



# Qhia Qhov Tseeb Txog Tej Yam Dag Ntawm Koob Tshuaj COVID-19

Muaj coob leej ntau tus muaj lus nug thiab kev txhawj xeeb txog tej koob tshuaj COVID-19. Yeej tsis ua cas. Daim ntawv no yuav qhia koj qhov tseeb txog cov koob tshuaj COVID-19.

## ✓ Yeej ua raws li txhua them kev nyab xeeb los tsim koob tshuaj COVID-19.

Tau tsim koob tshuaj COVID-19 raws li tej txheej txheem kev nyab xeeb thiab kev kawm raws li kev tsim lwm koob tshuaj thiab. Cov kws tshawb fawb kev kho mob tsim koob tshuaj no tau sai heev vim lawv twb kawm ntau xyoo ntsig txog koob tshuaj no yav tag los lawm thiab peev nyiaj pab los ntawm tsoom fww.

## ✓ Cov koob tshuaj COVID-19 txhaj tau rau txhua tus uas nyob rau pab pawg hnuv nyooq uas tau kev pom zoo mus txhaj.

Tagnrho cov koob tshuaj COVID-19 tau muab sim txhaj rau txhiab phav tus neeg uas muaj hnuv nyooq sib txawv, tawv nqaij, thiab txawv haiv neeg los sim txhaj koob tshuaj no kom thiaj li paub tseeb seb puas nyab xeeb siv thiab ua tau haujlwm zoo.

## ✓ Cov koob tshuaj COVID-19 yuav tsis hloov koj li roj ntsha DNA.

Cov koob tshuaj COVID-19 Pfizer thiab Moderna muaj tus mRNA (messenger RNA) nyob rau hauv thiab nws yuav hloov lossis kho tsis tau ib tug neeg twg li roj ntsha (DNA), vim nws twb tsis nkag mus rau hauv nruab nrab cov keeb (cells), uas yog qhov chaw tsim DNA. Tom qab tus mRNA no ua tiav nws li haujlwm lawm, lub cev yuav muab nws rhuav tshem.

## ✓ Koob tshuaj COVID-19 Johnson & Johnson tsis muaj tej menyuam xeeb hauv plab cov tsiq nqaij nyob rau hauv.

Tsim koob tshuaj no los ntawm siv ib tug vais lav (virus) khaub thuas uas tsis ua tau mob rau leejtwg lawm, hu ua as viv naum vais lav (advenovirus). Tau muab tus vais lav khaub thuas no yug loj hlob rau ntawm tej keeb menyuam mos xeeb hauv plab (fetal cells) uas cov kws tsim koob tshuaj no tau khaws tseg ntau xyoo dhau los lawm. Tau muaj ntau pab pawg ntseeg thiab koom haum saib xyuas kev ncaj ncees ntawm kev kho mob qhia hais tias tibneeg yeej mus txhaj tau koob tshuaj no yog tias tsis muaj lwm koob tshuaj mus txhaj ntxiv lawm.

## ✓ Cov koob tshuaj COVID-19 tsis muaj tej npib me me nyob rau hauv.

Tej koob tshuaj COVID-19 tsis muaj tej npib me me (microchips) nyob rau hauv los txhaj rau tibneeg kom thiaj soj qab taug lw tau lawv.

## ✓ Cov koob tshuaj COVID-19 tsis muaj tej tshuaj ntxiv rau kom kav ntev, qe, lossis nqaij npuas nyob rau hauv.

Cov koob tshuaj COVID-19 tsis muaj: kua roj hmab (latex), tshuaj kav ntev; lossis tej khoom los ntawm tsiq, xws li nqaij npuas lossis kua npluam (gelatin). Tsis tau muab tej koob tshuaj no mus yug loj hlob los ntawm qe thiab tsis muaj tej yam khoom qe nyob rau hauv.

