# Project Work Plan Stroke Transitions of Care Project - EXAMPLE

#### **PROJECT OVERVIEW**

### Name of Agency:

Blue Ox Medical Center

## **Dates of Project:**

August 1, 2017 - July 31, 2018

### Goal:

To improve the stroke and TIA patient's quality of care and quality of life, health outcomes, and to reduce avoidable complications, adverse events and readmissions.

#### **Audience:**

- Stroke patients discharged from Blue Ox Medical Center to home,
- Stroke patients transferred from Blue Ox Medical Center to another hospital and then return to home to be cared for by their local physician, and
- TIA patients discharged from the emergency department to home.

### **Purpose:**

- Improve hospital discharge planning, including communication to the primary care provider for stroke and TIA patients being discharged home.
- Improve coordination of follow-up phone calls for stroke and TIA patients
- Demonstrate the impact of this model using identified metrics and evaluation methods.

Note: this is an example of a quality improvement project. If you choose to conduct a similar project, the content should be adapted based on your specific agency and its policies and protocols.

| Project 1 Title: | Patient Engagement and Follow-up                                                                                                                                                                                                                                                  |  |  |  |  |
|------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--|--|--|--|
| Strategy 1:      | Determine the hospital to home need and gap and implement activities to address the gap                                                                                                                                                                                           |  |  |  |  |
| Objectives:      | Between 8/1/17 – 7/31/18, 100% of stroke and TIA patients discharged to home will have received identified patient education and follow-up plan  Between 8/1/17 – 12/30/17, 95% of patients and/or family members will be able to identify their personal risk factors for stroke |  |  |  |  |

| Activities |                                                                                                                                                                                                                                                                                                                                     | Lead staff                        | Who else<br>will be<br>involved?                                                                   | Timeline Start and Finish Dates | Progress achieved and outcomes (completed on a regularly scheduled basis) |
|------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------|----------------------------------------------------------------------------------------------------|---------------------------------|---------------------------------------------------------------------------|
| 1.         | <ul> <li>Review existing         materials used in ED,         in-patient, rehab, and         affiliated primary care         clinics.</li> <li>Update materials so         they contain the same         information and are         consistent in all         settings         Train key staff in all         settings</li> </ul> | (Name)<br>Stroke<br>Coordinator   | (Name) Director of Med-Surg  Key staff responsible for patient education in rehab and primary care | 4/1/17 -<br>6/30/17             |                                                                           |
| 2.         | Incorporate referral to MN Stroke Association – Resource Facilitation Program into discharge workflow in EHR and patient education materials  Educate nursing staff, case managers and social workers on the Resource Facilitation Program including how to discuss with patients what it has to offer and how to enroll them       | (Name)<br>Stroke<br>Coordinator   | (Name) Director of Med-Surg Med-Surg nurses, case managers, social workers                         | 6/1/17 –<br>6/30/17             |                                                                           |
| 3.         | Use "teach-back" method<br>to assure patients are<br>aware of their individual<br>risk factors for stroke                                                                                                                                                                                                                           | (Name)<br>Director of<br>Med-Surg | (Name) Stroke Coordinator Med-Surg nurses                                                          | 8/1/17 –<br>12/30/17            |                                                                           |