	93%	88%	93%	89%	96%
		Once or twice	5%	3%	9%	6%	9%	6%	7%	3%
		About once a week	0%	0%	2%	0%	1%	1%	1%	0%
		Several times a week	0%	0%	0%	0%	0%	0%	1%	0%
		Every day	0%	0%	1%	0%	1%	0%	1%	0%
	...spread mean rumors or lies about someone else?	Never	92%	90%	94%	88%	94%	90%	94%	93%
		Once or twice	7%	9%	5%	11%	4%	9%	3%	6%
		About once a week	0%	0%	1%	1%	1%	1%	1%	0%
		Several times a week	0%	0%	0%	0%	0%	0%	0%	0%
		Every day	0%	0%	0%	0%	1%	0%	1%	0%
	...made sexual jokes, comments or gestures towards someone else?*	Never			87%	92%	85%	90%	80%	90%
		Once or twice			9%	6%	9%	7%	11%	8%
		About once a week			1%	1%	2%	1%	2%	1%
		Several times a week			1%	1%	1%	1%	3%	1%
		Every day			2%	1%	2%	1%	4%	1%
...excluded someone from friends, other students or activities?	Never	88%	85%	89%	84%	90%	87%	90%	89%	
	Once or twice	10%	13%	9%	14%	8%	12%	7%	9%	
	About once a week	1%	0%	1%	1%	1%	1%	1%	1%	
	Several times a week	0%	0%	0%	0%	0%	0%	0%	0%	
	Every day	1%	0%	1%	0%	1%	0%	1%	0%	
During the last 30 days, on how many days did you carry a weapon such as a gun, knife, or club ON SCHOOL PROPERTY?	0 days	98%	100%	96%	98%	94%	99%	91%	99%	
	1 day	2%	0%	2%	1%	2%	1%	3%	0%	
	2 or 3 days	0%	0%	1%	0%	1%	0%	2%	0%	
	4 or 5 days	0%	0%	0%	0%	0%	0%	1%	0%	
	6 or more days	0%	0%	1%	0%	2%	1%	3%	1%	

* 5th grade survey did not ask this question.
[^] All questions on this table were new in 2013.

2013 Minnesota Student Survey

**TABLE 11A
USE OF TIME[^]
East Central**

<i>During a typical school day, how many hours do you do each of the following outside of school?</i>		Grade							
		5th		8th		9th		11th	
		Male %	Female %	Male %	Female %	Male %	Female %	Male %	Female %
Study or do homework	0 hours	20%	11%	21%	10%	22%	10%	28%	11%
	1 hour	64%	70%	58%	57%	55%	48%	48%	40%
	2 hours	13%	15%	16%	25%	18%	31%	18%	31%
	3 to 5 hours	2%	3%	4%	7%	4%	9%	6%	16%
	6 or more hours	1%	1%	1%	1%	1%	1%	1%	3%
Read for pleasure	0 hours	34%	21%	67%	50%	72%	56%	77%	59%
	1 hour	51%	55%	24%	32%	20%	28%	16%	27%
	2 hours	9%	15%	5%	10%	5%	9%	4%	8%
	3 to 5 hours	4%	6%	2%	5%	2%	5%	2%	4%
	6 or more hours	2%	3%	2%	4%	1%	2%	1%	2%
Do creative things such as music or arts and crafts	0 hours	53%	21%	57%	26%	58%	31%	59%	40%
	1 hour	32%	42%	27%	36%	25%	35%	22%	33%
	2 hours	9%	22%	9%	18%	9%	16%	10%	13%
	3 to 5 hours	4%	9%	4%	11%	5%	11%	6%	8%
	6 or more hours	2%	6%	3%	7%	3%	7%	4%	5%
Go outside, take a walk or go for a bike ride	0 hours	23%	22%	25%	30%	30%	37%	38%	41%
	1 hour	41%	49%	38%	45%	36%	41%	34%	40%
	2 hours	20%	19%	20%	16%	18%	14%	16%	13%
	3 to 5 hours	11%	8%	11%	7%	11%	6%	7%	5%
	6 or more hours	5%	3%	6%	3%	5%	2%	5%	1%
During a typical week, how many hours do you work for pay outside of the regular school day?*	0 hours			60%	64%	62%	72%	41%	38%
	1 to 2 hours			18%	19%	14%	12%	6%	7%
	3 to 5 hours			10%	10%	10%	9%	10%	11%
	6 to 10 hours			6%	4%	6%	4%	12%	15%
	11 to 20 hours			3%	1%	4%	2%	19%	21%
	21 to 30 hours			1%	0%	1%	1%	9%	6%
	31 or more hours			2%	1%	2%	0%	4%	1%

* 5th grade survey did not ask this question.
[^] All questions on this table were new in 2013.

2013 Minnesota Student Survey

**TABLE 11B
USE OF TIME[^]
East Central**

<i>During a typical school day, how many hours do you do each of the following outside of school?</i>		Grade							
		5th		8th		9th		11th	
		Male	Female	Male	Female	Male	Female	Male	Female
		%	%	%	%	%	%	%	%
Watch TV shows, movies or videos on a TV, computer or phone	0 hours	13%	15%	9%	9%	10%	10%	10%	11%
	1 hour	42%	45%	36%	35%	35%	35%	32%	32%
	2 hours	25%	23%	29%	28%	28%	27%	29%	30%
	3 to 5 hours	12%	11%	17%	18%	19%	18%	18%	18%
	6 or more hours	8%	5%	9%	10%	8%	10%	11%	8%
Talk on the phone or use an app	0 hours	45%	40%	30%	20%	30%	20%	27%	20%
	1 hour	37%	40%	39%	35%	37%	33%	37%	32%
	2 hours	9%	12%	17%	19%	18%	21%	18%	20%
	3 to 5 hours	5%	5%	8%	15%	9%	15%	9%	15%
	6 or more hours	3%	3%	6%	11%	7%	12%	9%	12%
Text	0 hours	69%	55%	38%	20%	32%	17%	20%	12%
	1 hour	20%	28%	29%	23%	30%	22%	28%	21%
	2 hours	5%	8%	11%	14%	13%	14%	14%	14%
	3 to 5 hours	3%	5%	10%	18%	10%	18%	15%	19%
	6 or more hours	3%	3%	12%	25%	16%	30%	23%	34%
Play video or online games	0 hours	25%	60%	23%	67%	26%	73%	33%	78%
	1 hour	37%	30%	29%	19%	27%	17%	25%	12%
	2 hours	18%	6%	20%	7%	21%	5%	18%	5%
	3 to 5 hours	10%	3%	15%	3%	14%	3%	14%	2%
	6 or more hours	9%	2%	12%	3%	12%	2%	10%	1%
Use the computer	0 hours	43%	46%	36%	33%	35%	35%	31%	29%
	1 hour	35%	39%	35%	37%	37%	36%	37%	36%
	2 hours	11%	9%	14%	15%	13%	15%	13%	18%
	3 to 5 hours	5%	4%	7%	8%	7%	8%	10%	11%
	6 or more hours	5%	3%	7%	7%	7%	6%	9%	6%

[^] All questions on this table were new in 2013.

2013 Minnesota Student Survey

**TABLE 12A
ENRICHMENT ACTIVITIES[^]
East Central**

		Grade								
		5th		8th		9th		11th		
		Male %	Female %	Male %	Female %	Male %	Female %	Male %	Female %	
Does your school or community offer a variety of programs for people your age to participate in outside of the regular school day?	Yes	66%	68%	67%	71%	71%	71%	63%	66%	
	No	10%	9%	8%	7%	7%	6%	11%	10%	
	I don't know what programs are available in my community	24%	23%	25%	22%	22%	23%	27%	24%	
During a typical week, how often do you participate in the following activities outside of the regular school day?	Club or community sports teams, such as park and rec teams, in-house teams or traveling teams	0 days	49%	54%	48%	48%	68%	66%	75%	75%
		1 day	11%	15%	7%	8%	7%	8%	7%	8%
		2 days	17%	13%	7%	10%	5%	8%	4%	6%
		3 to 4 days	14%	11%	13%	14%	6%	9%	4%	5%
		5 or more days	9%	6%	25%	20%	14%	10%	9%	7%
	School sports teams*	0 days					45%	50%	52%	58%
		1 day					4%	3%	3%	2%
		2 days					4%	3%	3%	2%
		3 to 4 days					9%	7%	6%	4%
		5 or more days					38%	36%	36%	34%
	School sponsored activities or clubs that are not sports, such as drama, music, chess or science club	0 days	86%	82%	85%	76%	86%	76%	83%	71%
		1 day	9%	10%	6%	10%	6%	9%	7%	10%
		2 days	3%	4%	3%	5%	3%	6%	5%	8%
		3 to 4 days	1%	2%	2%	5%	2%	4%	3%	5%
		5 or more days	2%	2%	4%	4%	3%	5%	3%	6%

* 5th and 8th grade surveys did not ask this question.

[^] All questions on this table were new in 2013.

2013 Minnesota Student Survey

**TABLE 12B
ENRICHMENT ACTIVITIES[^]
East Central**

<i>During a typical week, how often do you participate in the following activities outside of the regular school day?</i>		Grade							
		5th		8th		9th		11th	
		Male	Female	Male	Female	Male	Female	Male	Female
		%	%	%	%	%	%	%	%
Tutoring, homework help or academic programs	0 days	87%	87%	91%	91%	93%	91%	92%	88%
	1 day	7%	7%	5%	6%	4%	5%	5%	7%
	2 days	3%	3%	3%	2%	2%	2%	2%	3%
	3 to 4 days	1%	1%	1%	0%	1%	0%	0%	1%
	5 or more days	1%	2%	0%	0%	0%	0%	0%	1%
Leadership activities such as student government, youth councils or committees	0 days	93%	92%	93%	88%	94%	91%	89%	77%
	1 day	5%	6%	5%	9%	3%	6%	7%	15%
	2 days	1%	1%	1%	2%	1%	2%	2%	5%
	3 to 4 days	0%	0%	1%	1%	0%	0%	1%	2%
	5 or more days	1%	1%	1%	1%	1%	0%	1%	1%
Lessons, such as music, dance, tennis or karate lessons	0 days	76%	55%	87%	66%	89%	73%	90%	79%
	1 day	13%	25%	8%	16%	6%	13%	6%	10%
	2 days	6%	10%	2%	7%	2%	7%	2%	5%
	3 to 4 days	3%	5%	2%	5%	1%	4%	1%	3%
	5 or more days	3%	5%	1%	5%	2%	3%	1%	3%
Other community clubs and programs such as 4-H, Scouts, Y-clubs or Community Ed	0 days	82%	78%	90%	88%	91%	89%	92%	91%
	1 day	12%	16%	6%	8%	6%	6%	5%	5%
	2 days	3%	3%	2%	2%	1%	3%	2%	2%
	3 to 4 days	1%	1%	1%	1%	1%	1%	1%	1%
	5 or more days	2%	2%	1%	1%	1%	1%	1%	1%
Religious activities such as religious services, education or youth group	0 days	67%	63%	56%	47%	59%	49%	70%	57%
	1 day	25%	29%	32%	38%	29%	36%	21%	28%
	2 days	5%	6%	10%	13%	9%	13%	7%	11%
	3 to 4 days	1%	1%	1%	1%	1%	2%	2%	3%
	5 or more days	1%	1%	1%	1%	1%	0%	1%	1%

[^] All questions on this table were new in 2013.

