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## 2019 Minnesota Student Survey Statewide Tables by Sexual Orientation

March 2020

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Minnesota Department of Education

Minnesota Department of Health

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## In Appreciation

The Minnesota Student Survey (MSS) Interagency Team is indebted to the students, parents, teachers, district assessment coordinators, school and district administrators, principals, and superintendents across the state that agreed to participate in and supported the MSS when it was administered in the first half of 2019. These data are made available as a result of their interest and time, and we are grateful for their efforts.

The planning and implementation of the 2019 Minnesota Student Survey administration resulted from an important collaborative effort among members of the MSS Interagency team, Minnesota Youth Council members, local educators and health professionals, researchers, and community members throughout the state of Minnesota – all of whom encouraged and supported school participation in the MSS.

Members of the MSS Interagency Team include: Lisa Burton, Megan Harms, and Maira Rosas-Lee at the Department of Education; Sharrilyn Helgertz and Ann Kinney at the Department of Health; Phyllis Bengtson, Emma Boley, and Eunkyung Park at the Department of Human Services; and Valerie Clark and Kristine Coulter at the Department of Public Safety.

# 2019 Minnesota Student Survey

## Survey Participation

The 2019 Minnesota Student Survey (MSS) was administered in the first half of 2019 to students in grades 5, 8, 9, and 11 statewide. The survey was voluntary at all levels; districts, schools, parents, and students could all choose to opt out. Most public school districts (81%) chose to participate. Across the state, approximately 66% of fifth graders, 68% of eighth graders, 66% of ninth graders, and 54% of eleventh graders participated in the 2019 Minnesota Student Survey. Overall participation across the four grades was approximately 64% of total enrollment.

Results from regular public school, charter schools, and online schools are included in these tables. Results from nonpublic schools, alternative learning centers, and juvenile correctional facilities are released separately.

All schools and districts that participated in the survey followed federal laws regarding parental notification as required by the Protection of Pupil Rights Amendment (PPRA). PPRA requires that schools that participate in the survey notify parents of the survey administration, provide parents the opportunity to review the survey instrument, and allow parents to opt their child out of participating (Juvenile Correctional Facilities are exempt from this requirement).

## Mode of Administration

In 2019, all levels of the MSS were administered online. Only Juvenile Correctional Facilities could choose to administer the MSS on paper.

## Items on the Tables

The tables in this report include the responses for all survey items. Items are ordered within the tables by an overarching subject area; the order that items appear on the tables is not necessarily in the order that they appeared on the survey.

The table of contents is provided on pages v-vi. The grade 5 survey version was shorter than the grade 8 survey version, which in turn was shorter than the grade 9 and 11 version. The grade 5 and grade 8 versions did not include items appropriate only for older students. Items found on some versions of the survey but not on others are identified on the tables.

## New Questions and Year-to-Year Comparisons

While most MSS survey questions stayed the same between 2016 and 2019, other questions were updated with changes to the question or response options. Some entirely new questions were added, and some questions were dropped. New questions are noted on each table. **Caution must be used when making comparisons over time for any questions in which the wording has changed.**

Please note that although these surveys are given repeatedly over time, the student populations change between administrations of the survey.

## Validity of Responses

Caution was taken to identify invalid responses and remove them from the survey results. Surveys were removed when responses were highly inconsistent, when there was a pattern of likely exaggeration, when the survey was completed outside of school hours (this did not apply to online students), or when the survey was clearly a test of the online system. In addition, surveys were removed when only the background section of the survey was answered. In total, approximately 4% of cases were removed from the 2019 survey data.

## Online Access to MSS Data

Data from the 2019 Minnesota Student Survey (MSS) are available on the Minnesota Department of Education's [Data Reports and Analytics page](#).

(<http://w20.education.state.mn.us/MDEAnalytics/DataTopic.jsp?TOPICID=242>) This web report provides access to all state, county and district-level data and provides options for filtering the data in multiple ways.

<b>TABLE #</b>	<b>SUBJECT AREA</b>	<b>PAGE</b>
<b>DEMOGRAPHICS</b>		
Table 1a-b	Demographic description	1-2
Table 2	Sexual orientation; Gender identity; Gender expression	3
<b>SCHOOL</b>		
Table 3	School plans; Academic advising; IEP; Academic performance	4
Table 4	School attendance	5
Table 5	Discipline; Feelings about school	6
Table 6	Feelings about school	7
Table 7a	Presence of a school resource/police officer	8
Table 7b	Interactions with a school resource/police officer	9
Table 8	Perceptions of safety	10
Table 9a	After school supervision	11
Table 9b	After school supervision among 5 <sup>th</sup> grade students	12
Table 10a-b	Being bullied for specific reasons	13-14
Table 11a	Being cyberbullied	15
Table 11b	Being bullied or harassed at school	16
Table 12	Bullying or harassing other students at school	17
<b>ACTIVITIES</b>		
Table 13a	Availability of community programs	18
Table 13b-c	Enrichment activities	19-20
Table 14	Quality of youth activities	21
<b>FAMILY AND RELATIONSHIPS</b>		
Table 15	Living situations	22
Table 16	Communication with adults	23
Table 17	Perceptions of family and others caring	24
<b>RISK FACTORS</b>		
Table 18	Adverse childhood experiences	25
Table 19	Relationship violence	26
<b>HEALTH AND SAFETY</b>		
Table 20	General health and health conditions	27
Table 21	Receipt of treatment; oral health	28
Table 22	Physical activity; Sleep; Use of indoor tanning device	29
Table 23	Eating meals	30
Table 24a-b	Nutrition	31-32
Table 25	Vehicle safety	33

<b>TABLE #</b>	<b>SUBJECT AREA</b>	<b>PAGE</b>
<b>MENTAL HEALTH</b>		
Table 26a-c	Self-description	34-36
Table 27a-b	Emotional well-being and distress	37-38
Table 28	Self-inflicted injury; Suicidal thoughts and suicidal behavior	39
<b>BEHAVIOR</b>		
Table 29	Problematic and antisocial behavior	40
Table 30a-b	Gambling behavior	41-42
<b>SUBSTANCE USE</b>		
Table 31	Summary of substance use	43
Table 32	Substance use among 5 <sup>th</sup> grade students	44
Table 33	Tobacco use	45
Table 33a	Access to e-cigarettes	46
Table 34	Exposure to secondhand smoke	47
Table 35	Alcohol use frequency and quantity	48
Table 36	Access to alcohol	49
Table 37	Use of marijuana and prescription drugs	50
Table 38	Prescription drug use	51
Table 39	Hallucinogen, ecstasy, cocaine and heroin use	52
Table 40	Methamphetamine, over-the-counter drug, synthetic drug and inhalant use	53
Table 41	Perceived risk of harm from substance use	54
Table 42a	Perceptions of parents' disapproval of substance use	55
Table 42b	Perceptions of friends' disapproval of substance use	56
Table 43	Perceptions about alcohol use	57
Table 44	Use of tobacco, alcohol, marijuana and e-cigarettes	58
Table 45	Perceptions of others' use of tobacco, alcohol, marijuana and e-cigarettes	59
Table 46a-b	Consequences of substance use	60-61
<b>SEXUAL HEALTH AND PROTECTIVE FACTORS</b>		
Table 47a-b	Sexual behavior	62-63





## 2019 Minnesota Student Survey

### TABLE 1A DEMOGRAPHIC DESCRIPTION

*Questioning/not sure*

		Grade			
		9th		11th	
		N	%	N	%
<b>Total number of surveys</b>		1,048	100%	614	100%
<b>What is your biological sex?*</b>	<b>Male</b>	237	23%	144	23%
	<b>Female</b>	809	77%	469	76%
	<b>No answer</b>	2	0%	1	0%
<b>Age</b>	<b>13</b>	4	0%	0	0%
	<b>14</b>	480	46%	0	0%
	<b>15</b>	538	51%	3	0%
	<b>16</b>	23	2%	265	43%
	<b>17</b>	1	0%	343	56%
	<b>18</b>	0	0%	3	0%
	<b>19-20</b>	0	0%	0	0%
<b>How do you describe yourself? (Mark ALL that apply)</b>	<b>American Indian or Alaskan Native only</b>	6	1%	9	1%
	<b>Asian or Asian American only</b>	84	8%	41	7%
	<b>Black, African or African American only</b>	49	5%	29	5%
	<b>Hispanic or Latino/a only</b>	56	5%	33	5%
	<b>Native Hawaiian or Other Pacific Islander only</b>	2	0%	2	0%
	<b>White only</b>	698	67%	425	69%
	<b>Multiple races (checked more than one)</b>	141	13%	74	12%
	<b>No answer</b>	12	1%	1	0%

\* 5th grade surveys asked "Are you male or female?"

2019 Minnesota Student Survey

TABLE 1B  
DEMOGRAPHIC DESCRIPTION<sup>^</sup>

Questioning/not sure

		Grade			
		9th		11th	
		N	%	N	%
If you are American Indian or Alaskan Native, which group best describes you? (If more than one describes you, mark ALL that apply)	Anishinaabe/Ojibwe	28	3%	16	3%
	Dakota/Lakota	6	1%	4	1%
	Other tribal affiliation	25	2%	11	2%
If you are Asian or Asian American, which group best describes you? (If more than one describes you, mark ALL that apply)	Asian Indian	14	1%	10	2%
	Burmese	1	0%	0	0%
	Chinese	28	3%	14	2%
	Filipino	8	1%	5	1%
	Hmong	25	2%	11	2%
	Karen	3	0%	1	0%
	Korean	9	1%	5	1%
	Lao	7	1%	5	1%
	Vietnamese	21	2%	6	1%
	Other Asian	31	3%	17	3%
If you are Black, African or African American, which group best describes you? (If more than one describes you, mark ALL that apply)	African American	54	5%	30	5%
	Ethiopian – Oromo	2	0%	1	0%
	Ethiopian – other	3	0%	1	0%
	Liberian	2	0%	7	1%
	Nigerian	9	1%	3	0%
	Somali	10	1%	4	1%
	Other Black, African or African American	19	2%	10	2%
If you are Hispanic or Latino/Latina, which group best describes you? (If more than one describes you, mark ALL that apply)	Colombian	1	0%	2	0%
	Ecuadoran	2	0%	1	0%
	Guatemalan	3	0%	3	0%
	Mexican	64	6%	38	6%
	Puerto Rican	10	1%	3	0%
	Salvadoran	8	1%	2	0%
	Spanish/Spanish-American	20	2%	10	2%
	Other Hispanic or Latino/Latina	12	1%	11	2%

<sup>^</sup> All questions on this table were new in 2019.

**2019 Minnesota Student Survey**

**TABLE 2  
SEXUAL ORIENTATION; GENDER IDENTITY; GENDER EXPRESSION\*  
Questioning/not sure**

		Grade			
		9th		11th	
		Male	Female	Male	Female
		%	%	%	%
<b>A person's appearance, style, dress, or the way they walk or talk may affect how people describe them. How do you think other people at school would describe you?*</b>	<b>Very or mostly feminine</b>	4%	25%	5%	27%
	<b>Somewhat feminine</b>	8%	43%	10%	45%
	<b>Equally feminine and masculine</b>	33%	23%	30%	20%
	<b>Somewhat masculine</b>	38%	6%	44%	8%
	<b>Very or mostly masculine</b>	17%	2%	11%	0%
<b>Are you transgender, genderqueer, or genderfluid?^</b>	<b>Yes</b>	4%	3%	3%	3%
	<b>No</b>	70%	83%	78%	88%
	<b>I am not sure about my gender identity</b>	16%	11%	13%	7%
	<b>I am not sure what this question means</b>	10%	3%	5%	2%
<b>IF TRANSGENDER, GENDERQUEER OR GENDERFLUID: How do you describe yourself?^^</b>	<b>Male, trans male, trans man, or trans masculine</b>	22%	54%	40%	46%
	<b>Female, trans female, trans woman, or trans feminine</b>	44%	17%	40%	15%
	<b>Non-binary, genderqueer, or genderfluid</b>	11%	25%	20%	31%
	<b>I prefer to describe my gender as something else</b>	22%	4%	0%	8%

\* 5th grade survey did not ask these questions.  
 \*\* 8th grade survey did not ask these questions.  
 ^ Change in question wording from 2016.  
 ^^ New question in 2019.

2019 Minnesota Student Survey

**TABLE 3  
SCHOOL PLANS; ACADEMIC ADVISING; IEP; ACADEMIC  
PERFORMANCE**

*Questioning/not sure*

		Grade			
		9th		11th	
		Male	Female	Male	Female
		%	%	%	%
<b>What is the MAIN thing you plan to do right AFTER high school?*</b>	<b>I don't plan to graduate from high school</b>	1%	0%	3%	0%
	<b>Get my GED</b>	2%	1%	2%	0%
	<b>Go to a two-year community or technical college</b>	14%	7%	17%	16%
	<b>Go to a four-year college or university</b>	47%	72%	54%	67%
	<b>Get a license or certificate in a career field</b>	5%	3%	0%	3%
	<b>Attend an apprenticeship program</b>	1%	0%	1%	0%
	<b>Join the military</b>	6%	2%	1%	1%
	<b>Work at a job</b>	12%	7%	12%	8%
	<b>Other</b>	10%	7%	9%	3%
<b>Has an adult in your school helped you think about education options for after high school (college or other training program)?**</b>	<b>Yes</b>	56%	60%	76%	76%
	<b>No</b>	44%	40%	24%	24%
<b>Has an adult in your school helped you find career-focused field experiences (job shadowing, work-based learning, service learning, career camps, apprenticeships)?**</b>	<b>Yes</b>	35%	30%	33%	31%
	<b>No</b>	65%	70%	67%	69%
<b>Do you receive special education services as part of an individual education plan or IEP?</b>	<b>Yes</b>	19%	7%	21%	12%
	<b>No</b>	58%	65%	59%	75%
	<b>Not sure</b>	23%	28%	20%	13%
<b>How would you describe your grades this school year?</b>	<b>Mostly A's</b>	38%	59%	40%	48%
	<b>Mostly B's</b>	35%	25%	27%	36%
	<b>Mostly C's</b>	14%	11%	19%	10%
	<b>Mostly D's</b>	5%	3%	6%	3%
	<b>Mostly F's</b>	5%	2%	4%	1%
	<b>Mostly Incompletes</b>	2%	1%	3%	1%
	<b>None of these letter grades</b>	1%	0%	1%	0%

\* 5th grade survey did not ask this question.

