What to Do While You Wait for a COVID-19 Test Result

After you get tested

- Stay home and away from others if you have symptoms or start to feel sick.
- If you have not been fully vaccinated, you should also stay home and away from others if:
  - Someone in your home has COVID-19.
  - You’ve been close to someone with COVID-19.
- You do not have to stay home and away from others if:
  - You do not have any symptoms and have not been close to someone with COVID-19.
  - You got tested for a medical procedure and do not have symptoms.
  - You are fully vaccinated, but you should wear a mask in public indoor settings for 14 days or until you receive a negative test result.
- Start making a plan for what you will do if you have a positive test because you will need to stay home for at least 10 days, even if you do not feel sick.
- Tell people you have been in close contact with recently that you may have COVID-19. If they are not fully vaccinated, they should stay away from others until they hear from you.
- It may take several days to get your test results back. You will receive test results by email, text, and/or telephone call.

If your test is positive

- This means you currently have COVID-19.
- **Stay home.** A public health worker will call or text you. It is important that you answer their phone call. They will ask you questions about possible exposures to COVID-19, such as people you have been in direct contact with and places you have visited.
- They will also give you more information about what you should do and how long you should stay home.
- Monitor your symptoms. If they get worse, contact your health care provider. Tell them you were tested for COVID-19.

If your test is negative

- This means you do not currently have COVID-19. However, you could still be exposed or become sick at any time. Continue to take steps to protect yourself and others from COVID-19.
- If you develop symptoms of COVID-19, talk to your doctor or other health care provider about getting tested again.

More information

**Coronavirus Disease 2019 (COVID-19)**
(www.health.state.mn.us/diseases/coronavirus)
For questions related to the COVID-19 pandemic, call 1-833-431-2053.