## ✓ Cov tibneeg cev xeeb menyuam mus txhaj tau koob tshuaj.

Tej ntaub ntawv tshawb fawb tam sim no qhia tias cov koob tshuaj COVID-19 yuav tsis mus cuam tshuam tus menyuam xeeb hauv plab lossis ua rau poob menyuam tau. Peb xav txhawb kom txhua tus neeg uas cev xeeb menyuam mus tham nrog lawv tus kws kho mob txog koob tshuaj no kom thiaj li nkag siab qhov zoo qhov phem ntawm kev txhaj tshuaj.

✓ **Cov koob tshuaj COVID-19 yuav tsis ua rau ib tug neeg twg xeeb tsis tau menyuam.**

Yog tias koj npaj yuav muaj menyuam ib hnuv twg rau yav tom ntej, koj yeej mus txhaj tau koob tshuaj COVID-19. Tsis tau muaj pov thawj qhia tias tej yam mob tom qab (side effects) ntawm kev txhaj tshuaj yuav ua rau ib tug neeg twg muaj tsis taus menyuam.

✓ **Mus txhaj koob tshuaj tab txawm tias koj twb mob COVID-19 dua los lawm.**

Peb tsis paub tias qhov koj thev mob tsis taus COVID-19 yuav kav ntev npaum cas vim koj twb mob dua los lawm, thiab peb tsis paub seb qhov koj mob li cas yuav ua rau koj thev taus rau lwm zaus. Peb kuj tsis tau paub seb cov kab mob tshiab no yuav mus raug cov tibneeg uas mob COVID-19 dua los lawm yuav zoo li cas.

✓ **Koj kis mob COVID-19 tsis tau los ntawm koob tshuaj.**

Tej koob tshuaj no tsis muaj tus kab mob COVID-19 nyob rau hauv.

✓ **Tej yam mob tom qab uas tshwm sim thaum txhaj tshuaj tag yog mob mentsis xwb.**

Tej yam mob tom qab mus txhaj tshuaj tag yog mob mentsis xwb thaum muab piv rau mob COVID-19. Yuav mob, o, lossis liab ntawm qhov chaw hno koob tshuaj; mob taubhau; mob ib ce; nkees sab; thiab ua npaws mentsis. Tej no tsuas qhia tias koj lub cev yeej tos txais koob tshuaj no zoo. Nws kuj tsis ua cas thiab yog koj tsis pom muaj mob dabtsi tom qab! Txhua tus nyias yuav txawv nyias rau koob tshuaj no.

✓ **Koob tshuaj COVID-19 yog dawb xwb.**

Tab txawm koj muaj ntawv pov hwm lossis tsis muaj lossis koj ntaub ntawv nyob tebchaws no yog li cas los xij, yuav tsis rub nqi rau koj them.

✓ **Koob tshuaj zoo tshaj rau koj yog thawj koob tshuaj uas muaj rau koj.**

Koob tshuaj zoo tshaj rau koj yog koob tshuaj uas koj mus txhaj tau rau tam sim no. Seb muaj koob tshuaj twg seem rau koj, ces qhov ntawd zoo tshaj. Txhua koob tshuaj COVID-19 yeej zoo heev los pab tiv thaiv kev mob hnyav los ntawm tus mob COVID-19, qhov no txhais tau tias ib tug neeg twg yuav tsis tas mus pw tsev kho mob loj yog lawv twb mus txhaj tshuaj lawm, thiab tus mob no yuav ua rau lawv tuag tsis tau.



**Tseem kawm ntxiv**

Peb tseem niaj hnuv kawm ntxiv kom paub zoo txog tej koob tshuaj COVID-19 no, xws li nws yuav pab tiv thaiv ntev npaum li cas, thiab yuav pab cheem kev sib kis tus kab mob COVID-19 li cas. Txawm li no los, tsis txhais tau tias koj yuav ncuva sijhawm tsis mus txhaj koob tshuaj uas cawm tau txojsia. Raws li sijhawm ntev li ntev tau, cov kws tshaj lij yuav niaj hnuv soj qab qhov kev nyab xeeb siv koob tshuaj no.

Mus kawm paub ntxiv ntawm [Qhia Txog Koob Tshuaj COVID-19 \(www.health.state.mn.us/diseases/coronavirus/vaccine/basics.html\)](http://www.health.state.mn.us/diseases/coronavirus/vaccine/basics.html)

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