



Information for Adult Day Centers and Day Service Facilities with a Confirmed Case of COVID-19

11/20/20

Adult day center and day service managers should be able to identify all staff or participants who are close contacts to a confirmed case of COVID-19 at their center/facility. All close contacts should be notified of the exposure and advised to stay home and away from others for 14 days after the last exposure.

Determine the case's infectious period

A person with COVID-19 is infectious 48 hours before they started to experience symptoms (or test date if they did not have symptoms) until they are no longer in the facility or until they have been determined to be cleared of infection per CDC guidance.

- For participants/clients, use the following criteria for return to the center/facility: [CDC Discontinuation of Isolation for Persons with COVID-19 Not in Health Care Settings \(Interim Guidance\)](https://www.cdc.gov/coronavirus/2019-ncov/hcp/disposition-in-home-patients.html) (www.cdc.gov/coronavirus/2019-ncov/hcp/disposition-in-home-patients.html)
 - Participants/clients who live in a congregate setting may attend adult day services, provided the congregate setting has not had a COVID-19 exposure in the last 28 days. Please be aware of the following information:
 - [DHS Amended licensing requirements for adult day centers](https://mn.gov/dhs/assets/Adult-day-centers-waiver-updates_tcm1053-443708.pdf) (https://mn.gov/dhs/assets/Adult-day-centers-waiver-updates_tcm1053-443708.pdf)
 - Participants/clients who live in a congregate setting may attend day service facilities, provided the congregate setting has not had a COVID-19 exposure in the last 14 days. Please be aware of the following information:
 - [DHS Amended Licensing Requirement for Providers of Day Services for Adults with Disabilities](https://edocs.dhs.state.mn.us/lfserver/Public/DHS-7313G-ENG) (<https://edocs.dhs.state.mn.us/lfserver/Public/DHS-7313G-ENG>)
- For staff, use the following criteria for return to work: [CDC Criteria for Return to Work for Healthcare Personnel with SARS-CoV-2 Infection \(Interim Guidance\)](https://www.cdc.gov/coronavirus/2019-ncov/hcp/return-to-work.html) (www.cdc.gov/coronavirus/2019-ncov/hcp/return-to-work.html)

Determine close contacts of case

A close contact is defined as someone who was within 6 feet of the person with COVID-19 for a cumulative total of 15 minutes or more over a 24-hour period.

- When determining whether a staff person has been exposed to COVID-19 or is a close contact, MDH recommends directors of adult day centers and day service facilities follow the CDC's guidance at [CDC: Interim U.S. Guidance for Risk Assessment and Work Restrictions for Healthcare Personnel with Potential Exposure to COVID-19 \(www.cdc.gov/coronavirus/2019-ncov/hcp/guidance-risk-assessment-hcp.html\)](https://www.cdc.gov/coronavirus/2019-ncov/hcp/guidance-risk-assessment-hcp.html).
- When determining whether a resident/client has been exposed to COVID-19 or is a close contact MDH recommends following the CDC's guidance at [CDC: Public Health Guidance for Community-Related Exposure \(www.cdc.gov/coronavirus/2019-ncov/php/public-health-recommendations.html\)](https://www.cdc.gov/coronavirus/2019-ncov/php/public-health-recommendations.html).

PPE has an important role in preventing the spread of COVID-19; however, the level of prevention is not well studied and we cannot say these protocols are 100% effective in every circumstance. Therefore, participants/clients who have had close contact with a direct care staff member with COVID-19 are considered to have been exposed, regardless of the level of PPE worn by the staff or participant/client.

Notify close contacts and direct them to stay home and away from others for 14 days after the last exposure

Adult day service providers should notify staff and participants/clients who are close contacts to a case of COVID-19 in the center/facility, and direct them to monitor for symptoms and stay home for 14 days from the date of last exposure, regardless of whether the person seeks testing and receives negative test results.

- MDH recommends that all persons who have a high risk contact seek testing as available 5 to 7 days following their high-risk exposure or if symptoms develop during the 14 day quarantine. If persons develop symptoms or test positive for COVID during their isolation period, they should follow the guidance described above for determining when to return to the center or facility.
- Notification must adhere to all data privacy rules and laws and not disclose protected health information.
- The following fact sheet should be provided: [What to Do if You Have Had Close Contact With a Person With COVID-19 \(www.health.state.mn.us/diseases/coronavirus/contact.pdf\)](https://www.health.state.mn.us/diseases/coronavirus/contact.pdf). Additional information is available [CDC: When to Quarantine \(www.cdc.gov/coronavirus/2019-ncov/if-you-are-sick/quarantine.html\)](https://www.cdc.gov/coronavirus/2019-ncov/if-you-are-sick/quarantine.html).

Additional Resources

Cases can be reported to the Minnesota Department of Health at: [Submitting Clinical Information on Long Term Care and Adult Day COVID-19 Cases and Reporting Discrepant Laboratory Results](https://redcap-c19.web.health.state.mn.us/redcap/surveys/?s=H8MT9TTNCD) (<https://redcap-c19.web.health.state.mn.us/redcap/surveys/?s=H8MT9TTNCD>).

- [Interim Guidance for Adult Day Center to Reduce the Risk and Spread of COVID-19](http://www.health.state.mn.us/diseases/coronavirus/guideadult.pdf) (www.health.state.mn.us/diseases/coronavirus/guideadult.pdf)
- [Guidance for COVID-19 in Community Settings](http://www.health.state.mn.us/diseases/coronavirus/communities.html) (www.health.state.mn.us/diseases/coronavirus/communities.html)
- [Health Care Worker Exposure to COVID-19](http://www.health.state.mn.us/diseases/coronavirus/hcp/exposure.html) (www.health.state.mn.us/diseases/coronavirus/hcp/exposure.html)
Includes fact sheets for health care workers with low or high risk COVID-19 exposures and a sample risk assessment form.
- [Information for Confirmed Cases and Contacts](http://www.health.state.mn.us/diseases/coronavirus/cases.html) (www.health.state.mn.us/diseases/coronavirus/cases.html)



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