

Who should not wear a mask?

- Children under age 2.
- Anyone needing help to remove the mask.
- People who have trouble breathing.

Do:

Tips for Wearing a Mask



Clean your hands before and after touching your mask.



Continue to stay 6 feet away from others.



Use the mask ties or ear straps to put it on and take it off.



Find the type of mask that works for you.



The mask must cover your nose and fit close under your chin.



Encourage others to wear a mask.



Wash the mask each time you use it.

Do not:



Wear a dirty or damaged mask.



Wear the mask below your nose.



Leave your chin uncovered.



Pull the mask down to under your chin.



Touch the front of the mask.



Share your mask with other people.



Wear a surgical or N95 mask unless you have to wear one at work.