# Weekly Influenza & Respiratory Illness Activity Report

# Week Ending November 30, 2024 | WEEK 48

A summary of influenza surveillance indicators prepared by the Division of Infectious Disease Epidemiology Prevention & Control. All data are preliminary and may change as more information is received.

Minnesota Influenza Key Statistics					
Percent of molecular laboratory tests positive	2.4%				
Hospitalizations	50				
Most common strain	Influenza A				
School outbreaks	6				
Long-term care outbreaks	0				
Pediatric influenza-associated deaths	0				

#### Contents

Hospitalized Influenza Surveillance	2
Influenza-Associated Death Surveillance	
Weekly Acute Respiratory Illness Outbreaks in K-12 Schools	5
Weekly Influenza & RSV Outbreaks in Long-term Care Facilities	6
Sentinel Provider Surveillance (Outpatients)	7
Laboratory Surveillance	8
Weekly U.S. Influenza Surveillance Report	.11

Minnesota Influenza Surveillance (www.health.state.mn.us/diseases/flu/stats/)

CDC: FluView Weekly (www.cdc.gov/fluview/)

World Health Organization (WHO) Global Influenza Programme (www.who.int/teams/global-influenza-programme/surveillance-and-monitoring/influenza-surveillance-outputs) Neighboring states' influenza information:

lowa: lowa Influenza Surveillance (https://hhs.iowa.gov/center-acute-disease-epidemiology/iowa-influenza-surveillance)

Wisconsin: Influenza (Flu) (https://dhs.wisconsin.gov/influenza/index.htm)

North Dakota: North Dakota Influenza (www.hhs.nd.gov/health/influenza)

South Dakota: South Dakota Influenza Dashboard (https://doh.sd.gov/health-data-reports/data-dashboards/influenza-dashboard/)



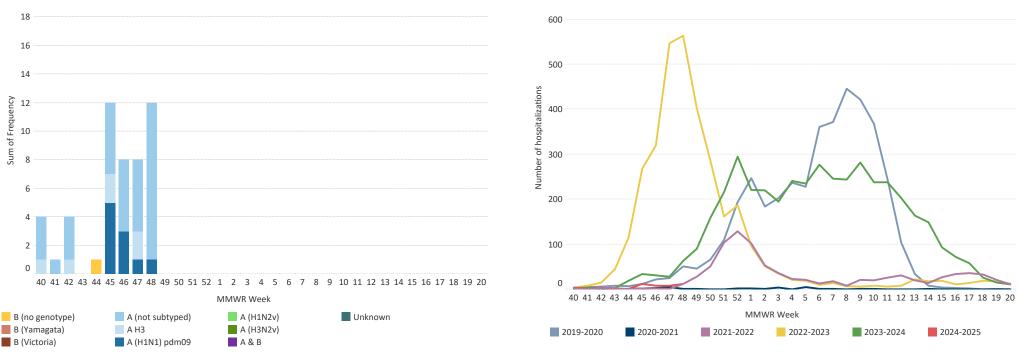
Minnesota Department of Health 651-201-5414 or 1-877-676-5414 www.health.state.mn.us

# **Hospitalized Influenza Surveillance**

Hospitalized influenza cases are based on disease reports of laboratory-positive influenza (via DFA, IFA, viral culture, EIA, rapid test, paired serological tests or RT-PCR) and specimens from hospitalized patients with acute respiratory illness submitted to MDH-PHL by hospitals and laboratories. Due to the need to confirm reports and reporting delays, consider current week data preliminary.

#### Hospitalized Influenza Cases by Type, Minnesota (FluSurv-NET\*)

#### Hospitalized Influenza Cases by Season, Minnesota (FluSurv-NET\*)



Hospitalizations this week	Hospitalizations last week	Total hospitalizations (to date)			
12	8	50			

Season	Total hospitalizations (historic)
2019-2020	4022
2020-2021	35
2021-2022	905
2022-2023	3,338
2023-2024	4,375
2024-2025 (to date)	50

