

What to Do While You Wait for a COVID-19 Test Result

If you take a COVID-19 test that needs to be sent to a lab, such as a PCR test, it may take several days to get your results back.



If you have any symptoms of COVID-19:

- Stay home and away from others (isolate).
- Start wearing a high-quality, well-fitting mask around others, even in your home.
- If your test result is positive, follow the public health recommendations on <u>If You Are</u> Sick or Test Positive: (www.health.state.mn.us/diseases/coronavirus/sick.html).
- If your test result is negative, continue to stay home if you have symptoms or feel sick.

If you were exposed to COVID-19, but do not have symptoms:

- · Wear a high-quality, well-fitting mask around others.
- If you get a positive test result, stay home and away from others (isolate). If you get a
 negative test result, continue to wear a mask and watch for symptoms for 10 full days
 after the last day you were near someone who has COVID-19. If you get symptoms,
 stay home and get tested again.
- For more information, visit <u>Close Contacts or Exposure:</u> (www.health.state.mn.us/diseases/coronavirus/close.html).

COVID-19 HOTLINE: 1-833-431-2053 www.health.state.mn.us/diseases/coronavirus



