

# What to Do While You Wait for a COVID-19 Test Result



## After you get tested



- Stay home and away from others if:
  - You have not been fully vaccinated.
  - You have symptoms or start to feel sick.
  - Someone in your home has COVID-19.
  - You've been close to someone with COVID-19.
- You do not have to stay home and away from others if:
  - You do not have any symptoms and have not been close to someone with COVID-19.
  - You got tested for a medical procedure and do not have symptoms.
  - You are fully vaccinated.



- Start making a plan for what you will do if you have a positive test because you will need to stay home for at least 10 days, even if you do not feel sick.



- Tell people you have been in close contact with recently that you may have COVID-19. If they are not fully vaccinated, they should stay away from others until they hear from you.



- It may take several days to get your test results back. You will receive test results by email, text, and/or telephone call.



## If your test is positive

- This means you currently have COVID-19.
- **Stay home.** A public health worker will call or text you. It is important that you answer their phone call. They will ask you questions about possible exposures to COVID-19, such as people you have been in direct contact with and places you have visited.
- They will also give you more information about what you should do and how long you should stay home.
- Monitor your symptoms. If they get worse, contact your health care provider. Tell them you were tested for COVID-19.



## If your test is negative

- This means you **do not** currently have COVID-19. However, you could still be exposed or become sick at any time. You should continue to take steps to protect yourself and others from COVID-19.
- If you develop symptoms of COVID-19, talk to your doctor or other health care provider about getting tested again.



## More information

[Coronavirus Disease 2019 \(COVID-19\)](https://www.health.state.mn.us/diseases/coronavirus)  
[www.health.state.mn.us/diseases/coronavirus](https://www.health.state.mn.us/diseases/coronavirus)

For questions related to the COVID-19 pandemic, call 1-833-431-2053.

