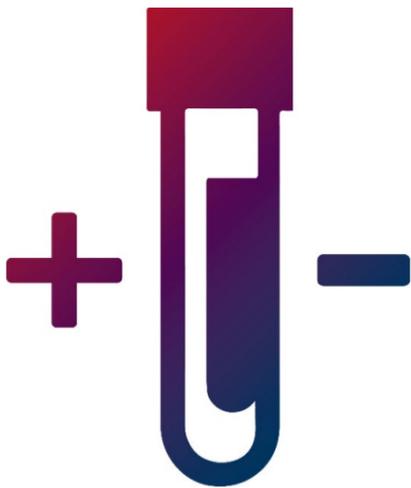




## WAXA AY TAHAY INAAD SAMAYSO INTAAD SUGAYSO NATIJOOYINKA BAARITAANKAAGA

Waxay qaadan kartaa dhawr maalmood inaad hesho natiijoyinka baaristaada iyada oo laguugu soo dirayo iimeel, qoraal, ama wicitaan taleefan.



- Guriga joog kana fogow dadka kale haddii aad qabto astaamo ama aad la joogtay qof qaba COVID-19.
- Haddii astaamahaagu kasiidaraan, la xariir dhakhtarkaaga daryeelka caafimaadka.

LAYNKA GURMADKA EE MINNESOTA: **651-297-1304** ama 1-800-657-3504  
Isniinta ilaa Jimcada, 9 a.m. ilaa 4 p.m.

### DIFAAC NAFTAADA IYO DADKA KALE.

- Haddii lagaa helo caabuqa, guriga joog ugu yaraan 10 maalmood.
- Haddii aad la joogtay qof qaba COVID-19, guriga joog 14 maalmood.
- Xaaladaha qaarkood, waxaad ka fikiri kartaa inaad dad kale la kulanto kadib 10 maalmood, ama todobo maalmood haddii lagaa waayo caabuqa COVID-19. Xog dheeraad ah oo ku aadan xiliga aad joojinayso karantiilkaaga, booqo [health.mn.gov](https://health.mn.gov).

**mn** MINNESOTA

**STAY SAFE MN**

Minnesota Department of Health (Waaxda Caafimaadka Minnesota) | [health.mn.gov](https://health.mn.gov) | 651-201-5000 | 625 Robert Street North PO Box 64975, St. Paul, MN 55164-0975

La xariir [health.communications@state.mn.us](mailto:health.communications@state.mn.us) si aad u codsato xogta oo qaab kale ah. | 12/16/20 (Somali)