2013 Minnesota Student Survey

TABLE 13
REASONS FOR PARTICIPATION IN ACTIVITIES
East Central

		Grade							
		5th		8th		9th		11th	
		Male	Female	Male	Female	Male	Female	Male	Female
		%	%	%	%	%	%	%	%
What are the reasons you participate in activities, programs or clubs outside of the regular school day?* (Mark all that apply)	To have fun			86%	89%				
	To be with my friends			74%	79%				
	To try new things			33%	47%				
	To help me succeed in school			22%	26%				
	To help me get into college			33%	39%				
	To be a leader or make a difference			25%	27%				
	To feel more connected to my community			16%	17%				
	My parents (or guardians) want me to			24%	26%				
	It is a safe place			9%	13%				
	Other			24%	22%				
What are the reasons you don't participate in activities, programs or clubs outside of the regular school day? (Mark all that apply)	I do not know what is available in my community	24%	21%	16%	17%	15%	18%	17%	18%
	Activities are not available in my community	2%	2%	2%	2%	2%	2%	4%	4%
	Activities cost too much	18%	26%	15%	23%	16%	25%	15%	25%
	My parents (or guardians) won't let me	10%	13%	6%	8%	5%	8%	3%	6%
	My friends are not there	17%	23%	20%	26%	23%	33%	23%	26%
	I am not interested	56%	48%	61%	59%	66%	59%	68%	57%
	I am too busy with other things, such as a job or homework	31%	43%	29%	40%	37%	50%	52%	69%
	I don't have a way to get there or home	13%	19%	14%	22%	17%	29%	9%	14%
	I have to take care of other family members	6%	10%	5%	9%	5%	11%	4%	9%
	It is not a safe place	2%	2%	2%	1%	2%	1%	2%	1%
	Other	34%	35%	21%	21%	24%	20%	19%	14%

* Only the 8th grade survey asked this question.

2013 Minnesota Student Survey

**TABLE 14
FAMILY COMPOSITION AND SITUATIONS
East Central**

		Grade							
		5th		8th		9th		11th	
		Male	Female	Male	Female	Male	Female	Male	Female
		%	%	%	%	%	%	%	%
Which adults do you live with?	Both biological parents	70%	70%	68%	69%	69%	67%	67%	67%
	Both adoptive parents	2%	1%	1%	2%	1%	2%	1%	1%
	Mother and stepfather	4%	4%	6%	7%	6%	7%	6%	7%
	Father and stepmother	1%	1%	2%	1%	2%	1%	2%	2%
	Mother and partner	1%	2%	2%	2%	2%	3%	1%	2%
	Father and partner	0%	0%	0%	1%	0%	1%	0%	0%
	Mother only	10%	9%	10%	9%	10%	11%	12%	12%
	Father only	2%	2%	4%	2%	3%	3%	4%	3%
	Sometimes with mother, sometimes with father	7%	7%	5%	4%	4%	4%	2%	3%
	Other (relatives, foster care, etc)	2%	2%	2%	2%	2%	2%	3%	3%
	No adults	1%	1%	1%	1%	1%	0%	1%	0%
During the past 12 months, have you stayed in a shelter, somewhere not intended as a place to live, or someone else's home because you had no other place to stay?* [^]	No			94%	95%	94%	95%	95%	97%
	Yes, with my parents or an adult family member			5%	5%	5%	4%	3%	2%
	Yes, on my own without any adult family members			1%	1%	2%	1%	2%	1%
Have any of your parents or guardians ever been in jail or prison?* [^]	None of my parents or guardians has ever been in jail or prison			82%	81%	82%	79%	84%	83%
	Yes, I have a parent or guardian in jail or prison right now			2%	2%	2%	2%	2%	2%
	Yes, I have had a parent or guardian in jail or prison in the past			17%	18%	17%	20%	15%	15%

* 5th grade survey did not ask this question.

[^] New question in 2013.

2013 Minnesota Student Survey

TABLE 15
PARENTAL COMMUNICATION
East Central

		Grade							
		5th		8th		9th		11th	
		Male	Female	Male	Female	Male	Female	Male	Female
		%	%	%	%	%	%	%	%
Can you talk to your father about problems you are having?	Yes, most of the time	49%	36%	49%	34%	50%	33%	48%	37%
	Yes, some of the time	29%	33%	28%	31%	26%	31%	27%	29%
	No, not very often	12%	18%	12%	19%	13%	19%	12%	17%
	No, not at all	5%	6%	5%	9%	5%	9%	6%	9%
	My father is not around	6%	6%	6%	8%	6%	8%	7%	8%
Can you talk to your mother about problems you are having?	Yes, most of the time	65%	71%	57%	62%	55%	57%	55%	57%
	Yes, some of the time	24%	21%	27%	23%	27%	25%	28%	25%
	No, not very often	8%	6%	10%	10%	11%	10%	10%	12%
	No, not at all	3%	1%	4%	4%	5%	5%	5%	4%
	My mother is not around	1%	1%	2%	2%	2%	2%	2%	2%

2013 Minnesota Student Survey

TABLE 16
PERCEPTIONS OF FAMILY AND OTHERS CARING
East Central

<i>How much do you feel ...</i>		Grade							
		5th		8th		9th		11th	
		Male	Female	Male	Female	Male	Female	Male	Female
		%	%	%	%	%	%	%	%
... your parents care about you?	Not at all	1%	1%	1%	2%	2%	2%	2%	1%
	A little	1%	2%	3%	5%	2%	5%	3%	4%
	Some	3%	4%	6%	8%	6%	8%	6%	8%
	Quite a bit	8%	9%	15%	17%	18%	17%	18%	19%
	Very much	86%	84%	76%	69%	72%	68%	71%	68%
... other adult relatives care about you?	Not at all	1%	1%	2%	2%	2%	2%	2%	2%
	A little	3%	3%	4%	5%	4%	5%	4%	5%
	Some	5%	5%	9%	11%	9%	11%	11%	13%
	Quite a bit	23%	20%	28%	27%	29%	26%	31%	30%
	Very much	68%	71%	58%	54%	56%	55%	50%	49%
... friends care about you?	Not at all	2%	2%	2%	2%	3%	1%	2%	1%
	A little	7%	5%	5%	5%	6%	5%	5%	5%
	Some	17%	12%	19%	13%	19%	14%	18%	17%
	Quite a bit	42%	32%	43%	30%	40%	31%	39%	33%
	Very much	33%	50%	30%	50%	33%	48%	36%	44%
... teachers/other adults at school care about you?	Not at all	5%	2%	9%	9%	9%	8%	8%	7%
	A little	11%	7%	16%	17%	18%	18%	18%	18%
	Some	19%	16%	30%	30%	32%	32%	33%	36%
	Quite a bit	33%	34%	29%	29%	26%	28%	27%	27%
	Very much	32%	40%	16%	15%	16%	13%	14%	12%
... adults in your community care about you?	Not at all	10%	6%	13%	15%	14%	15%	15%	16%
	A little	16%	14%	21%	21%	21%	23%	23%	22%
	Some	25%	22%	28%	27%	28%	29%	29%	31%
	Quite a bit	26%	29%	25%	23%	21%	21%	20%	20%
	Very much	23%	29%	14%	14%	16%	12%	13%	11%

2013 Minnesota Student Survey

TABLE 17
FAMILY SUBSTANCE ABUSE; PHYSICAL AND SEXUAL VIOLENCE
East Central

		Grade							
		5th		8th		9th		11th	
		Male	Female	Male	Female	Male	Female	Male	Female
		%	%	%	%	%	%	%	%
Do you live with anyone who drinks too much alcohol? [^]	Yes	7%	7%	9%	11%	11%	13%	11%	14%
	No	93%	93%	91%	89%	89%	87%	89%	86%
Do you live with anyone who uses illegal drugs or abuses prescription drugs? [^]	Yes	2%	2%	5%	5%	6%	7%	5%	6%
	No	98%	98%	95%	95%	94%	93%	95%	94%
Does a parent or other adult in your home regularly swear at you, insult you or put you down? [^]	Yes	14%	11%	13%	17%	13%	18%	11%	16%
	No	86%	89%	87%	83%	87%	82%	89%	84%
Has a parent or other adult in your household ever hit, beat, kicked or physically hurt you in any way? [^]	Yes	16%	10%	11%	12%	11%	14%	11%	12%
	No	84%	90%	89%	88%	89%	86%	89%	88%
Have your parents or other adults in your home ever slapped, hit, kicked, punched or beat each other up? [^]	Yes	8%	8%	5%	8%	5%	9%	6%	7%
	No	92%	92%	95%	92%	95%	91%	94%	93%
Has any adult or other person outside of the family ever touched you sexually against your wishes or forced you to touch them sexually?	Yes	2%	3%	2%	6%	2%	6%	2%	6%
	No	98%	97%	98%	94%	98%	94%	98%	94%
Has any older or stronger member of your family ever touched you or had you touch them sexually?	Yes	1%	2%	2%	3%	1%	4%	1%	3%
	No	99%	98%	98%	97%	99%	96%	99%	97%

[^] New question in 2013.

2013 Minnesota Student Survey

**TABLE 18
RELATIONSHIP VIOLENCE*^**

East Central

		Grade					
		8th		9th		11th	
		Male	Female	Male	Female	Male	Female
		%	%	%	%	%	%
Have you ever had a boyfriend or girlfriend in a dating or serious relationship who called you names or put you down verbally?	Yes	5%	9%	5%	12%	10%	18%
	No	95%	91%	95%	88%	90%	82%
Have you ever had a boyfriend or girlfriend in a dating or serious relationship who hit, slapped or physically hurt you on purpose?	Yes	3%	3%	4%	5%	5%	7%
	No	97%	97%	96%	95%	95%	93%
Have you ever had a boyfriend or girlfriend in a dating or serious relationship who pressured you into having sex when you did not want to?*	Yes			3%	11%	5%	14%
	No			97%	89%	95%	86%
Have YOU ever done any of the following to a boyfriend or girlfriend in a dating or serious relationship: called him/her names or put him/her down verbally?	Yes	3%	3%	3%	5%	6%	9%
	No	97%	97%	97%	95%	94%	91%
Have YOU ever done any of the following to a boyfriend or girlfriend in a dating or serious relationship: hit, slapped or physically hurt him/her on purpose?	Yes	1%	1%	1%	2%	2%	3%
	No	99%	99%	99%	98%	98%	97%
Have YOU ever done any of the following to a boyfriend or girlfriend in a dating or serious relationship: pressured him/her into having sex when he/she did not want to?*	Yes			3%	0%	4%	1%
	No			97%	100%	96%	99%

* 5th grade survey did not ask these questions.

** 8th grade survey did not ask this question.

^ All questions on this table were new in 2013.

2013 Minnesota Student Survey

**TABLE 19
GENERAL HEALTH AND HEALTH CONDITIONS
East Central**

		Grade							
		5th		8th		9th		11th	
		Male %	Female %	Male %	Female %	Male %	Female %	Male %	Female %
How would you describe your health in general?^	Excellent	34%	36%	31%	23%	34%	23%	31%	20%
	Very good	42%	39%	40%	42%	38%	41%	39%	40%
	Good	19%	20%	23%	28%	21%	27%	23%	30%
	Fair	4%	4%	5%	7%	5%	8%	6%	9%
	Poor	0%	1%	1%	1%	1%	1%	1%	1%
Do you have any physical disabilities, or long-term health problems (such as asthma, cancer, diabetes, epilepsy or something else)? Long-term means lasting 6 months or more.^	Yes	13%	13%	13%	16%	14%	18%	13%	17%
	No	87%	87%	87%	84%	86%	82%	87%	83%
Has a doctor or nurse ever told you that you have asthma?	Yes	13%	11%	16%	16%	17%	18%	17%	19%
	No	87%	89%	84%	84%	83%	82%	83%	81%
Has a doctor or nurse ever told you that you have diabetes?^	Yes	1%	1%	1%	1%	1%	1%	1%	1%
	No	99%	99%	99%	99%	99%	99%	99%	99%
Has a doctor or nurse ever told you that you have pre-diabetes?^	Yes	1%	1%	1%	1%	1%	1%	1%	1%
	No	99%	99%	99%	99%	99%	99%	99%	99%
Has a doctor or nurse ever told you that you have an allergy that requires you to carry an epi-pen?^	Yes	3%	3%	3%	3%	4%	3%	4%	3%
	No	97%	97%	97%	97%	96%	97%	96%	97%
Do you have any long-term mental health, behavioral or emotional problems? Long-term means lasting 6 months or more.^	Yes	10%	8%	9%	14%	9%	15%	9%	15%
	No	90%	92%	91%	86%	91%	85%	91%	85%
How would YOU describe your weight?	Underweight	16%	13%	12%	8%	13%	6%	10%	5%
	About the right weight	74%	75%	76%	71%	74%	70%	76%	72%
	Overweight	9%	12%	12%	21%	13%	24%	14%	23%
Weight status* according to Body Mass Index (BMI)**	Not overweight			75%	83%	73%	80%	72%	82%
	Overweight			14%	12%	15%	13%	14%	12%
	Obese			11%	6%	12%	7%	14%	7%

* 5th grade survey did not ask this question.