\*\*5th and 8th grade surveys did not ask these questions.

2019 Minnesota Student Survey

**TABLE 4  
SCHOOL ATTENDANCE<sup>^</sup>**

*Questioning/not sure*

		Grade			
		9th		11th	
		Male %	Female %	Male %	Female %
During the last 30 days, how many times did you miss a full day of school? (Do not include school-sponsored activities like field trips, sports, academic or music events)	None	55%	50%	51%	42%
	Once or twice	29%	36%	31%	41%
	3 to 5 times	9%	10%	11%	12%
	6 to 9 times	3%	3%	4%	5%
	10 or more times	4%	1%	3%	1%
During the last 30 days, how many times did you miss part of a day of school such as coming late, leaving early or missing class time during the day? (Do not include school-sponsored activities like field trips, sports, academic or music events)	None	47%	41%	42%	40%
	Once or twice	34%	40%	36%	33%
	3 to 5 times	13%	14%	11%	19%
	6 to 9 times	2%	3%	6%	4%
	10 or more times	5%	2%	4%	3%
AMONG THOSE WHO MISSED PART OF OR A FULL DAY OF SCHOOL: What are the reasons you missed a full or part of a day of school in the last 30 days? (Mark ALL that apply)	Illness (feeling physically sick), including problems with breathing or your teeth	42%	55%	48%	61%
	Medical, dental or other health-related appointment	39%	48%	42%	48%
	Vacation or trip	11%	10%	11%	11%
	Felt very sad, hopeless, anxious, stressed or angry	13%	28%	27%	36%
	Didn't get enough sleep	21%	21%	24%	33%
	Didn't feel safe at school	5%	4%	6%	2%
	Missed your ride or didn't have a way to get to school	16%	16%	10%	8%
	Had to work	1%	1%	0%	2%
	Had to take care of or help a family member or friend	5%	5%	3%	9%
	Had no place to shower or wash clothes	0%	0%	1%	0%
	Wanted to use alcohol or drugs	3%	1%	2%	2%
	Behind in schoolwork or not prepared for a test or class assignment	9%	14%	11%	24%
	Bored with or not interested in school	11%	10%	12%	15%
	Suspended from school	5%	1%	2%	1%
Other reason	31%	20%	26%	17%	

<sup>^</sup> All questions on this table were new in 2019.

## 2019 Minnesota Student Survey

### TABLE 5 DISCIPLINE; FEELINGS ABOUT SCHOOL

*Questioning/not sure*

		Grade			
		9th		11th	
		Male	Female	Male	Female
		%	%	%	%
<b>During the last 30 days, how many times did you get sent out of the classroom for discipline?^</b>	<b>None</b>	87%	96%	95%	98%
	<b>Once or twice</b>	7%	3%	4%	1%
	<b>3 to 5 times</b>	3%	1%	0%	1%
	<b>6 to 9 times</b>	0%	0%	0%	0%
	<b>10 or more times</b>	3%	0%	1%	0%
<b>How often do you care about doing well in school?</b>	<b>All of the time</b>	34%	47%	31%	44%
	<b>Most of the time</b>	45%	40%	44%	44%
	<b>Some of the time</b>	16%	13%	20%	11%
	<b>None of the time</b>	6%	1%	4%	0%
<b>How often do you go to class unprepared?</b>	<b>All of the time</b>	7%	2%	3%	1%
	<b>Most of the time</b>	6%	4%	14%	4%
	<b>Some of the time</b>	52%	47%	50%	51%
	<b>None of the time</b>	35%	48%	33%	43%
<b>How often do you pay attention in class?</b>	<b>All of the time</b>	18%	19%	17%	18%
	<b>Most of the time</b>	62%	69%	64%	71%
	<b>Some of the time</b>	15%	11%	17%	11%
	<b>None of the time</b>	4%	1%	2%	0%

^ New question in 2019.

2019 Minnesota Student Survey

**TABLE 6  
FEELINGS ABOUT SCHOOL**

**Questioning/not sure**

<i>How much do you agree or disagree with each of the following statements?</i>		Grade			
		9th		11th	
		Male %	Female %	Male %	Female %
<b>If something interests me, I try to learn more about it.</b>	<b>Strongly agree</b>	50%	52%	65%	56%
	<b>Agree</b>	44%	47%	32%	43%
	<b>Disagree</b>	4%	1%	1%	1%
	<b>Strongly disagree</b>	2%	0%	2%	0%
<b>I think things I learn at school are useful.</b>	<b>Strongly agree</b>	11%	6%	7%	10%
	<b>Agree</b>	54%	64%	64%	61%
	<b>Disagree</b>	25%	27%	22%	24%
	<b>Strongly disagree</b>	10%	4%	7%	5%
<b>Being a student is one of the most important parts of who I am.</b>	<b>Strongly agree</b>	18%	12%	13%	16%
	<b>Agree</b>	35%	40%	37%	39%
	<b>Disagree</b>	36%	40%	32%	34%
	<b>Strongly disagree</b>	12%	9%	18%	11%
<b>Overall, adults at my school treat students fairly.</b>	<b>Strongly agree</b>	23%	16%	20%	13%
	<b>Agree</b>	57%	64%	64%	67%
	<b>Disagree</b>	15%	17%	9%	17%
	<b>Strongly disagree</b>	6%	4%	8%	4%
<b>Adults at my school listen to the students.</b>	<b>Strongly agree</b>	19%	11%	15%	9%
	<b>Agree</b>	55%	61%	61%	60%
	<b>Disagree</b>	19%	24%	19%	25%
	<b>Strongly disagree</b>	7%	4%	5%	6%
<b>The school rules are fair.</b>	<b>Strongly agree</b>	19%	11%	14%	11%
	<b>Agree</b>	52%	63%	65%	61%
	<b>Disagree</b>	23%	23%	15%	24%
	<b>Strongly disagree</b>	7%	4%	6%	4%
<b>At my school, teachers care about students.</b>	<b>Strongly agree</b>	25%	19%	35%	19%
	<b>Agree</b>	60%	67%	54%	66%
	<b>Disagree</b>	12%	12%	8%	12%
	<b>Strongly disagree</b>	3%	2%	4%	2%
<b>Most teachers at my school are interested in me as a person.</b>	<b>Strongly agree</b>	15%	10%	21%	15%
	<b>Agree</b>	51%	49%	45%	46%
	<b>Disagree</b>	24%	35%	24%	31%
	<b>Strongly disagree</b>	10%	6%	10%	8%

## 2019 Minnesota Student Survey

**TABLE 7A**  
**PRESENCE OF A SCHOOL RESOURCE/POLICE OFFICER\***  
*Questioning/not sure*

		Grade			
		9th		11th	
		Male	Female	Male	Female
		%	%	%	%
<b>Is there a police officer or School Resource Officer (SRO) at your school?</b>	<b>Yes</b>	75%	74%	74%	81%
	<b>No</b>	4%	3%	8%	5%
	<b>I don't know</b>	22%	23%	18%	14%

\* 5th grade survey did not ask this question.



## 2019 Minnesota Student Survey

**TABLE 7B**  
**INTERACTIONS WITH A SCHOOL RESOURCE/POLICE OFFICER\***  
*Questioning/not sure*

<b>INCLUDES ONLY THOSE WHO HAVE A SCHOOL RESOURCE (SRO) OR POLICE OFFICER AT THEIR SCHOOL</b>		<b>Grade</b>			
		<b>9th</b>		<b>11th</b>	
		<b>Male</b>	<b>Female</b>	<b>Male</b>	<b>Female</b>
		<b>%</b>	<b>%</b>	<b>%</b>	<b>%</b>
<b>If I knew about something unsafe or illegal at my school, I would tell the SRO or police officer.</b>	<b>Strongly agree</b>	25%	19%	19%	17%
	<b>Agree</b>	42%	46%	45%	42%
	<b>Disagree</b>	23%	29%	28%	33%
	<b>Strongly disagree</b>	10%	6%	8%	8%
<b>I would feel comfortable going to my school's SRO or police officer if I was having problems or needed help.</b>	<b>Strongly agree</b>	20%	12%	17%	10%
	<b>Agree</b>	34%	38%	43%	38%
	<b>Disagree</b>	34%	39%	33%	38%
	<b>Strongly disagree</b>	11%	10%	8%	13%
<b>I think it is a good idea to have an SRO or police officer at our school.</b>	<b>Strongly agree</b>	51%	48%	42%	44%
	<b>Agree</b>	42%	46%	48%	49%
	<b>Disagree</b>	5%	6%	9%	6%
	<b>Strongly disagree</b>	2%	1%	1%	2%

\* 5th grade survey did not ask these questions.

## 2019 Minnesota Student Survey

### TABLE 8 PERCEPTIONS OF SAFETY

#### *Questioning/not sure*

<i>How much do you agree or disagree with each of the following statements?</i>		Grade			
		9th		11th	
		Male	Female	Male	Female
		%	%	%	%
<b>I feel safe going to and from school.</b>	<b>Strongly agree</b>	42%	31%	44%	40%
	<b>Agree</b>	47%	61%	46%	52%
	<b>Disagree</b>	8%	7%	8%	7%
	<b>Strongly disagree</b>	3%	1%	2%	1%
<b>I feel safe at school.</b>	<b>Strongly agree</b>	31%	23%	35%	30%
	<b>Agree</b>	52%	59%	50%	57%
	<b>Disagree</b>	12%	16%	12%	13%
	<b>Strongly disagree</b>	5%	2%	2%	0%
<b>I feel safe in my neighborhood.</b>	<b>Strongly agree</b>	52%	39%	48%	46%
	<b>Agree</b>	42%	54%	40%	48%
	<b>Disagree</b>	4%	7%	12%	6%
	<b>Strongly disagree</b>	1%	1%	1%	1%
<b>I feel safe at home.</b>	<b>Strongly agree</b>	63%	49%	61%	55%
	<b>Agree</b>	31%	44%	33%	41%
	<b>Disagree</b>	4%	6%	5%	3%
	<b>Strongly disagree</b>	2%	1%	1%	1%

2019 Minnesota Student Survey

TABLE 9A  
AFTER SCHOOL SUPERVISION

Questioning/not sure

<i>During a typical week, how often do you go to the following places after school?</i>		Grade			
		9th		11th	
		Male	Female	Male	Female
		%	%	%	%
<b>I stay at my school or go to another school</b>	<b>0 days</b>	58%	48%	50%	47%
	<b>1 day</b>	13%	17%	15%	16%
	<b>2 days</b>	6%	11%	14%	11%
	<b>3 to 4 days</b>	8%	9%	11%	12%
	<b>5 days</b>	14%	15%	10%	14%
<b>My home or another home such as a friend's, relative's or neighbor's</b>	<b>0 days</b>	18%	14%	13%	17%
	<b>1 day</b>	7%	10%	9%	11%
	<b>2 days</b>	6%	10%	7%	12%
	<b>3 to 4 days</b>	14%	17%	17%	17%
	<b>5 days</b>	55%	49%	53%	43%
<b>A rec, community or other youth center</b>	<b>0 days</b>	87%	87%	90%	90%
	<b>1 day</b>	6%	8%	5%	4%
	<b>2 days</b>	3%	3%	3%	2%
	<b>3 to 4 days</b>	2%	1%	0%	2%
	<b>5 days</b>	2%	1%	2%	2%
<b>A park or other outdoor space</b>	<b>0 days</b>	73%	77%	84%	83%
	<b>1 day</b>	9%	13%	8%	9%
	<b>2 days</b>	10%	7%	6%	6%
	<b>3 to 4 days</b>	5%	2%	2%	1%
	<b>5 days</b>	3%	2%	0%	1%
<b>A library</b>	<b>0 days</b>	83%	83%	91%	83%
	<b>1 day</b>	10%	11%	3%	11%
	<b>2 days</b>	3%	4%	4%	3%
	<b>3 to 4 days</b>	3%	1%	2%	2%
	<b>5 days</b>	1%	1%	0%	1%
<b>A church, synagogue, mosque, or other spiritual/religious place</b>	<b>0 days</b>	83%	80%	92%	84%
	<b>1 day</b>	11%	16%	6%	13%
	<b>2 days</b>	4%	2%	2%	2%
	<b>3 to 4 days</b>	1%	1%	0%	0%
	<b>5 days</b>	1%	1%	0%	0%
<b>A job*</b>	<b>0 days</b>	88%	90%	68%	57%
	<b>1 day</b>	3%	4%	4%	9%
	<b>2 days</b>	5%	4%	15%	17%
	<b>3 to 4 days</b>	4%	1%	9%	14%
	<b>5 days</b>	0%	1%	4%	2%

\* 5th and 8th grade surveys did not ask this question.

