



2019 Minnesota Student Survey Statewide Tables by Sexual Orientation

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Minnesota Student Survey Interagency Team:

Minnesota Department of Education

Minnesota Department of Health

Minnesota Department of Human Services

Minnesota Department of Public Safety

For more information:

Lisa Burton

Special Projects and Evaluation Manager
Minnesota Department of Education
1500 Highway 36 West
Roseville, MN 55113
(651) 582-8488
lisa.burton@state.mn.us
education.state.mn.us

Ann Kinney

Senior Research Scientist
Minnesota Department of Health
P.O. Box 64882
St. Paul, MN 55164-0882
(651) 201-5946
ann.kinney@state.mn.us
health.state.mn.us

In Appreciation

The Minnesota Student Survey (MSS) Interagency Team is indebted to the students, parents, teachers, district assessment coordinators, school and district administrators, principals, and superintendents across the state that agreed to participate in and supported the MSS when it was administered in the first half of 2019. These data are made available as a result of their interest and time, and we are grateful for their efforts.

The planning and implementation of the 2019 Minnesota Student Survey administration resulted from an important collaborative effort among members of the MSS Interagency team, Minnesota Youth Council members, local educators and health professionals, researchers, and community members throughout the state of Minnesota – all of whom encouraged and supported school participation in the MSS.

Members of the MSS Interagency Team include: Lisa Burton, Megan Harms, and Maira Rosas-Lee at the Department of Education; Sharrilyn Helgertz and Ann Kinney at the Department of Health; Phyllis Bengtson, Emma Boley, and Eunkyung Park at the Department of Human Services; and Valerie Clark and Kristine Coulter at the Department of Public Safety.

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Survey Participation

The 2019 Minnesota Student Survey (MSS) was administered in the first half of 2019 to students in grades 5, 8, 9, and 11 statewide. The survey was voluntary at all levels; districts, schools, parents, and students could all choose to opt out. Most public school districts (81%) chose to participate. Across the state, approximately 66% of fifth graders, 68% of eighth graders, 66% of ninth graders, and 54% of eleventh graders participated in the 2019 Minnesota Student Survey. Overall participation across the four grades was approximately 64% of total enrollment.

Results from regular public school, charter schools, and online schools are included in these tables. Results from nonpublic schools, alternative learning centers, and juvenile correctional facilities are released separately.

All schools and districts that participated in the survey followed federal laws regarding parental notification as required by the Protection of Pupil Rights Amendment (PPRA). PPRA requires that schools that participate in the survey notify parents of the survey administration, provide parents the opportunity to review the survey instrument, and allow parents to opt their child out of participating (Juvenile Correctional Facilities are exempt from this requirement).

Mode of Administration

In 2019, all levels of the MSS were administered online. Only Juvenile Correctional Facilities could choose to administer the MSS on paper.

Items on the Tables

The tables in this report include the responses for all survey items. Items are ordered within the tables by an overarching subject area; the order that items appear on the tables is not necessarily in the order that they appeared on the survey.

The table of contents is provided on pages v-vi. The grade 5 survey version was shorter than the grade 8 survey version, which in turn was shorter than the grade 9 and 11 version. The grade 5 and grade 8 versions did not include items appropriate only for older students. Items found on some versions of the survey but not on others are identified on the tables.

New Questions and Year-to-Year Comparisons

While most MSS survey questions stayed the same between 2016 and 2019, other questions were updated with changes to the question or response options. Some entirely new questions were added, and some questions were dropped. New questions are noted on each table. **Caution must be used when making comparisons over time for any questions in which the wording has changed.**

Please note that although these surveys are given repeatedly over time, the student populations change between administrations of the survey.

Validity of Responses

Caution was taken to identify invalid responses and remove them from the survey results. Surveys were removed when responses were highly inconsistent, when there was a pattern of likely exaggeration, when the survey was completed outside of school hours (this did not apply to online students), or when the survey was clearly a test of the online system. In addition, surveys were removed when only the background section of the survey was answered. In total, approximately 4% of cases were removed from the 2019 survey data.

Online Access to MSS Data

Data from the 2019 Minnesota Student Survey (MSS) are available on the Minnesota Department of Education's [Data Reports and Analytics page](#).

(<http://w20.education.state.mn.us/MDEAnalytics/DataTopic.jsp?TOPICID=242>) This web report provides access to all state, county and district-level data and provides options for filtering the data in multiple ways.

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TABLE 1A
DEMOGRAPHIC DESCRIPTION

I don't describe myself in any of these ways

		Grade			
		9th		11th	
		N	%	N	%
Total number of surveys		4,229	100%	2,442	100%
What is your biological sex?*	Male	2,248	53%	1,221	50%
	Female	1,967	47%	1,212	50%
	No answer	14	0%	9	0%
Age	13	6	0%	0	0%
	14	1,631	39%	0	0%
	15	2,469	58%	4	0%
	16	101	2%	907	37%
	17	12	0%	1,406	58%
	18	0	0%	99	4%
	19-20	0	0%	25	1%
How do you describe yourself? (Mark ALL that apply)	American Indian or Alaskan Native only	61	1%	40	2%
	Asian or Asian American only	371	9%	243	10%
	Black, African or African American only	487	12%	271	11%
	Hispanic or Latino/a only	393	9%	217	9%
	Native Hawaiian or Other Pacific Islander only	14	0%	11	0%
	White only	2,564	61%	1,485	61%
	Multiple races (checked more than one)	301	7%	144	6%
	No answer	38	1%	31	1%

* 5th grade surveys asked "Are you male or female?"

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TABLE 1B
DEMOGRAPHIC DESCRIPTION[^]

I don't describe myself in any of these ways

		Grade			
		9th		11th	
		N	%	N	%
If you are American Indian or Alaskan Native, which group best describes you? (If more than one describes you, mark ALL that apply)	Anishinaabe/Ojibwe	73	2%	47	2%
	Dakota/Lakota	37	1%	21	1%
	Other tribal affiliation	67	2%	31	1%
If you are Asian or Asian American, which group best describes you? (If more than one describes you, mark ALL that apply)	Asian Indian	40	1%	18	1%
	Burmese	2	0%	6	0%
	Chinese	37	1%	32	1%
	Filipino	18	0%	17	1%
	Hmong	157	4%	103	4%
	Karen	30	1%	28	1%
	Korean	35	1%	18	1%
	Lao	22	1%	10	0%
	Vietnamese	32	1%	29	1%
	Other Asian	76	2%	36	1%
If you are Black, African or African American, which group best describes you? (If more than one describes you, mark ALL that apply)	African American	253	6%	105	4%
	Ethiopian – Oromo	20	0%	10	0%
	Ethiopian – other	30	1%	12	0%
	Liberian	31	1%	23	1%
	Nigerian	16	0%	9	0%
	Somali	202	5%	121	5%
	Other Black, African or African American	121	3%	49	2%
If you are Hispanic or Latino/Latina, which group best describes you? (If more than one describes you, mark ALL that apply)	Colombian	6	0%	7	0%
	Ecuadoran	26	1%	11	0%
	Guatemalan	45	1%	21	1%
	Mexican	322	8%	180	7%
	Puerto Rican	24	1%	14	1%
	Salvadoran	27	1%	18	1%
	Spanish/Spanish-American	97	2%	49	2%
	Other Hispanic or Latino/Latina	68	2%	32	1%

[^] All questions on this table were new in 2019.

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TABLE 2
SEXUAL ORIENTATION; GENDER IDENTITY; GENDER EXPRESSION*
I don't describe myself in any of these ways

		Grade			
		9th		11th	
		Male	Female	Male	Female
		%	%	%	%
A person's appearance, style, dress, or the way they walk or talk may affect how people describe them. How do you think other people at school would describe you?*	Very or mostly feminine	3%	45%	2%	46%
	Somewhat feminine	5%	31%	3%	27%
	Equally feminine and masculine	18%	20%	16%	24%
	Somewhat masculine	27%	3%	29%	3%
	Very or mostly masculine	47%	2%	49%	1%
Are you transgender, genderqueer, or genderfluid?^	Yes	1%	2%	1%	1%
	No	91%	91%	90%	92%
	I am not sure about my gender identity	2%	2%	2%	2%
	I am not sure what this question means	6%	5%	6%	4%
IF TRANSGENDER, GENDERQUEER OR GENDERFLUID: How do you describe yourself?^^	Male, trans male, trans man, or trans masculine	50%	23%	31%	22%
	Female, trans female, trans woman, or trans feminine	0%	19%	15%	17%
	Non-binary, genderqueer, or genderfluid	29%	35%	15%	39%
	I prefer to describe my gender as something else	21%	23%	38%	22%

* 5th grade survey did not ask these questions.
 ** 8th grade survey did not ask these questions.
 ^ Change in question wording from 2016.
 ^^ New question in 2019.

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**TABLE 3
SCHOOL PLANS; ACADEMIC ADVISING; IEP; ACADEMIC
PERFORMANCE**

I don't describe myself in any of these ways

		Grade			
		9th		11th	
		Male	Female	Male	Female
		%	%	%	%
What is the MAIN thing you plan to do right AFTER high school?*	I don't plan to graduate from high school	1%	1%	1%	0%
	Get my GED	2%	2%	1%	1%
	Go to a two-year community or technical college	14%	8%	25%	20%
	Go to a four-year college or university	48%	68%	45%	61%
	Get a license or certificate in a career field	3%	5%	2%	4%
	Attend an apprenticeship program	0%	0%	1%	0%
	Join the military	6%	3%	6%	3%
	Work at a job	14%	7%	10%	7%
	Other	12%	6%	8%	4%
Has an adult in your school helped you think about education options for after high school (college or other training program)?**	Yes	64%	63%	76%	77%
	No	36%	37%	24%	23%
Has an adult in your school helped you find career-focused field experiences (job shadowing, work-based learning, service learning, career camps, apprenticeships)?**	Yes	48%	40%	56%	51%
	No	52%	60%	44%	49%
Do you receive special education services as part of an individual education plan or IEP?	Yes	17%	11%	20%	14%
	No	57%	61%	62%	67%
	Not sure	27%	28%	19%	19%
How would you describe your grades this school year?	Mostly A's	28%	44%	25%	41%
	Mostly B's	39%	34%	39%	38%
	Mostly C's	22%	15%	25%	15%
	Mostly D's	7%	3%	6%	4%
	Mostly F's	2%	1%	2%	1%
	Mostly Incompletes	1%	1%	1%	1%
	None of these letter grades	1%	1%	1%	1%

* 5th grade survey did not ask this question.

**5th and 8th grade surveys did not ask these questions.

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**TABLE 4
SCHOOL ATTENDANCE[^]**

I don't describe myself in any of these ways

		Grade			
		9th		11th	
		Male %	Female %	Male %	Female %
During the last 30 days, how many times did you miss a full day of school? (Do not include school-sponsored activities like field trips, sports, academic or music events)	None	46%	45%	45%	40%
	Once or twice	37%	38%	38%	38%
	3 to 5 times	12%	12%	11%	15%
	6 to 9 times	3%	3%	3%	5%
	10 or more times	2%	2%	2%	2%
During the last 30 days, how many times did you miss part of a day of school such as coming late, leaving early or missing class time during the day? (Do not include school-sponsored activities like field trips, sports, academic or music events)	None	45%	38%	42%	36%
	Once or twice	38%	42%	36%	38%
	3 to 5 times	12%	13%	13%	17%
	6 to 9 times	3%	4%	4%	5%
	10 or more times	2%	3%	5%	5%
AMONG THOSE WHO MISSED PART OF OR A FULL DAY OF SCHOOL: What are the reasons you missed a full or part of a day of school in the last 30 days? (Mark ALL that apply)	Illness (feeling physically sick), including problems with breathing or your teeth	49%	55%	51%	57%
	Medical, dental or other health-related appointment	38%	49%	34%	49%
	Vacation or trip	17%	15%	16%	15%
	Felt very sad, hopeless, anxious, stressed or angry	7%	17%	8%	19%
	Didn't get enough sleep	14%	17%	19%	21%
	Didn't feel safe at school	2%	3%	2%	2%
	Missed your ride or didn't have a way to get to school	11%	13%	10%	9%
	Had to work	2%	1%	4%	2%
	Had to take care of or help a family member or friend	4%	6%	5%	8%
	Had no place to shower or wash clothes	0%	1%	0%	0%
	Wanted to use alcohol or drugs	1%	1%	2%	1%
	Behind in schoolwork or not prepared for a test or class assignment	4%	8%	8%	13%
	Bored with or not interested in school	7%	8%	10%	10%
	Suspended from school	2%	2%	1%	1%
Other reason	23%	19%	22%	19%	

[^] All questions on this table were new in 2019.