^ New question in 2013.

** Body Mass Index (BMI) is a number calculated from a child's self-reported weight and height. BMI is calculated using a standard formula. BMI-for-age percentiles are used to interpret BMI numbers for children and teens. CDC BMI-for-age growth charts were used to determine weight status according to BMI for participants in the Minnesota Student Survey.

Not overweight: Less than the 85th percentile
Overweight: 85th to less than the 95th percentile
Obese: Equal to or greater than the 95th percentile

2013 Minnesota Student Survey

**TABLE 20
HEALTH CARE ACCESS
East Central**

		Grade							
		5th		8th		9th		11th	
		Male	Female	Male	Female	Male	Female	Male	Female
		%	%	%	%	%	%	%	%
When was the last time you saw a doctor or nurse for a check-up or physical exam when you were not sick or injured?	During the last year	67%	70%	65%	64%	60%	60%	53%	56%
	Between 1 and 2 years ago	17%	18%	26%	30%	27%	30%	31%	31%
	More than 2 years ago	9%	7%	5%	5%	10%	8%	12%	11%
	Never	7%	5%	3%	2%	2%	1%	4%	3%
When was the last time you saw a dentist or dental hygienist for a regular check-up, exam or teeth cleaning or other dental work?^	During the last year	80%	83%	82%	84%	81%	84%	80%	81%
	Between 1 and 2 years ago	13%	11%	11%	10%	13%	10%	12%	12%
	More than 2 years ago	5%	5%	6%	5%	6%	6%	6%	6%
	Never	2%	2%	2%	1%	1%	1%	2%	1%
Have you ever been treated for a mental health, emotional or behavioral problem?* (Mark ALL that apply)	No			89%	87%	89%	86%	89%	83%
	Yes, during the last year			6%	8%	5%	9%	5%	10%
	Yes, more than a year ago			6%	6%	7%	7%	7%	10%
Have you ever been treated for an alcohol or drug problem?* (Mark ALL that apply)	No			98%	98%	97%	98%	97%	98%
	Yes, during the last year			1%	1%	2%	2%	2%	1%
	Yes, more than a year ago			1%	1%	1%	1%	1%	1%

* 5th grade survey did not ask this question.

^ New question in 2013.

2013 Minnesota Student Survey

TABLE 21
PHYSICAL ACTIVITY; SLEEP; USE OF INDOOR TANNING DEVICE[^]
East Central

		Grade							
		5th		8th		9th		11th	
		Male	Female	Male	Female	Male	Female	Male	Female
		%	%	%	%	%	%	%	%
During the last 7 days, on how many days were you physically active for a total of AT LEAST 60 MINUTES PER DAY?	0 days	10%	10%	6%	6%	7%	8%	11%	13%
	1 day	8%	10%	6%	8%	6%	8%	7%	12%
	2 days	11%	12%	7%	13%	7%	12%	9%	17%
	3 days	12%	16%	12%	16%	10%	15%	11%	15%
	4 days	12%	14%	11%	16%	10%	12%	10%	12%
	5 days	14%	13%	20%	17%	19%	22%	17%	14%
	6 days	8%	7%	11%	11%	12%	11%	12%	8%
	7 days	25%	17%	27%	14%	28%	13%	23%	9%
During a typical school week, on how many days do you go to physical education (PE or gym) classes?	0 days	4%	3%	11%	11%	31%	31%	71%	85%
	1 day	15%	13%	2%	2%	1%	0%	1%	1%
	2 days	29%	31%	21%	23%	5%	4%	1%	1%
	3 days	17%	17%	28%	30%	14%	16%	2%	1%
	4 days	22%	22%	3%	2%	7%	8%	3%	1%
	5 days	12%	14%	35%	32%	42%	41%	23%	11%
During a typical school night, how many hours of sleep do you get?	4 hours or less	3%	2%	3%	4%	4%	5%	5%	4%
	5 hours	3%	2%	5%	6%	5%	7%	8%	11%
	6 hours	6%	4%	11%	15%	14%	18%	20%	25%
	7 hours	12%	9%	23%	25%	29%	33%	35%	35%
	8 hours	23%	22%	36%	33%	35%	27%	27%	21%
	9 hours	28%	30%	17%	13%	11%	8%	5%	4%
	10 or more hours	25%	31%	5%	4%	3%	2%	1%	1%
During the last 12 months, how many times did you use an indoor tanning device such as a sunlamp, sunbed or tanning booth?*	0 times			97%	92%	97%	88%	95%	69%
	1 or 2 times			1%	4%	1%	4%	2%	5%
	3 to 9 times			1%	2%	1%	4%	1%	10%
	10 to 19 times			1%	1%	0%	2%	1%	8%
	20 to 39 times			0%	0%	0%	1%	1%	6%
	40 or more times			1%	0%	1%	1%	0%	3%

* 5th grade survey did not ask this question.

[^] All questions on this table were new in 2013.

2013 Minnesota Student Survey

**TABLE 22
EATING MEALS
East Central**

		Grade							
		5th		8th		9th		11th	
		Male	Female	Male	Female	Male	Female	Male	Female
		%	%	%	%	%	%	%	%
During the last 7 days, on how many days did you eat breakfast?^	0 days	5%	4%	7%	11%	9%	11%	11%	9%
	1 day	3%	3%	4%	8%	5%	8%	6%	8%
	2 days	3%	5%	7%	9%	8%	10%	11%	10%
	3 days	4%	4%	7%	8%	8%	10%	10%	10%
	4 days	5%	5%	7%	7%	6%	8%	8%	9%
	5 days	7%	7%	9%	8%	10%	9%	8%	10%
	6 days	7%	7%	8%	8%	7%	8%	6%	7%
	7 days	66%	64%	51%	40%	46%	36%	39%	37%
During the last 30 days, have you had to skip meals because your family did not have enough money to buy food?^	Yes	5%	4%	5%	5%	4%	5%	5%	4%
	No	95%	96%	95%	95%	96%	95%	95%	96%
During a typical school week, where do you usually get your lunch?^ (Mark ALL that apply)	I usually don't eat lunch	3%	2%	5%	11%	7%	13%	10%	11%
	Regular school lunch from the cafeteria	82%	80%	81%	74%	82%	72%	77%	70%
	The a la carte line (buy individual items)	3%	3%	18%	18%	23%	25%	23%	22%
	School store or vending machine	2%	1%	2%	2%	5%	3%	4%	3%
	Fast food restaurant, gas station or somewhere else outside of school	3%	3%	2%	1%	1%	1%	5%	3%
	I bring lunch from home	31%	43%	19%	28%	14%	23%	15%	29%
Do you currently get free or reduced-price lunch at school?	Yes	24%	25%	25%	26%	24%	28%	22%	22%
	No	76%	75%	75%	74%	76%	72%	78%	78%

^ New question in 2013.

2013 Minnesota Student Survey

**TABLE 23A
NUTRITION[^]
East Central**

<i>During the last 7 days, how many times did you...</i>		Grade							
		5th		8th		9th		11th	
		Male	Female	Male	Female	Male	Female	Male	Female
		%	%	%	%	%	%	%	%
During the last 7 days, how many times did you drink 100% fruit juices such as orange, apple or grape juice?	I did NOT eat or drink this	20%	20%	23%	24%	21%	22%	20%	23%
	1 to 3 times in the last 7 days	42%	44%	40%	44%	38%	43%	40%	46%
	4 to 6 times in the last 7 days	15%	14%	15%	13%	16%	14%	15%	13%
	1 time per day	8%	9%	9%	8%	11%	9%	10%	9%
	2 times per day	6%	6%	6%	5%	6%	6%	7%	6%
	3 times per day	3%	3%	3%	3%	3%	3%	3%	1%
	4 or more times per day	6%	5%	5%	3%	5%	4%	4%	2%
During the last 7 days, how many times did you eat fruit?	I did NOT eat or drink this	10%	5%	9%	6%	9%	6%	10%	5%
	1 to 3 times in the last 7 days	31%	27%	30%	29%	28%	29%	29%	28%
	4 to 6 times in the last 7 days	19%	21%	19%	22%	21%	21%	20%	22%
	1 time per day	13%	15%	17%	16%	18%	17%	18%	18%
	2 times per day	11%	13%	12%	14%	12%	14%	13%	15%
	3 times per day	6%	8%	6%	7%	5%	7%	5%	6%
	4 or more times per day	10%	10%	7%	6%	6%	5%	5%	6%
During the last 7 days, how many times did you eat green salad, potatoes, carrots or other vegetables (Do not count French fries, fried potatoes, or potato chips)?	I did NOT eat or drink this	16%	9%	13%	7%	13%	7%	11%	5%
	1 to 3 times in the last 7 days	33%	30%	31%	27%	29%	27%	28%	26%
	4 to 6 times in the last 7 days	19%	21%	20%	22%	19%	22%	22%	22%
	1 time per day	15%	17%	17%	21%	21%	19%	19%	21%
	2 times per day	8%	11%	10%	13%	10%	15%	12%	17%
	3 times per day	4%	5%	4%	6%	4%	6%	4%	5%
	4 or more times per day	6%	7%	5%	4%	5%	4%	4%	4%
During the last 7 days, how many times did you eat from a fast food restaurant, including carry-out or delivery?	I did NOT eat or drink this	36%	36%	35%	36%	34%	36%	27%	29%
	1 to 3 times in the last 7 days	54%	54%	57%	55%	56%	55%	58%	60%
	4 to 6 times in the last 7 days	5%	5%	5%	5%	6%	6%	9%	7%
	1 time per day	3%	3%	2%	2%	3%	2%	3%	2%
	2 times per day	1%	1%	1%	1%	0%	1%	1%	1%
	3 times per day	1%	0%	0%	0%	0%	0%	1%	0%
	4 or more times per day	1%	1%	1%	1%	1%	1%	1%	0%

[^] All questions on this table were new in 2013.