## 2019 Minnesota Student Survey

### TABLE 10A BEING BULLIED FOR SPECIFIC REASONS

#### Questioning/not sure

<i>During the last 30 days, how often have other students harassed or bullied you for any of the following reasons?</i>		Grade			
		9th		11th	
		Male	Female	Male	Female
		%	%	%	%
<b>Your race, ethnicity or national origin</b>	<b>Never</b>	85%	89%	85%	91%
	<b>Once or twice</b>	10%	9%	9%	7%
	<b>About once a week</b>	2%	2%	4%	1%
	<b>Several times a week</b>	2%	1%	0%	1%
	<b>Every day</b>	2%	0%	3%	0%
<b>Your religion</b>	<b>Never</b>	92%	92%	92%	93%
	<b>Once or twice</b>	4%	6%	4%	6%
	<b>About once a week</b>	1%	1%	3%	0%
	<b>Several times a week</b>	1%	0%	0%	0%
	<b>Every day</b>	1%	0%	1%	0%
<b>Your gender (being male, female, transgender, etc.)<sup>^</sup></b>	<b>Never</b>	86%	84%	88%	86%
	<b>Once or twice</b>	9%	12%	8%	12%
	<b>About once a week</b>	4%	2%	1%	1%
	<b>Several times a week</b>	0%	1%	0%	1%
	<b>Every day</b>	1%	1%	3%	0%
<b>Your gender expression (your style, dress, or the way you walk or talk)<sup>*</sup></b>	<b>Never</b>	69%	74%	71%	82%
	<b>Once or twice</b>	17%	18%	18%	12%
	<b>About once a week</b>	6%	5%	6%	3%
	<b>Several times a week</b>	4%	2%	1%	2%
	<b>Every day</b>	4%	1%	4%	1%

\* 5th and 8th grade surveys did not ask this question.

<sup>^</sup> On the 5th grade survey, this item was worded "Your gender (being male or female)".

## 2019 Minnesota Student Survey

### TABLE 10B BEING BULLIED FOR SPECIFIC REASONS

#### Questioning/not sure

<i>During the last 30 days, how often have other students harassed or bullied you for any of the following reasons?</i>		Grade			
		9th		11th	
		Male	Female	Male	Female
		%	%	%	%
<b>Because you are gay, lesbian, or bisexual or because someone thought you were*</b>	<b>Never</b>	72%	84%	78%	89%
	<b>Once or twice</b>	15%	12%	13%	8%
	<b>About once a week</b>	5%	2%	4%	2%
	<b>Several times a week</b>	5%	1%	2%	0%
	<b>Every day</b>	3%	1%	3%	1%
<b>A physical or mental disability</b>	<b>Never</b>	81%	90%	85%	90%
	<b>Once or twice</b>	13%	8%	8%	7%
	<b>About once a week</b>	2%	1%	4%	2%
	<b>Several times a week</b>	1%	1%	1%	1%
	<b>Every day</b>	3%	0%	1%	0%
<b>Your size or weight</b>	<b>Never</b>	71%	72%	71%	79%
	<b>Once or twice</b>	18%	19%	20%	15%
	<b>About once a week</b>	4%	4%	5%	2%
	<b>Several times a week</b>	3%	3%	2%	2%
	<b>Every day</b>	4%	2%	2%	2%
<b>Your physical appearance</b>	<b>Never</b>	62%	67%	68%	73%
	<b>Once or twice</b>	23%	22%	21%	19%
	<b>About once a week</b>	8%	6%	2%	4%
	<b>Several times a week</b>	3%	3%	6%	2%
	<b>Every day</b>	4%	2%	3%	2%

\* 5th and 8th grade surveys did not ask this question.

2019 Minnesota Student Survey

**TABLE 11A  
BEING CYBERBULLIED**

***Questioning/not sure***

		Grade			
		9th		11th	
		Male	Female	Male	Female
		%	%	%	%
<b>During the last 30 days, how often have you been cyberbullied? (Count being bullied through texting, Instagram, Snapchat or other social media)^</b>	<b>Never</b>	81%	84%	81%	87%
	<b>Once or twice</b>	12%	11%	9%	9%
	<b>About once a week</b>	2%	3%	7%	2%
	<b>Several times a week</b>	3%	1%	0%	1%
	<b>Every day</b>	2%	1%	3%	1%

^ Change in question wording from 2016.

2019 Minnesota Student Survey

**TABLE 11B  
BEING BULLIED OR HARASSED AT SCHOOL**

**Questioning/not sure**

<i>During the last 30 days, on how many days have other students at school...</i>		Grade			
		9th		11th	
		Male %	Female %	Male %	Female %
...pushed, shoved, slapped, hit or kicked you when they weren't kidding around?	Never	83%	90%	90%	95%
	Once or twice	11%	7%	7%	4%
	About once a week	2%	1%	1%	0%
	Several times a week	2%	1%	2%	0%
	Every day	2%	0%	1%	1%
...threatened to beat you up?	Never	82%	89%	87%	94%
	Once or twice	11%	9%	10%	5%
	About once a week	4%	1%	1%	1%
	Several times a week	1%	1%	1%	0%
	Every day	3%	0%	1%	0%
...spread mean rumors or lies about you?	Never	74%	74%	78%	79%
	Once or twice	16%	17%	14%	16%
	About once a week	3%	4%	4%	4%
	Several times a week	4%	2%	2%	1%
	Every day	3%	2%	2%	1%
...made sexual jokes, comments or gestures towards you?*	Never	72%	68%	74%	72%
	Once or twice	14%	20%	14%	20%
	About once a week	4%	6%	4%	4%
	Several times a week	4%	4%	4%	2%
	Every day	6%	2%	4%	1%
...excluded you from friends, other students or activities?	Never	72%	59%	69%	69%
	Once or twice	14%	26%	11%	20%
	About once a week	6%	6%	11%	6%
	Several times a week	4%	5%	5%	2%
	Every day	4%	3%	4%	3%
Bullied once or more in the last 30 days^	No	48%	42%	54%	52%
	Yes	52%	58%	46%	48%
Bullied weekly or more in the last 30 days^	No	75%	76%	72%	83%
	Yes	25%	24%	28%	17%
Bullied daily in the last 30 days^	No	91%	94%	93%	96%
	Yes	9%	6%	7%	4%

\* 5th grade survey did not ask this question.

^ These are computed variables based on combinations of responses to the first five questions on this table.

2019 Minnesota Student Survey

**TABLE 12  
BULLYING OR HARASSING OTHER STUDENTS AT SCHOOL**

**Questioning/not sure**

		Grade			
		9th		11th	
		Male %	Female %	Male %	Female %
<i>During the last 30 days, how many times at school have YOU...</i>					
...pushed, shoved, slapped, hit or kicked someone when you weren't kidding around?	Never	87%	94%	93%	97%
	Once or twice	9%	5%	4%	2%
	About once a week	2%	1%	1%	0%
	Several times a week	0%	0%	1%	0%
	Every day	2%	0%	1%	0%
...threatened to beat someone up?	Never	87%	91%	91%	96%
	Once or twice	8%	7%	5%	3%
	About once a week	3%	1%	1%	1%
	Several times a week	0%	1%	0%	0%
	Every day	3%	1%	2%	0%
...spread mean rumors or lies about someone else?	Never	90%	90%	88%	94%
	Once or twice	7%	9%	9%	5%
	About once a week	1%	0%	1%	0%
	Several times a week	0%	0%	1%	0%
	Every day	2%	0%	1%	0%
...made sexual jokes, comments or gestures towards someone else?*	Never	77%	90%	83%	92%
	Once or twice	13%	8%	11%	6%
	About once a week	6%	1%	2%	0%
	Several times a week	1%	0%	1%	1%
	Every day	3%	1%	3%	0%
...excluded someone from friends, other students or activities?	Never	80%	86%	90%	89%
	Once or twice	17%	12%	7%	10%
	About once a week	2%	1%	2%	1%
	Several times a week	0%	1%	0%	0%
	Every day	1%	0%	1%	0%

\* 5th grade survey did not ask this question.



2019 Minnesota Student Survey

**TABLE 13A  
AVAILABILITY OF COMMUNITY PROGRAMS**

*Questioning/not sure*

		Grade			
		9th		11th	
		Male	Female	Male	Female
		%	%	%	%
<b>Does your school or community offer a variety of programs for people your age to participate in outside of the regular school day?</b>	<b>Yes</b>	69%	70%	64%	68%
	<b>No</b>	9%	3%	8%	7%
	<b>I don't know what programs are available in my community</b>	23%	27%	28%	25%

2019 Minnesota Student Survey

**TABLE 13B  
ENRICHMENT ACTIVITIES**

*Questioning/not sure*

<i>During a typical week, how often do you participate in the following activities outside of the regular school day?</i>		Grade			
		9th		11th	
		Male	Female	Male	Female
		%	%	%	%
<b>Sports teams, such as park and rec teams, school teams, in-house teams or traveling teams</b>	<b>0 days</b>	65%	64%	74%	76%
	<b>1 day</b>	6%	4%	2%	3%
	<b>2 days</b>	5%	6%	4%	4%
	<b>3 to 4 days</b>	7%	12%	4%	7%
	<b>5 or more days</b>	17%	14%	15%	11%
<b>School sponsored activities or clubs that are not sports, such as drama, music, chess or science club</b>	<b>0 days</b>	65%	63%	59%	55%
	<b>1 day</b>	12%	15%	15%	15%
	<b>2 days</b>	11%	10%	15%	10%
	<b>3 to 4 days</b>	6%	6%	10%	11%
	<b>5 or more days</b>	7%	6%	2%	8%
<b>Tutoring, homework help or academic programs</b>	<b>0 days</b>	86%	89%	87%	84%
	<b>1 day</b>	7%	6%	9%	10%
	<b>2 days</b>	3%	3%	2%	4%
	<b>3 to 4 days</b>	2%	1%	1%	2%
	<b>5 or more days</b>	2%	0%	1%	0%
<b>Leadership activities such as student government, youth councils or committees</b>	<b>0 days</b>	89%	91%	90%	81%
	<b>1 day</b>	5%	7%	6%	12%
	<b>2 days</b>	3%	2%	4%	6%
	<b>3 to 4 days</b>	1%	0%	0%	1%
	<b>5 or more days</b>	2%	0%	1%	1%

2019 Minnesota Student Survey

**TABLE 13C  
ENRICHMENT ACTIVITIES**

*Questioning/not sure*

<i>During a typical week, how often do you participate in the following activities outside of the regular school day?</i>		Grade			
		9th		11th	
		Male	Female	Male	Female
		%	%	%	%
<b>Artistic lessons, such as music or dance</b>	<b>0 days</b>	81%	70%	79%	74%
	<b>1 day</b>	7%	15%	13%	15%
	<b>2 days</b>	6%	7%	4%	5%
	<b>3 to 4 days</b>	1%	4%	2%	3%
	<b>5 or more days</b>	5%	3%	2%	3%
<b>Physical activity lessons, such as tennis or karate</b>	<b>0 days</b>	85%	86%	93%	90%
	<b>1 day</b>	4%	5%	1%	2%
	<b>2 days</b>	3%	2%	2%	4%
	<b>3 to 4 days</b>	3%	4%	1%	3%
	<b>5 or more days</b>	5%	3%	3%	1%
<b>Other community clubs and programs such as 4-H, Scouts, Y-clubs or Community Ed</b>	<b>0 days</b>	89%	93%	90%	92%
	<b>1 day</b>	6%	5%	6%	6%
	<b>2 days</b>	2%	1%	1%	1%
	<b>3 to 4 days</b>	1%	0%	1%	1%
	<b>5 or more days</b>	1%	0%	1%	0%
<b>Religious activities such as religious services, education or youth group</b>	<b>0 days</b>	80%	75%	84%	81%
	<b>1 day</b>	15%	20%	12%	15%
	<b>2 days</b>	3%	4%	3%	4%
	<b>3 to 4 days</b>	0%	1%	0%	0%
	<b>5 or more days</b>	1%	0%	1%	0%

2019 Minnesota Student Survey

TABLE 14  
QUALITY OF YOUTH ACTIVITIES<sup>^</sup>

*Questioning/not sure*

<i>When you spend time doing activities outside of the regular school day, how often do you...</i>		Grade			
		9th		11th	
		Male	Female	Male	Female
		%	%	%	%
...feel safe?	Rarely or never	6%	2%	5%	1%
	Sometimes	9%	9%	9%	8%
	Often	34%	42%	32%	40%
	Very often	50%	47%	54%	51%
...learn skills like teamwork or leadership?	Rarely or never	24%	12%	15%	9%
	Sometimes	31%	37%	33%	32%
	Often	32%	34%	34%	32%
	Very often	13%	17%	18%	27%
...develop trusting relationships with peers your age?	Rarely or never	19%	14%	18%	16%
	Sometimes	31%	35%	29%	30%
	Often	33%	33%	34%	29%
	Very often	17%	18%	19%	26%
...develop trusting relationships with adults?	Rarely or never	22%	19%	18%	15%
	Sometimes	33%	41%	34%	34%
	Often	32%	27%	31%	31%
	Very often	12%	13%	16%	19%
...help make decisions?	Rarely or never	24%	15%	17%	11%
	Sometimes	32%	38%	31%	36%
	Often	33%	35%	35%	34%
	Very often	12%	12%	17%	18%
...do something that gives you joy and energy?	Rarely or never	15%	8%	9%	9%
	Sometimes	20%	26%	27%	27%
	Often	31%	36%	28%	34%
	Very often	34%	30%	37%	31%
...learn skills that you can use in a future job?	Rarely or never	21%	18%	21%	14%
	Sometimes	38%	41%	31%	37%
	Often	26%	27%	28%	28%
	Very often	16%	14%	20%	20%

<sup>^</sup> These items are a subscale of the Constructive Use of Time Scale from the Developmental Assets Profile (DAP) (Search Institute, Minneapolis, MN).

2019 Minnesota Student Survey

**TABLE 15  
LIVING SITUATIONS**

*Questioning/not sure*

		Grade			
		9th		11th	
		Male	Female	Male	Female
		%	%	%	%
Have you ever been in foster care? (Mark ALL that apply)^	No	95%	98%	98%	97%
	Yes, during the last year	2%	0%	0%	1%
	Yes, more than a year ago	3%	2%	2%	2%
During the past 12 months, have you stayed in a shelter, somewhere not intended as a place to live, or someone else's home because you had no other place to stay? (Mark ALL that apply)*	No	93%	94%	94%	95%
	Yes, I was with my parents or adult family member	5%	5%	5%	3%
	Yes, I was on my own without any adult family members	1%	1%	2%	1%
Have any of your parents or guardians ever been in jail or prison? (Mark ALL that apply)*	None of my parents or guardians has ever been in jail or prison	81%	80%	78%	82%
	Yes, I have a parent or guardian in jail or prison right now	5%	2%	6%	2%
	Yes, I have had a parent or guardian in jail or prison in the past	15%	19%	19%	17%
IF YOU HAVE OR HAVE HAD A PARENT OR GUARDIAN IN JAIL OR PRISON: Did you live with a parent or guardian at the time they went to jail or prison?^*	Yes	55%	52%	52%	51%
	No	45%	48%	48%	49%

^ New question in 2019.

