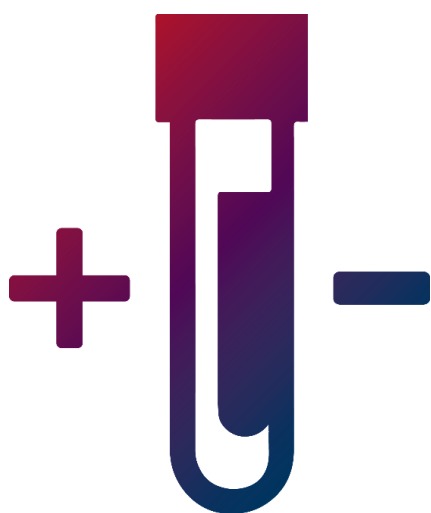




YUAV UA DABTSI THAUM NYOB TOS SEB KUAJ TAU YOG LI CAS

Yuav siv sijhawm ntau hnuv lawv mam li sau email, ntaus ntawv, lossis hu tuaj qhia koj paub.



- Nyob twj ywm tsev thiab caiv txhob mus ze lwm tus yog tias koj muaj tej tsos mob lossis tau mus nyob ze raug ib tus neeg mob COVID-19.
- Yog tias koj tej tsos mob tsuas muaj phem zuj zus xwb, hu mus rau koj tus kws kho mob.

KAB XOJV TOOJ PAB CUAM HAUV MINNESOTA: **651-297-1304** lossis 1-800-657-3504

Hnuv 1 txog Hnuv 5, 9 sawv ntxov txog 4 tsaus ntuj

TIV THAIV KOJ TUS KHEEJ THIAB LWM TUS.

- Yog tias kuaj tau koj mob positive, nyob twj ywm tsev kom txog txij li 10 hnuv.
- Yog tias koj tau mus nyob ze raug ib tus neeg mob COVID-19, nyob twj ywm tsev li 14 hnuv.
- Nyob rau ib txhia, tej zaum tom qab 10 hnuv, koj mus ze tau nrog lwm tus, lossis tom qab 7 hnuv xwb yog koj kuaj tau tsis mob COVID-19 uas yog negative. Yog xav paub ntxiv txog yuav nyob tsev ntev li cas, mus xyuas hauv health.mn.gov.

mn MINNESOTA

STAY SAFE MN

Minnesota Department of Health | health.mn.gov | 651-201-5000 | 625 Robert Street North PO Box 64975, St. Paul, MN 55164-0975

Tiv tauj health.communications@state.mn.us yog xav tau cov ntau ntawv no ua lwm hom. | 12/16/20 (Hmong)