

Cov lus hais rau daim *vis dis aus* Qhov tseem ceeb ntawm koj mus txhaj koob tshuaj COVID-19 rau zaum ob

[nkauj zoo siab]

[Mary Xiong] Nyob zoo kuv lub npe hu ua Mary Xyooj thiab kuv yog ib tus thawj coj ua haujlwm pab saib xyuas cov tswv yim rau txoj kev faib thiab kev qhia txog cov tshuaj tiv thaiv COVID-19 rau lub Minnesota Department of Health. Hnub no kuv xav tham piav txog qhov tseem ceeb ntawm koj mus txhaj koob tshuaj COVID-19 rau zaum ob.

Ib txhia koob tshuaj rau COVID-19 tam sim no yuav kom koj mus txhaj ob koob tshuaj. Tus neeg txhaj tshuaj rau koj mam li qhia koj paub seb koj puas yuav rov qab tuaj txhaj tshuaj rau zaum ob, thiab yog tias koj yeej yuav tau rov mus txhaj tshuaj ib zaug ntxiv, ces ua tib zoo mloog.

Tagnrho cov koob tshuaj COVID-19 uas muaj rau tam sim no yeej nyab xeeb thiab ua haujlwm zoo. Koj yuav txhaj koob tshuaj twg los yeej zoo. Rau koob tshuaj COVID-19 uas ua ntu zus mus txhaj, nws tseem ceeb heev rau koj rov qab mus txhaj koob tshuaj thib ob kom thiaj li pov thiab tiv thaiv koj zoo tshaj ntawm tus kab mob COVID-19. Nco ntsoov, ob koob tshuaj no yuav tsum yog tib hom koob tshuaj xwb. Kev mus txhaj tshuaj no yuav tau sim sijhawm li 3-4 lub lim tiam, nyob raws seb koj txhaj lub npe tshuaj twg.

Thaum koj mus txhaj thawj koob tshuaj, koj yuav tsum teem sijhawm rau koob tshuaj zaum thib ob. Nws zoo yog koj muab sau cia kom koj thiaj li nco qab lossis muab sau cia rau hauv koj lub xov tooj.

Tej zaum kuj yuav muaj tej tug mus txhaj koob tshuaj zaum ob tsis tau raws sijhawm. Tsis ua li cas. Peb xav txhawb kom koj mus teem sijhawm mus txhaj koob tshuaj zaum ob kom sai li sai tau. Tsis tas koj yuav rov qab mus pib txhaj hom tshuaj no dua.

Tam sim no kuj tau hnob txog ib cov lus tshaj txoj kev tiv thaiv los ntawm ib koob tshuaj ntawm ob koob tshuaj txhaj no, muaj ntau yam peb yuav tsum tau kawm ntxiv viv peb tseem tsis tau paub tseeb zoo txog qhov no. Lub FDA yeej tseem hais kom txhua tus txhaj ob koob tshuaj thiaj li pab pov thiab tiv thaiv koj zoo tshaj ntawm tus kab mob COVID-19.

Ua tsaug uas koj mus txhaj tshuaj. Txhua tus neeg uas mus txhaj tshuaj yuav pab peb sawvdaws tawm tsam yeej tus kab mob COVID no. [nkauj zoo siab]

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Yog xav tau cov ntaub ntawv no ua lwm hom, hu mus rau: 651-201-4989