\* 5th grade survey did not ask this question.

2019 Minnesota Student Survey

TABLE 16  
COMMUNICATION WITH ADULTS

*Questioning/not sure*

		Grade			
		9th		11th	
		Male	Female	Male	Female
		%	%	%	%
<b>Which of these adults can you talk to about problems you are having? (Mark ALL that apply)^</b>	<b>Parent or guardian</b>	75%	70%	73%	72%
	<b>Adult at school</b>	38%	28%	41%	31%
	<b>Some other adult</b>	28%	28%	33%	34%
	<b>I don't have any adults that I can talk to about problems I am having</b>	16%	20%	15%	16%

^ New question in 2019.

2019 Minnesota Student Survey

**TABLE 17  
PERCEPTIONS OF FAMILY AND OTHERS CARING**

*Questioning/not sure*

		Grade			
		9th		11th	
		Male	Female	Male	Female
		%	%	%	%
<b>How much do you feel ...</b> ...your parents care about you?	<b>Not at all</b>	4%	1%	3%	1%
	<b>A little</b>	6%	6%	6%	4%
	<b>Some</b>	7%	13%	12%	13%
	<b>Quite a bit</b>	26%	25%	28%	28%
	<b>Very much</b>	57%	55%	52%	54%
...other adult relatives care about you?	<b>Not at all</b>	4%	3%	6%	4%
	<b>A little</b>	7%	9%	12%	11%
	<b>Some</b>	19%	19%	18%	24%
	<b>Quite a bit</b>	32%	36%	27%	34%
	<b>Very much</b>	37%	34%	37%	28%
...friends care about you?	<b>Not at all</b>	6%	2%	4%	2%
	<b>A little</b>	8%	11%	9%	8%
	<b>Some</b>	18%	20%	28%	22%
	<b>Quite a bit</b>	41%	36%	30%	35%
	<b>Very much</b>	26%	32%	29%	32%
...teachers/other adults at school care about you?	<b>Not at all</b>	11%	9%	8%	6%
	<b>A little</b>	17%	25%	18%	25%
	<b>Some</b>	34%	36%	33%	36%
	<b>Quite a bit</b>	28%	23%	27%	25%
	<b>Very much</b>	10%	7%	14%	7%
...adults in your community care about you?	<b>Not at all</b>	17%	20%	22%	23%
	<b>A little</b>	29%	30%	25%	27%
	<b>Some</b>	25%	28%	26%	28%
	<b>Quite a bit</b>	21%	15%	14%	16%
	<b>Very much</b>	8%	7%	13%	5%

2019 Minnesota Student Survey

**TABLE 18  
ADVERSE CHILDHOOD EXPERIENCES\***

**Questioning/not sure**

		Grade			
		9th		11th	
		Male	Female	Male	Female
		%	%	%	%
Do you live with anyone who drinks too much alcohol?	Yes	16%	13%	11%	15%
	No	84%	87%	89%	85%
Do you live with anyone who uses illegal drugs or abuses prescription drugs?	Yes	8%	7%	8%	7%
	No	92%	93%	92%	93%
Do you live with anyone who is depressed or has any other mental health issues? <sup>^</sup>	Yes	36%	48%	38%	51%
	No	64%	52%	62%	49%
Does a parent or other adult in your home regularly swear at you, insult you or put you down?	Yes	20%	22%	23%	21%
	No	80%	78%	77%	79%
Has a parent or other adult in your home ever hit, beat, kicked or physically hurt you in any way?	Yes	20%	17%	22%	16%
	No	80%	83%	78%	84%
Have your parents or other adults in your home ever slapped, hit, kicked, punched or beat each other up?	Yes	11%	13%	15%	11%
	No	89%	87%	85%	89%
Has anyone who was not a relative/family member ever pressured, tricked, or forced you to do something sexual or done something sexual to you against your wishes? <sup>^^</sup>	Yes	5%	10%	7%	11%
	No	95%	90%	93%	89%
Has any relative/family member ever pressured, tricked, or forced you to do something sexual or done something sexual to you? <sup>^^</sup>	Yes	1%	5%	2%	7%
	No	99%	95%	98%	93%
Have you ever traded sex or sexual activity to receive money, food, drugs, alcohol, a place to stay, or anything else? <sup>^^*</sup>	Yes	3%	1%	2%	1%
	No	97%	99%	98%	99%
ACEs Score-short <sup>^^^</sup>	None	36%	31%	35%	29%
	One	28%	33%	26%	34%
	Two	20%	15%	20%	12%
	Three	10%	8%	6%	13%
	Four or more	6%	13%	14%	11%

\* 5th grade survey did not ask these questions.

\*\* 8th grade survey did not ask this question.

<sup>^</sup> New question in 2019.

<sup>^^</sup> Change in question wording from 2016.

<sup>^^^</sup> An adverse childhood experience (ACE) describes a traumatic experience in a person's life occurring before age 18. The ACEs Score-short is a measure of cumulative exposure to adverse childhood conditions, and combines the responses to all but the last question in this table plus the responses to the first question about parental incarceration (See Table 15).



## 2019 Minnesota Student Survey

### TABLE 19 RELATIONSHIP VIOLENCE\*^

#### *Questioning/not sure*

		Grade			
		9th		11th	
		Male	Female	Male	Female
		%	%	%	%
Have you been in a casual or serious relationship where your partner ever physically hurt you on purpose?	Yes	7%	3%	6%	7%
	No	93%	97%	94%	93%
Have you been in a casual or serious relationship where your partner ever verbally hurt or controlled you?	Yes	12%	13%	15%	21%
	No	88%	87%	85%	79%
Have you been in a casual or serious relationship where your partner ever pressured, tricked, or forced you to do something sexual, or did something sexual to you against your wishes?***	Yes	5%	10%	9%	18%
	No	95%	90%	91%	82%
Have YOU ever pressured, tricked, or forced someone to do something sexual, or have YOU done something sexual to someone against their wishes?***	Yes	3%	1%	3%	1%
	No	87%	96%	89%	97%
	Not sure	11%	2%	8%	2%

\* 5th grade survey did not ask these questions.

\*\* 8th grade survey did not ask this question.

^ All questions on this table were new in 2019.

2019 Minnesota Student Survey

**TABLE 20  
GENERAL HEALTH AND HEALTH CONDITIONS**

*Questioning/not sure*

		Grade			
		9th		11th	
		Male %	Female %	Male %	Female %
How would you describe your health in general?	Excellent	17%	11%	17%	7%
	Very good	31%	32%	28%	32%
	Good	31%	37%	33%	40%
	Fair	17%	17%	17%	16%
	Poor	4%	4%	6%	5%
Do you have any physical disabilities, or long-term health problems (such as asthma, cancer, diabetes, epilepsy or something else)? Long-term means lasting 6 months or more.	Yes	18%	19%	20%	22%
	No	82%	81%	80%	78%
Has a doctor or nurse ever told you that you have diabetes?^	Yes	2%	1%	2%	1%
	No	98%	99%	98%	99%
Has a doctor or nurse ever told you that you have pre-diabetes?^	Yes	4%	2%	2%	3%
	No	96%	98%	98%	97%
Has a doctor or nurse ever told you that you have asthma?	Yes	18%	15%	26%	21%
	No	82%	85%	74%	79%
Has a doctor or nurse ever told you that you have an allergy that requires you to carry an epi-pen?	Yes	8%	5%	7%	3%
	No	92%	95%	93%	97%
Do you have any long-term mental health, behavioral or emotional problems? Long-term means lasting 6 months or more.*	Yes	43%	46%	48%	55%
	No	57%	54%	52%	45%
Weight status* according to Body Mass Index (BMI)**	Normal or underweight	74%	71%	65%	66%
	Overweight	11%	17%	12%	19%
	Obese	15%	11%	23%	15%

^ New question in 2019.

\* 5th grade survey did not ask this question.

\*\* Body Mass Index (BMI) is a number calculated from a child's self-reported weight and height. BMI is calculated using a standard formula. BMI-for-age percentiles are used to interpret BMI numbers for children and teens. CDC BMI-for-age growth charts were used to determine weight status according to BMI for participants in the Minnesota Student Survey.

Not overweight: Less than the 85th percentile  
Overweight: 85th to less than the 95th percentile  
Obese: Equal to or greater than the 95th percentile

2019 Minnesota Student Survey

**TABLE 21  
RECEIPT OF TREATMENT; ORAL HEALTH**

*Questioning/not sure*

		Grade			
		9th		11th	
		Male	Female	Male	Female
		%	%	%	%
Have you ever been treated for a mental health, emotional or behavioral problem? (Mark ALL that apply)*	No	60%	63%	55%	51%
	Yes, during the last year	26%	27%	26%	37%
	Yes, more than a year ago	21%	16%	29%	21%
Have you ever been treated for an alcohol or drug problem? (Mark ALL that apply)*	No	95%	99%	96%	99%
	Yes, during the last year	4%	1%	4%	0%
	Yes, more than a year ago	1%	1%	1%	1%
When was the last time you saw a dentist for a check-up, exam or teeth cleaning or other dental work?^	During the last year	79%	79%	78%	81%
	Between 1 and 2 years ago	10%	13%	11%	13%
	More than 2 years ago	7%	7%	9%	6%
	Never	4%	1%	3%	1%
Have you any of the following dental problems during the past 12 months? (Mark ALL that apply)^^	Toothaches or pain	26%	25%	29%	31%
	Decayed teeth or cavities	16%	15%	18%	19%
	Swollen, painful or bleeding gums	12%	10%	17%	10%
	Could not eat certain foods because of a dental problem	7%	7%	6%	9%
	Missed one or more school days because of a dental problem	6%	5%	5%	5%
	I have not had any of these dental health problems	55%	62%	55%	54%
IF ONE OR MORE DENTAL PROBLEMS: Have you had this dental problem treated by a dentist?^^	Yes	68%	58%	65%	61%
	No, but I will see a dentist	25%	34%	27%	30%
	No, I am not able to get dental treatment	6%	9%	8%	8%

\* 5th grade survey did not ask this question.

^ Change in question wording from 2016.

^^ New question in 2019.

2019 Minnesota Student Survey

**TABLE 22**  
**PHYSICAL ACTIVITY; SLEEP; USE OF INDOOR TANNING DEVICE**  
*Questioning/not sure*

		Grade			
		9th		11th	
		Male	Female	Male	Female
		%	%	%	%
During the last 7 days, on how many days were you physically active for a total of AT LEAST 60 MINUTES PER DAY?	0 days	21%	14%	30%	28%
	1 day	8%	12%	9%	17%
	2 days	14%	17%	17%	15%
	3 days	11%	15%	12%	14%
	4 days	13%	13%	10%	9%
	5 days	13%	16%	11%	10%
	6 days	8%	7%	4%	3%
	7 days	12%	6%	8%	4%
During a typical school night, how many hours of sleep do you get?	4 hours or less	9%	7%	13%	8%
	5 hours	13%	16%	13%	19%
	6 hours	21%	25%	28%	30%
	7 hours	27%	27%	27%	28%
	8 hours	18%	19%	12%	12%
	9 hours	7%	4%	5%	2%
	10 or more hours	5%	1%	1%	0%
During the last 12 months, how many times did you use an indoor tanning device such as a sunlamp, sunbed or tanning booth?*	0 times	91%	99%	97%	98%
	1 or 2 times	3%	1%	1%	0%
	3 to 9 times	3%	0%	1%	1%
	10 to 19 times	2%	0%	0%	0%
	20 to 39 times	0%	0%	1%	1%
	40 or more times	1%	0%	0%	0%

\* 5th grade survey did not ask this question.

## 2019 Minnesota Student Survey

### TABLE 23 EATING MEALS

#### Questioning/not sure

		Grade			
		9th		11th	
		Male	Female	Male	Female
		%	%	%	%
During the last 30 days, have you had to skip meals because your family did not have enough money to buy food?	Yes	7%	6%	10%	9%
	No	93%	94%	90%	91%
During a typical school week, where do you usually get your lunch? (Mark ALL that apply)	I usually don't eat lunch.	11%	18%	18%	21%
	Regular school lunch from the cafeteria	73%	54%	64%	59%
	The a la carte line (buy individual items)	19%	18%	24%	22%
	School store or vending machine	6%	4%	4%	5%
	Fast food restaurant, gas station or somewhere else outside of school	4%	1%	2%	7%
	I bring lunch from home.	21%	36%	26%	33%
Do you currently get free or reduced-price lunch at school?^	Yes	22%	24%	21%	21%
	No	64%	64%	63%	72%
	Not sure	14%	13%	15%	7%

^ Change in question wording from 2016.