2013 Minnesota Student Survey

**TABLE 23B
NUTRITION
East Central**

<i>How many cans, bottles or glasses of each of the following did you drink yesterday?</i>		Grade							
		5th		8th		9th		11th	
		Male	Female	Male	Female	Male	Female	Male	Female
		%	%	%	%	%	%	%	%
Milk	0	13%	14%	12%	20%	13%	21%	13%	25%
	1 to 2	50%	54%	48%	51%	43%	52%	46%	51%
	3 to 4	24%	21%	25%	20%	28%	19%	27%	18%
	5 to 6	5%	5%	7%	5%	9%	5%	8%	4%
	7 or more	8%	6%	8%	4%	8%	3%	6%	2%
Pop or soda	0	56%	63%	46%	60%	46%	61%	45%	65%
	1 to 2	35%	32%	40%	32%	39%	32%	39%	29%
	3 to 4	6%	3%	8%	6%	9%	5%	9%	5%
	5 to 6	2%	0%	3%	1%	3%	1%	3%	1%
	7 or more	2%	1%	3%	1%	3%	1%	3%	1%
Sports drinks, such as Gatorade or Powerade	0	64%	75%	61%	73%	58%	74%	61%	79%
	1 to 2	25%	20%	26%	20%	28%	21%	28%	17%
	3 to 4	6%	3%	8%	5%	8%	4%	7%	3%
	5 to 6	2%	1%	3%	1%	3%	1%	2%	1%
	7 or more	2%	1%	2%	1%	3%	1%	2%	0%
Energy drinks, such as Red Bull or Jolt[^]	0	88%	94%	86%	91%	87%	92%	87%	94%
	1 to 2	9%	4%	10%	7%	8%	6%	9%	5%
	3 to 4	2%	1%	2%	1%	2%	1%	2%	1%
	5 to 6	1%	0%	1%	1%	1%	1%	1%	0%
	7 or more	1%	1%	1%	0%	1%	0%	1%	0%
Other sugar-sweetened drinks, such as sweet tea, lemonade, coffee drinks or juice drinks[^]	0	44%	40%	45%	42%	46%	43%	49%	46%
	1 to 2	42%	47%	41%	46%	39%	45%	36%	43%
	3 to 4	9%	9%	9%	9%	9%	9%	10%	8%
	5 to 6	2%	2%	3%	2%	3%	2%	3%	2%
	7 or more	3%	2%	2%	1%	2%	1%	2%	1%
Water	0	4%	3%	5%	5%	5%	4%	7%	5%
	1 to 2	19%	20%	19%	22%	21%	24%	24%	25%
	3 to 4	23%	25%	27%	27%	27%	29%	29%	30%
	5 to 6	16%	18%	20%	20%	19%	21%	19%	20%
	7 or more	37%	33%	29%	26%	27%	22%	22%	20%

[^] New question in 2013.

2013 Minnesota Student Survey

**TABLE 24
VEHICLE SAFETY
East Central**

		Grade							
		5th		8th		9th		11th	
		Male	Female	Male	Female	Male	Female	Male	Female
		%	%	%	%	%	%	%	%
When driving a car, how often do you wear a seat belt?*	I don't drive a car					53%	64%	10%	11%
	I never do this					2%	0%	2%	0%
	Sometimes					3%	2%	5%	1%
	Often					6%	3%	7%	4%
	Always					37%	30%	75%	83%
When driving a car, how often do you read incoming text messages or emails?^^	I don't drive a car					60%	74%	12%	13%
	I never do this					30%	18%	37%	37%
	Sometimes					5%	3%	36%	38%
	Often					2%	2%	9%	10%
	Always					3%	3%	5%	2%
When driving a car, how often do you send text messages or emails?^^	I don't drive a car					60%	74%	13%	13%
	I never do this					30%	19%	45%	47%
	Sometimes					4%	3%	30%	30%
	Often					2%	2%	8%	8%
	Always					3%	3%	5%	2%
When driving a car, how often do you make or answer a phone call?^^	I don't drive a car					60%	73%	12%	13%
	I never do this					25%	16%	20%	24%
	Sometimes					9%	6%	40%	42%
	Often					3%	3%	18%	17%
	Always					3%	2%	9%	4%
How often do you wear a seat belt when you ride in the FRONT seat of a car?^	I don't ride in the front seat	15%	18%	1%	1%	1%	1%	1%	0%
	Always	73%	75%	79%	86%	81%	84%	81%	91%
	Often	7%	4%	13%	8%	10%	10%	9%	6%
	Sometimes	5%	2%	6%	4%	6%	4%	7%	2%
	I never wear a seatbelt	1%	0%	2%	1%	2%	1%	2%	0%
How often do you wear a seat belt when you ride in the BACK seat of a car?^	I don't ride in the back seat	7%	4%	5%	4%	4%	2%	4%	2%
	Always	76%	83%	66%	70%	67%	69%	67%	77%
	Often	9%	8%	16%	16%	15%	15%	13%	12%
	Sometimes	7%	4%	10%	8%	11%	11%	11%	8%
	I never wear a seatbelt	2%	1%	4%	3%	5%	3%	6%	2%

* 5th and 8th grade surveys did not ask this question.
^ New question in 2013.

2013 Minnesota Student Survey

**TABLE 25A
SELF DESCRIPTION[^]**

East Central

<i>In general, how does each of the following statements describe you?</i>		Grade							
		5th		8th		9th		11th	
		Male	Female	Male	Female	Male	Female	Male	Female
		%	%	%	%	%	%	%	%
I feel in control of my life and future.*	Not at all or rarely	19%	19%	4%	6%	4%	5%	4%	5%
	Somewhat or sometimes	31%	29%	17%	23%	16%	25%	21%	25%
	Very or often	31%	30%	42%	40%	42%	39%	42%	41%
	Extremely or almost always	19%	21%	37%	31%	37%	31%	33%	28%
I feel good about myself.	Not at all or rarely	4%	5%	4%	12%	5%	12%	4%	9%
	Somewhat or sometimes	13%	16%	15%	30%	16%	31%	18%	33%
	Very or often	37%	33%	42%	35%	42%	35%	43%	38%
	Extremely or almost always	46%	46%	39%	23%	38%	22%	34%	20%
I feel good about my future.	Not at all or rarely	5%	4%	4%	5%	5%	6%	5%	6%
	Somewhat or sometimes	13%	13%	14%	18%	16%	20%	21%	24%
	Very or often	31%	30%	38%	37%	39%	38%	42%	40%
	Extremely or almost always	51%	53%	44%	40%	41%	37%	33%	31%
I deal with disappointment without getting too upset.	Not at all or rarely	14%	12%	10%	14%	9%	12%	8%	13%
	Somewhat or sometimes	32%	28%	29%	33%	28%	35%	30%	36%
	Very or often	35%	36%	40%	37%	38%	37%	42%	37%
	Extremely or almost always	20%	24%	21%	17%	25%	16%	21%	14%
I find good ways to deal with things that are hard in my life.	Not at all or rarely	8%	8%	7%	13%	7%	12%	6%	9%
	Somewhat or sometimes	23%	24%	25%	29%	25%	31%	27%	35%
	Very or often	41%	36%	42%	37%	43%	37%	45%	38%
	Extremely or almost always	27%	32%	25%	21%	26%	20%	22%	17%
I am thinking about what my purpose is in life.**	Not at all or rarely	6%	4%	10%	8%	9%	7%	8%	6%
	Somewhat or sometimes	13%	10%	22%	22%	21%	21%	20%	21%
	Very or often	28%	27%	38%	35%	36%	35%	39%	36%
	Extremely or almost always	53%	59%	31%	36%	34%	38%	32%	37%

* On the 5th grade survey, this item was worded "I can shape and influence what happens in my life and future."

** On the 5th grade survey, this item was worded "I think about what I want to do in my life when I grow up."

[^] All questions on this table were new in 2013. These items are adapted from the Developmental Assets Profile (DAP) under a license agreement with Search Institute, Minneapolis, MN.

2013 Minnesota Student Survey

**TABLE 25B
SELF DESCRIPTION[^]
East Central**

<i>In general, how does each of the following statements describe you?</i>		Grade							
		5th		8th		9th		11th	
		Male	Female	Male	Female	Male	Female	Male	Female
		%	%	%	%	%	%	%	%
I say no to things that are dangerous or unhealthy.	Not at all or rarely	11%	9%	7%	5%	8%	7%	9%	6%
	Somewhat or sometimes	15%	8%	17%	14%	18%	16%	27%	23%
	Very or often	20%	16%	26%	22%	27%	21%	28%	26%
	Extremely or almost always	54%	67%	50%	59%	47%	56%	37%	45%
I build friendships with other people.	Not at all or rarely	6%	5%	5%	6%	5%	4%	4%	4%
	Somewhat or sometimes	22%	17%	24%	22%	22%	24%	24%	24%
	Very or often	40%	38%	41%	40%	43%	40%	44%	41%
	Extremely or almost always	33%	40%	30%	33%	30%	31%	28%	30%
I express my feelings in proper ways.	Not at all or rarely	11%	7%	10%	10%	10%	9%	8%	8%
	Somewhat or sometimes	26%	21%	29%	27%	28%	29%	30%	30%
	Very or often	39%	39%	40%	39%	40%	40%	42%	43%
	Extremely or almost always	24%	34%	21%	23%	22%	22%	20%	19%
I plan ahead and make good choices.	Not at all or rarely	6%	4%	7%	6%	6%	6%	6%	5%
	Somewhat or sometimes	23%	17%	27%	22%	27%	24%	32%	26%
	Very or often	38%	35%	40%	39%	40%	39%	41%	42%
	Extremely or almost always	32%	45%	26%	32%	27%	31%	22%	27%
I stay away from bad influences.	Not at all or rarely	7%	4%	6%	6%	7%	8%	10%	9%
	Somewhat or sometimes	14%	9%	17%	16%	20%	18%	29%	24%
	Very or often	26%	19%	31%	25%	28%	25%	30%	26%
	Extremely or almost always	53%	67%	46%	53%	45%	49%	32%	40%
I resolve conflicts without anyone getting hurt.	Not at all or rarely	9%	5%	8%	5%	7%	5%	5%	4%
	Somewhat or sometimes	20%	12%	27%	20%	24%	21%	24%	22%
	Very or often	35%	31%	38%	39%	40%	40%	42%	43%
	Extremely or almost always	36%	51%	28%	36%	29%	34%	28%	31%

[^] All questions on this table were new in 2013. These items are adapted from the Developmental Assets Profile (DAP) under a license agreement with Search Institute, Minneapolis, MN.

2013 Minnesota Student Survey

**TABLE 25C
SELF DESCRIPTION[^]
East Central**

<i>In general, how does each of the following statements describe you?</i>		Grade							
		5th		8th		9th		11th	
		Male	Female	Male	Female	Male	Female	Male	Female
		%	%	%	%	%	%	%	%
I accept people who are different from me.	Not at all or rarely	4%	2%	4%	1%	4%	2%	4%	1%
	Somewhat or sometimes	11%	6%	15%	8%	16%	8%	18%	9%
	Very or often	30%	22%	40%	33%	41%	35%	40%	36%
	Extremely or almost always	55%	70%	42%	58%	39%	55%	38%	53%
I am sensitive to the needs and feelings of others.	Not at all or rarely	9%	5%	8%	4%	9%	3%	6%	2%
	Somewhat or sometimes	25%	14%	26%	15%	26%	16%	25%	14%
	Very or often	34%	31%	40%	38%	38%	38%	41%	39%
	Extremely or almost always	32%	49%	25%	43%	27%	42%	28%	44%
I feel valued and appreciated by others.	Not at all or rarely	8%	6%	6%	10%	6%	9%	6%	8%
	Somewhat or sometimes	18%	17%	23%	26%	23%	27%	25%	32%
	Very or often	40%	34%	42%	36%	42%	39%	46%	38%
	Extremely or almost always	34%	43%	28%	28%	28%	25%	23%	22%
I am included in family tasks and decisions.	Not at all or rarely	7%	6%	7%	7%	6%	8%	7%	8%
	Somewhat or sometimes	17%	15%	20%	21%	20%	22%	22%	21%
	Very or often	37%	32%	38%	35%	38%	34%	41%	39%
	Extremely or almost always	39%	47%	36%	37%	36%	36%	30%	33%
I am given useful roles and responsibilities.	Not at all or rarely	5%	4%	6%	5%	6%	5%	5%	4%
	Somewhat or sometimes	17%	13%	19%	18%	20%	19%	22%	17%
	Very or often	39%	34%	41%	38%	40%	39%	45%	43%
	Extremely or almost always	39%	49%	34%	38%	35%	36%	28%	36%

[^] All questions on this table were new in 2013. These items are adapted from the Developmental Assets Profile (DAP) under a license agreement with Search Institute, Minneapolis, MN.