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**TABLE 5
DISCIPLINE; FEELINGS ABOUT SCHOOL**

I don't describe myself in any of these ways

		Grade			
		9th		11th	
		Male	Female	Male	Female
		%	%	%	%
During the last 30 days, how many times did you get sent out of the classroom for discipline?^	None	88%	94%	90%	96%
	Once or twice	9%	4%	7%	3%
	3 to 5 times	2%	1%	1%	0%
	6 to 9 times	1%	1%	1%	0%
	10 or more times	1%	0%	1%	0%
How often do you care about doing well in school?	All of the time	38%	52%	38%	52%
	Most of the time	44%	36%	41%	38%
	Some of the time	16%	11%	18%	10%
	None of the time	2%	1%	3%	1%
How often do you go to class unprepared?	All of the time	4%	4%	5%	4%
	Most of the time	9%	5%	9%	4%
	Some of the time	46%	38%	44%	37%
	None of the time	42%	54%	42%	54%
How often do you pay attention in class?	All of the time	22%	27%	24%	28%
	Most of the time	61%	60%	59%	60%
	Some of the time	16%	12%	16%	11%
	None of the time	1%	0%	1%	1%

^ New question in 2019.

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**TABLE 6
FEELINGS ABOUT SCHOOL**

I don't describe myself in any of these ways

<i>How much do you agree or disagree with each of the following statements?</i>		Grade			
		9th		11th	
		Male %	Female %	Male %	Female %
If something interests me, I try to learn more about it.	Strongly agree	45%	46%	56%	54%
	Agree	52%	52%	42%	44%
	Disagree	3%	2%	2%	1%
	Strongly disagree	1%	0%	1%	1%
I think things I learn at school are useful.	Strongly agree	16%	14%	14%	15%
	Agree	55%	60%	53%	60%
	Disagree	22%	21%	24%	21%
	Strongly disagree	7%	4%	9%	4%
Being a student is one of the most important parts of who I am.	Strongly agree	18%	18%	16%	19%
	Agree	47%	46%	44%	48%
	Disagree	28%	30%	30%	27%
	Strongly disagree	8%	7%	10%	6%
Overall, adults at my school treat students fairly.	Strongly agree	21%	20%	21%	18%
	Agree	59%	56%	59%	60%
	Disagree	15%	19%	15%	18%
	Strongly disagree	5%	5%	5%	5%
Adults at my school listen to the students.	Strongly agree	19%	17%	19%	14%
	Agree	57%	57%	56%	58%
	Disagree	20%	22%	20%	24%
	Strongly disagree	4%	5%	5%	4%
The school rules are fair.	Strongly agree	18%	18%	16%	15%
	Agree	57%	56%	57%	61%
	Disagree	19%	22%	20%	20%
	Strongly disagree	6%	5%	7%	4%
At my school, teachers care about students.	Strongly agree	26%	25%	24%	23%
	Agree	60%	60%	61%	63%
	Disagree	11%	13%	12%	11%
	Strongly disagree	3%	3%	3%	2%
Most teachers at my school are interested in me as a person.	Strongly agree	14%	13%	16%	14%
	Agree	53%	49%	52%	52%
	Disagree	26%	31%	24%	28%
	Strongly disagree	7%	7%	7%	6%

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TABLE 7A
PRESENCE OF A SCHOOL RESOURCE/POLICE OFFICER*
I don't describe myself in any of these ways

		Grade			
		9th		11th	
		Male	Female	Male	Female
		%	%	%	%
Is there a police officer or School Resource Officer (SRO) at your school?	Yes	77%	75%	79%	78%
	No	7%	6%	9%	7%
	I don't know	16%	19%	12%	15%

* 5th grade survey did not ask this question.

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**TABLE 7B
INTERACTIONS WITH A SCHOOL RESOURCE/POLICE OFFICER*
*I don't describe myself in any of these ways***

INCLUDES ONLY THOSE WHO HAVE A SCHOOL RESOURCE (SRO) OR POLICE OFFICER AT THEIR SCHOOL		Grade			
		9th		11th	
		Male	Female	Male	Female
		%	%	%	%
If I knew about something unsafe or illegal at my school, I would tell the SRO or police officer.	Strongly agree	24%	29%	24%	26%
	Agree	46%	45%	45%	48%
	Disagree	22%	22%	21%	21%
	Strongly disagree	8%	4%	10%	5%
I would feel comfortable going to my school's SRO or police officer if I was having problems or needed help.	Strongly agree	19%	17%	22%	21%
	Agree	48%	44%	50%	44%
	Disagree	25%	32%	21%	29%
	Strongly disagree	8%	7%	7%	7%
I think it is a good idea to have an SRO or police officer at our school.	Strongly agree	52%	54%	48%	53%
	Agree	41%	41%	45%	43%
	Disagree	5%	3%	5%	3%
	Strongly disagree	3%	1%	2%	2%

* 5th grade survey did not ask these questions.

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TABLE 8 PERCEPTIONS OF SAFETY

I don't describe myself in any of these ways

<i>How much do you agree or disagree with each of the following statements?</i>		Grade			
		9th		11th	
		Male	Female	Male	Female
		%	%	%	%
I feel safe going to and from school.	Strongly agree	45%	40%	49%	43%
	Agree	49%	53%	45%	52%
	Disagree	5%	6%	3%	4%
	Strongly disagree	2%	1%	2%	1%
I feel safe at school.	Strongly agree	38%	31%	41%	36%
	Agree	51%	55%	48%	54%
	Disagree	9%	11%	8%	8%
	Strongly disagree	2%	2%	3%	2%
I feel safe in my neighborhood.	Strongly agree	55%	48%	54%	49%
	Agree	41%	47%	40%	46%
	Disagree	3%	5%	4%	3%
	Strongly disagree	1%	1%	2%	1%
I feel safe at home.	Strongly agree	69%	60%	68%	64%
	Agree	28%	36%	29%	33%
	Disagree	2%	3%	2%	2%
	Strongly disagree	1%	1%	1%	1%

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TABLE 9A
AFTER SCHOOL SUPERVISION

I don't describe myself in any of these ways

<i>During a typical week, how often do you go to the following places after school?</i>		Grade			
		9th		11th	
		Male	Female	Male	Female
		%	%	%	%
I stay at my school or go to another school	0 days	61%	55%	63%	58%
	1 day	9%	13%	9%	11%
	2 days	6%	7%	4%	8%
	3 to 4 days	6%	7%	6%	6%
	5 days	18%	19%	17%	17%
My home or another home such as a friend's, relative's or neighbor's	0 days	20%	17%	19%	19%
	1 day	14%	14%	11%	12%
	2 days	11%	12%	11%	12%
	3 to 4 days	11%	12%	11%	14%
	5 days	44%	44%	48%	42%
A rec, community or other youth center	0 days	81%	85%	82%	88%
	1 day	9%	9%	7%	6%
	2 days	5%	3%	5%	2%
	3 to 4 days	3%	2%	4%	2%
	5 days	2%	1%	2%	1%
A park or other outdoor space	0 days	63%	73%	68%	77%
	1 day	16%	12%	12%	9%
	2 days	11%	8%	9%	9%
	3 to 4 days	6%	4%	5%	3%
	5 days	5%	3%	6%	2%
A library	0 days	86%	83%	88%	84%
	1 day	9%	11%	7%	10%
	2 days	2%	3%	3%	5%
	3 to 4 days	2%	1%	1%	2%
	5 days	1%	1%	1%	1%
A church, synagogue, mosque, or other spiritual/religious place	0 days	69%	65%	75%	70%
	1 day	22%	24%	17%	20%
	2 days	6%	7%	5%	6%
	3 to 4 days	2%	2%	1%	3%
	5 days	2%	2%	2%	1%
A job*	0 days	83%	85%	56%	48%
	1 day	5%	5%	6%	7%
	2 days	5%	4%	11%	16%
	3 to 4 days	5%	4%	18%	21%
	5 days	3%	2%	9%	8%

* 5th and 8th grade surveys did not ask this question.

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TABLE 10A BEING BULLIED FOR SPECIFIC REASONS

I don't describe myself in any of these ways

<i>During the last 30 days, how often have other students harassed or bullied you for any of the following reasons?</i>		Grade			
		9th		11th	
		Male	Female	Male	Female
		%	%	%	%
Your race, ethnicity or national origin	Never	85%	87%	88%	89%
	Once or twice	10%	10%	7%	8%
	About once a week	3%	1%	3%	1%
	Several times a week	1%	1%	1%	1%
	Every day	2%	1%	1%	0%
Your religion	Never	91%	91%	91%	91%
	Once or twice	5%	6%	5%	7%
	About once a week	2%	1%	2%	1%
	Several times a week	1%	1%	1%	0%
	Every day	1%	1%	1%	1%
Your gender (being male, female, transgender, etc.)[^]	Never	94%	91%	94%	93%
	Once or twice	3%	6%	3%	4%
	About once a week	1%	1%	1%	1%
	Several times a week	1%	1%	1%	1%
	Every day	1%	1%	1%	1%
Your gender expression (your style, dress, or the way you walk or talk)[*]	Never	84%	78%	89%	85%
	Once or twice	11%	15%	6%	10%
	About once a week	3%	3%	2%	2%
	Several times a week	1%	2%	1%	1%
	Every day	2%	2%	1%	1%

* 5th and 8th grade surveys did not ask this question.

[^] On the 5th grade survey, this item was worded "Your gender (being male or female)".

2019 Minnesota Student Survey

TABLE 10B BEING BULLIED FOR SPECIFIC REASONS

I don't describe myself in any of these ways

<i>During the last 30 days, how often have other students harassed or bullied you for any of the following reasons?</i>		Grade			
		9th		11th	
		Male	Female	Male	Female
		%	%	%	%
Because you are gay, lesbian, or bisexual or because someone thought you were*	Never	94%	94%	95%	96%
	Once or twice	3%	4%	2%	2%
	About once a week	1%	1%	1%	1%
	Several times a week	1%	0%	1%	0%
	Every day	1%	0%	1%	0%
A physical or mental disability	Never	90%	92%	91%	92%
	Once or twice	5%	6%	5%	6%
	About once a week	2%	1%	2%	2%
	Several times a week	1%	1%	1%	0%
	Every day	2%	1%	1%	1%
Your size or weight	Never	78%	76%	84%	81%
	Once or twice	13%	17%	10%	13%
	About once a week	4%	4%	3%	4%
	Several times a week	2%	2%	2%	1%
	Every day	2%	2%	2%	1%
Your physical appearance	Never	76%	72%	81%	79%
	Once or twice	16%	20%	13%	15%
	About once a week	4%	4%	3%	3%
	Several times a week	2%	2%	2%	1%
	Every day	2%	2%	2%	1%

* 5th and 8th grade surveys did not ask this question.

2019 Minnesota Student Survey

**TABLE 11A
BEING CYBERBULLIED**

I don't describe myself in any of these ways

		Grade			
		9th		11th	
		Male	Female	Male	Female
		%	%	%	%
During the last 30 days, how often have you been cyberbullied? (Count being bullied through texting, Instagram, Snapchat or other social media)^	Never	89%	83%	90%	86%
	Once or twice	8%	13%	6%	11%
	About once a week	1%	2%	1%	1%
	Several times a week	1%	1%	1%	1%
	Every day	1%	1%	2%	1%

^ Change in question wording from 2016.

