

# Recommendations for Providing Support to Students in Their Homes

9/3/2021

These recommendations were developed to help school district staff meet individual student needs for in-person, in-home services for students with disabilities who have an Individualized Education Program (IEP) or Individual Family Service Plan (IFSP), ages birth to 21 years, while also following school and community public health efforts to stop the spread of COVID-19. These are recommendations for any school staff who provide in-person, in-home services to students on an IEP/IFSP.

## Before the visit

### School staff

- Staff with symptoms of COVID-19 should not visit anyone's home. Symptoms include a fever of 100.4 degrees Fahrenheit or higher, a new cough or a cough that gets worse, difficulty breathing, new loss of taste or smell, a sore throat, nausea, vomiting, diarrhea, chills, muscle pain, excessive fatigue, a new severe headache, new nasal congestion, or a runny nose.
- Staff should not visit anyone's home if they are awaiting COVID-19 test results.
- If a staff member who is not fully vaccinated is a close contact of a person who has tested positive for COVID-19, they should quarantine, and the home visit should be postponed.
- Staff members should follow this guidance to determine if they should quarantine. [Close Contacts and Tracing: COVID-19 \(www.health.state.mn.us/diseases/coronavirus/close.html#not\)](https://www.health.state.mn.us/diseases/coronavirus/close.html#not).

### Students and families

- When scheduling a home visit and when confirming on the actual day of the visit consider delaying the home visit if any of the following are true:
  - Someone living in the home has symptoms,
  - Someone living in the home is awaiting COVID-19 test results,
  - Someone living in the home has tested positive for COVID-19 in the last 10 days, or
  - Someone living in the home has been told that they are a close contact of someone who has tested positive for COVID-19 and have not completed their recommended quarantine.

## During the visit

- Follow the recommendations for layering mitigation measures including face coverings in the [Best Practice Recommendations for COVID-19 Prevention in Schools for the 2021-22 School Year](https://www.health.state.mn.us/diseases/coronavirus/schools/schoolrecs.pdf) ([www.health.state.mn.us/diseases/coronavirus/schools/schoolrecs.pdf](https://www.health.state.mn.us/diseases/coronavirus/schools/schoolrecs.pdf)).
- Follow the [Recommendations for Infection Prevention and Control Practices for Delivering Direct Student Support Services](https://www.health.state.mn.us/diseases/coronavirus/schools/directsupport.pdf) ([www.health.state.mn.us/diseases/coronavirus/schools/directsupport.pdf](https://www.health.state.mn.us/diseases/coronavirus/schools/directsupport.pdf)), where applicable.
- If possible, and as weather permits, consider an outdoor visit or increasing ventilation of fresh air (e.g., by opening windows) during an indoor visit.

### Resources for additional guidance:

- [CDC: Guidance for Direct Service Providers](https://www.cdc.gov/coronavirus/2019-ncov/need-extra-precautions/direct-service-providers.html) ([www.cdc.gov/coronavirus/2019-ncov/need-extra-precautions/direct-service-providers.html](https://www.cdc.gov/coronavirus/2019-ncov/need-extra-precautions/direct-service-providers.html))
- [CDC: Interim Public Health Recommendations for Fully Vaccinated People](https://www.cdc.gov/coronavirus/2019-ncov/vaccines/fully-vaccinated-guidance.html) ([www.cdc.gov/coronavirus/2019-ncov/vaccines/fully-vaccinated-guidance.html](https://www.cdc.gov/coronavirus/2019-ncov/vaccines/fully-vaccinated-guidance.html))
- [CDC: Schools and Child Care Programs](https://www.cdc.gov/coronavirus/2019-ncov/community/schools-childcare/index.html) ([www.cdc.gov/coronavirus/2019-ncov/community/schools-childcare/index.html](https://www.cdc.gov/coronavirus/2019-ncov/community/schools-childcare/index.html))



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