

What to Expect Getting Your COVID-19 Vaccine (Audio Described) Transcript

[upbeat music]

>> A cartoon woman in a purple shirt looks around as a thought bubble with the text “What to expect getting your COVID-19 vaccine.” emerges above her.

If you are getting or thinking about getting a COVID-19 vaccine, here is what you should know before and after you get vaccinated.

>> The text in the thought bubble slides out of frame, and the same woman wearing a purple shirt slides in. She is smiling with a bandaid on her upper arm. She has been vaccinated. The thought bubble expands to the entire screen. A bubble symbolizing protection from COVID-19 appears around the smiling woman. A green check mark appears next to her bandaid.

The vaccine is safe and will help protect you from getting COVID-19.

>> The scene changes. A red circle with a white “X” appears in the middle of the screen, with text underneath. It reads, “You cannot get COVID-19 from the vaccine.”

You cannot get COVID-19 from the vaccine.

>> The scene changes. There is a webpage from the Minnesota Department of Health. The text at the top of the page says “About COVID-19 Vaccine.” The website scrolls down slowly.

The vaccine does not have preservatives. You can visit the Minnesota Department of Health’s website for more information about vaccine ingredients.

>> The scene changes. A girl with braids and a vaccine bandaid appears in a green circle in the center of the screen. A mustached man in a blue bubble and a different woman appear in a yellow bubble appear on either side of the girl. All of the people have vaccine bandaids and are smiling.

The vaccine is free for everyone. Insurance and immigration status do not matter.

>> The scene changes. An abstraction of a paper form appears on a purple background. A red “X” appears next to a signature line. A signature writes itself on the signature line.

When you arrive at your vaccination site, you will get a fact sheet about the vaccine. Some sites may ask you to sign your name saying you received the fact sheet and agree to get the vaccine.

>> The scene changes. There are two masked women. The woman on the left wears healthcare scrubs. The woman on the right is the woman wearing a purple shirt from the beginning of the video. A speech bubble with a vaccine icon is above the woman wearing scrubs.

A health care worker will ask you a few questions to make sure it is OK for you to get the vaccine.

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>> A second vaccine vial appears alongside the first with the numbers “1” and “2” attached to each vial. The vials separate slightly and a calendar appears with yellow dots showing three to four weeks.

The person giving you the vaccine will let you know if you need a second dose. If you need two doses, it is important to get both, and they should be the same brand of vaccine. You will need to wait three to four weeks before your second dose.

>> The scene changes. The woman in the purple shirt is smiling with a bandaid on her upper arm. She has been vaccinated. A clock appears on the right. The clock shows 15 minutes have passed.

Once you get the vaccine, you will wait at the clinic for 15 to 30 minutes to make sure you do not have any serious allergic reactions.

>> The scene changes. The front and back of a CDC vaccination card appear on a purple background. The front of the card reads “COVID-19 Vaccination Record Card”. The second card’s reads “Reminder! Return for a second dose!”. The subheader is in Spanish and reads, “Recordatorio! Regrese para la segunda dosis!”

You will get a card that shows the date of your vaccination. An appointment date can be written on the card, so you know if or when to come back if you need a second dose.

>> A red marker line circles a column with the title “Date” on the first card. The red marker underlines the header on the second card. The two cards and purple background slide offscreen. A closeup of the woman’s vaccine bandaid appears. Red circles pulsate from under the bandaid to indicate pain or irritation.

After getting your vaccine, you may have some side effects.

>> The woman slides to the left, and remains on the left half of the screen. An image of her entire body appears on the right. As each side effect is listed, icons appear correspondingly around the body. Three small letter “z”s appear by the woman’s head, followed by red lightning on the the other side of her head, small red pulsating circles on her hip and leg, a mercury thermometer, and snowflakes.

Common side effects include pain where you got the vaccine, feeling tired, headache, body aches, fever, or chills. The side effects should go away in one or two days. Feeling side effects is completely normal and means the vaccine is working! It is also OK if you don’t have any side effects.

>> Pulsating red circles coming from the bandaid fade away, as do all of the other side effects . The screen focuses back to the closeup of the bandaid.

If you have a severe allergic reaction after you leave the vaccination clinic, call 911, or go to the nearest hospital.

>> The scene changes. The woman with a bandaid appears in the center. Each corner of the screen shows a different icon, including a face mask, two hands washing themselves with sudsy bubbles, a green house, and the text “6 feet” with arrows spreading out away from the text.

Even after getting the COVID-19 vaccine, you should continue taking basic prevention steps when recommended.

>> The scene changes. The Stay Safe MN logo appears along with a link to the website health.mn.gov/covidvaccine.

For more information about the COVID-19 vaccine visit: health.mn.gov/covidvaccine

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