2019 Minnesota Student Survey

**TABLE 11B
BEING BULLIED OR HARASSED AT SCHOOL**

I don't describe myself in any of these ways

		Grade				
		9th		11th		
		Male %	Female %	Male %	Female %	
During the last 30 days, on how many days have other students at school...	...pushed, shoved, slapped, hit or kicked you when they weren't kidding around?	Never	86%	88%	91%	92%
	Once or twice	10%	9%	6%	6%	
	About once a week	2%	2%	1%	1%	
	Several times a week	1%	1%	1%	1%	
	Every day	1%	1%	1%	0%	
...threatened to beat you up?	Never	86%	89%	92%	93%	
	Once or twice	10%	8%	5%	5%	
	About once a week	2%	1%	2%	1%	
	Several times a week	1%	1%	1%	1%	
	Every day	1%	1%	1%	0%	
...spread mean rumors or lies about you?	Never	80%	66%	83%	71%	
	Once or twice	15%	25%	13%	22%	
	About once a week	2%	4%	2%	3%	
	Several times a week	1%	3%	1%	2%	
	Every day	1%	3%	1%	2%	
...made sexual jokes, comments or gestures towards you?*	Never	86%	78%	88%	83%	
	Once or twice	8%	14%	6%	13%	
	About once a week	3%	4%	2%	1%	
	Several times a week	1%	3%	2%	2%	
	Every day	3%	2%	2%	1%	
...excluded you from friends, other students or activities?	Never	83%	65%	87%	73%	
	Once or twice	12%	23%	9%	19%	
	About once a week	2%	6%	2%	3%	
	Several times a week	2%	4%	1%	2%	
	Every day	2%	3%	2%	2%	
Bullied once or more in the last 30 days^	No	62%	45%	71%	54%	
	Yes	38%	55%	29%	46%	
Bullied weekly or more in the last 30 days^	No	87%	79%	89%	87%	
	Yes	13%	21%	11%	13%	
Bullied daily in the last 30 days^	No	95%	94%	96%	97%	
	Yes	5%	6%	4%	3%	

* 5th grade survey did not ask this question.

^ These are computed variables based on combinations of responses to the first five questions on this table.

2019 Minnesota Student Survey

**TABLE 12
BULLYING OR HARASSING OTHER STUDENTS AT SCHOOL**

I don't describe myself in any of these ways

		Grade			
		9th		11th	
		Male %	Female %	Male %	Female %
During the last 30 days, how many times at school have YOU...					
...pushed, shoved, slapped, hit or kicked someone when you weren't kidding around?	Never	90%	94%	93%	97%
	Once or twice	8%	5%	5%	3%
	About once a week	1%	0%	1%	0%
	Several times a week	0%	0%	1%	0%
	Every day	1%	0%	1%	0%
...threatened to beat someone up?	Never	89%	93%	89%	96%
	Once or twice	8%	6%	8%	3%
	About once a week	1%	0%	1%	1%
	Several times a week	1%	0%	1%	0%
	Every day	1%	0%	1%	0%
...spread mean rumors or lies about someone else?	Never	93%	91%	94%	95%
	Once or twice	5%	7%	4%	4%
	About once a week	1%	1%	1%	0%
	Several times a week	1%	0%	0%	0%
	Every day	1%	0%	1%	0%
...made sexual jokes, comments or gestures towards someone else?*	Never	88%	95%	89%	97%
	Once or twice	8%	4%	6%	3%
	About once a week	2%	1%	2%	0%
	Several times a week	1%	1%	1%	0%
	Every day	2%	0%	2%	0%
...excluded someone from friends, other students or activities?	Never	90%	89%	92%	93%
	Once or twice	7%	10%	5%	6%
	About once a week	1%	1%	1%	1%
	Several times a week	1%	0%	0%	0%
	Every day	1%	0%	1%	0%

* 5th grade survey did not ask this question.

2019 Minnesota Student Survey

**TABLE 13A
AVAILABILITY OF COMMUNITY PROGRAMS**

I don't describe myself in any of these ways

		Grade			
		9th		11th	
		Male	Female	Male	Female
		%	%	%	%
Does your school or community offer a variety of programs for people your age to participate in outside of the regular school day?	Yes	65%	65%	67%	63%
	No	8%	8%	10%	10%
	I don't know what programs are available in my community	27%	27%	23%	26%

2019 Minnesota Student Survey

**TABLE 13B
ENRICHMENT ACTIVITIES**

I don't describe myself in any of these ways

<i>During a typical week, how often do you participate in the following activities outside of the regular school day?</i>		Grade			
		9th		11th	
		Male	Female	Male	Female
		%	%	%	%
Sports teams, such as park and rec teams, school teams, in-house teams or traveling teams	0 days	46%	49%	48%	59%
	1 day	5%	5%	7%	5%
	2 days	8%	7%	6%	5%
	3 to 4 days	12%	13%	10%	10%
	5 or more days	30%	26%	29%	22%
School sponsored activities or clubs that are not sports, such as drama, music, chess or science club	0 days	81%	75%	79%	72%
	1 day	7%	10%	7%	11%
	2 days	4%	6%	6%	8%
	3 to 4 days	3%	4%	3%	5%
	5 or more days	5%	5%	5%	5%
Tutoring, homework help or academic programs	0 days	85%	84%	84%	83%
	1 day	7%	9%	8%	9%
	2 days	4%	4%	5%	5%
	3 to 4 days	2%	2%	2%	2%
	5 or more days	2%	2%	1%	1%
Leadership activities such as student government, youth councils or committees	0 days	93%	90%	89%	85%
	1 day	4%	6%	7%	9%
	2 days	2%	2%	2%	4%
	3 to 4 days	1%	1%	1%	1%
	5 or more days	1%	1%	1%	1%

2019 Minnesota Student Survey

**TABLE 13C
ENRICHMENT ACTIVITIES**

I don't describe myself in any of these ways

<i>During a typical week, how often do you participate in the following activities outside of the regular school day?</i>		Grade			
		9th		11th	
		Male	Female	Male	Female
		%	%	%	%
Artistic lessons, such as music or dance	0 days	90%	77%	90%	84%
	1 day	4%	10%	5%	8%
	2 days	2%	5%	3%	3%
	3 to 4 days	1%	3%	1%	2%
	5 or more days	2%	5%	1%	3%
Physical activity lessons, such as tennis or karate	0 days	83%	84%	87%	87%
	1 day	5%	4%	4%	4%
	2 days	4%	4%	4%	3%
	3 to 4 days	3%	4%	3%	3%
	5 or more days	5%	4%	3%	3%
Other community clubs and programs such as 4-H, Scouts, Y-clubs or Community Ed	0 days	91%	90%	91%	91%
	1 day	5%	5%	5%	6%
	2 days	2%	3%	2%	2%
	3 to 4 days	1%	1%	1%	1%
	5 or more days	1%	1%	1%	1%
Religious activities such as religious services, education or youth group	0 days	74%	65%	78%	70%
	1 day	19%	25%	15%	21%
	2 days	4%	8%	4%	7%
	3 to 4 days	1%	1%	1%	2%
	5 or more days	1%	1%	1%	1%

2019 Minnesota Student Survey

TABLE 14
QUALITY OF YOUTH ACTIVITIES[^]

I don't describe myself in any of these ways

<i>When you spend time doing activities outside of the regular school day, how often do you...</i>		Grade			
		9th		11th	
		Male	Female	Male	Female
		%	%	%	%
...feel safe?	Rarely or never	6%	3%	6%	3%
	Sometimes	11%	10%	8%	10%
	Often	28%	38%	32%	35%
	Very often	55%	49%	54%	51%
...learn skills like teamwork or leadership?	Rarely or never	15%	10%	13%	11%
	Sometimes	27%	28%	25%	24%
	Often	32%	36%	33%	35%
	Very often	26%	26%	29%	29%
...develop trusting relationships with peers your age?	Rarely or never	13%	12%	13%	12%
	Sometimes	23%	27%	22%	27%
	Often	35%	34%	35%	33%
	Very often	28%	28%	30%	28%
...develop trusting relationships with adults?	Rarely or never	16%	15%	13%	14%
	Sometimes	28%	31%	24%	29%
	Often	32%	32%	36%	33%
	Very often	25%	23%	28%	24%
...help make decisions?	Rarely or never	13%	10%	12%	10%
	Sometimes	28%	32%	25%	27%
	Often	35%	36%	36%	38%
	Very often	24%	22%	27%	25%
...do something that gives you joy and energy?	Rarely or never	9%	6%	10%	7%
	Sometimes	19%	21%	16%	20%
	Often	32%	31%	34%	35%
	Very often	40%	42%	40%	37%
...learn skills that you can use in a future job?	Rarely or never	15%	15%	14%	12%
	Sometimes	28%	32%	24%	30%
	Often	30%	30%	32%	33%
	Very often	27%	24%	30%	25%

[^] These items are a subscale of the Constructive Use of Time Scale from the Developmental Assets Profile (DAP) (Search Institute, Minneapolis, MN).

2019 Minnesota Student Survey

**TABLE 15
LIVING SITUATIONS**

I don't describe myself in any of these ways

		Grade			
		9th		11th	
		Male	Female	Male	Female
		%	%	%	%
Have you ever been in foster care? (Mark ALL that apply)^	No	96%	96%	96%	95%
	Yes, during the last year	1%	1%	2%	1%
	Yes, more than a year ago	3%	3%	2%	4%
During the past 12 months, have you stayed in a shelter, somewhere not intended as a place to live, or someone else's home because you had no other place to stay? (Mark ALL that apply)*	No	92%	94%	93%	95%
	Yes, I was with my parents or adult family member	7%	6%	6%	4%
	Yes, I was on my own without any adult family members	1%	1%	1%	1%
Have any of your parents or guardians ever been in jail or prison? (Mark ALL that apply)*	None of my parents or guardians has ever been in jail or prison	84%	83%	85%	83%
	Yes, I have a parent or guardian in jail or prison right now	3%	3%	2%	2%
	Yes, I have had a parent or guardian in jail or prison in the past	15%	15%	14%	16%
IF YOU HAVE OR HAVE HAD A PARENT OR GUARDIAN IN JAIL OR PRISON: Did you live with a parent or guardian at the time they went to jail or prison?^*	Yes	50%	60%	53%	60%
	No	50%	40%	47%	40%

^ New question in 2019.

* 5th grade survey did not ask this question.

2019 Minnesota Student Survey

TABLE 16
COMMUNICATION WITH ADULTS

I don't describe myself in any of these ways

		Grade			
		9th		11th	
		Male	Female	Male	Female
		%	%	%	%
Which of these adults can you talk to about problems you are having? (Mark ALL that apply)^	Parent or guardian	83%	79%	80%	75%
	Adult at school	29%	28%	32%	29%
	Some other adult	22%	27%	27%	32%
	I don't have any adults that I can talk to about problems I am having	10%	13%	12%	14%

^ New question in 2019.

2019 Minnesota Student Survey

**TABLE 17
PERCEPTIONS OF FAMILY AND OTHERS CARING**

I don't describe myself in any of these ways

		Grade			
		9th		11th	
		Male	Female	Male	Female
		%	%	%	%
How much do you feelyour parents care about you?	Not at all	2%	2%	2%	2%
	A little	2%	5%	4%	5%
	Some	6%	9%	6%	8%
	Quite a bit	16%	16%	17%	17%
	Very much	74%	67%	71%	67%
...other adult relatives care about you?	Not at all	2%	3%	3%	3%
	A little	4%	7%	6%	6%
	Some	11%	15%	13%	17%
	Quite a bit	29%	26%	28%	27%
	Very much	54%	50%	50%	47%
...friends care about you?	Not at all	3%	2%	3%	2%
	A little	5%	7%	7%	7%
	Some	18%	17%	18%	18%
	Quite a bit	37%	31%	35%	33%
	Very much	36%	42%	37%	40%
...teachers/other adults at school care about you?	Not at all	8%	8%	8%	8%
	A little	14%	16%	15%	17%
	Some	30%	32%	28%	31%
	Quite a bit	27%	25%	27%	26%
	Very much	21%	18%	21%	19%
...adults in your community care about you?	Not at all	13%	13%	14%	15%
	A little	16%	20%	17%	19%
	Some	28%	30%	28%	28%
	Quite a bit	24%	21%	23%	21%
	Very much	19%	17%	19%	17%

2019 Minnesota Student Survey

**TABLE 18
ADVERSE CHILDHOOD EXPERIENCES***

I don't describe myself in any of these ways

		Grade			
		9th		11th	
		Male	Female	Male	Female
		%	%	%	%
Do you live with anyone who drinks too much alcohol?	Yes	8%	12%	9%	11%
	No	92%	88%	91%	89%
Do you live with anyone who uses illegal drugs or abuses prescription drugs?	Yes	3%	7%	5%	5%
	No	97%	93%	95%	95%
Do you live with anyone who is depressed or has any other mental health issues?^	Yes	13%	27%	17%	31%
	No	87%	73%	83%	69%
Does a parent or other adult in your home regularly swear at you, insult you or put you down?	Yes	12%	19%	10%	16%
	No	88%	81%	90%	84%
Has a parent or other adult in your home ever hit, beat, kicked or physically hurt you in any way?	Yes	11%	13%	9%	10%
	No	89%	87%	91%	90%
Have your parents or other adults in your home ever slapped, hit, kicked, punched or beat each other up?	Yes	7%	10%	6%	8%
	No	93%	90%	94%	92%
Has anyone who was not a relative/family member ever pressured, tricked, or forced you to do something sexual or done something sexual to you against your wishes?^^	Yes	2%	6%	2%	8%
	No	98%	94%	98%	92%
Has any relative/family member ever pressured, tricked, or forced you to do something sexual or done something sexual to you?^^	Yes	1%	5%	1%	5%
	No	99%	95%	99%	95%
Have you ever traded sex or sexual activity to receive money, food, drugs, alcohol, a place to stay, or anything else?^**	Yes	1%	1%	1%	1%
	No	99%	99%	99%	99%
ACEs Score-short^^^	None	62%	52%	60%	49%
	One	20%	20%	23%	24%
	Two	10%	10%	7%	12%
	Three	4%	7%	4%	7%
	Four or more	4%	11%	5%	8%

* 5th grade survey did not ask these questions.