2019 Minnesota Student Survey

**TABLE 24A  
NUTRITION**

**Questioning/not sure**

		Grade			
		9th		11th	
		Male	Female	Male	Female
		%	%	%	%
During the last 7 days, how many times did you drink 100% fruit juices such as orange, apple or grape juice? (Do not count punch, Kool-Aid, sports drinks or other fruit-flavored drinks)^	I did NOT eat or drink this	29%	40%	35%	39%
	1 to 3 times in the last 7 days	40%	40%	37%	41%
	4 to 6 times in the last 7 days	11%	12%	12%	10%
	1 time per day	9%	5%	5%	5%
	2 times per day	7%	2%	6%	3%
	3 times per day	1%	1%	1%	0%
	4 or more times per day	3%	1%	4%	2%
During the last 7 days, how many times did you eat fruit? (Do not count fruit juice)^	I did NOT eat or drink this	13%	8%	14%	8%
	1 to 3 times in the last 7 days	32%	28%	29%	28%
	4 to 6 times in the last 7 days	20%	20%	17%	23%
	1 time per day	13%	16%	14%	18%
	2 times per day	13%	17%	14%	15%
	3 times per day	3%	8%	7%	5%
	4 or more times per day	6%	4%	5%	3%
During the last 7 days, how many times did you eat green salad, potatoes, carrots or other vegetables? (Do not count French fries, fried potatoes, or potato chips)	I did NOT eat or drink this	18%	10%	15%	10%
	1 to 3 times in the last 7 days	30%	30%	25%	31%
	4 to 6 times in the last 7 days	20%	20%	21%	22%
	1 time per day	16%	18%	17%	16%
	2 times per day	9%	16%	17%	14%
	3 times per day	4%	4%	3%	4%
	4 or more times per day	4%	3%	3%	2%
During the last 7 days, how many times did you eat from a fast food restaurant, including carry-out or delivery?	I did NOT eat or drink this	28%	33%	27%	25%
	1 to 3 times in the last 7 days	60%	58%	63%	62%
	4 to 6 times in the last 7 days	9%	6%	4%	9%
	1 time per day	2%	2%	3%	2%
	2 times per day	0%	1%	1%	1%
	3 times per day	1%	0%	1%	0%
	4 or more times per day	0%	1%	2%	0%
Servings of fruits, fruit juice and vegetables per day during the last 7 days^^	Less than five	86%	88%	87%	90%
	Five or more	14%	12%	13%	10%

^ Change in question wording from 2016.

^^ This is a computed variable based on combinations of responses to the first three questions on this table.

2019 Minnesota Student Survey

TABLE 24B  
NUTRITION^

Questioning/not sure

		Grade			
		9th		11th	
		Male	Female	Male	Female
<b>During the last 7 days, how many times did you drink...</b>		%	%	%	%
... a glass of milk?	I did NOT eat or drink this	15%	27%	18%	31%
	1 to 3 times in the last 7 days	16%	24%	22%	25%
	4 to 6 times in the last 7 days	19%	14%	16%	14%
	1 time per day	20%	14%	16%	14%
	2 times per day	14%	12%	17%	9%
	3 times per day	8%	6%	6%	3%
	4 or more times per day	9%	2%	5%	3%
... a can, bottle or glass of pop or soda, such as Coke, Pepsi or Sprite?	I did NOT eat or drink this	28%	41%	28%	48%
	1 to 3 times in the last 7 days	38%	40%	39%	39%
	4 to 6 times in the last 7 days	15%	10%	14%	8%
	1 time per day	7%	5%	7%	3%
	2 times per day	6%	2%	6%	1%
	3 times per day	1%	1%	3%	1%
	4 or more times per day	5%	1%	3%	0%
... a can, bottle or glass of a sports drink, such as Gatorade or Powerade?	I did NOT eat or drink this	65%	75%	67%	79%
	1 to 3 times in the last 7 days	22%	19%	18%	16%
	4 to 6 times in the last 7 days	7%	4%	7%	3%
	1 time per day	4%	1%	7%	2%
	2 times per day	2%	1%	1%	0%
	3 times per day	1%	0%	1%	0%
	4 or more times per day	0%	0%	0%	0%
... a can, bottle or glass of an energy drink, such as Rockstar, Red Bull, Monster or Full Throttle?	I did NOT eat or drink this	81%	90%	80%	89%
	1 to 3 times in the last 7 days	13%	7%	10%	7%
	4 to 6 times in the last 7 days	2%	2%	4%	2%
	1 time per day	2%	1%	2%	1%
	2 times per day	1%	0%	2%	1%
	3 times per day	0%	0%	0%	0%
	4 or more times per day	1%	0%	1%	0%
... a can, bottle or glass of coffee or tea that had sugar, syrups, or honey added to it?	I did NOT eat or drink this	59%	47%	56%	44%
	1 to 3 times in the last 7 days	22%	33%	25%	34%
	4 to 6 times in the last 7 days	10%	11%	9%	9%
	1 time per day	4%	6%	7%	8%
	2 times per day	3%	3%	2%	4%
	3 times per day	2%	1%	0%	0%
	4 or more times per day	0%	0%	1%	0%
... a can, bottle or glass of sweetened fruit drinks, such as Kool-Aid, Capri Sun and lemonade?	I did NOT eat or drink this	56%	61%	62%	62%
	1 to 3 times in the last 7 days	29%	28%	27%	29%
	4 to 6 times in the last 7 days	7%	4%	6%	5%
	1 time per day	3%	4%	2%	2%
	2 times per day	3%	1%	2%	1%
	3 times per day	2%	1%	2%	0%
	4 or more times per day	0%	0%	0%	1%
... a bottle or glass of water?	I did NOT eat or drink this	4%	1%	2%	2%
	1 to 3 times in the last 7 days	8%	7%	5%	8%
	4 to 6 times in the last 7 days	13%	11%	12%	10%
	1 time per day	15%	12%	10%	11%
	2 times per day	15%	19%	17%	16%
	3 times per day	15%	17%	20%	22%
	4 or more times per day	29%	32%	35%	32%

^ All questions on this table were new in 2019.

2019 Minnesota Student Survey

TABLE 25  
VEHICLE SAFETY^

Questioning/not sure

		Grade			
		9th		11th	
		Male	Female	Male	Female
		%	%	%	%
When driving a car, truck or SUV, how often do you send or read text messages or emails?*	I don't drive a car, truck or SUV	78%	88%	41%	35%
	I never do this	16%	10%	34%	36%
	Rarely	2%	1%	14%	19%
	Sometimes	2%	1%	7%	7%
	Often	0%	0%	1%	3%
	Always	2%	0%	2%	1%
When driving a car, truck or SUV, how often do you make or answer a phone call?*	I don't drive a car, truck or SUV	79%	88%	40%	34%
	I never do this	12%	9%	29%	26%
	Rarely	5%	2%	12%	23%
	Sometimes	4%	1%	10%	11%
	Often	0%	0%	4%	5%
	Always	1%	0%	4%	1%
How often do you wear a seat belt when you are driving or riding in a car, truck or SUV?*	I don't ride in a car, truck or SUV	25%	25%	9%	10%
	I never do this	3%	1%	2%	0%
	Rarely	2%	1%	1%	1%
	Sometimes	1%	3%	1%	1%
	Often	7%	10%	4%	6%
	Always	62%	60%	83%	81%

\* 5th and 8th grade surveys did not ask this question.

\*\* On the 5th and 8th grade surveys, this question was worded "How often do you wear a seat belt when you are riding in a car, truck or SUV?"

^ All questions on this table had wording changes from 2016.



2019 Minnesota Student Survey

TABLE 26A  
SELF DESCRIPTION<sup>^</sup>

*Questioning/not sure*

<i>In general, how does each of the following statements describe you?</i>		Grade			
		9th		11th	
		Male	Female	Male	Female
		%	%	%	%
I feel in control of my life and future.*	Not at all or rarely	14%	16%	20%	17%
	Somewhat or sometimes	43%	42%	41%	49%
	Very or often	29%	33%	30%	27%
	Extremely or almost always	14%	8%	9%	7%
I feel good about myself.	Not at all or rarely	16%	24%	16%	21%
	Somewhat or sometimes	41%	48%	45%	47%
	Very or often	31%	23%	27%	28%
	Extremely or almost always	12%	5%	11%	4%
I feel good about my future.	Not at all or rarely	19%	17%	23%	20%
	Somewhat or sometimes	33%	41%	38%	45%
	Very or often	33%	31%	23%	26%
	Extremely or almost always	15%	10%	17%	9%
I deal with disappointment without getting too upset.	Not at all or rarely	13%	18%	14%	17%
	Somewhat or sometimes	34%	43%	38%	42%
	Very or often	37%	31%	31%	33%
	Extremely or almost always	16%	9%	17%	8%
I find good ways to deal with things that are hard in my life.	Not at all or rarely	16%	19%	14%	16%
	Somewhat or sometimes	45%	47%	42%	47%
	Very or often	27%	26%	32%	30%
	Extremely or almost always	12%	8%	12%	7%
I am thinking about what my purpose is in life.**	Not at all or rarely	13%	11%	9%	7%
	Somewhat or sometimes	19%	23%	23%	19%
	Very or often	30%	34%	32%	37%
	Extremely or almost always	38%	32%	36%	37%

\* On the 5th grade survey, this item was worded "I can shape and influence what happens in my life and future."

\*\* On the 5th grade survey, this item was worded "I think about what I want to do in my life when I grow up."

<sup>^</sup> These items are adapted from the Developmental Assets Profile (DAP) under a license agreement with Search Institute, Minneapolis, MN.

2019 Minnesota Student Survey

**TABLE 26B  
SELF DESCRIPTION<sup>^</sup>**

*Questioning/not sure*

<i>In general, how does each of the following statements describe you?</i>		Grade			
		9th		11th	
		Male	Female	Male	Female
		%	%	%	%
<b>I say no to things that are dangerous or unhealthy.</b>	<b>Not at all or rarely</b>	9%	6%	4%	6%
	<b>Somewhat or sometimes</b>	20%	18%	24%	21%
	<b>Very or often</b>	36%	30%	30%	35%
	<b>Extremely or almost always</b>	35%	46%	42%	39%
<b>I build friendships with other people.</b>	<b>Not at all or rarely</b>	13%	9%	14%	10%
	<b>Somewhat or sometimes</b>	36%	39%	39%	35%
	<b>Very or often</b>	29%	34%	30%	36%
	<b>Extremely or almost always</b>	22%	18%	17%	19%
<b>I express my feelings in proper ways.</b>	<b>Not at all or rarely</b>	22%	19%	17%	13%
	<b>Somewhat or sometimes</b>	36%	41%	41%	47%
	<b>Very or often</b>	32%	31%	27%	29%
	<b>Extremely or almost always</b>	11%	8%	15%	11%
<b>I plan ahead and make good choices.</b>	<b>Not at all or rarely</b>	14%	10%	16%	7%
	<b>Somewhat or sometimes</b>	37%	37%	39%	42%
	<b>Very or often</b>	37%	39%	32%	38%
	<b>Extremely or almost always</b>	13%	14%	14%	13%
<b>I stay away from bad influences.</b>	<b>Not at all or rarely</b>	9%	8%	9%	7%
	<b>Somewhat or sometimes</b>	19%	19%	23%	20%
	<b>Very or often</b>	36%	34%	36%	37%
	<b>Extremely or almost always</b>	35%	39%	32%	36%
<b>I resolve conflicts without anyone getting hurt.</b>	<b>Not at all or rarely</b>	6%	4%	4%	4%
	<b>Somewhat or sometimes</b>	26%	24%	23%	22%
	<b>Very or often</b>	43%	45%	45%	47%
	<b>Extremely or almost always</b>	25%	27%	28%	28%

<sup>^</sup> These items are adapted from the Developmental Assets Profile (DAP) under a license agreement with Search Institute, Minneapolis, MN.

2019 Minnesota Student Survey

TABLE 26C  
SELF DESCRIPTION<sup>^</sup>

*Questioning/not sure*

<i>In general, how does each of the following statements describe you?</i>		Grade			
		9th		11th	
		Male	Female	Male	Female
		%	%	%	%
I accept people who are different from me.	Not at all or rarely	3%	1%	2%	1%
	Somewhat or sometimes	10%	5%	10%	4%
	Very or often	30%	25%	26%	24%
	Extremely or almost always	56%	69%	62%	71%
I am sensitive to the needs and feelings of others.	Not at all or rarely	9%	4%	8%	2%
	Somewhat or sometimes	22%	21%	20%	15%
	Very or often	40%	34%	41%	35%
	Extremely or almost always	29%	40%	31%	47%
I feel valued and appreciated by others.	Not at all or rarely	14%	17%	15%	15%
	Somewhat or sometimes	34%	42%	39%	39%
	Very or often	39%	30%	29%	34%
	Extremely or almost always	13%	10%	17%	12%
I am included in family tasks and decisions.	Not at all or rarely	8%	13%	12%	10%
	Somewhat or sometimes	31%	29%	36%	31%
	Very or often	41%	39%	34%	39%
	Extremely or almost always	20%	20%	18%	20%
I am given useful roles and responsibilities.	Not at all or rarely	11%	8%	8%	7%
	Somewhat or sometimes	32%	34%	39%	33%
	Very or often	39%	41%	31%	41%
	Extremely or almost always	17%	17%	23%	20%

<sup>^</sup> These items are adapted from the Developmental Assets Profile (DAP) under a license agreement with Search Institute, Minneapolis, MN.

2019 Minnesota Student Survey

**TABLE 27A  
EMOTIONAL WELL-BEING AND DISTRESS\***

*Questioning/not sure*

<i>Over the last two weeks, how often have you been bothered by...?</i>		Grade			
		9th		11th	
		Male	Female	Male	Female
		%	%	%	%
...little interest or pleasure in doing things?	Not at all	31%	26%	30%	20%
	Several days	40%	40%	33%	39%
	More than half the days	20%	18%	21%	24%
	Nearly every day	9%	16%	17%	17%
...feeling down, depressed or hopeless?	Not at all	43%	28%	34%	27%
	Several days	30%	34%	35%	37%
	More than half the days	16%	17%	16%	19%
	Nearly every day	11%	20%	15%	18%
...feeling nervous, anxious or on edge? <sup>^</sup>	Not at all	28%	15%	26%	15%
	Several days	37%	35%	42%	32%
	More than half the days	21%	21%	14%	24%
	Nearly every day	14%	29%	17%	29%
...not being able to stop or control worrying? <sup>^</sup>	Not at all	42%	27%	45%	21%
	Several days	28%	30%	30%	33%
	More than half the days	10%	19%	14%	24%
	Nearly every day	20%	24%	12%	21%

\* 5th grade survey did not ask these questions.

<sup>^</sup> New question in 2019.

