

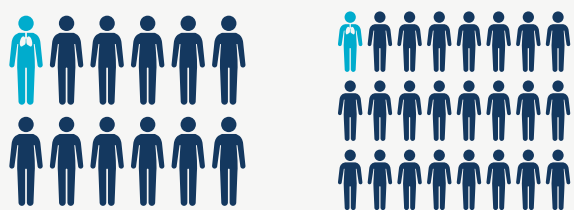
# ASTHMA in MINNESOTA



Asthma is a chronic disease of the airways that makes breathing difficult. Asthma can be challenging, disruptive and frightening for those who have it, and for family, friends and caregivers. Asthma is different for everyone, and its symptoms and onset varies greatly from person to person. There is no cure for asthma but with proper treatment, people who have asthma can live normal, healthy lives.

## Asthma is Common .....

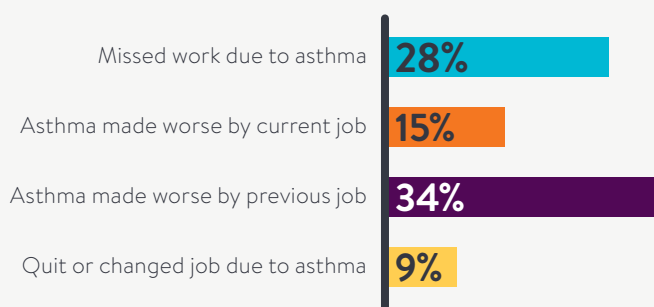
Approximately **428,370** Minnesotans have asthma



**HAVE ASTHMA**

IN **2021** **49.7%** of Minnesotans with asthma did not have optimal control.

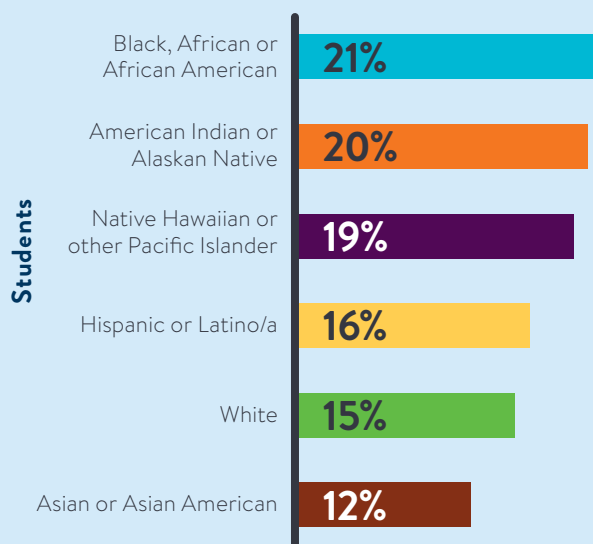
## Asthma is Disruptive .....



IN **2020** On average, one Minnesotan died of asthma every **4 days**

## The burden of asthma is not equally shared .....

Black, American Indian, Pacific Islander, and Hispanic or Latino/a students are more likely to report asthma than their white counterparts.



People who identify as multi-racial are **2x** as likely to have asthma than more than other adults.

2019 Asthma Call-Back Survey  
2019 Minnesota Student Survey  
2020 BRFSS; population data from federal census quick facts  
CDC BRFSS Prevalence and Trends  
Minnesota Data Portal  
Minnesota Community Measurement. 2021 Minnesota Health Care Quality Report. Part I: Clinical Quality Measures Reported by Medical Groups

**Contact the asthma program**

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