mn DEPARTMENT OF HEALTH

When should I get tested? Sick Family Member

TRANSCRIPT

[upbeat music]

[Narration]

When should you get tested for COVID-19?

Someone in your household is sick with COVID-19. They have been staying at home (isolating), but you have been around them at home.

Testing recommendations say all household members should get tested after being near someone in the home who has COVID-19.

The person who is sick needs to stay home and away from others for at least five days (isolate), because they could infect others during this time. They should also wear a mask when around others at home. They may need to stay home longer if they still have symptoms, or if they are unable to wear a mask.

Visit our If You Are Sick webpage (https://www.health.state.mn.us/diseases/coronavirus/sick.html) for specifics on how long to stay home if you have COVID-19.

If you live with someone with COVID-19, you may need to quarantine after the sick person finishes their isolation. Visit the MDH Close Contacts and Quarantine webpage for more information on wearing a mask around others and how long to stay home: (https://www.health.state.mn.us/diseases/coronavirus/close.html)

All household members should get tested five days after the sick person finishes their isolation to make sure no one got infected. In this case, the last day of isolation for your family member is a Thursday. All members of the household should get tested five days later, on the following Tuesday.

To learn more about other times when you should get tested, and where to get tested, visit the MDH COVID-19 Testing webpage. (https://www.health.state.mn.us/diseases/coronavirus/testsites/index.html.)

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Minnesota Department of Health
Communications Office
PO Box 64975
St. Paul, MN 55164-0975
651-201-4989
health.communications@state.mn.us
www.health.state.mn.us

2/2/22

To obtain this information in a different format, call: 651-201-4989