2013 Minnesota Student Survey

**TABLE 26A
EMOTIONAL WELL-BEING AND DISTRESS*^**

East Central

<i>During the last 12 months, have you had SIGNIFICANT problems with...</i>		Grade					
		8th		9th		11th	
		Male	Female	Male	Female	Male	Female
		%	%	%	%	%	%
...feeling very trapped, lonely, sad, blue, depressed or hopeless about the future?	Yes	17%	35%	18%	36%	23%	38%
	No	83%	65%	82%	64%	77%	62%
...sleep trouble, such as bad dreams, sleeping restlessly or falling asleep during the day?	Yes	24%	39%	25%	41%	28%	45%
	No	76%	61%	75%	59%	72%	55%
...feeling very anxious, nervous, tense, scared, panicked or like something bad was going to happen?	Yes	21%	39%	21%	39%	23%	41%
	No	79%	61%	79%	61%	77%	59%
...becoming very distressed and upset when something reminded you of the past?	Yes	23%	42%	23%	43%	24%	40%
	No	77%	58%	77%	57%	76%	60%
...thinking about ending your life or committing suicide?	Yes	9%	18%	10%	19%	10%	15%
	No	91%	82%	90%	81%	90%	85%

* 5th grade survey did not ask these questions.

^ All questions on this table were new in 2013. Items are adapted from the GAIN Short Screener (GAIN-SS) under a license agreement with Chestnut Health Systems, Inc.

Question introduction reads: This question asks about SIGNIFICANT problems. Problems are considered significant when you have them for two or more weeks, when they keep coming back, keep you from meeting your responsibilities, or make you feel like you can't go on.

2013 Minnesota Student Survey

**TABLE 26B
EMOTIONAL WELL-BEING AND DISTRESS*^**

East Central

<i>Thinking back the last 30 days, how much do you agree or disagree with the following statements?</i>		Grade	
		5th	
		Male	Female
		%	%
I worry a lot	Strongly agree	8%	13%
	Agree	20%	25%
	Neither agree nor disagree	30%	29%
	Disagree	21%	20%
	Strongly disagree	21%	13%
I sometimes feel bad without knowing why	Strongly agree	12%	19%
	Agree	26%	30%
	Neither agree nor disagree	22%	20%
	Disagree	16%	15%
	Strongly disagree	24%	16%

* Only 5th grade survey asked these questions.

^ All questions on this table were new in 2013.

2013 Minnesota Student Survey

TABLE 27
SELF-INFLICTED INJURY; SUICIDAL THOUGHTS AND SUICIDAL BEHAVIOR*^
East Central

		Grade					
		8th		9th		11th	
		Male	Female	Male	Female	Male	Female
		%	%	%	%	%	%
During the last 12 months, how many times did you do something to purposely hurt or injure yourself without wanting to die, such as cutting, burning, or bruising yourself on purpose?	0 times	91%	78%	92%	78%	92%	83%
	1 or 2 times	5%	9%	4%	8%	4%	8%
	3 to 5 times	2%	4%	1%	4%	1%	4%
	6 to 9 times	1%	3%	1%	3%	1%	2%
	10 to 19 times	1%	2%	1%	2%	1%	1%
	20 or more times	1%	4%	1%	4%	2%	3%
Have you ever seriously considered attempting suicide? (Mark all that apply)	No	90%	78%	88%	76%	85%	76%
	Yes, during the last year	6%	16%	7%	16%	7%	12%
	Yes, more than a year ago	5%	9%	7%	12%	9%	16%
Have you ever actually attempted suicide? (Mark all that apply)	No	97%	93%	96%	91%	95%	93%
	Yes, during the last year	2%	5%	2%	6%	2%	3%
	Yes, more than a year ago	2%	3%	2%	5%	4%	5%

* 5th grade survey did not ask these questions.
 ^ All questions on this table were new in 2013.

2013 Minnesota Student Survey

**TABLE 28
PROBLEMATIC AND ANTISOCIAL BEHAVIOR
East Central**

During the last 12 months...			Grade									
			5th		8th		9th		11th			
			Male %	Female %	Male %	Female %	Male %	Female %	Male %	Female %		
...did you do any of the following TWO OR MORE TIMES?^A	Lie or con to get things you wanted or to avoid having to do something	Yes			47%	50%	48%	51%	54%	53%		
		No			53%	50%	52%	49%	46%	47%		
	Have a hard time paying attention at school, work or home	Yes			48%	54%	51%	58%	60%	65%		
		No			52%	46%	49%	42%	40%	35%		
	Have a hard time listening to instructions at school, work or home	Yes			38%	39%	42%	42%	45%	42%		
		No			62%	61%	58%	58%	55%	58%		
	Be a bully or threaten other people	Yes			9%	7%	11%	7%	9%	5%		
		No			91%	93%	89%	93%	91%	95%		
	Start fights with other people	Yes			9%	9%	9%	7%	8%	5%		
		No			91%	91%	91%	93%	92%	95%		
	...run away from home?	Never			94%	96%	95%	92%	94%	92%	94%	93%
		Once or twice			5%	4%	4%	7%	4%	6%	5%	6%
3 to 5 times				1%	0%	0%	1%	1%	2%	1%	1%	
6 to 9 times				0%	0%	0%	0%	0%	0%	0%	0%	
10 or more times				0%	0%	0%	0%	0%	0%	0%	0%	
...												
...damaged or destroyed property?	Never			84%	94%	83%	89%	83%	89%	80%	93%	
	Once or twice			14%	6%	14%	9%	13%	8%	15%	5%	
	3 to 5 times			2%	1%	2%	1%	2%	2%	3%	1%	
	6 to 9 times			0%	0%	0%	0%	1%	1%	1%	0%	
	10 or more times			1%	0%	1%	0%	1%	0%	1%	0%	
	...											
...hit or beat up another person?	Never			80%	90%	84%	92%	85%	92%	87%	96%	
	Once or twice			14%	8%	12%	6%	11%	7%	9%	4%	
	3 to 5 times			3%	1%	2%	1%	2%	1%	2%	0%	
	6 to 9 times			1%	0%	0%	0%	1%	0%	0%	0%	
	10 or more times			2%	1%	2%	1%	1%	0%	1%	0%	
	...											
...taken something from a store without paying for it?	Never			97%	98%	93%	94%	90%	91%	86%	90%	
	Once or twice			2%	1%	5%	4%	6%	6%	8%	6%	
	3 to 5 times			0%	0%	1%	1%	2%	1%	2%	2%	
	6 to 9 times			0%	0%	0%	0%	1%	1%	1%	1%	
	10 or more times			0%	0%	1%	1%	2%	2%	2%	1%	
	...											

* 5th grade survey did not ask these questions.

^ New questions in 2013. Items are adapted from the GAIN Short Screener (GAIN-SS) under a license agreement with Chestnut Health Systems, Inc.

2013 Minnesota Student Survey

TABLE 29
SUMMARY OF SUBSTANCE USE **

East Central

		Grade					
		8th		9th		11th	
		Male	Female	Male	Female	Male	Female
		%	%	%	%	%	%
Use of any tobacco products during the past 30 days	No	93%	95%	86%	90%	71%	86%
	Yes	7%	5%	14%	10%	29%	14%
Frequent (20+ days) use of any tobacco products during the past 30 days	No	98%	99%	95%	98%	88%	96%
	Yes	2%	1%	5%	2%	12%	4%
Frequent binge drinking in the past year (typically drank 5 or more drinks at a time and drank on 10 or more occasions during the past year)	No	99%	100%	98%	99%	90%	96%
	Yes	1%	0%	2%	1%	10%	4%
Any alcohol, marijuana and/or other drug use during the past year (excluding tobacco)	No alcohol or marijuana or other drug use in the past year	80%	80%	70%	69%	48%	50%
	Used only alcohol in the past year	12%	11%	14%	15%	23%	27%
	Used alcohol and marijuana in the past year, but not other drugs	3%	2%	6%	6%	16%	13%
	Used marijuana or other drugs in the past year, but not alcohol	3%	3%	5%	3%	4%	3%
	Used alcohol and marijuana or other drugs in the past year	3%	4%	5%	7%	9%	8%

** These are all computed variables based on combinations of responses to two or more survey items.

2013 Minnesota Student Survey

**TABLE 30
SUBSTANCE USE AMONG 5TH GRADE STUDENTS*^**

East Central

		Grade	
		5th	
		Male	Female
		%	%
During the last 30 days, have you smoked any cigarettes?	Yes	1%	0%
	No	99%	100%
During the last 12 months, have you had alcoholic beverages to drink such as beer, wine, wine coolers and liquor?	Yes	6%	3%
	No	94%	97%
During the last 12 months, have you used marijuana (pot, weed) or hashish (hash, hash oil)?	Yes	2%	1%
	No	98%	99%
During the last 12 months, have you sniffed glue or huffed or inhaled the contents of aerosol spray cans or other gases to get high?	Yes	3%	2%
	No	97%	98%

* Only 5th grade survey asked these questions.

^ All questions on this table were new in 2013.

2013 Minnesota Student Survey

**TABLE 31
TOBACCO USE*
East Central**

<i>During the last 30 days, on how many days did you ...</i>		Grade					
		8th		9th		11th	
		Male	Female	Male	Female	Male	Female
		%	%	%	%	%	%
...smoke a cigarette?	0 days	95%	95%	92%	91%	83%	88%
	1 to 2 days	2%	2%	3%	3%	5%	4%
	3 to 5 days	1%	1%	1%	2%	3%	2%
	6 to 9 days	1%	1%	1%	1%	2%	1%
	10 to 19 days	1%	0%	1%	1%	2%	2%
	20 to 29 days	0%	0%	1%	1%	2%	1%
	All 30 days	1%	0%	2%	1%	3%	3%
...smoke cigars, cigarillos or little cigars?	0 days	97%	99%	93%	97%	84%	95%
	1 to 2 days	2%	1%	3%	2%	8%	3%
	3 to 5 days	0%	0%	1%	1%	3%	1%
	6 to 9 days	0%	0%	1%	0%	2%	0%
	10 to 19 days	0%	0%	1%	0%	1%	0%
	20 to 29 days	0%	0%	0%	0%	0%	0%
	All 30 days	0%	0%	0%	0%	0%	0%
...use chewing tobacco, snuff or dip?	0 days	96%	99%	92%	98%	82%	98%
	1 to 2 days	2%	1%	2%	1%	4%	1%
	3 to 5 days	1%	0%	1%	0%	2%	0%
	6 to 9 days	0%	0%	1%	0%	2%	0%
	10 to 19 days	0%	0%	1%	0%	2%	0%
	20 to 29 days	0%	0%	1%	0%	2%	0%
	All 30 days	0%	0%	2%	0%	5%	0%

* 5th grade survey did not ask these questions.

