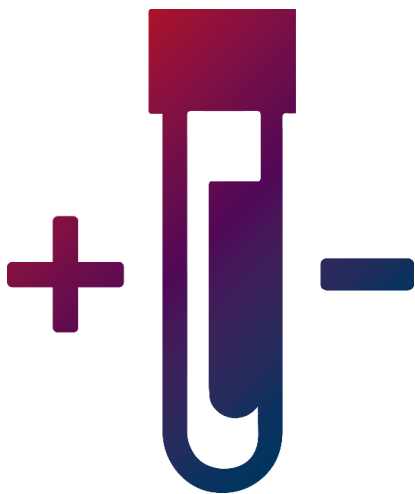




WHAT TO DO WHILE YOU WAIT FOR TEST RESULTS

It may take several days to get your test results by email, text, or phone call.



- Stay home and away from others if you have symptoms or have been close to someone with COVID-19.
- If your symptoms get worse, contact your health care provider.

MINNESOTA HELPLINE: **651-297-1304** or 1-800-657-3504

Monday through Friday, 9 a.m. to 4 p.m.

PROTECT YOURSELF AND OTHERS.

- If your test is positive, stay home for at least 10 days.
- If you were in close contact with someone who has COVID-19, the safest option is to stay home and away from others for 14 days.
- In some situations, you may consider being around others after 10 days, or seven days with a negative COVID-19 test result. For information on when to end your quarantine, visit health.mn.gov.