2019 Minnesota Student Survey

**TABLE 28  
SELF-INFLICTED INJURY; SUICIDAL THOUGHTS AND SUICIDAL  
BEHAVIOR\***

*Questioning/not sure*

		Grade			
		9th		11th	
		Male	Female	Male	Female
		%	%	%	%
<b>During the last 12 months, how many times did you do something to purposely hurt or injure yourself without wanting to die, such as cutting, burning, or bruising yourself on purpose?</b>	<b>0 times</b>	73%	62%	75%	67%
	<b>1 or 2 times</b>	13%	16%	10%	12%
	<b>3 to 5 times</b>	5%	8%	4%	9%
	<b>6 to 9 times</b>	5%	5%	2%	3%
	<b>10 to 19 times</b>	1%	4%	4%	4%
	<b>20 or more times</b>	3%	6%	4%	5%
<b>Have you ever seriously considered attempting suicide? (Mark ALL that apply)</b>	<b>No</b>	62%	60%	52%	53%
	<b>Yes, during the last year</b>	26%	26%	30%	26%
	<b>Yes, more than a year ago</b>	18%	24%	30%	31%
<b>Have you ever actually attempted suicide? (Mark ALL that apply)</b>	<b>No</b>	90%	88%	84%	84%
	<b>Yes, during the last year</b>	4%	7%	8%	6%
	<b>Yes, more than a year ago</b>	6%	8%	10%	12%

\* 5th grade survey did not ask these questions.

## 2019 Minnesota Student Survey

### TABLE 29 PROBLEMATIC AND ANTISOCIAL BEHAVIOR

#### *Questioning/not sure*

<i>During the last 12 months, how often have you...</i>		Grade			
		9th		11th	
		Male	Female	Male	Female
		%	%	%	%
<b>...run away from home?</b>	<b>Never</b>	91%	93%	93%	94%
	<b>Once or twice</b>	6%	5%	5%	4%
	<b>3 to 5 times</b>	2%	1%	2%	1%
	<b>6 to 9 times</b>	0%	0%	0%	1%
	<b>10 or more times</b>	1%	0%	0%	0%
<b>...damaged or destroyed property?</b>	<b>Never</b>	78%	87%	82%	92%
	<b>Once or twice</b>	17%	10%	15%	6%
	<b>3 to 5 times</b>	2%	1%	2%	1%
	<b>6 to 9 times</b>	1%	1%	0%	0%
	<b>10 or more times</b>	1%	0%	1%	0%
<b>...hit or beat up another person?</b>	<b>Never</b>	79%	89%	90%	95%
	<b>Once or twice</b>	15%	8%	7%	4%
	<b>3 to 5 times</b>	4%	2%	2%	1%
	<b>6 to 9 times</b>	0%	0%	0%	0%
	<b>10 or more times</b>	1%	0%	1%	0%
<b>...taken something from a store without paying for it?</b>	<b>Never</b>	85%	87%	88%	85%
	<b>Once or twice</b>	8%	8%	8%	9%
	<b>3 to 5 times</b>	3%	2%	1%	3%
	<b>6 to 9 times</b>	1%	1%	0%	1%
	<b>10 or more times</b>	3%	1%	3%	1%

2019 Minnesota Student Survey

TABLE 30A  
GAMBLING BEHAVIOR\*

Questioning/not sure

		Grade			
		9th		11th	
		Male	Female	Male	Female
<i>During the last 12 months, how often have you done the following gambling/betting activities?</i>		%	%	%	%
<b>Played cards, bet on sports teams or games of personal skill like video gaming, pool, golf or bowling</b>	<b>Not at all</b>	67%	83%	79%	89%
	<b>Less than once a month</b>	21%	12%	12%	7%
	<b>About once a month</b>	6%	3%	3%	2%
	<b>About once a week</b>	2%	1%	2%	0%
	<b>2 to 6 times a week</b>	1%	0%	2%	1%
	<b>Daily</b>	2%	0%	2%	0%
<b>Bought lottery tickets or scratch offs</b>	<b>Not at all</b>	91%	93%	95%	94%
	<b>Less than once a month</b>	6%	6%	3%	5%
	<b>About once a month</b>	1%	1%	2%	1%
	<b>About once a week</b>	0%	0%	0%	0%
	<b>2 to 6 times a week</b>	0%	0%	0%	0%
	<b>Daily</b>	0%	0%	0%	0%
<b>Gambled in a casino</b>	<b>Not at all</b>	96%	100%	98%	99%
	<b>Less than once a month</b>	2%	0%	1%	0%
	<b>About once a month</b>	0%	0%	1%	0%
	<b>About once a week</b>	0%	0%	0%	0%
	<b>2 to 6 times a week</b>	0%	0%	0%	0%
	<b>Daily</b>	0%	0%	0%	0%
<b>Gambled for money online</b>	<b>Not at all</b>	94%	99%	93%	100%
	<b>Less than once a month</b>	3%	1%	3%	0%
	<b>About once a month</b>	1%	0%	2%	0%
	<b>About once a week</b>	1%	0%	2%	0%
	<b>2 to 6 times a week</b>	1%	0%	1%	0%
	<b>Daily</b>	0%	0%	0%	0%

\* 5th grade survey did not ask these questions.

## 2019 Minnesota Student Survey

### TABLE 30B GAMBLING BEHAVIOR\*

#### *Questioning/not sure*

<b><i>INCLUDES ONLY THOSE WHO HAVE PARTICIPATED IN ANY GAMBLING ACTIVITIES DURING THE LAST 12 MONTHS</i></b>		<b>Grade</b>			
		<b>9th</b>		<b>11th</b>	
		<b>Male</b>	<b>Female</b>	<b>Male</b>	<b>Female</b>
		<b>%</b>	<b>%</b>	<b>%</b>	<b>%</b>
<b>...hidden your gambling/betting from your parents, other family members or teachers?</b>	<b>Never</b>	88%	96%	81%	95%
	<b>Sometimes</b>	6%	2%	10%	3%
	<b>Many times</b>	1%	1%	0%	0%
	<b>All of the time</b>	5%	1%	10%	2%
<b>...felt that you might have a problem with gambling/betting?</b>	<b>Never</b>	91%	96%	77%	95%
	<b>Sometimes</b>	6%	3%	19%	3%
	<b>Many times</b>	1%	1%	3%	0%
	<b>All of the time</b>	1%	0%	0%	2%
<b>...skipped hanging out with friends who do not gamble/bet to hang out with friends who do gamble/bet?</b>	<b>Never</b>	91%	98%	94%	94%
	<b>Sometimes</b>	4%	1%	3%	5%
	<b>Many times</b>	4%	2%	3%	2%
	<b>All of the time</b>	1%	0%	0%	0%

\* 5th grade survey did not ask these questions.



2019 Minnesota Student Survey

TABLE 31  
SUMMARY OF SUBSTANCE USE\*\*

Questioning/not sure

		Grade			
		9th		11th	
		Male	Female	Male	Female
		%	%	%	%
Use of conventional tobacco products (cigarettes, cigars, smokeless tobacco) during the past 30 days	No	95%	97%	95%	95%
	Yes	5%	3%	5%	5%
Use of any tobacco products, including e-cigarettes and hookah, during the past 30 days	No	85%	85%	79%	76%
	Yes	15%	15%	21%	24%
Frequent binge drinking in the past year (typically drank 5 or more drinks at a time and drank on 10 or more occasions during the past year)	No	99%	100%	98%	99%
	Yes	1%	0%	2%	1%
Any alcohol and/or other drug use during the past year (excluding tobacco)	No alcohol or marijuana or other drug use in the past year	66%	68%	65%	55%
	Used only alcohol in the past year	11%	13%	9%	19%
	Used alcohol and marijuana in past year, but not other drugs	4%	3%	7%	10%
	Used marijuana or other drugs but not alcohol in the past year	11%	8%	12%	6%
	Used alcohol and marijuana or other drugs in the past year	9%	7%	8%	10%

\*\* These are all computed variables based on combinations of responses to two or more survey items.

2019 Minnesota Student Survey

TABLE 33  
TOBACCO USE\*

Questioning/not sure

		Grade			
		9th		11th	
		Male %	Female %	Male %	Female %
<i>During the last 30 days, on how many days did you ...</i>					
...smoke a cigarette?	0 days	95%	97%	95%	96%
	1 to 2 days	2%	1%	3%	1%
	3 to 9 days	1%	1%	0%	1%
	10 to 19 days	0%	0%	2%	1%
	20 to 29 days	1%	0%	0%	1%
	All 30 days	0%	0%	0%	0%
...smoke cigars, cigarillos or little cigars?	0 days	97%	99%	98%	98%
	1 to 2 days	1%	1%	0%	1%
	3 to 9 days	1%	0%	2%	0%
	10 to 19 days	0%	0%	1%	0%
	20 to 29 days	0%	0%	0%	0%
	All 30 days	0%	0%	0%	0%
...use chewing tobacco, snuff or dip?	0 days	97%	99%	98%	100%
	1 to 2 days	1%	0%	1%	0%
	3 to 9 days	0%	0%	2%	0%
	10 to 19 days	0%	0%	0%	0%
	20 to 29 days	1%	0%	0%	0%
	All 30 days	0%	0%	0%	0%
...vape or use an e-cigarette like JUUL, suorin, blu, VUSE, or logic?^	0 days	86%	86%	79%	77%
	1 to 2 days	5%	8%	8%	11%
	3 to 9 days	5%	2%	5%	5%
	10 to 19 days	1%	1%	4%	2%
	20 to 29 days	1%	1%	1%	3%
	All 30 days	2%	1%	2%	3%
...use a hookah or a waterpipe to smoke tobacco?	0 days	98%	99%	98%	99%
	1 to 2 days	0%	0%	0%	0%
	3 to 9 days	0%	0%	1%	0%
	10 to 19 days	0%	0%	1%	0%
	20 to 29 days	0%	0%	0%	0%
	All 30 days	0%	0%	0%	0%
During the last 30 days, on how many days did you smoke cigarettes or use other tobacco products that were flavored to taste like mint or menthol?	0 days or no tobacco use	95%	97%	95%	92%
	1 to 2 days	3%	2%	2%	5%
	3 to 9 days	0%	1%	1%	1%
	10 to 19 days	2%	0%	1%	2%
	20 to 29 days	0%	0%	0%	0%
	All 30 days	0%	0%	2%	0%
During the last 30 days, on how many days did you use any tobacco product that was some other flavor, like candy, fruit, chocolate, clove, spice or alcoholic drinks?	0 days or no tobacco use	93%	94%	90%	90%
	1 to 2 days	3%	3%	3%	4%
	3 to 9 days	2%	1%	2%	2%
	10 to 19 days	1%	1%	1%	2%
	20 to 29 days	0%	1%	2%	1%
	All 30 days	1%	0%	3%	1%

\* 5th grade survey did not ask these questions.

^ Change in question wording from 2016.

2019 Minnesota Student Survey

TABLE 33A  
ACCESS TO E-CIGARETTES\*^

Questioning/not sure

<b>INCLUDES ONLY THOSE WHO VAPED OR USED E-CIGARETTES IN THE LAST 30 DAYS</b>		<b>Grade</b>			
		<b>9th</b>		<b>11th</b>	
		<b>Male</b>	<b>Female</b>	<b>Male</b>	<b>Female</b>
		<b>%</b>	<b>%</b>	<b>%</b>	<b>%</b>
<b>When you vaped or used an e-cigarette during the last 30 days, how did you get it? (Mark ALL that apply)</b>	<b>I bought it at gas stations or convenience stores</b>	4%	3%	8%	2%
	<b>I bought it at grocery, discount or drug stores</b>	4%	2%	0%	3%
	<b>I bought it on the internet</b>	15%	7%	12%	5%
	<b>I bought it at vape shops or other stores that sell only e-cigarettes</b>	4%	4%	8%	5%
	<b>I got it from friends</b>	48%	78%	76%	74%
	<b>I got it from my parents</b>	11%	5%	4%	3%
	<b>I got it from other family members</b>	11%	15%	12%	8%
	<b>I got it from someone I didn't know</b>	15%	8%	0%	3%
	<b>I got it by getting someone else to buy it for me</b>	26%	17%	12%	21%
	<b>I took it from my home</b>	0%	4%	0%	0%
	<b>I took it from a friend's home</b>	0%	4%	4%	1%
	<b>I took it from stores</b>	0%	3%	0%	0%
	<b>I got it some other way</b>	19%	9%	8%	11%

\* 5th grade survey did not ask these questions.

^ All questions on this table were new in 2019.

2019 Minnesota Student Survey

**TABLE 35  
ALCOHOL USE FREQUENCY AND QUANTITY\***

*Questioning/not sure*

		Grade			
		9th		11th	
		Male	Female	Male	Female
		%	%	%	%
During the last 30 days, on how many days did you drink one or more drinks of an alcoholic beverage?	0 days	88%	88%	87%	78%
	1 to 2 days	7%	9%	8%	15%
	3 to 5 days	2%	1%	3%	4%
	6 to 9 days	1%	1%	0%	2%
	10 to 19 days	1%	1%	1%	0%
	20 to 29 days	0%	0%	0%	0%
	All 30 days	0%	0%	1%	0%
During the last 12 months, on how many occasions (if any) have you had alcoholic beverages to drink?	0	78%	77%	77%	61%
	1 to 2	12%	14%	11%	18%
	3 to 5	2%	5%	3%	11%
	6 to 9	2%	2%	4%	4%
	10 to 19	2%	1%	5%	4%
	20 to 39	2%	1%	1%	1%
	40 or more	0%	1%	0%	1%
If you drink beer/wine/wine coolers/liquor, generally how much do you drink at one time?	No alcohol use	81%	81%	80%	64%
	1 glass/can/drink	7%	13%	7%	20%
	2 glasses/cans/drinks	4%	3%	6%	6%
	3 glasses/cans/drinks	5%	2%	0%	6%
	4 glasses/cans/drinks	2%	0%	6%	1%
	5 or more glasses/cans/drinks	2%	1%	2%	3%
Binge drinking (4 or more drinks in a row (females) or 5 or more drinks in a row (males) within a couple of hours)^	0 days	96%	96%	95%	90%
	1 day	1%	2%	2%	5%
	2 days	0%	1%	2%	3%
	3 to 5 days	1%	1%	0%	2%
	6 to 9 days	0%	1%	0%	1%
	10 to 19 days	1%	0%	1%	0%
	20 or more days	0%	0%	0%	0%

\* 5th grade survey did not ask these questions.