** 8th grade survey did not ask this question.

^ New question in 2019.

^^ Change in question wording from 2016.

^^^ An adverse childhood experience (ACE) describes a traumatic experience in a person's life occurring before age 18. The ACEs Score-short is a measure of cumulative exposure to adverse childhood conditions, and combines the responses to all but the last question in this table plus the responses to the first question about parental incarceration (See Table 15).

2019 Minnesota Student Survey

TABLE 19 RELATIONSHIP VIOLENCE*^

I don't describe myself in any of these ways

		Grade			
		9th		11th	
		Male	Female	Male	Female
		%	%	%	%
Have you been in a casual or serious relationship where your partner ever physically hurt you on purpose?	Yes	5%	4%	6%	6%
	No	95%	96%	94%	94%
Have you been in a casual or serious relationship where your partner ever verbally hurt or controlled you?	Yes	8%	13%	9%	17%
	No	92%	87%	91%	83%
Have you been in a casual or serious relationship where your partner ever pressured, tricked, or forced you to do something sexual, or did something sexual to you against your wishes?***	Yes	4%	8%	4%	13%
	No	96%	92%	96%	87%
Have YOU ever pressured, tricked, or forced someone to do something sexual, or have YOU done something sexual to someone against their wishes?***	Yes	2%	2%	3%	1%
	No	94%	96%	93%	97%
	Not sure	4%	2%	4%	2%

* 5th grade survey did not ask these questions.

** 8th grade survey did not ask this question.

^ All questions on this table were new in 2019.

2019 Minnesota Student Survey

**TABLE 20
GENERAL HEALTH AND HEALTH CONDITIONS**

I don't describe myself in any of these ways

		Grade			
		9th		11th	
		Male %	Female %	Male %	Female %
How would you describe your health in general?	Excellent	33%	21%	33%	20%
	Very good	36%	37%	33%	35%
	Good	24%	31%	23%	32%
	Fair	6%	10%	7%	11%
	Poor	1%	1%	3%	3%
Do you have any physical disabilities, or long-term health problems (such as asthma, cancer, diabetes, epilepsy or something else)? Long-term means lasting 6 months or more.	Yes	12%	14%	11%	15%
	No	88%	86%	89%	85%
Has a doctor or nurse ever told you that you have diabetes?^	Yes	2%	1%	2%	2%
	No	98%	99%	98%	98%
Has a doctor or nurse ever told you that you have pre-diabetes?^	Yes	2%	2%	2%	1%
	No	98%	98%	98%	99%
Has a doctor or nurse ever told you that you have asthma?	Yes	16%	15%	14%	17%
	No	84%	85%	86%	83%
Has a doctor or nurse ever told you that you have an allergy that requires you to carry an epi-pen?	Yes	5%	5%	5%	3%
	No	95%	95%	95%	97%
Do you have any long-term mental health, behavioral or emotional problems? Long-term means lasting 6 months or more.*	Yes	13%	24%	15%	27%
	No	87%	76%	85%	73%
Weight status* according to Body Mass Index (BMI)**	Normal or underweight	73%	76%	71%	78%
	Overweight	14%	14%	14%	14%
	Obese	13%	9%	15%	8%

^ New question in 2019.

* 5th grade survey did not ask this question.

** Body Mass Index (BMI) is a number calculated from a child's self-reported weight and height. BMI is calculated using a standard formula. BMI-for-age percentiles are used to interpret BMI numbers for children and teens. CDC BMI-for-age growth charts were used to determine weight status according to BMI for participants in the Minnesota Student Survey.

Not overweight: Less than the 85th percentile
Overweight: 85th to less than the 95th percentile
Obese: Equal to or greater than the 95th percentile

2019 Minnesota Student Survey

TABLE 21
RECEIPT OF TREATMENT; ORAL HEALTH

I don't describe myself in any of these ways

		Grade			
		9th		11th	
		Male	Female	Male	Female
		%	%	%	%
Have you ever been treated for a mental health, emotional or behavioral problem? (Mark ALL that apply)*	No	83%	79%	83%	74%
	Yes, during the last year	10%	15%	10%	17%
	Yes, more than a year ago	9%	10%	9%	13%
Have you ever been treated for an alcohol or drug problem? (Mark ALL that apply)*	No	97%	98%	96%	97%
	Yes, during the last year	2%	1%	3%	2%
	Yes, more than a year ago	1%	1%	1%	1%
When was the last time you saw a dentist for a check-up, exam or teeth cleaning or other dental work?^	During the last year	78%	81%	75%	77%
	Between 1 and 2 years ago	13%	11%	14%	13%
	More than 2 years ago	7%	5%	8%	7%
	Never	3%	2%	3%	3%
Have you any of the following dental problems during the past 12 months? (Mark ALL that apply)^^	Toothaches or pain	15%	20%	18%	21%
	Decayed teeth or cavities	11%	11%	11%	14%
	Swollen, painful or bleeding gums	8%	9%	7%	8%
	Could not eat certain foods because of a dental problem	4%	6%	3%	6%
	Missed one or more school days because of a dental problem	6%	7%	6%	6%
	I have not had any of these dental health problems	69%	65%	69%	66%
IF ONE OR MORE DENTAL PROBLEMS: Have you had this dental problem treated by a dentist?^^	Yes	68%	69%	65%	64%
	No, but I will see a dentist	25%	26%	26%	28%
	No, I am not able to get dental treatment	8%	5%	9%	7%

* 5th grade survey did not ask this question.

^ Change in question wording from 2016.

^^ New question in 2019.

2019 Minnesota Student Survey

**TABLE 22
PHYSICAL ACTIVITY; SLEEP; USE OF INDOOR TANNING DEVICE**

I don't describe myself in any of these ways

		Grade			
		9th		11th	
		Male	Female	Male	Female
		%	%	%	%
During the last 7 days, on how many days were you physically active for a total of AT LEAST 60 MINUTES PER DAY?	0 days	11%	12%	14%	19%
	1 day	6%	8%	5%	11%
	2 days	8%	11%	9%	13%
	3 days	11%	13%	12%	15%
	4 days	10%	14%	13%	11%
	5 days	19%	19%	15%	16%
	6 days	11%	9%	11%	9%
	7 days	24%	13%	21%	7%
During a typical school night, how many hours of sleep do you get?	4 hours or less	5%	6%	9%	8%
	5 hours	8%	10%	10%	14%
	6 hours	17%	19%	23%	24%
	7 hours	27%	29%	30%	30%
	8 hours	29%	27%	21%	18%
	9 hours	9%	7%	6%	6%
	10 or more hours	4%	2%	2%	2%
During the last 12 months, how many times did you use an indoor tanning device such as a sunlamp, sunbed or tanning booth?*	0 times	95%	96%	93%	91%
	1 or 2 times	2%	2%	2%	4%
	3 to 9 times	1%	1%	2%	3%
	10 to 19 times	1%	0%	1%	1%
	20 to 39 times	0%	0%	1%	0%
	40 or more times	1%	0%	1%	0%

* 5th grade survey did not ask this question.

2019 Minnesota Student Survey

**TABLE 23
EATING MEALS**

I don't describe myself in any of these ways

		Grade			
		9th		11th	
		Male	Female	Male	Female
		%	%	%	%
During the last 30 days, have you had to skip meals because your family did not have enough money to buy food?	Yes	6%	6%	7%	8%
	No	94%	94%	93%	92%
During a typical school week, where do you usually get your lunch? (Mark ALL that apply)	I usually don't eat lunch.	9%	17%	15%	19%
	Regular school lunch from the cafeteria	76%	60%	71%	58%
	The a la carte line (buy individual items)	12%	13%	12%	11%
	School store or vending machine	6%	5%	4%	3%
	Fast food restaurant, gas station or somewhere else outside of school	5%	3%	11%	8%
	I bring lunch from home.	18%	33%	18%	34%
Do you currently get free or reduced-price lunch at school?^	Yes	31%	33%	32%	34%
	No	52%	53%	57%	57%
	Not sure	18%	14%	11%	9%

^ Change in question wording from 2016.

2019 Minnesota Student Survey

TABLE 24A
NUTRITION

I don't describe myself in any of these ways

		Grade			
		9th		11th	
		Male	Female	Male	Female
		%	%	%	%
During the last 7 days, how many times did you drink 100% fruit juices such as orange, apple or grape juice? (Do not count punch, Kool-Aid, sports drinks or other fruit-flavored drinks)^	I did NOT eat or drink this	24%	31%	26%	32%
	1 to 3 times in the last 7 days	37%	42%	38%	41%
	4 to 6 times in the last 7 days	15%	10%	16%	11%
	1 time per day	11%	8%	10%	9%
	2 times per day	6%	4%	4%	4%
	3 times per day	3%	2%	2%	1%
	4 or more times per day	5%	3%	4%	2%
During the last 7 days, how many times did you eat fruit? (Do not count fruit juice)^	I did NOT eat or drink this	9%	7%	12%	7%
	1 to 3 times in the last 7 days	26%	27%	29%	33%
	4 to 6 times in the last 7 days	21%	21%	22%	20%
	1 time per day	16%	16%	16%	14%
	2 times per day	14%	14%	11%	15%
	3 times per day	6%	7%	4%	6%
	4 or more times per day	8%	8%	6%	5%
During the last 7 days, how many times did you eat green salad, potatoes, carrots or other vegetables? (Do not count French fries, fried potatoes, or potato chips)	I did NOT eat or drink this	15%	10%	16%	11%
	1 to 3 times in the last 7 days	28%	28%	32%	32%
	4 to 6 times in the last 7 days	19%	19%	20%	19%
	1 time per day	18%	19%	16%	17%
	2 times per day	10%	12%	10%	12%
	3 times per day	4%	5%	4%	4%
	4 or more times per day	6%	5%	4%	6%
During the last 7 days, how many times did you eat from a fast food restaurant, including carry-out or delivery?	I did NOT eat or drink this	27%	28%	22%	24%
	1 to 3 times in the last 7 days	57%	57%	59%	61%
	4 to 6 times in the last 7 days	6%	7%	9%	7%
	1 time per day	6%	5%	5%	4%
	2 times per day	2%	2%	2%	2%
	3 times per day	1%	1%	2%	0%
	4 or more times per day	2%	1%	2%	1%
Servings of fruits, fruit juice and vegetables per day during the last 7 days^^	Less than five	83%	83%	87%	85%
	Five or more	17%	17%	13%	15%

^ Change in question wording from 2016.

^^ This is a computed variable based on combinations of responses to the first three questions on this table.

