



Thov cov twj kuaj mob sai tom tsev pub dawb

Txhua lub tsev hauv Minnesota muaj cai thov tau dawb yim lub twj kuaj mob COVID-19 sai siv tom tsev, thaum tseem tshuav no.

[Thov cov twj kuaj mob tom tsev pub dawb ntawm no \(https://sayyeshometest.org/\)](https://sayyeshometest.org/)

Yog koj xav tau kev pab thov cov twj kuaj mob tom tsev?

Hu rau MDH COVID-19 tus xov tooj rau pej xeem ntawm 1-833-431-2053 hnub Monday txog Friday sij hawm 9 a.m. txog 7 p.m., Saturday: 10 a.m. txog 6 p.m.

Lub twj pab kuaj seb koj puas yuav kis tau COVID-19 mus rau lwm tus.

Cov twj kuaj mob sai tom tsev no siv thaum twg los tau, xws li yog tias koj muaj tsos mob zoo li yog COVID-19, koj tau mus nyob ze ib tug neeg uas mob COVID-19, los yog kuaj ua ntej koj yuav mus koom nrog neeg coob coob hauv tej chav tsev. Mus kawm tau ntxiv ntawm no [COVID-19 Self-Testing \(https://www.health.state.mn.us/diseases/coronavirus/testsites/hometests.html\)](https://www.health.state.mn.us/diseases/coronavirus/testsites/hometests.html).

Cov twj kuaj mob thov tau no yog:

- Kuaj cov antigen hauv lub cev tau sai sai tom tsev, tsis yog kev kuaj PCR
- Siv nyob rau qhov twg los tau
- Siv sij hawm 15 nas this xwb (tsis tas yuav coj mus rau qhov chaw kuaj mob)
- Kuaj tau tseeb txawm koj muaj thiab tsis muaj tsos mob COVID-19 los xij
- Kuaj tau tseeb txawm koj tau txhaj tshuaj tiv thaiv COVID-19 txhij lawm los tsis tau kuj xij
- Kuj muaj ib lub npe hu ua cov twj kuaj nrog tus kheej los sis cov twj kuaj yus yuav yus tau

Txhua lub tsev hauv Minnesota muaj cai thov tau dawb yim lub twj kuaj mob COVID-19 sai siv tom tsev, thaum tseem tshuav no. Tab txawm koj twb thov los lawm los koj yeej thov tau dua thiab.

Yog siv lub twj kuaj, yuav tsum ua raws li cov lus qhia uas muaj nyob nrog lub twj.

Nco ntsoov saib lub sij hawm tas hnub nyoog ntawm lub twj kuaj ua ntej yuav muab los siv thiab tsis txhob siv lub twj uas tas hnub nyoog lawm.

Ceeb Toom: Qee lub twj kuaj tau tso cai txuas lub sij hawm tas hnub nyoog lawm, yog li tej zaum koj siv lub twj kuaj tau mus dhau lub sij hawm uas sau rau ntawm lub plhaub uas ntim lub twj.

THOV COV TWJ KUAJ MOB SAI TOM TSEV PUB DAWB
ORDER YOUR FREE AT-HOME RAPID TESTS (HMONG)

Koj mus saib tau tias koj lub twj kuaj yog hom twg nyob rau ntawm qhov website [FDA At-Home OTC COVID-19 Diagnostic Tests](https://www.fda.gov/medical-devices/coronavirus-covid-19-and-medical-devices/home-otc-covid-19-diagnostic-tests) (<https://www.fda.gov/medical-devices/coronavirus-covid-19-and-medical-devices/home-otc-covid-19-diagnostic-tests>) kom paub tias seb koj lub twj puas muaj lub sij hawm txuas. Yog nws muajlub sij hawm txuas, ces yuav muaj kab lus txuas (link) mus rau ib nploojntawv sau qhia cov lej (Lot Numbers) thiab cov sij hawm tas hnub nyoog. Mussaib tus lej (Lot Number) nyob rau ntawm lub phlaub ntim koj lub twj kuaj, ces mus nrhiav tus lej ntawd nyob rau daim nplooj ntawv kom paub tias lub sij hawm txuas qhov hnub nyoog yog li cas.

Kuv yuav siv lub twj kuaj li cas?