^ Change in question wording from 2016

2019 Minnesota Student Survey

**TABLE 36  
ACCESS TO ALCOHOL\*^**

*Questioning/not sure*

<b>INCLUDES ONLY THOSE WHO USED ALCOHOL IN THE LAST 30 DAYS</b>		<b>Grade</b>			
		<b>9th</b>		<b>11th</b>	
		<b>Male</b>	<b>Female</b>	<b>Male</b>	<b>Female</b>
		<b>%</b>	<b>%</b>	<b>%</b>	<b>%</b>
<b>When you used alcohol during the last 30 days, how did you get it? (Mark ALL that apply)</b>	<b>I bought alcohol at gas stations or convenience stores</b>	5%	1%	0%	0%
	<b>I bought alcohol at bars or restaurants</b>	0%	0%	0%	1%
	<b>I bought alcohol at stores</b>	0%	0%	13%	0%
	<b>I bought alcohol on the Internet</b>	5%	0%	0%	0%
	<b>I got alcohol from friends</b>	32%	29%	38%	48%
	<b>I got alcohol from my parents</b>	23%	34%	19%	28%
	<b>I got alcohol from other family members</b>	9%	15%	31%	15%
	<b>I got alcohol by getting someone else to buy for me</b>	18%	6%	6%	17%
	<b>I got alcohol at parties</b>	18%	13%	13%	20%
	<b>I took alcohol from my home</b>	36%	44%	31%	26%
	<b>I took alcohol from a friend's home</b>	5%	13%	6%	7%
	<b>I took alcohol from stores</b>	0%	3%	0%	0%
	<b>I got alcohol some other way</b>	14%	12%	6%	11%

\* 5th grade survey did not ask these questions.

^ All questions on this table were new in 2019.

2019 Minnesota Student Survey

**TABLE 37  
USE OF MARIJUANA AND PRESCRIPTION DRUGS\***

*Questioning/not sure*

		Grade			
		9th		11th	
		Male	Female	Male	Female
		%	%	%	%
During the last 30 days, on how many days did you use marijuana or hashish? (Do NOT count medical marijuana prescribed for you by a doctor)	0 days	90%	94%	85%	83%
	1 to 2 days	4%	2%	4%	9%
	3 to 5 days	1%	1%	4%	3%
	6 to 9 days	1%	1%	5%	1%
	10 to 19 days	1%	1%	2%	1%
	20 to 29 days	1%	1%	1%	1%
	All 30 days	1%	0%	0%	3%
During the last 12 months, on how many occasions (if any) have you used marijuana or hashish? (Do NOT count medical marijuana prescribed for you by a doctor)	0	87%	91%	78%	79%
	1 to 2	4%	3%	7%	3%
	3 to 5	2%	1%	4%	5%
	6 to 9	1%	1%	5%	4%
	10 to 19	1%	1%	4%	3%
	20 to 39	1%	1%	1%	1%
	40 or more	2%	1%	2%	5%
During the last 30 days, on how many days did you use prescription drugs without a doctor's prescription or differently than how a doctor told you to use it?^	0 days	93%	95%	96%	95%
	1 to 2 days	2%	2%	1%	3%
	3 to 5 days	2%	2%	1%	1%
	6 to 9 days	1%	0%	1%	0%
	10 to 19 days	2%	0%	0%	0%
	20 to 29 days	0%	0%	1%	0%
	All 30 days	1%	1%	1%	0%

\* 5th grade survey did not ask these questions.

^ Change in question wording from 2016.

2019 Minnesota Student Survey

**TABLE 38  
PRESCRIPTION DRUG USE\***

*Questioning/not sure*

<i>During the last 12 months, on how many occasions (if any) have you used any of the following prescription drugs without a doctor's prescription or differently than how a doctor told you to use it?</i>		Grade			
		9th		11th	
		Male	Female	Male	Female
		%	%	%	%
<b>Stimulants such as Amphetamines (bennies, speed, uppers) or diet pills</b>	<b>0</b>	99%	99%	99%	99%
	<b>1 to 2</b>	1%	0%	1%	1%
	<b>3 to 5</b>	0%	0%	0%	0%
	<b>6 to 9</b>	1%	0%	0%	0%
	<b>10 to 19</b>	0%	0%	0%	0%
	<b>20 or more</b>	0%	0%	0%	0%
<b>ADHD or ADD drugs (Ritalin, Adderall, hyper pills)</b>	<b>0</b>	95%	97%	95%	96%
	<b>1 to 2</b>	4%	1%	2%	2%
	<b>3 to 5</b>	1%	1%	0%	1%
	<b>6 to 9</b>	1%	1%	1%	0%
	<b>10 to 19</b>	0%	0%	1%	0%
	<b>20 or more</b>	0%	0%	1%	0%
<b>Pain relievers such as OxyContin, Percocet, Vicodin or others</b>	<b>0</b>	93%	95%	96%	96%
	<b>1 to 2</b>	4%	3%	2%	3%
	<b>3 to 5</b>	2%	1%	1%	0%
	<b>6 to 9</b>	1%	0%	1%	0%
	<b>10 to 19</b>	0%	0%	0%	0%
	<b>20 or more</b>	1%	0%	0%	0%
<b>Tranquilizers such as Valium, Xanax, Klonopin, Ativan, anxiety pills, sedatives or benzos (downers)</b>	<b>0</b>	97%	98%	98%	97%
	<b>1 to 2</b>	1%	1%	2%	2%
	<b>3 to 5</b>	1%	1%	0%	1%
	<b>6 to 9</b>	0%	1%	1%	0%
	<b>10 to 19</b>	1%	0%	0%	0%
	<b>20 or more</b>	1%	0%	0%	0%

\* 5th grade survey did not ask these questions.

2019 Minnesota Student Survey

**TABLE 39  
HALLUCINOGEN, ECSTASY, COCAINE AND HEROIN USE\***

*Questioning/not sure*

<i>During the last 12 months, on how many occasions (if any) have you used...</i>		Grade			
		9th		11th	
		Male %	Female %	Male %	Female %
<b>...used LSD (acid), PCP (wet sticks or dipped joints), or other psychedelics (mushrooms, angel dust)?</b>	<b>0</b>	97%	99%	96%	97%
	<b>1 to 2</b>	1%	1%	2%	2%
	<b>3 to 5</b>	0%	0%	0%	1%
	<b>6 to 9</b>	1%	0%	2%	0%
	<b>10 to 19</b>	0%	0%	0%	0%
	<b>20 or more</b>	0%	0%	0%	0%
<b>...used MDMA (E, X, ecstasy, Molly), GHB (G, Liquid E, Liquid X, roofies) or Ketamine (Special K)?</b>	<b>0</b>	98%	99%	98%	99%
	<b>1 to 2</b>	1%	0%	1%	1%
	<b>3 to 5</b>	1%	0%	0%	0%
	<b>6 to 9</b>	1%	0%	2%	0%
	<b>10 to 19</b>	0%	0%	0%	0%
	<b>20 or more</b>	0%	0%	0%	0%
<b>...used crack, coke or cocaine in any form?</b>	<b>0</b>	98%	99%	98%	99%
	<b>1 to 2</b>	1%	0%	1%	1%
	<b>3 to 5</b>	2%	0%	0%	0%
	<b>6 to 9</b>	0%	0%	2%	0%
	<b>10 to 19</b>	0%	0%	0%	0%
	<b>20 or more</b>	1%	0%	0%	0%
<b>...used heroin (smack, junk, China White)?</b>	<b>0</b>	98%	100%	98%	100%
	<b>1 to 2</b>	1%	0%	0%	0%
	<b>3 to 5</b>	0%	0%	0%	0%
	<b>6 to 9</b>	0%	0%	1%	0%
	<b>10 to 19</b>	0%	0%	1%	0%
	<b>20 or more</b>	0%	0%	0%	0%

\* 5th grade survey did not ask these questions.



2019 Minnesota Student Survey

**TABLE 40  
METHAMPHETAMINE, OVER-THE-COUNTER DRUG,  
SYNTHETIC DRUG AND INHALANT USE\***

*Questioning/not sure*

<i>During the last 12 months, on how many occasions (if any) have you ...</i>		Grade			
		9th		11th	
		Male %	Female %	Male %	Female %
...used methamphetamine (meth, glass, crank, crystal meth, ice)?	0	97%	99%	98%	100%
	1 to 2	1%	0%	0%	0%
	3 to 5	1%	0%	0%	0%
	6 to 9	1%	0%	1%	0%
	10 to 19	0%	0%	1%	0%
	20 or more	1%	0%	1%	0%
...used over-the-counter drugs such as cough syrup, cold medicine or diet pills that you took only to get high?	0	98%	97%	95%	96%
	1 to 2	0%	2%	2%	2%
	3 to 5	2%	1%	0%	1%
	6 to 9	1%	0%	3%	0%
	10 to 19	0%	0%	0%	0%
	20 or more	0%	0%	0%	0%
...used synthetic marijuana (K2, Gold) that you took only to get high?^	0	96%	96%	96%	97%
	1 to 2	1%	2%	0%	1%
	3 to 5	1%	1%	2%	0%
	6 to 9	1%	0%	2%	1%
	10 to 19	0%	0%	1%	0%
	20 or more	1%	1%	0%	0%
...used any other synthetic drugs such as bath salts (Ivory Wave, White Lightning) that you took only to get high?^	0	97%	99%	97%	100%
	1 to 2	0%	0%	1%	0%
	3 to 5	2%	0%	2%	0%
	6 to 9	1%	0%	1%	0%
	10 to 19	0%	0%	0%	0%
	20 or more	0%	0%	0%	0%
...sniffed glue or huffed or inhaled the contents of aerosol spray cans or other gases to get high?	0	95%	97%	98%	99%
	1 to 2	3%	2%	0%	1%
	3 to 5	1%	0%	1%	0%
	6 to 9	0%	0%	2%	0%
	10 to 19	0%	0%	0%	0%
	20 or more	0%	0%	0%	0%

\* 5th grade survey did not ask these questions.

^ Change from 2016 from one question to two.

2019 Minnesota Student Survey

TABLE 41  
PERCEIVED RISK OF HARM FROM SUBSTANCE USE\*

Questioning/not sure

<i>How much do you think people risk harming themselves physically or in other ways if they...</i>		Grade			
		9th		11th	
		Male	Female	Male	Female
		%	%	%	%
...smoke one or more packs of cigarettes per day?	No risk	11%	9%	8%	6%
	Slight risk	8%	7%	4%	6%
	Moderate risk	24%	18%	20%	18%
	Great risk	57%	65%	68%	70%
...have five or more drinks of an alcoholic beverage once or twice per week?	No risk	11%	7%	8%	5%
	Slight risk	11%	13%	13%	12%
	Moderate risk	42%	38%	32%	37%
	Great risk	36%	42%	48%	46%
...use marijuana once or twice per week?	No risk	25%	22%	32%	27%
	Slight risk	29%	32%	41%	40%
	Moderate risk	27%	26%	13%	22%
	Great risk	19%	20%	15%	11%
...use prescription drugs not prescribed for them?	No risk	11%	7%	8%	5%
	Slight risk	10%	9%	8%	10%
	Moderate risk	34%	32%	32%	30%
	Great risk	45%	51%	52%	56%
...vape or use e-cigarettes?^	No risk	11%	12%	11%	10%
	Slight risk	30%	27%	41%	28%
	Moderate risk	40%	36%	28%	38%
	Great risk	19%	25%	21%	24%

\* 5th grade survey did not ask these questions.

^ New question in 2019.

2019 Minnesota Student Survey

TABLE 42A  
PERCEPTIONS OF PARENTS' DISAPPROVAL OF SUBSTANCE USE\*

*Questioning/not sure*

		Grade			
		9th		11th	
		Male	Female	Male	Female
		%	%	%	%
How wrong do your parents feel it would be for you to smoke cigarettes?	Not at all wrong	5%	2%	4%	1%
	A little bit wrong	4%	2%	2%	2%
	Wrong	18%	15%	21%	15%
	Very wrong	74%	81%	74%	82%
How wrong do your parents feel it would be for you to have one or more drinks of alcoholic beverage nearly every day?	Not at all wrong	4%	2%	5%	2%
	A little bit wrong	7%	4%	7%	4%
	Wrong	16%	16%	26%	14%
	Very wrong	74%	78%	63%	80%
How wrong do your parents feel it would be for you to use marijuana?	Not at all wrong	8%	4%	9%	5%
	A little bit wrong	9%	8%	16%	12%
	Wrong	18%	18%	21%	20%
	Very wrong	65%	70%	54%	63%
How wrong do your parents feel it would be for you to use prescription drugs not prescribed for you?	Not at all wrong	4%	2%	6%	2%
	A little bit wrong	2%	2%	2%	3%
	Wrong	14%	11%	15%	10%
	Very wrong	80%	85%	77%	85%
How wrong do your parents feel it would be for you to vape or use e-cigarettes? <sup>^</sup>	Not at all wrong	6%	2%	4%	3%
	A little bit wrong	6%	6%	8%	6%
	Wrong	18%	19%	29%	22%
	Very wrong	71%	72%	59%	70%

\* 5th grade survey did not ask these questions.

<sup>^</sup> New question in 2019.

