COVID-19 Safety Tips for Education Paraprofessionals

Before work

- Take your temperature before starting each work shift. Stay home if you have a fever or symptoms, such as a fever; cough; shortness of breath; chills; headache; muscle pain; sore throat; fatigue, congestion; or loss of taste or smell.
- Know who the COVID-19 coordinator is at the school.

During work

- Keep 6 feet between you and other adults in the workplace, when able; keep 3 feet between you and students.
- Wear a tight fitting, two-layered mask and face shield whenever possible during teaching hours.
- Wash your hands:
  - Before: eating/prepping food and putting on and taking off masks.
  - After: using the toilet, coughing, sneezing or blowing your nose, and assisting students.

After work

- Get tested if you feel sick or have any symptoms of COVID-19.
- Wash your mask after each use or throw away single-use masks and disinfect your face shield or eye protection after each use.
- Take time to relax and release stress.