

## **COVID-19 TESTING RECOMMENDATIONS**

Situation	Recommendation
Symptoms of COVID-19	Get tested right away, even if you have been vaccinated and/or had a prior COVID-19 infection.
Close contact or exposure	Get tested five full days (on day six) after you were around someone with COVID-19.
Indoor event or gathering	Consider testing on the day of the event, as close to the time of the event as possible, especially if you will be around older adults and people who are immunocompromised or at higher risk of severe disease
Around high risk or immunocompromised person	Consider getting tested before you spend time with them and consider wearing a mask when around them.
People who are immunocompromised	Talk to your health care provider.
Travel	Pack self-tests and know how to find treatment. Check for airline and international destination testing requirements before you travel.

Minnesota Department of Health www.health.state.mn.us

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To obtain this information in a different format, call: 651-201-5414.