

STAY SAFE MN



Kev Kuaj Kab Mob COVID-19 Tom Tsev

12/15/2020

Lub xeev Minnesota thiab Vault Medical Services tau sib koom tes los muaj kev siv qaub ncaug los kuaj tus kab mob COVID-19 rau txhua tus nyob hauv Minnesota, tab txawm lawv muaj thiab tsis pom muaj tej tsos mob. Koj auv dawm tau pob khoom kuaj no tuaj rau ntawm tsev, yam pub dawb xwb: [Vault: No-Cost COVID Testing For All Minnesotans \(kev kuaj kab mob COVID rau txhua tus neeg nyob hauv Minnesota yam dawb xwb\)](https://learn.vaulthealth.com/state-of-minnesota/) (<https://learn.vaulthealth.com/state-of-minnesota/>).

Yog tias koj xav kuaj tam sid, mus nrhiav chaw kuaj mob sib ntsib tim ntsej tim muag ntawm [Find Testing Locations \(nrhiav chaw kuaj\): https://mn.gov/covid19/get-tested/testing-locations/index.jsp](https://mn.gov/covid19/get-tested/testing-locations/index.jsp).

- Txoj kev kuaj qaub ncaug no yeej kuaj tau zoo ib yam li siv tus pas yas ntxig qhov ntswg kuaj. Nws kuaj seb koj puas mob COVID-19 tam sim ntawd thiab puas kis tau mus rau lwm tus. Nws tsis yog txoj kev kuaj seb koj puas tau kis kab mob COVID-19 rau yav tag los.
- Txoj kev kuaj qaub ncaug no muaj rau txhua tus neeg nyob hauv Minnesota.
 - Yog tias koj muaj ntawv pov hwm kev kho mob, koj yuav tsum qhia tawm es lawv thiab li them txoj kev kuaj no rau koj. Yog tias koj li ntawv pov hwm tsis them rau kev kuaj kab mob COVID-19, lossis them tsis tag tus nqi, lub xeev mam li roos them kom tag. Yog tias koj tsis muaj ntawv pov hwm, ces lub xeev mam li them rau koj. Yuav tsis xa nuj nqi tuaj rau koj them.
 - Tsis txhob sau koj tej ntaub ntawv khevim dim khauj mus rau lub Vault lub vas sab. Yog tias lawv nug koj txog koj tej ntaub ntawv no, muab lub browser tua thiab rov sim ua dua. Yuav kom tau cov khoom kuaj mob no xa tuaj rau koj tsev yam dawb xwb, mus xyuas hauv lub vas sab li kab ntawv saud qhia. Yog ib tug twg rub nqi rau koj them, thov xa ib tsab e-mail tuaj rau ntawm testathome.mdh@state.mn.us.
- Tagrho cov neeg laus thiab menyuam yaus siv tau qhov kev kuaj no. Tus neeg laus muaj 18 xyoo rov saud yuav tsum nug kom muab ib pob khoom kuaj ntawd rau tus menyuam thiab. Tam sim no, yuav kom txhua tus muab lawv tus email yog tias lawv xa kuaj mob.

- Kev siv qaub ncaug kuaj mob kuj yuav tsis zoo rau tus neeg uas tsis tshua muaj qaub ncaug, xws li cov menyuam yaus lossis ib tug neeg tau mob cov hlab ntsha yug hlwb txhaws (stroke).

Yuav kuaj li cas

- Tsis txhob noj, ntsuas, lossis haus dabtsi li (txhob haus dej thiab) rau li ntawm 30 feeb ua ntej koj kuaj mob.
- Thaum koj npaj tiav los kuaj, ces mus rau hauv [the Vault virtual waiting room \(chaw tos hauv online\)](https://app.vaulthealth.com/login?redirectUrl=https://app.vaulthealth.com/waiting-room&simple=true/) (<https://app.vaulthealth.com/login?redirectUrl=https://app.vaulthealth.com/waiting-room&simple=true/>) mus ua ib rooj sib ntsib hauv online nrog ib tug Neeg Tswj Kev Kuaj ntawm Vault, uas yuav qhia koj ua mus ntxiv.
- Ces koj mam li xa cov qauv kuaj ntawd mus rau chaw kuaj Vault hauv Minnesota lossis New Jersey, siv lub hnab xa khoom uas twb muab xa nrog pob khoom kuaj mob. Thaum xa khoom kuaj tuaj txog ntawm lub tsev kuaj mob, mam li xa email tuaj qhia rau koj paub seb kuaj tau li cas li ntawm 24-48 txoos teev.

Tom qab kuaj mob tag

- [I Got Tested – Now What? \(Kuaj mob tag lawm, ua dabtsi ntxiv?\)](https://mn.gov/covid19/get-tested/i-got-tested-now-what/index.jsp) (<https://mn.gov/covid19/get-tested/i-got-tested-now-what/index.jsp>)
- [Yuav Ua Dabtsi Lub Sijhawm Koj Nyob Tos Seb Kuaj Tau COVID-19 Yog Li Cas](https://www.health.state.mn.us/diseases/coronavirus/waiting.html) (<https://www.health.state.mn.us/diseases/coronavirus/waiting.html>)

Yog xav paub ntxiv

- [Frequently Asked Questions about COVID-19 Testing \(cov lus nug nquhug nug txog kev kuaj kab mob COVID-19\)](https://mn.gov/covid19/get-tested/faq/index.jsp): (<https://mn.gov/covid19/get-tested/faq/index.jsp>).
- Kuaj kab mob sib ntsib tim ntsej tim muag rau txhua tus: [COVID-19 Community Testing Sites \(chaw kuaj kab mob COVID-19 hauv zos\)](https://mn.gov/covid19/get-tested/testing-locations/community-testing.jsp): (<https://mn.gov/covid19/get-tested/testing-locations/community-testing.jsp>).
- Yog tias koj muaj lus nug txog kev siv qaub ncaug kuaj kab mob, thov sau email tuaj rau mn@vaulthealth.com lossis hu rau 800-800-5698. Ib tug neeg ua haujlwm hauv Vault mam li teb rov qab tuaj rau koj kom sai li sai tau.
- Yog koj muaj teeb meem txog kev kuaj mob lossis tsis txaus siab txog tej ntawv pov hwm lossis kev dag twg: [Muaj Kev Tsis Txaus Siab?](https://mn.gov/covid19/get-tested/feedback/index.jsp) (<https://mn.gov/covid19/get-tested/feedback/index.jsp>).
- Yog xav cheem tsum kev pab ntxiv rau ib tug neeg xiam oob qhab losis xav tau kev pab txhais lus, thov e-mail tuaj rau accessibility@vaulthealth.com.



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Tiv tauj health.communications@state.mn.us yog xav tau cov ntaub ntawv no ua lwm hom. (Hmong)