

Appendix I: Changes That Matter Tool

Changes That Matter

Describe the resident's physical changes:

Walking:

[example: describe how much assistance the resident needs with walking]

Urination and bowel patterns:

[example: the resident is urinating less often]

Skin:

[example: the resident's skin is puffy]

Level of weakness:

[example: the resident is having difficulty lifting his or her arm]

Falls:

[example: the resident reaches for objects when in a wheelchair]

Vital signs:

[example: the resident is breathing faster than normal]

Describe the resident's non-physical changes:

Demeanor:

[example: the resident is socializing less than normal]

Appetite:

[example: the resident is not interested in his or her food]

Sleeping:

[example: the resident falls asleep in unusual places]

Speech:

[example: the resident's speech is slurred]

Confusion or agitation:

[example: the resident is talking a lot more than usual]

Resident complaints of pain:

[example: the resident grimaces or winces when he or she moves]



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