Hi there. My name is Andrea Singh and I'm a pediatrician and a mom of two boys.

So I think there are three main reasons why you should really get COVID vaccine for your kids.

The first one is that it may protect their health. You know, we know that people that get COVID disease are much sicker than people that get COVID vaccine and breakthrough cases. So COVID vaccine allows our kids to be healthier.

Number two, it decreases transmission. If you are vaccinated, you are much less likely to shed COVID disease, even if you get sick, and you're less likely to bring the disease into your household and thus protect the vulnerable people in our world.

The third reason is because it allows kids to get back to more of a semblance of normal and get back to some of their activities by avoiding some quarantines and letting them do their normal kid stuff.