

Tiv Thaiv Koj Tus Me Nyuam Ntawm COVID-19

Peb yeej xav ua txhua yam kom peb cov me nyuam noj qab haus huv thiab nyob nyab xeeb. Kev koj koj tus me nyuam mus txhaj tshuaj yog ib qho yuav pab tiv thaiv kom lawv tsis txhob mob COVID-19. Tam sis no muaj kev pom zoo rau cov me nyuam muaj 6 hli rov saud mus txhaj tshuaj tiv thaiv kabmob COVID-19 tau lawm. Kev txhaj tshuaj rau me nyuam pab kom lawv nyob nyab xeeb rau tom tsev kawm ntawv, tom cov chaw zov me nyuam, thiab ntau yam ntxiv.

- Tshuaj tiv thaiv COVID-19 siv tau nyab xeeb. Kev nyab xeeb ntawm cov tshuaj tiv thaiv tseem ceeb heev. Cov tshuaj tiv thaiv tau raug tshawb kawm yam zoo heev thiab pom tias yeej siv tau tsis muaj xwm txheej ua ntej yuav raug pom zoo muab rau me nyuam yaus thiab me nyuam hluas.
- Me nyuam yaus mob tau hnyav heev yog kis tau kabmob COVID-19. Tshuaj tiv thaiv pab tau kom me nyuam tsis txhob mob hnyav thiab tsis txhob tau mus pw tom tsev kho mob los ntawm kev mob COVID-19.
- Tej zaum koj tus me nyuam yuav muaj tsos mob me ntsis thaum txhaj tshuaj tag, li no tsis ua li cas thiab txhais tias nws lub cev tab tom tsim kev tiv thaiv kabmob xwb. Yog ho tsis muaj tsos mob dab tsi los yeej TSIS UA CAS thiab. Qhov tseeb, cov me nyuam yaus hnuv nyooq mos dua tuaj yeem ntsib cov kev mob tshwm sim tsawg dua tom qab txhaj tshuaj tiv thaiv tus kab mob COVID-19 ntau dua li cov hluas los sis cov hluas loj.
- Tseem ceeb heev rau koj koj koj tus me nyuam mus txhaj tshuaj tiv thaiv tab txawm lawv twb mob COVID-19 los dua lawm los xij, vim tias tshuaj tiv thaiv pab txhawb zog kev tiv thaiv kabmob rau lawv lub cev.
- Tshuaj tiv thaiv COVID-19 yog txhaj dawb xwb, thiab koj tsis tas muaj ntawv pov hwm kev kho mob (insurance) es thiaj txhaj tau.
- Tshuaj tiv thaiv COVID-19 tsis ua rau muaj me nyuam tsis taus.

Yuav koj koj tus me nyuam mus txhaj tshuaj li cas

- Nug koj tus kws kho mob me nyuam yaus los sis nug rau koj lub tsev kho mob clinic txog kev teem sij hawm.
- Mus saib mn.gov/vaxforkids rau kev nrhiav thiab tiv toj rau cov kws kho mob los sis cov khw muag tshuaj uas nyob ze rau koj, koom nrog rau:
 - ◊ Cov tsev kho mob clinic rau me nyuam yaus thiab tsev neeg, cov thawj kws kho mob, cov tsev saib xyuas kev noj qab hauv huv hauv zej zog uas txhawb nrog tsoom fww, cov koom haum tswj kev noj qab haus huv rau pej xeem, cov koom haum saib xyuas kev noj qab haus huv rau haiv neeg khab, cov tsev kho mob txhawb nrog lub xeev, thiab cov chaw saib xyuas kev noj qab haus huv rau haiv neeg Khab.
- Saib ntsoov seb puas muaj kev txhaj tshuaj rau tom tej tsev kawm ntawv los sis tej tsev rau pej xeem zej zog hauv koj cheeb tsam.

