

When can I return to work if someone living with me is sick with COVID-19? Transcript

Someone living with me is sick with COVID-19. When can I return to work? If someone you're living with is sick with COVID-19, stay home and follow these guidelines even if you feel healthy or already tested negative for COVID-19.

Notify your supervisor and work from home if you're able. If you work in critical infrastructure and your absence would create a staffing crisis, you may be able to go to work but wear a mask and stay 6 ft away from coworkers and visitors.

At home, separate yourself from the sick member of your household, and do not share anything like utensils or phones for 14 days. After 14 days, you can go back to work as normal. Continue to separate yourself from your sick household member until they feel better and all these things are true, 1. their symptoms, like cough or shortness of breath, have improved. 2. It's been at least 10 days since their symptoms started. 3. They have had 24 hours with no fever without fever reducing medicine.

If you are not able to separate yourself from the sick member of your household. Talk to your doctor, clinic, or public health person in contact with you to discuss how long you should stay home. Generally, you would stay home until the sick household member feels better and then an additional 14 days.

If you become sick with COVID-19 symptoms, talk to your doctor or local clinic about getting tested. Like the sick member of your household, stay at home until your symptoms have improved, it's been at least 10 days since your symptoms started, and you've had 24 hours with no fever without fever-reducing medicine.

For up to date information about COVID-19 visit health.mn.gov

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