2019 Minnesota Student Survey

**TABLE 42B  
PERCEPTIONS OF FRIENDS' DISAPPROVAL OF SUBSTANCE USE\***

*Questioning/not sure*

		Grade			
		9th		11th	
		Male	Female	Male	Female
		%	%	%	%
How wrong do your friends feel it would be for you to smoke cigarettes?	Not at all wrong	10%	4%	10%	6%
	A little bit wrong	11%	11%	22%	13%
	Wrong	28%	28%	25%	27%
	Very wrong	51%	57%	43%	54%
How wrong do your friends feel it would be for you to have one or more drinks of alcoholic beverage nearly every day?	Not at all wrong	12%	5%	16%	7%
	A little bit wrong	12%	12%	18%	17%
	Wrong	28%	28%	29%	27%
	Very wrong	48%	55%	37%	49%
How wrong do your friends feel it would be for you to use marijuana?	Not at all wrong	22%	15%	36%	28%
	A little bit wrong	16%	17%	24%	22%
	Wrong	24%	23%	18%	20%
	Very wrong	39%	46%	22%	30%
How wrong do your friends feel it would be for you to use prescription drugs not prescribed for you?	Not at all wrong	9%	5%	9%	5%
	A little bit wrong	9%	8%	19%	12%
	Wrong	27%	24%	27%	24%
	Very wrong	55%	63%	46%	59%
How wrong do your friends feel it would be for you to vape or use e-cigarettes?^	Not at all wrong	20%	17%	28%	26%
	A little bit wrong	16%	17%	28%	24%
	Wrong	24%	25%	19%	20%
	Very wrong	39%	41%	26%	31%

\* 5th grade survey did not ask these questions.

^ New question in 2019.

2019 Minnesota Student Survey

TABLE 43  
PERCEPTIONS ABOUT ALCOHOL USE\*

*Questioning/not sure*

		Grade			
		9th		11th	
		Male	Female	Male	Female
		%	%	%	%
How do you feel about the following statement? Parents and other adults should clearly communicate with their children about the importance of not using alcohol.	Strongly agree	54%	53%	51%	47%
	Agree	27%	32%	31%	36%
	Neither agree nor disagree	13%	12%	15%	15%
	Disagree	3%	1%	1%	1%
	Strongly disagree	3%	2%	2%	1%
How do you feel about the following statement? Drinking alcohol is never a good thing for anyone my age to do.	Strongly agree	58%	56%	45%	38%
	Agree	22%	27%	26%	28%
	Neither agree nor disagree	12%	13%	23%	21%
	Disagree	5%	3%	3%	10%
	Strongly disagree	3%	2%	3%	2%
In your opinion, how do you think MOST STUDENTS in your school feel about the following statement? Parents and other adults should clearly communicate with their children about the importance of not using alcohol.	Strongly agree	28%	14%	13%	11%
	Agree	36%	44%	36%	41%
	Neither agree nor disagree	23%	30%	37%	34%
	Disagree	8%	9%	8%	13%
	Strongly disagree	5%	3%	6%	2%
In your opinion, how do you think MOST STUDENTS in your school feel about the following statement? Drinking alcohol is never a good thing for anyone my age to do.	Strongly agree	23%	11%	11%	7%
	Agree	35%	33%	23%	23%
	Neither agree nor disagree	24%	35%	39%	36%
	Disagree	12%	16%	18%	27%
	Strongly disagree	6%	5%	9%	7%

\* 5th grade survey did not ask these questions.

2019 Minnesota Student Survey

**TABLE 44  
USE OF TOBACCO, ALCOHOL, MARIJUANA AND E-CIGARETTES\***

*Questioning/not sure*

		Grade			
		9th		11th	
		Male	Female	Male	Female
<i>How often do you use each of the following?</i>		%	%	%	%
Tobacco (cigarettes, chew)	Never	92%	95%	94%	92%
	Tried once or twice	5%	3%	6%	4%
	Once or twice a year	2%	1%	0%	1%
	Once a month	0%	0%	1%	1%
	Twice a month	1%	0%	0%	1%
	Once a week	1%	0%	0%	1%
	Daily	0%	1%	0%	0%
Alcohol (beer, wine, liquor)	Never	75%	74%	67%	57%
	Tried once or twice	15%	15%	14%	20%
	Once or twice a year	5%	6%	10%	14%
	Once a month	2%	3%	6%	4%
	Twice a month	2%	1%	2%	4%
	Once a week	1%	1%	1%	2%
	Daily	0%	0%	0%	0%
Marijuana (pot, hash, hash oil)	Never	86%	89%	76%	75%
	Tried once or twice	5%	5%	6%	7%
	Once or twice a year	2%	2%	5%	5%
	Once a month	2%	1%	4%	5%
	Twice a month	1%	1%	4%	2%
	Once a week	3%	1%	3%	1%
	Daily	1%	1%	2%	4%
Vaping device or e-cigarette <sup>^</sup>	Never	81%	79%	75%	67%
	Tried once or twice	8%	11%	12%	13%
	Once or twice a year	2%	2%	2%	4%
	Once a month	3%	2%	4%	4%
	Twice a month	2%	1%	2%	2%
	Once a week	2%	2%	4%	4%
	Daily	4%	3%	2%	5%

\* 5th grade survey did not ask these questions.

<sup>^</sup> New question in 2019.

2019 Minnesota Student Survey

**TABLE 45**  
**PERCEPTIONS OF OTHERS' USE OF TOBACCO, ALCOHOL, MARIJUANA**  
**AND E-CIGARETTES\***

*Questioning/not sure*

<i>In your opinion, how often do you think MOST STUDENTS in your school use each of the following?</i>		Grade			
		9th		11th	
		Male	Female	Male	Female
		%	%	%	%
Tobacco (cigarettes, chew)	Never	32%	25%	31%	21%
	Tried once or twice	33%	31%	32%	29%
	Once or twice a year	8%	11%	10%	9%
	Once a month	10%	9%	7%	10%
	Twice a month	4%	7%	5%	8%
	Once a week	6%	10%	10%	10%
	Daily	6%	6%	6%	13%
Alcohol (beer, wine, liquor)	Never	22%	12%	18%	9%
	Tried once or twice	28%	23%	22%	11%
	Once or twice a year	14%	12%	12%	10%
	Once a month	15%	15%	14%	16%
	Twice a month	9%	14%	11%	18%
	Once a week	8%	19%	20%	27%
	Daily	4%	5%	4%	9%
Marijuana (pot, hash, hash oil)	Never	29%	16%	20%	11%
	Tried once or twice	21%	19%	17%	12%
	Once or twice a year	9%	10%	10%	6%
	Once a month	11%	12%	15%	9%
	Twice a month	8%	10%	10%	13%
	Once a week	14%	19%	19%	25%
	Daily	8%	14%	10%	24%
Vaping device or e-cigarette <sup>^</sup>	Never	16%	9%	13%	8%
	Tried once or twice	18%	13%	14%	8%
	Once or twice a year	4%	6%	6%	4%
	Once a month	7%	6%	7%	6%
	Twice a month	7%	7%	6%	5%
	Once a week	15%	17%	18%	17%
	Daily	33%	42%	37%	52%

\* 5th grade survey did not ask these questions.

<sup>^</sup> New question in 2019.

2019 Minnesota Student Survey

**TABLE 46A  
CONSEQUENCES OF SUBSTANCE USE\***

*Questioning/not sure*

		Grade			
		9th		11th	
		Male	Female	Male	Female
<i>During the last 12 months ...</i>		%	%	%	%
...have you found that you had to use a lot more alcohol or drugs than before to get the same effect?	Did not use past 12 months	67%	69%	66%	55%
	Yes	6%	3%	3%	7%
	No	27%	28%	31%	38%
...have you tried to cut down on your use of alcohol or drugs but couldn't?	Did not use past 12 months	67%	69%	66%	55%
	Yes	4%	2%	5%	3%
	No	30%	28%	30%	41%
...have you continued to use alcohol or drugs even though you knew it was hurting your relationships with friends or family?	Did not use past 12 months	67%	69%	66%	56%
	Yes	3%	4%	5%	4%
	No	30%	26%	30%	40%
...were there any times when you felt such a strong desire or urge to drink alcohol or to use a drug that you couldn't resist or could not think of anything else?	Did not use past 12 months	67%	69%	67%	56%
	Yes	5%	5%	5%	9%
	No	28%	25%	28%	36%
...how many times have you spent all or most of the day using alcohol or drugs, or getting over their effects?	Did not use past 12 months	68%	69%	66%	55%
	0 times	25%	27%	24%	37%
	1 time	3%	1%	5%	2%
	2 times	3%	1%	1%	3%
	3 or more times	1%	2%	4%	3%
...how many times have you given up important social or recreational activities like sports or being with friends or relatives to use alcohol or drugs or to get over their effects?	Did not use past 12 months	67%	69%	66%	55%
	0 times	29%	28%	30%	41%
	1 time	2%	2%	2%	3%
	2 times	1%	1%	1%	0%
	3 or more times	2%	1%	2%	1%
...how many times have you missed work or school, or neglected other major responsibilities because of alcohol or drug use?	Did not use past 12 months	67%	69%	66%	56%
	0 times	29%	29%	30%	41%
	1 time	2%	1%	1%	2%
	2 times	2%	1%	2%	1%
	3 or more times	1%	1%	1%	0%

\* 5th grade survey did not ask these questions.



2019 Minnesota Student Survey

**TABLE 46B  
CONSEQUENCES OF SUBSTANCE USE\***

*Questioning/not sure*

		Grade			
		9th		11th	
		Male	Female	Male	Female
<i>During the last 12 months, how many times...</i>		%	%	%	%
...how many times have you driven a motor vehicle after using alcohol or drugs?*	Did not use past 12 months	68%	69%	66%	56%
	0 times	29%	30%	28%	37%
	1 time	1%	0%	2%	3%
	2 times	1%	0%	2%	1%
	3 or more times	2%	1%	2%	3%
...how many times have you hit someone or become violent while using alcohol or drugs?	Did not use past 12 months	68%	69%	66%	56%
	0 times	29%	29%	31%	44%
	1 time	2%	1%	1%	1%
	2 times	2%	0%	1%	0%
	3 or more times	0%	1%	2%	0%
...how many times have you used so much alcohol or drugs that the next day you could not remember what you had said or done?	Did not use past 12 months	68%	69%	66%	55%
	0 times	27%	26%	25%	37%
	1 time	2%	2%	5%	3%
	2 times	2%	1%	2%	2%
	3 or more times	2%	1%	2%	2%
...how many times have you used more alcohol or drugs than you intended to?	Did not use past 12 months	68%	69%	66%	55%
	0 times	26%	26%	25%	35%
	1 time	5%	3%	5%	5%
	2 times	1%	1%	1%	2%
	3 or more times	1%	1%	3%	3%
...how many times has alcohol or drug use left you feeling depressed, agitated, paranoid, or unable to concentrate?	Did not use past 12 months	67%	69%	66%	55%
	0 times	24%	24%	25%	35%
	1 time	6%	3%	8%	3%
	2 times	2%	2%	0%	3%
	3 or more times	2%	1%	2%	3%

\* 5th grade survey did not ask these questions.

\*\* 8th grade survey did not ask this question.

2019 Minnesota Student Survey

**TABLE 47A  
SEXUAL BEHAVIOR\***

*Questioning/not sure*

		Grade			
		9th		11th	
		Male	Female	Male	Female
		%	%	%	%
Have you ever had sexual intercourse ('had sex')?	Yes	12%	6%	15%	21%
	No	88%	94%	85%	79%
During the last 12 months, with how many different people have you had sexual intercourse?^	None	90%	95%	87%	81%
	1 person	6%	2%	6%	12%
	2 persons	2%	2%	2%	4%
	3 persons	1%	0%	2%	1%
	4 persons	1%	0%	0%	1%
	5 persons	0%	0%	0%	1%
	6 or more persons	2%	0%	2%	1%

\* 5th and 8th grade surveys did not ask these questions.

^ New question in 2019.

2019 Minnesota Student Survey

**TABLE 47B  
SEXUAL BEHAVIOR\***

*Questioning/not sure*

<b>INCLUDES ONLY THOSE WHO HAVE EVER HAD SEXUAL INTERCOURSE</b>		<b>Grade</b>			
		<b>9th</b>		<b>11th</b>	
		<b>Male</b>	<b>Female</b>	<b>Male</b>	<b>Female</b>
		<b>%</b>	<b>%</b>	<b>%</b>	<b>%</b>
<b>Have you talked with your partner(s) about protecting yourselves from getting sexually transmitted infections/HIV/AIDS?</b>	<b>Never</b>	39%	20%	24%	11%
	<b>Not with every partner</b>	4%	23%	12%	14%
	<b>At least once with every partner</b>	57%	58%	65%	74%
<b>Have you talked with your partner(s) about preventing pregnancy?</b>	<b>Never</b>	27%	20%	12%	10%
	<b>Not with every partner</b>	9%	18%	18%	4%
	<b>At least once with every partner</b>	64%	63%	71%	85%
<b>The LAST time you had sexual intercourse, what method or methods did you or your partner use to prevent pregnancy? (Mark ALL that apply)^</b>	<b>No method was used to prevent pregnancy</b>	13%	6%	6%	5%
	<b>Birth control pills</b>	35%	19%	39%	42%
	<b>Condoms</b>	43%	44%	67%	53%
	<b>Depo-Provera shot (or any birth control shot), Nuva Ring (or any birth control ring), Implanon (or any implant) or any IUD</b>	4%	8%	17%	16%
	<b>Withdrawal (pull-out)</b>	48%	58%	39%	40%
	<b>Some other method</b>	13%	0%	6%	9%
	<b>Not sure</b>	17%	3%	6%	3%
<b>The LAST time you had sexual intercourse, did you or your partner use a condom?</b>	<b>Yes</b>	52%	46%	67%	53%
	<b>No</b>	48%	54%	33%	47%
<b>Did you drink alcohol or use drugs before you had sexual intercourse the LAST time?</b>	<b>Yes</b>	13%	8%	26%	14%
	<b>No</b>	87%	93%	74%	86%

\* 5th and 8th grade surveys did not ask these questions.

^ Change in question from 2016 from "Mark only one" to "Mark ALL that apply".