2013 Minnesota Student Survey

**TABLE 32
EXPOSURE TO SECONDHAND SMOKE[^]**

East Central

		Grade							
		5th		8th		9th		11th	
		Male	Female	Male	Female	Male	Female	Male	Female
		%	%	%	%	%	%	%	%
During the last 7 days, on how many days were you in the same room as someone who was smoking cigarettes?	0 days	74%	76%	69%	67%	66%	64%	58%	59%
	1 or 2 days	15%	13%	17%	17%	17%	16%	21%	20%
	3 or 4 days	4%	4%	5%	5%	6%	7%	8%	9%
	5 or 6 days	1%	2%	2%	2%	2%	3%	3%	3%
	All 7 days	4%	5%	6%	8%	8%	9%	10%	9%
During the last 7 days, on how many days did you ride in a car with someone who was smoking cigarettes?	0 days	79%	80%	75%	73%	74%	70%	69%	70%
	1 or 2 days	11%	10%	13%	13%	12%	14%	16%	14%
	3 or 4 days	4%	4%	5%	6%	5%	6%	7%	7%
	5 or 6 days	2%	2%	2%	3%	2%	3%	3%	3%
	All 7 days	3%	4%	4%	6%	6%	6%	6%	6%

[^] All questions on this table were new in 2013.

2013 Minnesota Student Survey

**TABLE 33
ALCOHOL USE FREQUENCY AND QUANTITY***

East Central

		Grade					
		8th		9th		11th	
		Male	Female	Male	Female	Male	Female
		%	%	%	%	%	%
During the last 30 days, on how many days did you drink one or more drinks of an alcoholic beverage?	0 days	90%	91%	84%	84%	68%	72%
	1 or 2 days	6%	6%	9%	10%	15%	16%
	3 to 5 days	2%	2%	3%	4%	10%	6%
	6 to 9 days	0%	1%	2%	1%	4%	3%
	10 to 19 days	0%	0%	1%	1%	2%	1%
	20 to 29 days	0%	0%	0%	0%	0%	0%
	All 30 days	1%	0%	0%	0%	0%	0%
During the last 12 months, on how many occasions (if any) have you had alcoholic beverages to drink?	0	84%	84%	77%	74%	53%	53%
	1-2	9%	9%	11%	12%	14%	17%
	3-5	3%	4%	4%	7%	9%	11%
	6-9	2%	2%	4%	3%	7%	7%
	10-19	1%	1%	3%	2%	8%	6%
	20-39	0%	0%	1%	1%	4%	3%
	40+	1%	0%	1%	1%	4%	2%
If you drink beer/wine/wine coolers/liquor, generally, how much (if any) do you drink at one time?	I don't drink beer/wine/wine coolers/liquor	89%	89%	81%	78%	59%	58%
	1 glass/can/drink	6%	7%	7%	10%	8%	12%
	2 glasses/cans/drinks	2%	2%	3%	5%	6%	9%
	3 glasses/cans/drinks	1%	1%	3%	3%	6%	8%
	4 glasses/cans/drinks	0%	0%	2%	2%	5%	6%
	5 or more glasses/cans/drinks	1%	1%	4%	2%	16%	7%
During the past 30 days, on how many days did you have 5 or more drinks in a row, that is, within a couple of hours?^	0 days	97%	97%	93%	94%	79%	85%
	1 day	1%	1%	3%	3%	8%	6%
	2 days	1%	1%	2%	2%	6%	5%
	3 to 5 days	0%	0%	1%	1%	5%	2%
	6 to 9 days	0%	0%	1%	0%	2%	1%
	10 to 19 days	0%	0%	0%	0%	1%	0%
	20 or more days	0%	0%	0%	0%	1%	0%

* 5th grade survey did not ask these questions.

^ New question in 2013.

2013 Minnesota Student Survey

TABLE 34
ACCESS TO ALCOHOL*

East Central

INCLUDES ONLY THOSE WHO USED ALCOHOL IN THE LAST 30 DAYS		Grade					
		8th		9th		11th	
		Male	Female	Male	Female	Male	Female
		%	%	%	%	%	%
If you used alcohol in the last 30 days, how did you get it? (Mark all that apply)	I bought alcohol at gas stations or convenience stores	1%	1%	4%	1%	2%	0%
	I bought alcohol at bars or restaurants	1%	0%	3%	1%	3%	1%
	I bought alcohol at liquor or other stores^	2%	2%	6%	3%	9%	4%
	I bought alcohol on the internet	3%	1%	3%	0%	1%	1%
	I got alcohol from friends	18%	25%	35%	44%	47%	58%
	I got alcohol from my parents	16%	19%	17%	20%	10%	16%
	I got alcohol from other family members	11%	16%	13%	18%	12%	13%
	I got alcohol by getting someone else to buy for me	9%	10%	19%	19%	33%	35%
	I got alcohol at parties^	16%	24%	30%	34%	42%	50%
	I took alcohol from my home	22%	30%	28%	31%	21%	21%
	I took alcohol from a friend's home	7%	11%	12%	14%	6%	8%
	I took alcohol from stores	6%	3%	5%	2%	2%	0%

* 5th grade survey did not ask this question.

^ New question in 2013.

2013 Minnesota Student Survey

TABLE 35
AGE OF FIRST USE OF ALCOHOL AND MARIJUANA*
East Central

		Grade			
		9th		11th	
		Male	Female	Male	Female
		%	%	%	%
How old were you when you had your first drink of an alcoholic beverage, such as beer, wine, wine coolers and liquor, other than a few sips?	I have never had a drink of alcohol other than a few sips	58%	61%	38%	41%
	10 years old or younger	11%	7%	8%	6%
	11 years old	4%	4%	3%	2%
	12 years old	6%	5%	5%	5%
	13 years old	8%	9%	7%	7%
	14 years old	10%	11%	10%	10%
	15 years old	3%	2%	13%	15%
	16 years old	0%	0%	12%	12%
	17 years old or older	0%	0%	2%	2%
How old were you when you tried marijuana (pot, weed) or hashish (hash, hash oil) for the first time?	I have never tried marijuana or hashish	84%	85%	68%	74%
	10 years old or younger	2%	0%	1%	0%
	11 years old	1%	1%	1%	0%
	12 years old	2%	2%	2%	1%
	13 years old	4%	5%	3%	2%
	14 years old	5%	5%	6%	4%
	15 years old	2%	1%	8%	8%
	16 years old	0%	0%	9%	8%
	17 years old or older	0%	0%	2%	1%

* 5th and 8th grade surveys did not ask these questions.

2013 Minnesota Student Survey

TABLE 36
USE OF MARIJUANA AND PRESCRIPTION DRUGS*
East Central

		Grade					
		8th		9th		11th	
		Male	Female	Male	Female	Male	Female
		%	%	%	%	%	%
During the last 30 days, on how many days did you use marijuana or hashish?	0 days	95%	96%	91%	93%	82%	88%
	1 to 2 days	2%	2%	3%	3%	6%	6%
	3 to 5 days	1%	1%	1%	1%	3%	2%
	6 to 9 days	1%	0%	1%	1%	2%	1%
	10 to 19 days	1%	0%	1%	1%	3%	1%
	20 to 29 days	0%	0%	1%	1%	2%	1%
	All 30 days	1%	0%	1%	0%	3%	1%
During the last 12 months, on how many occasions (if any) have you used marijuana or hashish?	0	94%	95%	87%	88%	74%	80%
	1-2	2%	2%	4%	4%	6%	6%
	3-5	1%	1%	2%	2%	3%	4%
	6-9	1%	0%	1%	2%	3%	2%
	10-19	1%	1%	2%	1%	3%	2%
	20-39	1%	0%	1%	1%	3%	2%
	40+	2%	1%	3%	2%	8%	3%
During the last 30 days, on how many days did you use prescription drugs not prescribed for you?^	0 days	97%	96%	96%	93%	93%	94%
	1 to 2 days	1%	2%	2%	3%	3%	3%
	3 to 5 days	1%	1%	1%	2%	2%	2%
	6 to 9 days	0%	1%	0%	1%	1%	1%
	10 to 19 days	0%	0%	0%	1%	0%	0%
	20 to 29 days	0%	0%	0%	0%	0%	0%
	All 30 days	0%	0%	0%	0%	0%	0%

* 5th grade survey did not ask this question.

^ New question in 2013.

2013 Minnesota Student Survey

**TABLE 37
PRESCRIPTION DRUG USE*^**

East Central

<i>During the last 12 months, on how many occasions have you used any of the following prescription drugs that were NOT prescribed for you or that you took ONLY to get high?</i>		Grade					
		8th		9th		11th	
		Male	Female	Male	Female	Male	Female
		%	%	%	%	%	%
Stimulants such as Benzedrine (bennies, speed, uppers) or diet pills	0	100%	99%	99%	99%	99%	99%
	1 to 2	0%	0%	0%	0%	0%	0%
	3 to 5	0%	0%	0%	0%	0%	0%
	6 to 9	0%	0%	0%	0%	0%	0%
	10 to 19	0%	0%	0%	0%	0%	0%
	20 to 39	0%	0%	0%	0%	0%	0%
	40 or more	0%	0%	0%	0%	0%	0%
ADHD or ADD drugs like Ritalin (hyper pills)	0	99%	99%	99%	98%	98%	98%
	1 to 2	0%	0%	0%	1%	1%	1%
	3 to 5	0%	0%	0%	1%	1%	0%
	6 to 9	0%	0%	0%	0%	0%	0%
	10 to 19	0%	0%	0%	0%	0%	0%
	20 to 39	0%	0%	0%	0%	0%	0%
	40 or more	0%	0%	0%	0%	0%	0%
Pain relievers such as OxyContin, Percocet, Vicodin or others	0	99%	99%	98%	98%	97%	98%
	1 to 2	0%	0%	1%	1%	1%	1%
	3 to 5	0%	0%	0%	0%	0%	0%
	6 to 9	0%	0%	0%	0%	0%	0%
	10 to 19	0%	0%	0%	0%	0%	0%
	20 to 39	0%	0%	0%	0%	0%	0%
	40 or more	0%	0%	0%	0%	0%	0%
Tranquilizers such as Valium, Xanax or sedatives or barbiturates	0	100%	99%	99%	99%	98%	99%
	1 to 2	0%	0%	0%	0%	1%	1%
	3 to 5	0%	0%	0%	0%	1%	0%
	6 to 9	0%	0%	0%	0%	0%	0%
	10 to 19	0%	0%	0%	0%	0%	0%
	20 to 39	0%	0%	0%	0%	0%	0%
	40 or more	0%	0%	0%	0%	0%	0%

* 5th grade survey did not ask this question.

^ Responses for 30-day (found on Table 36) and 12-month misuse of prescription drugs are inconsistent for some students. This may be due to the misinterpretation of a skip instruction on the survey or to slight differences in how the questions were worded. Due to these methodological issues, the results for these questions cannot be compared to the results from previous years.

2013 Minnesota Student Survey

**TABLE 38
HALLUCINOGEN, ECSTASY, COCAINE AND HEROIN USE*^**

East Central

<i>During the last 12 months, on how many occasions (if any) have you used...</i>		Grade					
		8th		9th		11th	
		Male	Female	Male	Female	Male	Female
		%	%	%	%	%	%
...LSD (acid), PCP (wet sticks or dipped joints), or other psychedelics (mushrooms, angel dust)?	0	99%	99%	99%	99%	97%	99%
	1 to 2	0%	0%	1%	1%	1%	1%
	3 to 5	0%	0%	0%	0%	1%	0%
	6 to 9	0%	0%	0%	0%	0%	0%
	10 to 19	0%	0%	0%	0%	0%	0%
	20 to 39	0%	0%	0%	0%	0%	0%
	40 or more	0%	0%	0%	0%	0%	0%
...MDMA (E, X, ecstasy), GHB (G, Liquid E, Liquid X, roofies) or Ketamine (Special K)?	0	99%	100%	99%	99%	98%	99%
	1 to 2	0%	0%	0%	0%	1%	0%
	3 to 5	0%	0%	0%	0%	0%	0%
	6 to 9	0%	0%	0%	0%	0%	0%
	10 to 19	0%	0%	0%	0%	0%	0%
	20 to 39	0%	0%	0%	0%	0%	0%
	40 or more	0%	0%	0%	0%	0%	0%
...crack, coke or cocaine in any other form?	0	99%	99%	99%	99%	98%	99%
	1 to 2	0%	0%	1%	1%	1%	1%
	3 to 5	0%	0%	0%	0%	0%	0%
	6 to 9	0%	0%	0%	0%	0%	0%
	10 to 19	0%	0%	0%	0%	0%	0%
	20 to 39	0%	0%	0%	0%	0%	0%
	40 or more	0%	0%	0%	0%	0%	0%
...heroin?	0	99%	100%	100%	99%	99%	100%
	1 to 2	0%	0%	0%	0%	0%	0%
	3 to 5	0%	0%	0%	0%	0%	0%
	6 to 9	0%	0%	0%	0%	0%	0%
	10 to 19	0%	0%	0%	0%	0%	0%
	20 to 39	0%	0%	0%	0%	0%	0%
	40 or more	0%	0%	0%	0%	0%	0%

* 5th grade survey did not ask this question.