\*FluSurv-NET = Influenza Surveillance Network

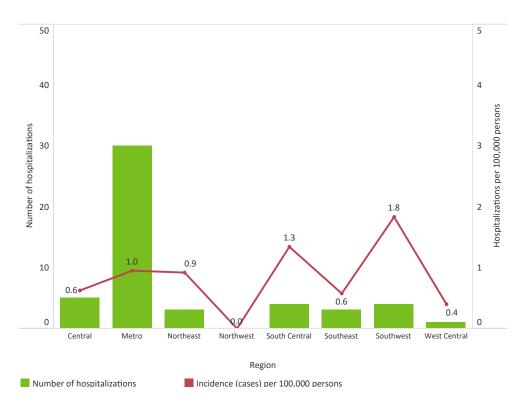
20

Minnesota Department of Health Weekly Influenza & Respiratory Activity Report for Week Ending November 30, 2024 | WEEK 48

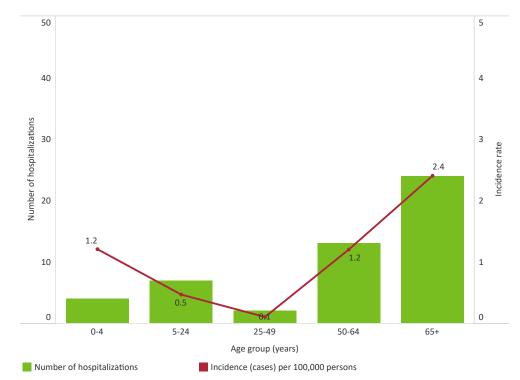
### Hospitalized Influenza Surveillance (continued)

#### Number of Influenza Hospitalizations and Incidence by Region, Minnesota

#### Number of Influenza Hospitalizations and Incidence by Age, Minnesota



Region	gion Hospitalizations this week		% Hospitalizations this week	% Total (to date)	
Central	2	5	17%	10%	
Metro	tro 7 30 58		58%	60%	
Northeast	0	3	0%	6%	
Northwest	0	0	0%	0%	
South Central	1	4	8%	8%	
Southeast	0	3	0%	6%	
Southwest	2	4	17%	8%	
West Central	0	1	0%	2%	

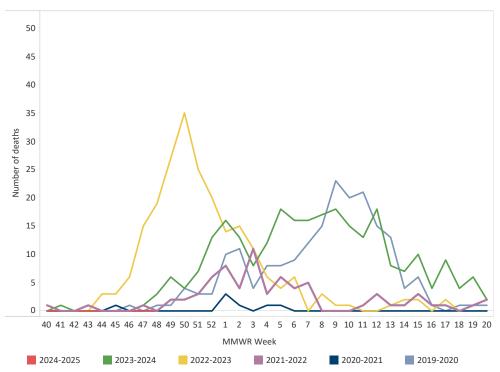


Median age (years) at time of admission
64

# Influenza-associated Death Surveillance

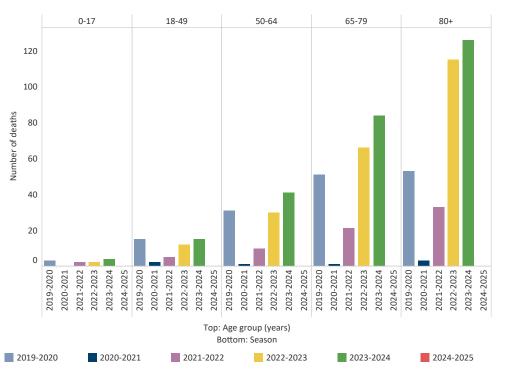
Influenza deaths are collected via reports from Minnesota's death certificate database, hospitals, and long-term care facilities. Decedents with influenza listed as a cause of or contributor to death, have recent laboratory confirmation of influenza, or are part of an ongoing influenza outbreak at a long-term care facility are reported to influenza surveillance. Due to the need to confirm reports and reporting delays, consider current week data preliminary.

#### Deaths Associated with Influenza by Season, Minnesota



Season	Total deaths	Total pediatric (<18 years) deaths
2019-2020	197	3
2020-2021	7	0
2021-2022	71	2
2022-2023	224	2
2023-2024	270	4
2024-2025 (to date)	0	0