2019 Minnesota Student Survey

TABLE 24B
NUTRITION^

I don't describe myself in any of these ways

		Grade			
		9th		11th	
		Male %	Female %	Male %	Female %
During the last 7 days, how many times did you drink...					
... a glass of milk?	I did NOT eat or drink this	11%	25%	14%	29%
	1 to 3 times in the last 7 days	18%	24%	18%	23%
	4 to 6 times in the last 7 days	16%	13%	16%	13%
	1 time per day	16%	15%	18%	15%
	2 times per day	18%	12%	16%	12%
	3 times per day	9%	4%	10%	3%
	4 or more times per day	11%	7%	8%	5%
... a can, bottle or glass of pop or soda, such as Coke, Pepsi or Sprite?	I did NOT eat or drink this	25%	39%	26%	44%
	1 to 3 times in the last 7 days	42%	42%	41%	37%
	4 to 6 times in the last 7 days	13%	8%	12%	9%
	1 time per day	10%	7%	11%	5%
	2 times per day	6%	2%	6%	3%
	3 times per day	2%	1%	2%	1%
	4 or more times per day	2%	1%	2%	1%
... a can, bottle or glass of a sports drink, such as Gatorade or Powerade?	I did NOT eat or drink this	38%	59%	38%	63%
	1 to 3 times in the last 7 days	34%	27%	33%	24%
	4 to 6 times in the last 7 days	14%	6%	14%	6%
	1 time per day	8%	4%	8%	3%
	2 times per day	4%	2%	4%	2%
	3 times per day	1%	1%	1%	1%
	4 or more times per day	2%	1%	2%	0%
... a can, bottle or glass of an energy drink, such as Rockstar, Red Bull, Monster or Full Throttle?	I did NOT eat or drink this	72%	86%	69%	83%
	1 to 3 times in the last 7 days	17%	8%	19%	12%
	4 to 6 times in the last 7 days	4%	2%	4%	2%
	1 time per day	4%	2%	4%	2%
	2 times per day	2%	1%	2%	1%
	3 times per day	1%	0%	1%	0%
	4 or more times per day	1%	0%	1%	0%
... a can, bottle or glass of coffee or tea that had sugar, syrups, or honey added to it?	I did NOT eat or drink this	61%	46%	56%	42%
	1 to 3 times in the last 7 days	22%	35%	25%	34%
	4 to 6 times in the last 7 days	5%	9%	7%	11%
	1 time per day	7%	7%	7%	8%
	2 times per day	3%	2%	3%	2%
	3 times per day	1%	1%	1%	1%
	4 or more times per day	1%	1%	2%	1%
... a can, bottle or glass of sweetened fruit drinks, such as Kool-Aid, Capri Sun and lemonade?	I did NOT eat or drink this	49%	52%	50%	57%
	1 to 3 times in the last 7 days	31%	31%	32%	31%
	4 to 6 times in the last 7 days	8%	7%	8%	5%
	1 time per day	7%	5%	6%	3%
	2 times per day	2%	2%	2%	2%
	3 times per day	1%	1%	1%	1%
	4 or more times per day	2%	1%	1%	1%
... a bottle or glass of water?	I did NOT eat or drink this	3%	2%	3%	2%
	1 to 3 times in the last 7 days	8%	7%	6%	8%
	4 to 6 times in the last 7 days	11%	11%	10%	11%
	1 time per day	10%	10%	12%	10%
	2 times per day	14%	14%	14%	15%
	3 times per day	16%	17%	17%	17%
	4 or more times per day	39%	41%	38%	37%

^ All questions on this table were new in 2019.

2019 Minnesota Student Survey

TABLE 25
VEHICLE SAFETY[^]

I don't describe myself in any of these ways

		Grade			
		9th		11th	
		Male	Female	Male	Female
		%	%	%	%
When driving a car, truck or SUV, how often do you send or read text messages or emails?*	I don't drive a car, truck or SUV	68%	77%	27%	28%
	I never do this	23%	19%	35%	34%
	Rarely	4%	2%	18%	20%
	Sometimes	3%	1%	12%	12%
	Often	2%	0%	5%	4%
	Always	1%	1%	3%	2%
When driving a car, truck or SUV, how often do you make or answer a phone call?*	I don't drive a car, truck or SUV	68%	77%	26%	28%
	I never do this	19%	17%	22%	24%
	Rarely	6%	3%	20%	21%
	Sometimes	3%	2%	17%	16%
	Often	2%	1%	8%	8%
	Always	2%	1%	6%	3%
How often do you wear a seat belt when you are driving or riding in a car, truck or SUV?*	I don't ride in a car, truck or SUV	31%	28%	14%	12%
	I never do this	2%	1%	2%	2%
	Rarely	3%	1%	3%	2%
	Sometimes	4%	4%	3%	2%
	Often	10%	10%	8%	4%
	Always	51%	55%	70%	78%

* 5th and 8th grade surveys did not ask this question.

** On the 5th and 8th grade surveys, this question was worded "How often do you wear a seat belt when you are riding in a car, truck or SUV?"

[^] All questions on this table had wording changes from 2016.

2019 Minnesota Student Survey

TABLE 26A
SELF DESCRIPTION[^]

I don't describe myself in any of these ways

<i>In general, how does each of the following statements describe you?</i>		Grade			
		9th		11th	
		Male	Female	Male	Female
		%	%	%	%
I feel in control of my life and future.*	Not at all or rarely	6%	9%	7%	10%
	Somewhat or sometimes	22%	31%	26%	31%
	Very or often	41%	37%	37%	38%
	Extremely or almost always	31%	24%	30%	21%
I feel good about myself.	Not at all or rarely	5%	14%	7%	10%
	Somewhat or sometimes	20%	30%	20%	36%
	Very or often	42%	36%	39%	34%
	Extremely or almost always	33%	20%	34%	19%
I feel good about my future.	Not at all or rarely	7%	9%	8%	10%
	Somewhat or sometimes	21%	28%	24%	34%
	Very or often	39%	36%	37%	33%
	Extremely or almost always	34%	27%	31%	23%
I deal with disappointment without getting too upset.	Not at all or rarely	10%	13%	9%	11%
	Somewhat or sometimes	30%	38%	30%	39%
	Very or often	38%	33%	39%	35%
	Extremely or almost always	22%	16%	23%	14%
I find good ways to deal with things that are hard in my life.	Not at all or rarely	6%	12%	7%	9%
	Somewhat or sometimes	27%	35%	27%	36%
	Very or often	42%	34%	40%	37%
	Extremely or almost always	25%	19%	26%	18%
I am thinking about what my purpose is in life.**	Not at all or rarely	10%	9%	9%	7%
	Somewhat or sometimes	24%	24%	20%	24%
	Very or often	35%	34%	36%	35%
	Extremely or almost always	31%	32%	34%	34%

* On the 5th grade survey, this item was worded "I can shape and influence what happens in my life and future."

** On the 5th grade survey, this item was worded "I think about what I want to do in my life when I grow up."

[^] These items are adapted from the Developmental Assets Profile (DAP) under a license agreement with Search Institute, Minneapolis, MN.

2019 Minnesota Student Survey

TABLE 26B
SELF DESCRIPTION[^]

I don't describe myself in any of these ways

<i>In general, how does each of the following statements describe you?</i>		Grade			
		9th		11th	
		Male	Female	Male	Female
		%	%	%	%
I say no to things that are dangerous or unhealthy.	Not at all or rarely	8%	6%	7%	7%
	Somewhat or sometimes	18%	20%	22%	21%
	Very or often	31%	28%	30%	29%
	Extremely or almost always	44%	46%	41%	44%
I build friendships with other people.	Not at all or rarely	7%	7%	8%	8%
	Somewhat or sometimes	23%	29%	24%	30%
	Very or often	41%	37%	39%	38%
	Extremely or almost always	30%	27%	29%	24%
I express my feelings in proper ways.	Not at all or rarely	11%	13%	10%	11%
	Somewhat or sometimes	28%	33%	29%	35%
	Very or often	39%	35%	38%	36%
	Extremely or almost always	22%	19%	23%	18%
I plan ahead and make good choices.	Not at all or rarely	6%	7%	7%	6%
	Somewhat or sometimes	29%	28%	28%	29%
	Very or often	40%	37%	41%	42%
	Extremely or almost always	26%	28%	25%	23%
I stay away from bad influences.	Not at all or rarely	7%	8%	8%	6%
	Somewhat or sometimes	21%	24%	21%	23%
	Very or often	31%	28%	33%	31%
	Extremely or almost always	40%	40%	38%	39%
I resolve conflicts without anyone getting hurt.	Not at all or rarely	7%	6%	5%	4%
	Somewhat or sometimes	24%	24%	25%	22%
	Very or often	40%	38%	38%	43%
	Extremely or almost always	29%	32%	32%	31%

[^] These items are adapted from the Developmental Assets Profile (DAP) under a license agreement with Search Institute, Minneapolis, MN.

2019 Minnesota Student Survey

TABLE 26C
SELF DESCRIPTION[^]

I don't describe myself in any of these ways

<i>In general, how does each of the following statements describe you?</i>		Grade			
		9th		11th	
		Male	Female	Male	Female
		%	%	%	%
I accept people who are different from me.	Not at all or rarely	4%	2%	4%	2%
	Somewhat or sometimes	16%	9%	15%	10%
	Very or often	38%	31%	39%	31%
	Extremely or almost always	42%	57%	42%	57%
I am sensitive to the needs and feelings of others.	Not at all or rarely	13%	5%	10%	4%
	Somewhat or sometimes	28%	20%	26%	19%
	Very or often	35%	36%	38%	38%
	Extremely or almost always	24%	38%	26%	38%
I feel valued and appreciated by others.	Not at all or rarely	7%	10%	8%	8%
	Somewhat or sometimes	24%	31%	26%	34%
	Very or often	43%	35%	41%	37%
	Extremely or almost always	26%	24%	25%	21%
I am included in family tasks and decisions.	Not at all or rarely	6%	8%	7%	9%
	Somewhat or sometimes	20%	24%	23%	23%
	Very or often	40%	35%	39%	36%
	Extremely or almost always	33%	33%	32%	32%
I am given useful roles and responsibilities.	Not at all or rarely	5%	6%	7%	3%
	Somewhat or sometimes	22%	23%	20%	25%
	Very or often	42%	37%	41%	40%
	Extremely or almost always	30%	34%	32%	32%

[^] These items are adapted from the Developmental Assets Profile (DAP) under a license agreement with Search Institute, Minneapolis, MN.

2019 Minnesota Student Survey

**TABLE 27A
EMOTIONAL WELL-BEING AND DISTRESS***

I don't describe myself in any of these ways

<i>Over the last two weeks, how often have you been bothered by...?</i>		Grade			
		9th		11th	
		Male	Female	Male	Female
		%	%	%	%
...little interest or pleasure in doing things?	Not at all	57%	50%	54%	44%
	Several days	28%	31%	29%	35%
	More than half the days	10%	10%	10%	12%
	Nearly every day	5%	10%	7%	9%
...feeling down, depressed or hopeless?	Not at all	72%	51%	65%	48%
	Several days	18%	28%	22%	32%
	More than half the days	6%	10%	6%	11%
	Nearly every day	4%	11%	6%	9%
...feeling nervous, anxious or on edge? [^]	Not at all	60%	37%	55%	34%
	Several days	27%	35%	29%	35%
	More than half the days	7%	13%	9%	16%
	Nearly every day	5%	15%	7%	15%
...not being able to stop or control worrying? [^]	Not at all	70%	48%	66%	42%
	Several days	19%	27%	20%	30%
	More than half the days	6%	12%	8%	14%
	Nearly every day	5%	13%	6%	14%

* 5th grade survey did not ask these questions.

[^] New question in 2019.

2019 Minnesota Student Survey

**TABLE 28
SELF-INFLICTED INJURY; SUICIDAL THOUGHTS AND SUICIDAL
BEHAVIOR***

I don't describe myself in any of these ways

		Grade			
		9th		11th	
		Male	Female	Male	Female
		%	%	%	%
During the last 12 months, how many times did you do something to purposely hurt or injure yourself without wanting to die, such as cutting, burning, or bruising yourself on purpose?	0 times	88%	79%	88%	84%
	1 or 2 times	7%	11%	6%	8%
	3 to 5 times	2%	4%	3%	4%
	6 to 9 times	1%	2%	1%	1%
	10 to 19 times	1%	2%	1%	1%
	20 or more times	1%	2%	2%	1%
Have you ever seriously considered attempting suicide? (Mark ALL that apply)	No	89%	77%	85%	77%
	Yes, during the last year	7%	14%	8%	12%
	Yes, more than a year ago	6%	12%	9%	16%
Have you ever actually attempted suicide? (Mark ALL that apply)	No	95%	91%	93%	89%
	Yes, during the last year	3%	5%	4%	4%
	Yes, more than a year ago	3%	5%	5%	8%

* 5th grade survey did not ask these questions.