^ Due to methodological issues with these questions (e.g. the possible misinterpretation of a skip instruction on the survey), the results for these questions cannot be compared to the results from previous years.

2013 Minnesota Student Survey

TABLE 39
METHAMPHETAMINE, OVER-THE-COUNTER DRUG, SYNTHETIC DRUG AND INHALANT USE^{*^^}
East Central

<i>During the last 12 months, on how many occasions (if any) have you ...</i>		Grade					
		8th		9th		11th	
		Male	Female	Male	Female	Male	Female
		%	%	%	%	%	%
...used methamphetamine (meth, glass, crank, crystal meth, ice)?	0	99%	100%	100%	99%	99%	99%
	1 to 2	0%	0%	0%	0%	1%	0%
	3 to 5	0%	0%	0%	0%	0%	0%
	6 to 9	0%	0%	0%	0%	0%	0%
	10 to 19	0%	0%	0%	0%	0%	0%
	20 to 39	0%	0%	0%	0%	0%	0%
	40 or more	0%	0%	0%	0%	0%	0%
...used over-the-counter drugs such as cough syrup, cold medicine or diet pills that you took only to get high? [^]	0	99%	99%	99%	98%	98%	98%
	1 to 2	0%	0%	1%	1%	1%	1%
	3 to 5	0%	0%	0%	0%	1%	1%
	6 to 9	0%	0%	0%	0%	0%	0%
	10 to 19	0%	0%	0%	0%	0%	0%
	20 to 39	0%	0%	0%	0%	0%	0%
	40 or more	0%	0%	0%	0%	0%	0%
...used synthetic drugs such as bath salts (Ivory Wave, White Lightning) or synthetic marijuana (K2, Gold) that you took only to get high? [^]	0	99%	99%	98%	98%	97%	98%
	1 to 2	0%	1%	0%	1%	1%	1%
	3 to 5	0%	0%	0%	0%	0%	0%
	6 to 9	0%	0%	0%	0%	0%	0%
	10 to 19	0%	0%	0%	0%	0%	0%
	20 to 39	0%	0%	0%	0%	0%	0%
	40 or more	0%	0%	0%	0%	1%	0%
...sniffed glue or huffed or inhaled the contents of aerosol spray cans or other gases to get high?	0	99%	99%	99%	98%	99%	99%
	1 to 2	0%	1%	1%	1%	1%	1%
	3 to 5	0%	0%	0%	0%	0%	0%
	6 to 9	0%	0%	0%	0%	0%	0%
	10 to 19	0%	0%	0%	0%	0%	0%
	20 to 39	0%	0%	0%	0%	0%	0%
	40 or more	0%	0%	0%	0%	0%	0%

* 5th grade survey did not ask these questions.

[^] New question in 2013.

^{^^} Due to methodological issues with these questions (e.g. the possible misinterpretation of a skip instruction on the survey), the results for these questions cannot be compared to the results from previous years.

2013 Minnesota Student Survey

TABLE 40
PERCEIVED RISK OF HARM FROM SUBSTANCE USE
East Central

<i>How much do you think people risk harming themselves physically or in other ways if they...</i>		Grade							
		5th		8th		9th		11th	
		Male	Female	Male	Female	Male	Female	Male	Female
		%	%	%	%	%	%	%	%
... smoke one or more packs of cigarettes per day?	No risk	22%	19%	13%	7%	10%	5%	10%	4%
	Slight risk	9%	10%	10%	11%	9%	9%	9%	9%
	Moderate risk	19%	17%	22%	22%	21%	21%	22%	22%
	Great risk	50%	54%	55%	60%	60%	64%	59%	64%
... have five or more drinks of an alcoholic beverage once or twice per week?	No risk	23%	21%	16%	9%	12%	5%	12%	5%
	Slight risk	19%	15%	20%	16%	18%	16%	24%	17%
	Moderate risk	26%	26%	30%	32%	29%	32%	31%	33%
	Great risk	32%	38%	34%	43%	41%	46%	33%	45%
... smoke marijuana once or twice per week?	No risk	25%	22%	18%	11%	20%	12%	28%	14%
	Slight risk	8%	8%	12%	11%	15%	14%	24%	19%
	Moderate risk	18%	20%	22%	22%	20%	25%	21%	26%
	Great risk	49%	50%	47%	56%	45%	49%	27%	41%
... use prescription drugs not prescribed for them? [^]	No risk	24%	21%	13%	8%	10%	5%	8%	4%
	Slight risk	6%	7%	8%	7%	8%	8%	11%	7%
	Moderate risk	17%	17%	21%	23%	21%	24%	26%	24%
	Great risk	54%	56%	58%	62%	61%	63%	55%	65%

[^] New question in 2013.

2013 Minnesota Student Survey

TABLE 41
PERCEPTIONS OF OTHERS' DISAPPROVAL OF SUBSTANCE USE^
East Central

		Grade							
		5th		8th		9th		11th	
		Male	Female	Male	Female	Male	Female	Male	Female
		%	%	%	%	%	%	%	%
How wrong do your parents feel it would be for you to smoke cigarettes?	Not at all wrong	4%	3%	4%	2%	5%	2%	4%	2%
	A little bit wrong	2%	1%	2%	3%	4%	4%	7%	6%
	Wrong	6%	5%	9%	10%	12%	12%	20%	15%
	Very wrong	89%	91%	85%	86%	80%	82%	69%	77%
How wrong do your parents feel it would be for you to have one or more drinks of alcoholic beverage nearly every day?	Not at all wrong	4%	3%	5%	2%	5%	2%	5%	3%
	A little bit wrong	3%	2%	5%	4%	6%	5%	12%	7%
	Wrong	10%	7%	11%	10%	14%	12%	21%	15%
	Very wrong	83%	88%	79%	84%	75%	81%	62%	75%
How wrong do your parents feel it would be for you to smoke marijuana?	Not at all wrong	3%	3%	4%	2%	5%	3%	5%	3%
	A little bit wrong	1%	0%	2%	2%	3%	3%	7%	5%
	Wrong	2%	2%	5%	5%	8%	7%	14%	9%
	Very wrong	94%	95%	88%	91%	83%	87%	74%	83%
How wrong do your parents feel it would be for you to use prescription drugs not prescribed for you?	Not at all wrong	3%	3%	4%	1%	4%	2%	4%	2%
	A little bit wrong	1%	1%	2%	2%	2%	2%	3%	2%
	Wrong	5%	4%	6%	7%	7%	8%	11%	8%
	Very wrong	91%	93%	89%	89%	86%	88%	83%	88%
How wrong do your friends feel it would be for you to smoke cigarettes?	Not at all wrong	5%	3%	7%	5%	12%	8%	21%	12%
	A little bit wrong	4%	2%	9%	6%	13%	11%	21%	17%
	Wrong	17%	11%	23%	16%	26%	19%	23%	23%
	Very wrong	75%	84%	60%	73%	49%	62%	36%	49%
How wrong do your friends feel it would be for you to have one or more drinks of alcoholic beverage nearly every day?	Not at all wrong	5%	3%	9%	5%	15%	9%	26%	13%
	A little bit wrong	5%	2%	11%	8%	16%	12%	21%	19%
	Wrong	17%	11%	23%	16%	25%	19%	24%	23%
	Very wrong	73%	83%	57%	71%	45%	59%	29%	45%
How wrong do your friends feel it would be for you to smoke marijuana?	Not at all wrong	4%	3%	10%	6%	16%	10%	29%	17%
	A little bit wrong	2%	1%	8%	5%	11%	10%	17%	15%
	Wrong	11%	6%	17%	11%	20%	15%	19%	18%
	Very wrong	82%	91%	66%	78%	52%	65%	35%	49%
How wrong do your friends feel it would be for you to use prescription drugs not prescribed for you?	Not at all wrong	4%	3%	7%	3%	9%	5%	12%	6%
	A little bit wrong	3%	1%	7%	5%	9%	7%	14%	10%
	Wrong	13%	9%	19%	14%	22%	18%	25%	20%
	Very wrong	79%	87%	67%	78%	61%	70%	49%	64%

^ All questions on this table were new in 2013.

2013 Minnesota Student Survey

TABLE 42
FEELINGS AND PERCEPTIONS OF OTHERS' FEELINGS ABOUT ALCOHOL USE*^
East Central

		Grade					
		8th		9th		11th	
		Male	Female	Male	Female	Male	Female
		%	%	%	%	%	%
How do you feel about each of the following statements: Parents and other adults should clearly communicate with their children about the importance of not using alcohol?	Strongly agree	58%	61%	51%	54%	40%	47%
	Agree	25%	26%	27%	27%	30%	31%
	Neither agree nor disagree	10%	9%	14%	13%	20%	16%
	Disagree	2%	2%	2%	2%	4%	2%
	Strongly disagree	5%	3%	5%	4%	5%	3%
How do you feel about each of the following statements: Drinking alcohol is never a good thing for anyone my age to do?	Strongly agree	63%	67%	51%	54%	34%	37%
	Agree	18%	17%	23%	22%	22%	24%
	Neither agree nor disagree	11%	8%	15%	15%	26%	23%
	Disagree	3%	3%	5%	4%	11%	10%
	Strongly disagree	6%	4%	7%	5%	8%	5%
How do you think MOST STUDENTS in your school feel about each of the following statements: Parents and other adults should clearly communicate with their children about the importance of not using alcohol?	Strongly agree	33%	23%	23%	14%	17%	11%
	Agree	37%	43%	34%	36%	32%	33%
	Neither agree nor disagree	21%	24%	29%	34%	34%	36%
	Disagree	4%	6%	7%	12%	11%	15%
	Strongly disagree	4%	4%	6%	5%	6%	6%
How do you think MOST STUDENTS in your school feel about each of the following statements: Drinking alcohol is never a good thing for anyone my age to do?	Strongly agree	35%	26%	22%	13%	13%	8%
	Agree	35%	37%	29%	26%	21%	16%
	Neither agree nor disagree	20%	24%	30%	34%	35%	34%
	Disagree	5%	9%	12%	18%	19%	27%
	Strongly disagree	5%	5%	7%	8%	12%	15%

* 5th grade survey did not ask these questions.

^ All questions on this table were new in 2013.

