

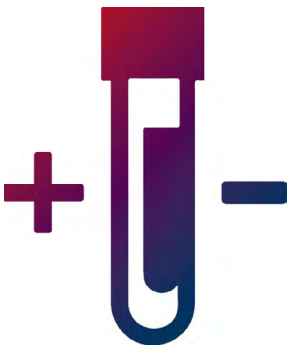


Yuav Ua Dab Tsi Thaum Koj Nyob Tos Txais Qhov Kev Kuaj Mob COVID-19

Yog koj kuaj mob COVID-19 uas yuav tsum xa mus rau lub chav kuaj, xws li siv kev kuaj PCR, nws yuav siv sij hawm li ob peb hnuv thiaj tau txais koj qhov kev kuaj rov qab.



Yog tias koj muaj cov tsos mob COVID-19:



- Nyob tsev twj ywm thiab nyob kom deb lwm tus (cais tus kheej).
- Pib looj ntaub npog qhov ncauj qhov ntswg kom zoo thaum koj nyob ze lwm tus, txawm nyob hauv koj lub tsev xwb los xij.
- Yog koj qhov kev kuaj pom tshwm tias muaj mob lawm, ces ua raws li cov lus qhia txog kev noj qab haus huv rau pej xeeb ntawm cov kab lus [Yog Tias Koj Mob lossis Kuaj Tshwm Tias Muaj Mob Lawm \(www.health.state.mn.us/diseases/coronavirus/sick.html\)](http://www.health.state.mn.us/diseases/coronavirus/sick.html).
- Yog koj qhov kev kuaj pom tshwm tias tsis muaj mob, ces nyob tsev twj ywm txuas ntxiv mus yog tias koj muaj tsos mob los sis koj tsis xis neej.

Yog koj tau mus nyob ze ib tug neeg mob COVID-19, tab sis koj tsis muaj tsos mob:

- Looj ntaub npog qhov ncauj qhov ntswg kom zoo thaum koj nyob ze lwm tus.
- Yog koj kuaj pom tshwm tias muaj mob lawm, ces nyob tsev thiab nyob kom nrug deb lwm tus (cais tus kheej). Yog koj kuaj tshwm tias tsis muaj mob, ces yeej meem looj ntaub npog qhov ncauj qhov ntswg txuas ntxiv mus thiab saib ntsoov koj cov tsos mob kom puv 10 hnuv tom qab koj tau nyob ze ib tug neeg uas mob COVID-19. Yog koj muaj tsos mob, ces nyob tsev thiab rov kuaj mob dua tshiab.
- Yog xav paub ntxiv, mus saib cov sob lus ntawm [Cov Neeg Tau Nyob Sib Ze lossis Kev Tau Nyob Ze Rau Ib Tug Neeg Mob \(www.health.state.mn.us/diseases/coronavirus/close.html\)](http://www.health.state.mn.us/diseases/coronavirus/close.html).

Tus xov tooj COVID-19: 1-833-431-2053

www.health.state.mn.us/diseases/coronavirus

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