Thov ua raws li cov lus taw qhia tag nrho uas muaj nyob nrog lub twj kuaj. Yog xav paub tias qhov kev kuaj muaj li cas, ces mus saib qhov yeeb yaj duab video raws hom twj kuaj uas koj muaj:

- iHealth -
[How to use the iHealth COVID-19 Antigen Rapid Test](https://www.youtube.com/watch?v=qBt_H4Gc-rU) (https://www.youtube.com/watch?v=qBt_H4Gc-rU)
- BinaxNow -
[How to: A Guide for the BinaxNOW™ COVID-19 Self Test](https://www.youtube.com/watch?v=baQQfoX-JXo) (<https://www.youtube.com/watch?v=baQQfoX-JXo>)

Lub twj kuaj mob sai rapid antigen yog dab tsi?

Lub twj kuaj mob sai rapid antigen pab kuaj tus kab uas ua rau muaj mob COVID-19. Yog tias koj muaj cov tsos mob, qhov kev kuaj no tuaj yeem qhia tau sai sai hais tias koj puas muaj kab mob COVID-19. Koj siv tus pas so nrws qhov ntswg kuaj nyob rau qhov twg los yeej tau thiab nyob ntawm seb koj siv lub twj kuaj hom twg, tos 15 rau 20 feeb xwb ces paub tau hais tias kuaj tshwm li cas lawm.

Kuv tsim nyog siv lub twj kuaj mob sai rapid antigen rau thaum twg?

Koj siv lub twj kuaj mob sai rapid antigen tau rau cov neeg hauv koj lub tsev uas muaj hnub nyoog 2 xyoos rov saud, thaum twg los tau. Tsim nyog yuav tsum kuaj kom sai tam siv yog tias koj muaj tso mob COVID-19. Yog koj tau mus nyob ze rau ib tug neeg uas muaj mob COVID-19, tsim nyog koj yuav tsum kuaj koj tus kheej tsib hnub tom qab thiab. Yog xav paub ntixiv seb puas muaj lwm lub sij hawm tsim nyog kuaj mob, ces mus saib qhov website [MDH COVID-19 Testing website](https://www.health.state.mn.us/diseases/coronavirus/testsites/index.html) (<https://www.health.state.mn.us/diseases/coronavirus/testsites/index.html>).

Yuav ua li cas yog kuv muaj tsos mob tab sis kuaj tsis pom muaj tus kab mob nrog qhov kev kuaj rapid antigen?

IYog kuaj pom tias koj tsis muaj kab mob, ces tsim nyog koj yuav tsum rov kuaj dua. Koom haum CDC thiab FDA pom zoo kom rov kuaj dua yog thawj zaug kuaj nrog lub twj rapid antigen es tsis pom muaj mob dab tsi, tab txawm koj muaj thiab tsis muaj tsos mob los xij. Ua raws li cov lus qhia uas muaj nrog lub twj kuaj txhawm rau qhov kev yuav rov kuaj dua. Yog xav paub ntixiv txog qhov kev rov kuaj dua, ces mus saib [At-Home COVID-19 Antigen Tests-Take Steps to Reduce Your Risk of False Negative: FDA Safety Communication](https://www.fda.gov/medical-devices/safety-communications/home-covid-19-antigen-tests-take-steps-reduce-your-risk-false-negative-fda-safety-communication) (<https://www.fda.gov/medical-devices/safety-communications/home-covid-19-antigen-tests-take-steps-reduce-your-risk-false-negative-fda-safety-communication>).

Yuav ua li cas yog kuv kuaj pom tias muaj tus kab mob nrog lub twj kuaj mob rapid antigen?

Yog koj kuaj pom tias koj muaj tus kab mob lawd, ces nyob hauv tsev twj ywm thiab nyob kom deb lwm tus. Ua raws cov lus qhia txog kev noj qab haus huv rau ib tsoom pej xeem uas teev nyob rau ntawm no [If You Are Sick or Test Positive](https://www.health.state.mn.us/diseases/coronavirus/sick.html) (<https://www.health.state.mn.us/diseases/coronavirus/sick.html>). Yog koj muaj feem siab yuav mob hnyav heev, ces hu rau ib tug kws kho mob los sis tus kws saib xyuas kev noj qab haus huv nug txog Cov Kev Kho Mob COVID-19.