2019 Minnesota Student Survey

TABLE 29 PROBLEMATIC AND ANTISOCIAL BEHAVIOR

I don't describe myself in any of these ways

<i>During the last 12 months, how often have you...</i>		Grade			
		9th		11th	
		Male	Female	Male	Female
		%	%	%	%
...run away from home?	Never	94%	92%	94%	94%
	Once or twice	4%	7%	4%	6%
	3 to 5 times	1%	1%	1%	1%
	6 to 9 times	0%	0%	0%	0%
	10 or more times	0%	0%	0%	0%
...damaged or destroyed property?	Never	84%	91%	87%	95%
	Once or twice	12%	7%	9%	4%
	3 to 5 times	2%	2%	2%	1%
	6 to 9 times	1%	0%	1%	0%
	10 or more times	0%	0%	1%	0%
...hit or beat up another person?	Never	85%	91%	90%	96%
	Once or twice	11%	7%	7%	3%
	3 to 5 times	2%	1%	2%	1%
	6 to 9 times	1%	0%	0%	0%
	10 or more times	1%	0%	1%	0%
...taken something from a store without paying for it?	Never	90%	90%	90%	92%
	Once or twice	7%	8%	6%	5%
	3 to 5 times	1%	1%	2%	2%
	6 to 9 times	1%	0%	1%	1%
	10 or more times	1%	1%	1%	1%

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TABLE 30A
GAMBLING BEHAVIOR*

I don't describe myself in any of these ways

		Grade			
		9th		11th	
		Male	Female	Male	Female
<i>During the last 12 months, how often have you done the following gambling/betting activities?</i>		%	%	%	%
Played cards, bet on sports teams or games of personal skill like video gaming, pool, golf or bowling	Not at all	67%	82%	69%	87%
	Less than once a month	16%	11%	15%	8%
	About once a month	7%	3%	7%	2%
	About once a week	4%	1%	3%	2%
	2 to 6 times a week	2%	1%	3%	1%
	Daily	4%	1%	3%	0%
Bought lottery tickets or scratch offs	Not at all	91%	94%	90%	95%
	Less than once a month	6%	4%	5%	3%
	About once a month	2%	1%	2%	1%
	About once a week	1%	0%	2%	0%
	2 to 6 times a week	0%	0%	1%	0%
	Daily	1%	0%	1%	0%
Gambled in a casino	Not at all	96%	98%	95%	99%
	Less than once a month	1%	1%	2%	1%
	About once a month	1%	0%	1%	0%
	About once a week	0%	0%	1%	0%
	2 to 6 times a week	0%	0%	0%	0%
	Daily	2%	1%	1%	0%
Gambled for money online	Not at all	95%	99%	94%	99%
	Less than once a month	2%	0%	2%	0%
	About once a month	1%	0%	1%	0%
	About once a week	1%	0%	1%	0%
	2 to 6 times a week	0%	0%	1%	0%
	Daily	0%	0%	1%	0%

* 5th grade survey did not ask these questions.

2019 Minnesota Student Survey

TABLE 30B GAMBLING BEHAVIOR*

I don't describe myself in any of these ways

INCLUDES ONLY THOSE WHO HAVE PARTICIPATED IN ANY GAMBLING ACTIVITIES DURING THE LAST 12 MONTHS		Grade			
		9th		11th	
		Male	Female	Male	Female
		%	%	%	%
...hidden your gambling/betting from your parents, other family members or teachers?	Never	91%	90%	87%	93%
	Sometimes	6%	7%	8%	6%
	Many times	1%	2%	1%	1%
	All of the time	2%	1%	4%	1%
...felt that you might have a problem with gambling/betting?	Never	91%	92%	88%	92%
	Sometimes	5%	5%	7%	5%
	Many times	2%	1%	3%	2%
	All of the time	1%	1%	2%	1%
...skipped hanging out with friends who do not gamble/bet to hang out with friends who do gamble/bet?	Never	94%	95%	90%	95%
	Sometimes	3%	3%	5%	4%
	Many times	2%	1%	2%	1%
	All of the time	1%	1%	2%	0%

* 5th grade survey did not ask these questions.

2019 Minnesota Student Survey

TABLE 31
SUMMARY OF SUBSTANCE USE**

I don't describe myself in any of these ways

		Grade			
		9th		11th	
		Male	Female	Male	Female
		%	%	%	%
Use of conventional tobacco products (cigarettes, cigars, smokeless tobacco) during the past 30 days	No	95%	95%	90%	94%
	Yes	5%	5%	10%	6%
Use of any tobacco products, including e-cigarettes and hookah, during the past 30 days	No	86%	82%	77%	81%
	Yes	14%	18%	23%	19%
Frequent binge drinking in the past year (typically drank 5 or more drinks at a time and drank on 10 or more occasions during the past year)	No	99%	99%	97%	98%
	Yes	1%	1%	3%	2%
Any alcohol and/or other drug use during the past year (excluding tobacco)	No alcohol or marijuana or other drug use in the past year	76%	74%	66%	65%
	Used only alcohol in the past year	9%	10%	14%	16%
	Used alcohol and marijuana in past year, but not other drugs	2%	3%	5%	5%
	Used marijuana or other drugs but not alcohol in the past year	8%	6%	6%	5%
	Used alcohol and marijuana or other drugs in the past year	5%	7%	8%	8%

** These are all computed variables based on combinations of responses to two or more survey items.

2019 Minnesota Student Survey

TABLE 33
TOBACCO USE*

I don't describe myself in any of these ways

		Grade			
		9th		11th	
		Male %	Female %	Male %	Female %
<i>During the last 30 days, on how many days did you ...</i>					
...smoke a cigarette?	0 days	97%	96%	95%	95%
	1 to 2 days	2%	3%	3%	2%
	3 to 9 days	0%	1%	2%	1%
	10 to 19 days	0%	0%	0%	1%
	20 to 29 days	0%	0%	0%	0%
	All 30 days	1%	0%	1%	0%
...smoke cigars, cigarillos or little cigars?	0 days	98%	98%	95%	98%
	1 to 2 days	1%	1%	4%	1%
	3 to 9 days	1%	0%	1%	0%
	10 to 19 days	0%	0%	0%	0%
	20 to 29 days	0%	0%	0%	0%
	All 30 days	0%	0%	0%	0%
...use chewing tobacco, snuff or dip?	0 days	97%	99%	95%	99%
	1 to 2 days	1%	1%	2%	1%
	3 to 9 days	1%	0%	1%	0%
	10 to 19 days	0%	0%	1%	0%
	20 to 29 days	0%	0%	1%	0%
	All 30 days	0%	0%	1%	0%
...vape or use an e-cigarette like JUUL, suorin, blu, VUSE, or logic?^	0 days	87%	83%	78%	81%
	1 to 2 days	5%	8%	6%	7%
	3 to 9 days	2%	4%	4%	3%
	10 to 19 days	2%	2%	3%	2%
	20 to 29 days	1%	1%	1%	2%
	All 30 days	3%	2%	9%	4%
...use a hookah or a waterpipe to smoke tobacco?	0 days	99%	98%	96%	98%
	1 to 2 days	1%	1%	1%	1%
	3 to 9 days	0%	0%	1%	1%
	10 to 19 days	0%	0%	1%	0%
	20 to 29 days	0%	0%	0%	0%
	All 30 days	0%	0%	1%	0%
During the last 30 days, on how many days did you smoke cigarettes or use other tobacco products that were flavored to taste like mint or menthol?	0 days or no tobacco use	96%	94%	90%	93%
	1 to 2 days	2%	2%	4%	3%
	3 to 9 days	1%	2%	2%	2%
	10 to 19 days	1%	1%	1%	1%
	20 to 29 days	0%	0%	0%	0%
	All 30 days	1%	0%	3%	1%
During the last 30 days, on how many days did you use any tobacco product that was some other flavor, like candy, fruit, chocolate, clove, spice or alcoholic drinks?	0 days or no tobacco use	95%	93%	90%	92%
	1 to 2 days	2%	3%	2%	3%
	3 to 9 days	1%	2%	2%	2%
	10 to 19 days	1%	1%	2%	1%
	20 to 29 days	0%	0%	1%	1%
	All 30 days	1%	1%	3%	1%

* 5th grade survey did not ask these questions.

^ Change in question wording from 2016.

2019 Minnesota Student Survey

TABLE 33A
ACCESS TO E-CIGARETTES*^

I don't describe myself in any of these ways

INCLUDES ONLY THOSE WHO VAPED OR USED E-CIGARETTES IN THE LAST 30 DAYS		Grade			
		9th		11th	
		Male	Female	Male	Female
		%	%	%	%
When you vaped or used an e-cigarette during the last 30 days, how did you get it? (Mark ALL that apply)	I bought it at gas stations or convenience stores	5%	2%	15%	7%
	I bought it at grocery, discount or drug stores	3%	1%	6%	2%
	I bought it on the internet	11%	5%	13%	8%
	I bought it at vape shops or other stores that sell only e-cigarettes	11%	5%	21%	12%
	I got it from friends	66%	74%	56%	67%
	I got it from my parents	4%	3%	4%	1%
	I got it from other family members	10%	10%	8%	12%
	I got it from someone I didn't know	8%	5%	9%	4%
	I got it by getting someone else to buy it for me	20%	21%	16%	21%
	I took it from my home	4%	4%	3%	1%
	I took it from a friend's home	5%	4%	5%	2%
	I took it from stores	4%	1%	2%	0%
	I got it some other way	23%	16%	23%	14%

* 5th grade survey did not ask these questions.

^ All questions on this table were new in 2019.

2019 Minnesota Student Survey

**TABLE 35
ALCOHOL USE FREQUENCY AND QUANTITY***

I don't describe myself in any of these ways

		Grade			
		9th		11th	
		Male	Female	Male	Female
		%	%	%	%
During the last 30 days, on how many days did you drink one or more drinks of an alcoholic beverage?	0 days	91%	88%	82%	83%
	1 to 2 days	5%	8%	8%	10%
	3 to 5 days	2%	2%	4%	3%
	6 to 9 days	1%	1%	3%	3%
	10 to 19 days	1%	0%	2%	1%
	20 to 29 days	0%	0%	0%	0%
	All 30 days	0%	0%	1%	0%
During the last 12 months, on how many occasions (if any) have you had alcoholic beverages to drink?	0	85%	81%	74%	71%
	1 to 2	8%	9%	10%	13%
	3 to 5	3%	5%	5%	6%
	6 to 9	1%	3%	3%	4%
	10 to 19	1%	1%	3%	2%
	20 to 39	1%	0%	2%	2%
	40 or more	1%	0%	3%	2%
If you drink beer/wine/wine coolers/liquor, generally how much do you drink at one time?	No alcohol use	87%	83%	75%	73%
	1 glass/can/drink	7%	10%	8%	13%
	2 glasses/cans/drinks	2%	2%	5%	6%
	3 glasses/cans/drinks	1%	2%	4%	3%
	4 glasses/cans/drinks	1%	1%	3%	2%
	5 or more glasses/cans/drinks	1%	2%	6%	3%
Binge drinking (4 or more drinks in a row (females) or 5 or more drinks in a row (males) within a couple of hours)^	0 days	97%	96%	90%	92%
	1 day	1%	2%	3%	3%
	2 days	1%	1%	2%	2%
	3 to 5 days	0%	1%	2%	2%
	6 to 9 days	0%	0%	1%	1%
	10 to 19 days	0%	0%	0%	0%
	20 or more days	0%	0%	1%	0%

* 5th grade survey did not ask these questions.

^ Change in question wording from 2016

2019 Minnesota Student Survey

TABLE 36
ACCESS TO ALCOHOL*^

I don't describe myself in any of these ways

INCLUDES ONLY THOSE WHO USED ALCOHOL IN THE LAST 30 DAYS		Grade			
		9th		11th	
		Male	Female	Male	Female
		%	%	%	%
When you used alcohol during the last 30 days, how did you get it? (Mark ALL that apply)	I bought alcohol at gas stations or convenience stores	3%	2%	6%	1%
	I bought alcohol at bars or restaurants	4%	2%	8%	2%
	I bought alcohol at stores	2%	1%	8%	0%
	I bought alcohol on the Internet	2%	1%	4%	1%
	I got alcohol from friends	28%	39%	42%	48%
	I got alcohol from my parents	22%	26%	20%	23%
	I got alcohol from other family members	12%	12%	14%	14%
	I got alcohol by getting someone else to buy for me	8%	10%	16%	16%
	I got alcohol at parties	26%	15%	28%	26%
	I took alcohol from my home	20%	33%	16%	21%
	I took alcohol from a friend's home	6%	8%	8%	2%
	I took alcohol from stores	4%	1%	4%	0%
	I got alcohol some other way	21%	22%	24%	14%

* 5th grade survey did not ask these questions.

