

## Qoraalka Waxa ay tahay Inaad Samayso Haddii aad Jirato - Ardayda

[muusig kicin leh]

[Warin] Dadka qaba COVID-19 qaabab aad u kaladuwan ayay u xanuunsan karaan. Haddii aad xanuunsan tahay, waa muhiim inaad u sheegto waalidkaaga ama qof wayn. Waa inaad iman dugsiga.

Haddii aad horeyba u joogtay dugsiga, oo aad xanuun dareento, u sheeg macalinkaaga ama kalkaalisada caafimaadka dugsiga isla markaaba.

Waa caadi inaad sheegto inaad xanuunsan tahay. WAANA muhiim inaad qof u sheegto si aan u badbaadno dhammaanteen.

Haddii qofkaaga wayn su'aalo badan ka qabo COVID-19, booqo [health.mn.gov](https://health.mn.gov).

[muusig kicin leh]

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2/17/21

What You Should Do If You Feel Sick - For Students (Somali)

Si aad xogtaan ugu hesho qaabab kale, wac: 651-201-4989