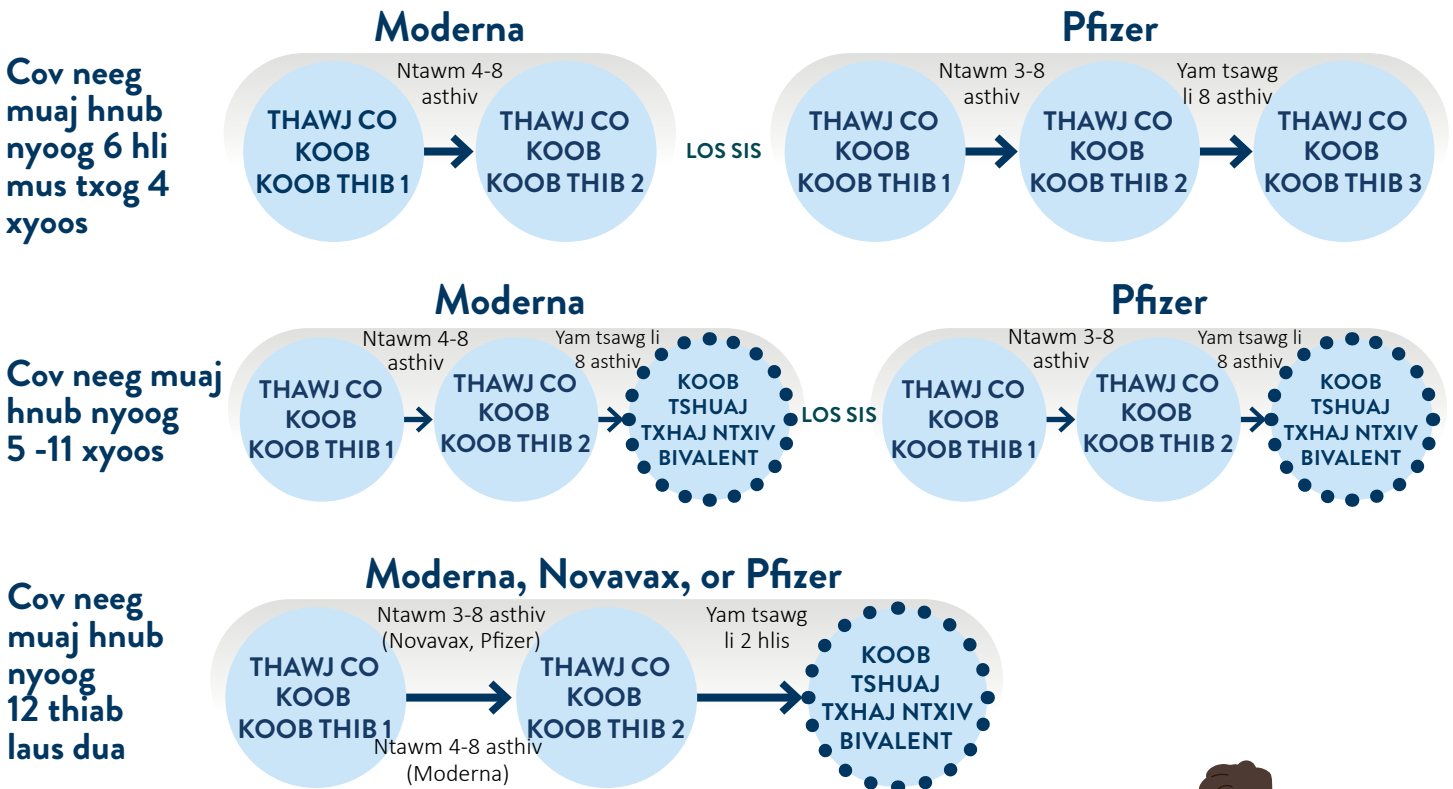
Cov tshuaj tiv thaiv uas muab tau

Muaj ntau cov tshuaj txhaj tiv thaiv kab mob COVID-19: Pfizer, Moderna, thiab Novavax. Koom haum CDC tsis muaj hais tias ib yam yuav zoo dua ib yam. Txhua txhua yam tshuaj tiv thaiv yeej pab tiv thaiv me nyuam kom tsis txhob mob hnyav los ntawm COVID-19. Txhua qhov chaw kuj tsis yog tias yuav muaj txhua yam tshuaj. Qhov tseem ceeb dua plaws yog yuav tsum tsis txhob cia ncuva kev txhaj tshuaj rau koj tus me nyuam. Hais txog rau cov ntaub ntawv qhia paub ntau ntxiv txog cov tshuaj tiv thaiv ces mus saib [CDC: Lus Qhia Nthuav Dav txog Cov Tshuaj Tiv Thaiv Kab Mob COVID-19 \(www.cdc.gov/coronavirus/2019-ncov/vaccines/different-vaccines/overview-COVID-19-vaccines.html\)](https://www.cdc.gov/coronavirus/2019-ncov/vaccines/different-vaccines/overview-COVID-19-vaccines.html).



Yuav txhaj tshuaj tiv thaiv COVID-19 ntau npaum cas thiab lub sijhawm ncuav kev txhaj li cas raws yam tshuaj

- Yam tshuaj tiv thaiv thiab qhov yuav txhaj ntau npaum cas rau koj tus me nyuam ntawd nyob ntawm seb nws muaj hnuv nyoog li cas.
- Koob tshuaj tiv thaiv rau cov me nyuam muaj 6 hli rau 11 xyoos ntawd tsawg dua koob tshuaj rau cov me nyuam loj dua thiab rau cov neeg laus. Koob tshuaj yuav txhaj ntau thiab tsawg npaum li cas yog nyob ntawm tus me nyuam qhov hnuv nyoog, tsis yog raws nws lub ces qhov loj hnyav.
- Me nyuam yaus tsim nyog txhaj thawj co koob tshuaj (primary vaccine series) kom yog tib hom tag nrho. Thawj co koob tshuaj txhaj no yog cov koob tshuaj uas yuav tsum xub xub txhaj rau ib tug neeg. Tsis suav cov koob tshuaj txhawb.
- Nws yog ib qho tseem ceeb uas yuav tau txhaj kom tag nrho cov tshuaj tiv thaiv uas muaj lus qhia kom txhaj txhawm rau kom tau txais kev tiv thaiv zoo tshaj plaws. Cov me nyuam uas muaj hnuv nyoog 5 xyoos nce mus yuav tsum tau txhaj koob tshuaj loos ntxiv (bivalent) tshiab.



Koj tus me nyuam tus kws kho mob qhia tau lwm yam xov xwm rau koj ntxiv thiab pab teem cov sijhawm txhaj tshuaj txhua txhua koob uas pom zoo kom txhij rau koj tus me nyuam thaum nws mus txhaj thawj koob tshuaj.

Cov me nyuam uas lub cev tsis muaj zog tiv thaiv kabmob (roj ntsha tsis muaj zog tawm tsam mob nkeeg) yuav muaj kev pom zoo txhaj tshuaj txawv qhov no. Niam txiv thiab cov neeg muaj cai saib xyuas me nyuam tsim nyog tham nrog me nyuam tus kws kho mob.

Hais txog rau cov ntau ntawv qhia paub ntau ntxiv, mus saib [CDC: Soj Qab Ntsoov Saib Cov Xov Xwm Tshiab txog Cov Tshuaj Tiv Thaiv Kab Mob COVID-19 suav nrog Cov Koob Tshuaj Txhaj Loos Ntxiv \(www.cdc.gov/coronavirus/2019-ncov/vaccines/stay-up-to-date.html\)](https://www.cdc.gov/coronavirus/2019-ncov/vaccines/stay-up-to-date.html).