^ All questions on this table were new in 2019.

2019 Minnesota Student Survey

**TABLE 37
USE OF MARIJUANA AND PRESCRIPTION DRUGS***

I don't describe myself in any of these ways

		Grade			
		9th		11th	
		Male	Female	Male	Female
		%	%	%	%
During the last 30 days, on how many days did you use marijuana or hashish? (Do NOT count medical marijuana prescribed for you by a doctor)	0 days	95%	93%	87%	89%
	1 to 2 days	2%	3%	3%	4%
	3 to 5 days	1%	1%	2%	2%
	6 to 9 days	1%	1%	2%	1%
	10 to 19 days	1%	0%	2%	2%
	20 to 29 days	0%	0%	1%	1%
	All 30 days	1%	0%	3%	1%
During the last 12 months, on how many occasions (if any) have you used marijuana or hashish? (Do NOT count medical marijuana prescribed for you by a doctor)	0	93%	91%	84%	86%
	1 to 2	2%	3%	3%	4%
	3 to 5	1%	1%	2%	2%
	6 to 9	1%	1%	2%	2%
	10 to 19	1%	1%	2%	2%
	20 to 39	0%	1%	2%	1%
	40 or more	2%	1%	5%	3%
During the last 30 days, on how many days did you use prescription drugs without a doctor's prescription or differently than how a doctor told you to use it?^	0 days	96%	96%	96%	97%
	1 to 2 days	2%	2%	1%	1%
	3 to 5 days	1%	1%	1%	1%
	6 to 9 days	0%	0%	1%	0%
	10 to 19 days	0%	0%	1%	0%
	20 to 29 days	0%	0%	0%	0%
	All 30 days	0%	0%	1%	0%

* 5th grade survey did not ask these questions.

^ Change in question wording from 2016.

2019 Minnesota Student Survey

**TABLE 38
PRESCRIPTION DRUG USE***

I don't describe myself in any of these ways

<i>During the last 12 months, on how many occasions (if any) have you used any of the following prescription drugs without a doctor's prescription or differently than how a doctor told you to use it?</i>		Grade			
		9th		11th	
		Male	Female	Male	Female
		%	%	%	%
Stimulants such as Amphetamines (bennies, speed, uppers) or diet pills	0	99%	99%	98%	99%
	1 to 2	1%	0%	1%	1%
	3 to 5	0%	0%	0%	0%
	6 to 9	0%	0%	0%	0%
	10 to 19	0%	0%	0%	0%
	20 or more	0%	0%	0%	0%
ADHD or ADD drugs (Ritalin, Adderall, hyper pills)	0	97%	98%	96%	97%
	1 to 2	1%	1%	2%	1%
	3 to 5	1%	0%	1%	1%
	6 to 9	0%	0%	1%	0%
	10 to 19	0%	0%	0%	0%
	20 or more	1%	0%	1%	0%
Pain relievers such as OxyContin, Percocet, Vicodin or others	0	97%	95%	97%	97%
	1 to 2	2%	3%	2%	2%
	3 to 5	1%	1%	1%	0%
	6 to 9	0%	0%	0%	0%
	10 to 19	0%	0%	0%	0%
	20 or more	0%	0%	0%	0%
Tranquilizers such as Valium, Xanax, Klonopin, Ativan, anxiety pills, sedatives or benzos (downers)	0	98%	98%	97%	98%
	1 to 2	1%	1%	1%	1%
	3 to 5	1%	1%	1%	0%
	6 to 9	0%	0%	0%	0%
	10 to 19	0%	0%	0%	0%
	20 or more	0%	0%	0%	0%

* 5th grade survey did not ask these questions.

2019 Minnesota Student Survey

**TABLE 39
HALLUCINOGEN, ECSTASY, COCAINE AND HEROIN USE***

I don't describe myself in any of these ways

<i>During the last 12 months, on how many occasions (if any) have you used...</i>		Grade			
		9th		11th	
		Male %	Female %	Male %	Female %
...used LSD (acid), PCP (wet sticks or dipped joints), or other psychedelics (mushrooms, angel dust)?	0	98%	99%	96%	98%
	1 to 2	1%	1%	2%	2%
	3 to 5	0%	0%	1%	0%
	6 to 9	0%	0%	0%	0%
	10 to 19	0%	0%	0%	0%
	20 or more	0%	0%	0%	0%
...used MDMA (E, X, ecstasy, Molly), GHB (G, Liquid E, Liquid X, roofies) or Ketamine (Special K)?	0	99%	99%	97%	99%
	1 to 2	1%	0%	1%	1%
	3 to 5	0%	0%	1%	0%
	6 to 9	0%	0%	0%	0%
	10 to 19	0%	0%	0%	0%
	20 or more	0%	0%	0%	0%
...used crack, coke or cocaine in any form?	0	99%	99%	98%	99%
	1 to 2	1%	0%	1%	1%
	3 to 5	0%	0%	1%	0%
	6 to 9	0%	0%	0%	0%
	10 to 19	0%	0%	0%	0%
	20 or more	0%	0%	0%	0%
...used heroin (smack, junk, China White)?	0	99%	100%	99%	99%
	1 to 2	1%	0%	0%	0%
	3 to 5	0%	0%	0%	0%
	6 to 9	0%	0%	0%	0%
	10 to 19	0%	0%	0%	0%
	20 or more	0%	0%	0%	0%

* 5th grade survey did not ask these questions.

2019 Minnesota Student Survey

**TABLE 40
METHAMPHETAMINE, OVER-THE-COUNTER DRUG,
SYNTHETIC DRUG AND INHALANT USE***

I don't describe myself in any of these ways

During the last 12 months, on how many occasions (if any) have you ...		Grade			
		9th		11th	
		Male %	Female %	Male %	Female %
...used methamphetamine (meth, glass, crank, crystal meth, ice)?	0	99%	100%	98%	99%
	1 to 2	0%	0%	1%	0%
	3 to 5	0%	0%	0%	0%
	6 to 9	0%	0%	0%	0%
	10 to 19	0%	0%	0%	0%
	20 or more	0%	0%	0%	0%
...used over-the-counter drugs such as cough syrup, cold medicine or diet pills that you took only to get high?	0	97%	97%	97%	97%
	1 to 2	2%	2%	1%	1%
	3 to 5	1%	1%	1%	1%
	6 to 9	0%	0%	1%	0%
	10 to 19	0%	0%	0%	0%
	20 or more	0%	0%	0%	0%
...used synthetic marijuana (K2, Gold) that you took only to get high?^	0	98%	98%	97%	96%
	1 to 2	1%	1%	1%	2%
	3 to 5	0%	0%	0%	1%
	6 to 9	0%	0%	0%	0%
	10 to 19	0%	0%	0%	0%
	20 or more	0%	0%	0%	1%
...used any other synthetic drugs such as bath salts (Ivory Wave, White Lightning) that you took only to get high?^	0	99%	100%	98%	100%
	1 to 2	1%	0%	1%	0%
	3 to 5	0%	0%	0%	0%
	6 to 9	0%	0%	0%	0%
	10 to 19	0%	0%	0%	0%
	20 or more	0%	0%	0%	0%
...sniffed glue or huffed or inhaled the contents of aerosol spray cans or other gases to get high?	0	98%	98%	97%	99%
	1 to 2	1%	1%	1%	0%
	3 to 5	0%	1%	0%	0%
	6 to 9	0%	0%	0%	0%
	10 to 19	0%	0%	0%	0%
	20 or more	0%	0%	0%	0%

* 5th grade survey did not ask these questions.

^ Change from 2016 from one question to two.

2019 Minnesota Student Survey

TABLE 41
PERCEIVED RISK OF HARM FROM SUBSTANCE USE*

I don't describe myself in any of these ways

<i>How much do you think people risk harming themselves physically or in other ways if they...</i>		Grade			
		9th		11th	
		Male	Female	Male	Female
		%	%	%	%
...smoke one or more packs of cigarettes per day?	No risk	22%	14%	22%	15%
	Slight risk	9%	10%	8%	10%
	Moderate risk	17%	19%	18%	19%
	Great risk	52%	56%	52%	56%
...have five or more drinks of an alcoholic beverage once or twice per week?	No risk	23%	14%	23%	15%
	Slight risk	15%	14%	16%	13%
	Moderate risk	24%	29%	26%	29%
	Great risk	38%	43%	35%	43%
...use marijuana once or twice per week?	No risk	30%	21%	35%	28%
	Slight risk	17%	17%	21%	20%
	Moderate risk	19%	24%	19%	24%
	Great risk	34%	38%	25%	28%
...use prescription drugs not prescribed for them?	No risk	22%	14%	21%	14%
	Slight risk	8%	9%	9%	9%
	Moderate risk	21%	24%	22%	23%
	Great risk	49%	53%	48%	53%
...vape or use e-cigarettes?^	No risk	26%	16%	27%	18%
	Slight risk	22%	24%	27%	24%
	Moderate risk	20%	24%	22%	27%
	Great risk	31%	36%	24%	32%

* 5th grade survey did not ask these questions.

^ New question in 2019.

2019 Minnesota Student Survey

**TABLE 42A
PERCEPTIONS OF PARENTS' DISAPPROVAL OF SUBSTANCE USE***

I don't describe myself in any of these ways

		Grade			
		9th		11th	
		Male	Female	Male	Female
		%	%	%	%
How wrong do your parents feel it would be for you to smoke cigarettes?	Not at all wrong	10%	5%	10%	7%
	A little bit wrong	2%	3%	4%	3%
	Wrong	12%	11%	15%	13%
	Very wrong	76%	81%	70%	78%
How wrong do your parents feel it would be for you to have one or more drinks of alcoholic beverage nearly every day?	Not at all wrong	11%	6%	11%	8%
	A little bit wrong	6%	4%	9%	6%
	Wrong	13%	12%	16%	12%
	Very wrong	71%	79%	65%	74%
How wrong do your parents feel it would be for you to use marijuana?	Not at all wrong	11%	6%	13%	9%
	A little bit wrong	4%	4%	8%	7%
	Wrong	10%	10%	13%	10%
	Very wrong	75%	79%	65%	74%
How wrong do your parents feel it would be for you to use prescription drugs not prescribed for you?	Not at all wrong	10%	5%	9%	6%
	A little bit wrong	2%	2%	3%	2%
	Wrong	10%	9%	11%	9%
	Very wrong	78%	84%	76%	83%
How wrong do your parents feel it would be for you to vape or use e-cigarettes?^	Not at all wrong	11%	6%	12%	8%
	A little bit wrong	6%	6%	10%	7%
	Wrong	12%	14%	17%	14%
	Very wrong	71%	74%	61%	72%

* 5th grade survey did not ask these questions.

^ New question in 2019.

2019 Minnesota Student Survey

**TABLE 42B
PERCEPTIONS OF FRIENDS' DISAPPROVAL OF SUBSTANCE USE***

I don't describe myself in any of these ways

		Grade			
		9th		11th	
		Male	Female	Male	Female
		%	%	%	%
How wrong do your friends feel it would be for you to smoke cigarettes?	Not at all wrong	14%	8%	16%	10%
	A little bit wrong	9%	9%	13%	11%
	Wrong	24%	23%	25%	21%
	Very wrong	52%	60%	46%	57%
How wrong do your friends feel it would be for you to have one or more drinks of alcoholic beverage nearly every day?	Not at all wrong	16%	9%	19%	12%
	A little bit wrong	11%	12%	16%	13%
	Wrong	25%	23%	26%	23%
	Very wrong	48%	56%	40%	52%
How wrong do your friends feel it would be for you to use marijuana?	Not at all wrong	18%	13%	27%	21%
	A little bit wrong	12%	12%	16%	15%
	Wrong	22%	19%	20%	18%
	Very wrong	48%	55%	37%	46%
How wrong do your friends feel it would be for you to use prescription drugs not prescribed for you?	Not at all wrong	14%	7%	15%	9%
	A little bit wrong	8%	7%	10%	7%
	Wrong	22%	22%	24%	21%
	Very wrong	56%	63%	51%	63%
How wrong do your friends feel it would be for you to vape or use e-cigarettes?^	Not at all wrong	23%	19%	32%	26%
	A little bit wrong	15%	17%	18%	17%
	Wrong	19%	18%	18%	16%
	Very wrong	43%	45%	32%	40%

* 5th grade survey did not ask these questions.