2013 Minnesota Student Survey

TABLE 43
USE OF TOBACCO, ALCOHOL AND MARIJUANA*^
East Central

<i>How often do you use each of the following?</i>		Grade					
		8th		9th		11th	
		Male	Female	Male	Female	Male	Female
		%	%	%	%	%	%
Tobacco (cigarettes, chew)	Never	91%	94%	84%	88%	69%	84%
	Tried once or twice	4%	3%	5%	5%	7%	5%
	Once or twice a year	1%	1%	2%	2%	3%	2%
	Once a month	1%	1%	1%	2%	3%	2%
	Twice a month	1%	1%	1%	1%	3%	1%
	Once a week	1%	1%	2%	2%	5%	2%
	Daily	2%	1%	5%	2%	10%	4%
Alcohol (beer, wine, liquor)	Never	81%	83%	70%	71%	51%	52%
	Tried once or twice	11%	9%	11%	12%	11%	13%
	Once or twice a year	5%	4%	7%	7%	11%	14%
	Once a month	2%	2%	5%	4%	9%	9%
	Twice a month	1%	1%	3%	4%	10%	7%
	Once a week	1%	1%	2%	2%	7%	6%
	Daily	1%	0%	1%	0%	1%	0%
Marijuana (pot, hash, hash oil)	Never	93%	95%	85%	87%	71%	79%
	Tried once or twice	2%	2%	4%	4%	7%	7%
	Once or twice a year	1%	1%	2%	2%	5%	4%
	Once a month	1%	1%	1%	2%	4%	3%
	Twice a month	0%	1%	1%	2%	3%	2%
	Once a week	1%	1%	2%	2%	5%	3%
	Daily	1%	1%	3%	1%	5%	2%

* 5th grade survey did not ask these questions.

^ All questions on this table were new in 2013.

2013 Minnesota Student Survey

TABLE 44
PERCEPTIONS OF OTHERS' USE OF TOBACCO, ALCOHOL AND MARIJUANA*[^]
East Central

<i>In your opinion, how often do you think MOST STUDENTS in your school use each of the following?</i>		Grade					
		8th		9th		11th	
		Male	Female	Male	Female	Male	Female
		%	%	%	%	%	%
Tobacco (cigarettes, chew)	Never	49%	34%	26%	14%	13%	8%
	Tried once or twice	24%	30%	20%	21%	15%	12%
	Once or twice a year	6%	6%	6%	7%	5%	5%
	Once a month	5%	7%	8%	8%	9%	9%
	Twice a month	3%	4%	5%	8%	7%	7%
	Once a week	6%	8%	14%	16%	18%	20%
	Daily	8%	11%	22%	26%	34%	39%
Alcohol (beer, wine, liquor)	Never	41%	26%	21%	10%	10%	5%
	Tried once or twice	27%	30%	18%	17%	10%	7%
	Once or twice a year	9%	9%	10%	8%	6%	5%
	Once a month	7%	9%	10%	11%	11%	9%
	Twice a month	4%	8%	10%	12%	13%	13%
	Once a week	7%	11%	18%	26%	33%	43%
	Daily	6%	7%	14%	16%	15%	18%
Marijuana (pot, hash, hash oil)	Never	52%	40%	29%	17%	16%	9%
	Tried once or twice	18%	22%	16%	18%	13%	11%
	Once or twice a year	6%	6%	6%	7%	6%	5%
	Once a month	5%	7%	9%	9%	10%	9%
	Twice a month	4%	4%	7%	8%	10%	10%
	Once a week	6%	9%	15%	18%	20%	24%
	Daily	9%	12%	18%	24%	25%	32%

* 5th grade survey did not ask these questions.

[^] All questions on this table were new in 2013.

2013 Minnesota Student Survey

**TABLE 45A
CONSEQUENCES OF SUBSTANCE USE***

East Central

<i>During the last 12 months ...</i>		Grade					
		8th		9th		11th	
		Male	Female	Male	Female	Male	Female
		%	%	%	%	%	%
...have you found that you had to use a lot more alcohol or drugs than before to get the same effect?	No or no use	98%	98%	96%	96%	91%	93%
	Yes	2%	2%	4%	4%	9%	7%
...have you tried to cut down on your use of alcohol or drugs but couldn't?	No or no use	98%	98%	98%	97%	97%	97%
	Yes	2%	2%	2%	3%	3%	3%
...have you continued to use alcohol or drugs even though you knew it was hurting your relationships with friends or family?	No or no use	98%	98%	97%	95%	94%	94%
	Yes	2%	2%	3%	5%	6%	6%
...how many times have you spent all or most of the day using alcohol or drugs, or getting over their effects?	0 times or no use	98%	97%	94%	94%	86%	90%
	1 time	1%	1%	3%	2%	4%	4%
	2 times	0%	0%	1%	1%	2%	2%
	3 or more times	1%	1%	3%	2%	7%	4%
...how many times have you given up important social or recreational activities like sports or being with friends or relatives to use alcohol or drugs or to get over their effects?	0 times or no use	99%	98%	97%	96%	95%	95%
	1 time	1%	1%	1%	2%	3%	2%
	2 times	0%	0%	0%	1%	1%	1%
	3 or more times	0%	0%	1%	1%	2%	1%
...how many times have you missed work or school, or neglected other major responsibilities because of alcohol or drug use?	0 times or no use	99%	99%	98%	98%	96%	96%
	1 time	0%	1%	1%	1%	2%	2%
	2 times	0%	0%	1%	1%	1%	1%
	3 or more times	0%	0%	1%	1%	1%	1%

* 5th grade survey did not ask these questions.

2013 Minnesota Student Survey

**TABLE 45B
CONSEQUENCES OF SUBSTANCE USE***

East Central

<i>During the last 12 months, how many times...</i>		Grade					
		8th		9th		11th	
		Male	Female	Male	Female	Male	Female
		%	%	%	%	%	%
...have you driven a motor vehicle after using alcohol or drugs?*	0 times or no use			97%	98%	86%	91%
	1 time			2%	1%	5%	5%
	2 times			0%	0%	3%	1%
	3 or more times			1%	0%	6%	2%
...have you hit someone or become violent while using alcohol or drugs?	0 times or no use	99%	99%	98%	99%	97%	98%
	1 time	0%	1%	1%	1%	2%	1%
	2 times	0%	0%	0%	0%	1%	1%
	3 or more times	0%	0%	1%	0%	1%	0%
...have you used so much alcohol or drugs that the next day you could not remember what you had said or done?	0 times or no use	98%	97%	94%	92%	84%	85%
	1 time	1%	2%	3%	4%	7%	7%
	2 times	0%	1%	1%	2%	4%	4%
	3 or more times	1%	1%	2%	2%	5%	4%
...have you used more alcohol or drugs than you intended to?	0 times or no use	98%	97%	95%	93%	87%	86%
	1 time	1%	2%	3%	4%	6%	6%
	2 times	0%	1%	1%	2%	3%	4%
	3 or more times	1%	1%	1%	2%	5%	4%
...has alcohol or drug use left you feeling depressed, agitated, paranoid, or unable to concentrate?	0 times or no use	98%	96%	96%	93%	92%	91%
	1 time	1%	2%	2%	3%	3%	4%
	2 times	0%	1%	1%	2%	2%	3%
	3 or more times	0%	1%	1%	2%	3%	3%
...has alcohol or drug use caused you problems with the law?	0 times or no use	98%	99%	97%	98%	94%	96%
	1 time	1%	1%	1%	1%	4%	3%
	2 times	0%	0%	1%	1%	1%	0%
	3 or more times	0%	0%	1%	0%	1%	0%

* 5th grade survey did not ask these questions.

** 8th grade survey did not ask this question.

2013 Minnesota Student Survey

**TABLE 46
SEXUAL ORIENTATION; SEXUAL BEHAVIOR***

East Central

		Grade			
		9th		11th	
		Male	Female	Male	Female
		%	%	%	%
Which of the following best describes you?^	Heterosexual (straight)	96%	92%	95%	93%
	Bisexual	1%	4%	1%	4%
	Gay or lesbian	1%	1%	1%	1%
	Not sure (questioning)	2%	3%	3%	2%
Have you ever had sexual intercourse ('had sex')?	Yes	16%	13%	37%	38%
	No	84%	87%	63%	62%
During the last 12 months, with how many different male partners have you had sexual intercourse?	None	97%	88%	96%	65%
	1 person	1%	8%	2%	21%
	2 persons	0%	2%	1%	7%
	3 persons	0%	1%	1%	3%
	4 persons	0%	1%	0%	2%
	5 persons	0%	0%	0%	1%
	6 or more persons	1%	0%	1%	1%
During the last 12 months, with how many different female partners have you had sexual intercourse?	None	86%	98%	67%	98%
	1 person	7%	1%	19%	1%
	2 persons	2%	0%	6%	0%
	3 persons	1%	0%	3%	0%
	4 persons	1%	0%	2%	0%
	5 persons	0%	0%	1%	0%
	6 or more persons	2%	0%	2%	0%
How many times have you been pregnant or gotten someone pregnant?	0 times	98%	99%	97%	97%
	1 time	1%	1%	1%	2%
	2 or more times	1%	0%	0%	0%
	Not sure	1%	0%	1%	0%

* 5th and 8th grade surveys did not ask these questions.

^ New question in 2013.

2013 Minnesota Student Survey

**TABLE 47
SEXUAL BEHAVIOR***

East Central

INCLUDES ONLY THOSE WHO HAVE EVER HAD SEXUAL INTERCOURSE		Grade			
		9th		11th	
		Male	Female	Male	Female
		%	%	%	%
Have you talked with your partner(s) about protecting yourselves from getting sexually transmitted infections/HIV/AIDS?	Never	41%	39%	38%	29%
	Not with every partner	11%	13%	15%	13%
	At least once with every partner	48%	48%	47%	57%
Have you talked with your partner(s) about preventing pregnancy?	Never	37%	33%	27%	19%
	Not with every partner	11%	14%	13%	13%
	At least once with every partner	52%	53%	60%	68%
The LAST time you had sexual intercourse, what ONE method did you or your partner use to prevent pregnancy?^	No method was used to prevent pregnancy	15%	17%	8%	8%
	Birth control pills	10%	10%	18%	21%
	Condoms	51%	49%	55%	45%
	Depo-Provera/any birth control shot, Nuva Ring/any birth control ring, Implanon/any implant or any IUD	1%	5%	3%	11%
	Withdrawal (pull-out)	11%	16%	12%	12%
	Some other method	2%	2%	0%	2%
	Not sure	10%	3%	3%	2%
The LAST time you had sexual intercourse, did you or your partner use a condom?	Yes	67%	59%	70%	62%
	No	33%	41%	30%	38%
Did you drink alcohol or use drugs before you had sexual intercourse the LAST time?^	Yes	20%	18%	18%	15%
	No	80%	82%	82%	85%

* 5th and 8th grade surveys did not ask these questions.

^ New question in 2013.

2013 Minnesota Student Survey

**TABLE 48
REASONS FOR SEXUAL ABSTINENCE***

East Central

		Grade			
		9th		11th	
		Male	Female	Male	Female
		%	%	%	%
If you do not have sexual intercourse, what factors influence your choice not to? (Mark all that apply)	I don't want to have sex	27%	65%	23%	60%
	My partner doesn't want to have sex[^]	9%	8%	14%	8%
	I have not had a chance to have sex[^]	35%	20%	40%	22%
	My friends don't have sex	12%	22%	7%	15%
	I don't think it's right for a person my age to have sex	52%	75%	31%	57%
	I have chosen to wait until I am married	31%	48%	29%	47%
	My religious or spiritual beliefs	22%	31%	24%	39%
	My parent(s) would object	39%	58%	31%	51%
	What my parents have taught me about sex	17%	28%	14%	27%
	What sex education at school has taught me	17%	26%	13%	23%
	Fear of pregnancy	28%	59%	31%	61%
	Fear of sexually transmitted diseases	32%	49%	26%	46%
	Other reason(s)	24%	21%	25%	21%

* 5th and 8th grade surveys did not ask these questions.

[^] New question in 2013.