

Thaum twg kuv thiaj yuav tsum mus kuaj? Muaj Neeg Hauv Tsev Neeg Mob Lawm

SUAB LUS KAW TSEG

[lub suab nkauj nrov ua ntej pib hais lus]

[Kev piav qhia]

Thaum twg koj thiaj yuav tsum mus kuaj kab mob COVID-19?

Ib leej neeg twg hauv koj tsev neeg mob COVID-19. Lawv tau nyob twj ywm hauv tsev (kev cais tawm), tab sis koj tau nyob ib puag ncig ntawm lawv hauv tsev.

Cov lus pom zoo rau kev kuaj mob hais tias txhua tus neeg hauv tsev neeg yuav tsum tau mus kuaj tom qab nyob ze ib leej neeg twg hauv tsev uas muaj COVID-19.

Tus neeg mob yuav tsum nyob twj ywm hauv tsev thiab nyob kom deb ntawm lwm tus yam tsawg kawg yog tsib hnuv (cais nyob ib leeg), vim tias lawv tuaj yeem kis tau rau lwm tus nyob rau lub sijhawm no. Lawv kuj tseem yuav tsum tau looj ntaub npog ntsej muag thaum nyob ib ncig ntawm lwm tus hauv tsev. Tej zaum lawv tseem yuav tau nyob hauv tsev ntev dua ntawd yog tias lawv tseem muaj cov yam ntxwv mob, lossis yog lawv tsis tuaj yeem looj tau daim ntaub npog ntsej muag.

Mus saib peb lub vev xaib uas hais txog qhov Yog Tias Koj Mob (If You Are Sick webpage)

(<https://www.health.state.mn.us/diseases/coronavirus/sick.html>) kom paub meej tias yuav nyob hauv tsev ntev npaum li cas yog tias koj muaj COVID-19.

Yog tias koj nyob nrog ib tus neeg twg uas muaj tus kab mob COVID-19, koj yuav tsum tau cais tawm tom qab tus neeg mob ntawd nyob puv nws qhov kev cais tawm nyob ib leeg. Mus saib lub vev xaib hais txog Kev Nyob Sib Ze thiab Kev Cais Nyob hauv MDH (MDH Close Contacts and Quarantine webpage) kom paub ntau ntxiv txog kev looj ntaub npog ntsej muag thaum nyob ib puag ncig lwm tus thiab yuav nyob hauv tsev kom ntev npaum li cas:

(<https://www.health.state.mn.us/diseases/coronavirus/close.html>)

Txhua leej hauv tsev neeg yuav tsum tau mus kuaj nyob rau tsib hnuv tom qab tus neeg mob nyob puv nws qhov kev cais nyob ib leeg kom paub tseeb tias tsis muaj leej twg kis tau tus kab mob. Nyob rau kis no, hnuv kawg ntawm kev sib cais nyob rau koj cov neeg hauv tsev neeg yog hnuv Thursday. Txhua leej hauv tsev neeg yuav tsum tau mus kuaj nyob rau tsib hnuv tom qab, nyob rau hnuv Tuesday tom ntej no.

Yog xav paub ntau ntxiv txog lwm lub sijhawm uas thaum twg koj thiaj yuav tsum mus kuaj, thiab yuav mus kuaj qhov twg, ces mus saib lub vev xaib hais txog kev Kuaj Mob COVID-19 ntawm MDH (MDH COVID-19 Testing webpage).

(<https://www.health.state.mn.us/diseases/coronavirus/testsites/index.html>)

[lub suab nkauj nrov ua ntej pib hais lus]

Minnesota Department of Health

Communications Office

PO Box 64975

St. Paul, MN 55164-0975

651-201-4989

health.communications@state.mn.us

www.health.state.mn.us

2/2/22 (Hmong)

Txhawm kom tau txais cov xov xwm no ua lwm hom qauv, hu rau: 651-201-4989