^ New question in 2019.

2019 Minnesota Student Survey

TABLE 43
PERCEPTIONS ABOUT ALCOHOL USE*

I don't describe myself in any of these ways

		Grade			
		9th		11th	
		Male	Female	Male	Female
		%	%	%	%
How do you feel about the following statement? Parents and other adults should clearly communicate with their children about the importance of not using alcohol.	Strongly agree	60%	59%	53%	54%
	Agree	24%	28%	30%	28%
	Neither agree nor disagree	10%	8%	12%	11%
	Disagree	1%	1%	2%	3%
	Strongly disagree	4%	3%	4%	4%
How do you feel about the following statement? Drinking alcohol is never a good thing for anyone my age to do.	Strongly agree	61%	59%	52%	51%
	Agree	20%	24%	24%	24%
	Neither agree nor disagree	11%	10%	16%	16%
	Disagree	3%	2%	4%	4%
	Strongly disagree	5%	5%	4%	5%
In your opinion, how do you think MOST STUDENTS in your school feel about the following statement? Parents and other adults should clearly communicate with their children about the importance of not using alcohol.	Strongly agree	39%	24%	34%	22%
	Agree	30%	37%	32%	36%
	Neither agree nor disagree	21%	28%	24%	27%
	Disagree	5%	8%	5%	10%
	Strongly disagree	4%	3%	4%	4%
In your opinion, how do you think MOST STUDENTS in your school feel about the following statement? Drinking alcohol is never a good thing for anyone my age to do.	Strongly agree	38%	24%	31%	20%
	Agree	28%	30%	27%	26%
	Neither agree nor disagree	21%	29%	27%	29%
	Disagree	7%	11%	10%	18%
	Strongly disagree	5%	5%	5%	7%

* 5th grade survey did not ask these questions.

2019 Minnesota Student Survey

TABLE 44
USE OF TOBACCO, ALCOHOL, MARIJUANA AND E-CIGARETTES*
I don't describe myself in any of these ways

		Grade			
		9th		11th	
		Male	Female	Male	Female
<i>How often do you use each of the following?</i>		%	%	%	%
Tobacco (cigarettes, chew)	Never	93%	95%	88%	93%
	Tried once or twice	3%	2%	4%	3%
	Once or twice a year	2%	1%	2%	1%
	Once a month	1%	1%	2%	1%
	Twice a month	0%	0%	1%	1%
	Once a week	0%	1%	1%	1%
	Daily	1%	0%	2%	1%
Alcohol (beer, wine, liquor)	Never	82%	80%	74%	70%
	Tried once or twice	9%	9%	9%	12%
	Once or twice a year	4%	4%	5%	7%
	Once a month	3%	3%	4%	5%
	Twice a month	1%	2%	4%	3%
	Once a week	1%	1%	2%	2%
	Daily	0%	0%	2%	1%
Marijuana (pot, hash, hash oil)	Never	91%	90%	82%	84%
	Tried once or twice	3%	3%	6%	6%
	Once or twice a year	1%	1%	2%	2%
	Once a month	1%	1%	1%	2%
	Twice a month	1%	1%	2%	1%
	Once a week	2%	2%	3%	2%
	Daily	1%	1%	4%	2%
Vaping device or e-cigarette [^]	Never	82%	79%	74%	74%
	Tried once or twice	8%	9%	9%	11%
	Once or twice a year	2%	2%	1%	2%
	Once a month	2%	2%	3%	2%
	Twice a month	1%	2%	1%	2%
	Once a week	2%	3%	3%	4%
	Daily	3%	3%	9%	6%

* 5th grade survey did not ask these questions.

[^] New question in 2019.

2019 Minnesota Student Survey

**TABLE 45
PERCEPTIONS OF OTHERS' USE OF TOBACCO, ALCOHOL, MARIJUANA
AND E-CIGARETTES***

I don't describe myself in any of these ways

<i>In your opinion, how often do you think MOST STUDENTS in your school use each of the following?</i>		Grade			
		9th		11th	
		Male	Female	Male	Female
		%	%	%	%
Tobacco (cigarettes, chew)	Never	48%	32%	41%	29%
	Tried once or twice	19%	25%	18%	22%
	Once or twice a year	5%	7%	6%	5%
	Once a month	7%	8%	8%	8%
	Twice a month	3%	5%	5%	6%
	Once a week	8%	10%	10%	14%
	Daily	10%	13%	13%	17%
Alcohol (beer, wine, liquor)	Never	40%	22%	34%	19%
	Tried once or twice	17%	18%	12%	11%
	Once or twice a year	7%	7%	5%	5%
	Once a month	9%	12%	10%	11%
	Twice a month	7%	12%	9%	14%
	Once a week	12%	17%	19%	27%
	Daily	9%	11%	10%	14%
Marijuana (pot, hash, hash oil)	Never	42%	28%	36%	22%
	Tried once or twice	15%	17%	12%	13%
	Once or twice a year	6%	6%	5%	5%
	Once a month	8%	9%	7%	8%
	Twice a month	6%	8%	6%	7%
	Once a week	11%	15%	17%	21%
	Daily	13%	18%	18%	25%
Vaping device or e-cigarette [^]	Never	33%	18%	29%	17%
	Tried once or twice	12%	13%	10%	9%
	Once or twice a year	4%	3%	2%	1%
	Once a month	4%	5%	3%	4%
	Twice a month	4%	4%	4%	3%
	Once a week	10%	12%	10%	12%
	Daily	34%	44%	42%	54%

* 5th grade survey did not ask these questions.

[^] New question in 2019.

2019 Minnesota Student Survey

**TABLE 46A
CONSEQUENCES OF SUBSTANCE USE***

I don't describe myself in any of these ways

		Grade			
		9th		11th	
		Male	Female	Male	Female
<i>During the last 12 months ...</i>		%	%	%	%
...have you found that you had to use a lot more alcohol or drugs than before to get the same effect?	Did not use past 12 months	78%	75%	68%	67%
	Yes	3%	4%	6%	5%
	No	19%	21%	26%	28%
...have you tried to cut down on your use of alcohol or drugs but couldn't?	Did not use past 12 months	78%	75%	68%	67%
	Yes	3%	2%	4%	3%
	No	19%	23%	28%	31%
...have you continued to use alcohol or drugs even though you knew it was hurting your relationships with friends or family?	Did not use past 12 months	78%	75%	68%	67%
	Yes	3%	3%	5%	4%
	No	19%	22%	27%	29%
...were there any times when you felt such a strong desire or urge to drink alcohol or to use a drug that you couldn't resist or could not think of anything else?	Did not use past 12 months	78%	75%	68%	67%
	Yes	3%	5%	4%	6%
	No	19%	20%	27%	27%
...how many times have you spent all or most of the day using alcohol or drugs, or getting over their effects?	Did not use past 12 months	78%	75%	68%	67%
	0 times	19%	23%	27%	29%
	1 time	2%	1%	2%	2%
	2 times	0%	1%	1%	1%
	3 or more times	1%	1%	2%	1%
...how many times have you given up important social or recreational activities like sports or being with friends or relatives to use alcohol or drugs or to get over their effects?	Did not use past 12 months	78%	75%	69%	67%
	0 times	20%	23%	29%	31%
	1 time	1%	1%	1%	1%
	2 times	1%	1%	1%	0%
	3 or more times	1%	0%	1%	1%
...how many times have you missed work or school, or neglected other major responsibilities because of alcohol or drug use?	Did not use past 12 months	78%	75%	68%	67%
	0 times	21%	24%	28%	32%
	1 time	1%	1%	2%	1%
	2 times	0%	0%	1%	0%
	3 or more times	0%	0%	1%	1%

* 5th grade survey did not ask these questions.

2019 Minnesota Student Survey

**TABLE 46B
CONSEQUENCES OF SUBSTANCE USE***

I don't describe myself in any of these ways

		Grade			
		9th		11th	
		Male	Female	Male	Female
<i>During the last 12 months, how many times...</i>		%	%	%	%
...how many times have you driven a motor vehicle after using alcohol or drugs?*	Did not use past 12 months	78%	75%	69%	67%
	0 times	20%	24%	27%	29%
	1 time	1%	0%	1%	2%
	2 times	0%	0%	1%	1%
	3 or more times	1%	0%	2%	2%
...how many times have you hit someone or become violent while using alcohol or drugs?	Did not use past 12 months	78%	75%	69%	67%
	0 times	21%	25%	30%	32%
	1 time	1%	1%	1%	1%
	2 times	0%	0%	1%	0%
	3 or more times	0%	0%	0%	0%
...how many times have you used so much alcohol or drugs that the next day you could not remember what you had said or done?	Did not use past 12 months	78%	75%	69%	67%
	0 times	19%	21%	26%	28%
	1 time	1%	2%	2%	2%
	2 times	0%	1%	1%	1%
	3 or more times	1%	1%	2%	1%
...how many times have you used more alcohol or drugs than you intended to?	Did not use past 12 months	78%	75%	69%	67%
	0 times	19%	22%	27%	28%
	1 time	2%	2%	2%	3%
	2 times	0%	1%	1%	1%
	3 or more times	1%	1%	2%	1%
...how many times has alcohol or drug use left you feeling depressed, agitated, paranoid, or unable to concentrate?	Did not use past 12 months	78%	75%	68%	66%
	0 times	19%	20%	26%	28%
	1 time	2%	2%	3%	2%
	2 times	0%	1%	2%	1%
	3 or more times	1%	1%	1%	2%

* 5th grade survey did not ask these questions.

** 8th grade survey did not ask this question.

2019 Minnesota Student Survey

**TABLE 47A
SEXUAL BEHAVIOR***

I don't describe myself in any of these ways

		Grade			
		9th		11th	
		Male	Female	Male	Female
		%	%	%	%
Have you ever had sexual intercourse ('had sex')?	Yes	13%	9%	31%	29%
	No	87%	91%	69%	71%
During the last 12 months, with how many different people have you had sexual intercourse?^	None	89%	92%	73%	73%
	1 person	6%	5%	15%	19%
	2 persons	1%	2%	5%	4%
	3 persons	1%	1%	2%	2%
	4 persons	1%	0%	2%	0%
	5 persons	0%	0%	1%	1%
	6 or more persons	1%	0%	2%	1%

* 5th and 8th grade surveys did not ask these questions.

^ New question in 2019.

2019 Minnesota Student Survey

**TABLE 47B
SEXUAL BEHAVIOR***

I don't describe myself in any of these ways

INCLUDES ONLY THOSE WHO HAVE EVER HAD SEXUAL INTERCOURSE		Grade			
		9th		11th	
		Male	Female	Male	Female
		%	%	%	%
Have you talked with your partner(s) about protecting yourselves from getting sexually transmitted infections/HIV/AIDS?	Never	42%	23%	29%	21%
	Not with every partner	12%	9%	12%	9%
	At least once with every partner	46%	68%	59%	70%
Have you talked with your partner(s) about preventing pregnancy?	Never	36%	18%	22%	17%
	Not with every partner	11%	11%	10%	8%
	At least once with every partner	53%	72%	69%	75%
The LAST time you had sexual intercourse, what method or methods did you or your partner use to prevent pregnancy? (Mark ALL that apply)^	No method was used to prevent pregnancy	12%	9%	7%	8%
	Birth control pills	38%	28%	46%	41%
	Condoms	66%	61%	62%	58%
	Depo-Provera shot (or any birth control shot), Nuva Ring (or any birth control ring), Implanon (or any implant) or any IUD	6%	14%	9%	19%
	Withdrawal (pull-out)	26%	32%	34%	35%
	Some other method	8%	4%	4%	4%
	Not sure	12%	9%	9%	3%
The LAST time you had sexual intercourse, did you or your partner use a condom?	Yes	68%	62%	67%	57%
	No	32%	38%	33%	43%
Did you drink alcohol or use drugs before you had sexual intercourse the LAST time?	Yes	15%	15%	13%	13%
	No	85%	85%	87%	87%

* 5th and 8th grade surveys did not ask these questions.

^ Change in question from 2016 from "Mark only one" to "Mark ALL that apply".