#### Deaths Associated with Influenza by Age Group and Season, Minnesota



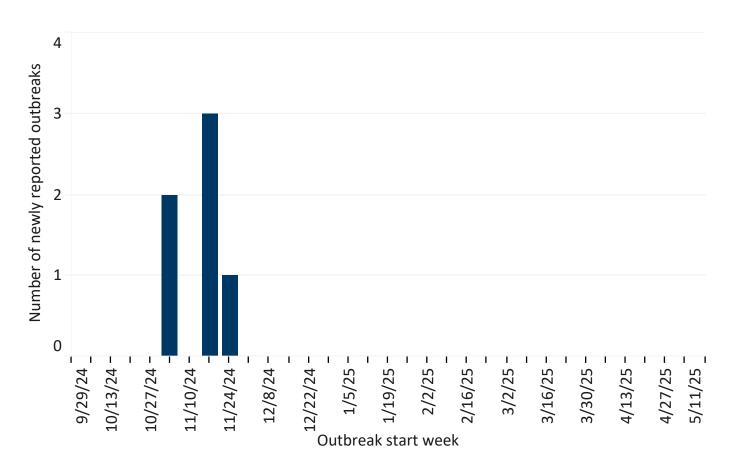
Season	Median age (years) at time of death
2019-2020	73
2020-2021	76
2021-2022	77
2022-2023	80
2023-2024	77
2024-2025 (to date)	

\*FluSurv-NET = Influenza Surveillance Network

Minnesota Department of Health Weekly Influenza & Respiratory Activity Report for Week Ending November 30, 2024 | WEEK 48

## Weekly Acute Respiratory Illness Outbreaks in K-12 Schools

K-12 schools report an outbreak of acute respiratory illness (ARI; e.g. COVID-19, influenza, RSV) when the number of students absent with ARI reaches 10% of the facility's total enrollment.



#### Acute Respiratory Illness Outbreaks in Schools, 2024-2025 season

New school outbreaks this week	New school outbreaks last week	Total this season (to date)		
1	3	6		

# Weekly Influenza & RSV Outbreaks in Long-term Care Facilities

Long-Term Care (LTC) facilities report to MDH when they have a lab-confirmed influenza or RSV outbreak in their facility. The definition of an outbreak is at least 2 cases of laboratory-confirmed influenza (or RSV) identified within 72 hours of each other in residents on the same unit.

#### 3 Number of newly reported outbreaks 2 1 0 9/29/24 10/13/24 10/27/24 11/10/24 11/24/24 12/8/24 12/22/24 1/19/25 2/16/25 3/16/25 3/30/25 4/13/25 4/27/25 1/5/25 2/2/25 3/2/25 5/11/25 Outbreak onset date

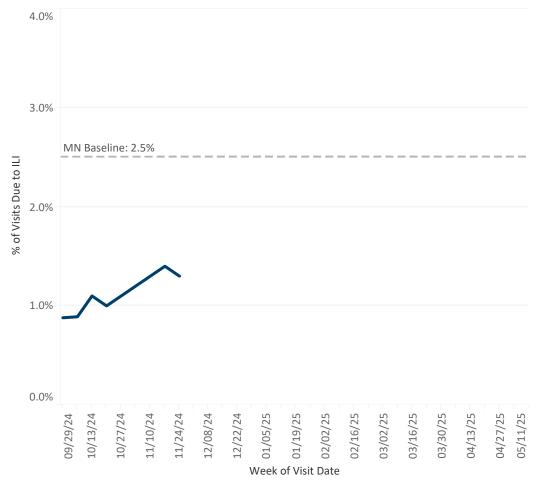
#### Confirmed Influenza or RSV Outbreaks, 2024-2025 Season

New LTC outbreaks this week	New LTC outbreaks last week	Total this season (to date)		
0	0	0		

### **Sentinel Provider Surveillance (Outpatients)**

MDH collaborates with healthcare providers who report the total number of patients seen and the total number of those patients presenting to outpatient clinics with influenza-like illness (ILI). ILI is defined as fever with a cough and/or sore throat. ILI data may capture visits due to viruses other than influenza.





\* Indicates current week-data may be delayed by 1 or more weeks

MN Baseline valid for 2024-2025 season only, do not compare it with previous flu seasons. The baseline is calculated by averaging the ILI percent for non-influenza weeks over the recent seasons and adding two standard deviations. Non-influenza weeks account for less than 2% of the season's total flu-positive specimens tested at Public Health Labs in HHS Region 5. Weeks where ILI % is above baseline reflect weeks with excess health care visits due to ILI.

% of outpatients with ILI this week	% of outpatients with ILI last week
1.3%	1.4%

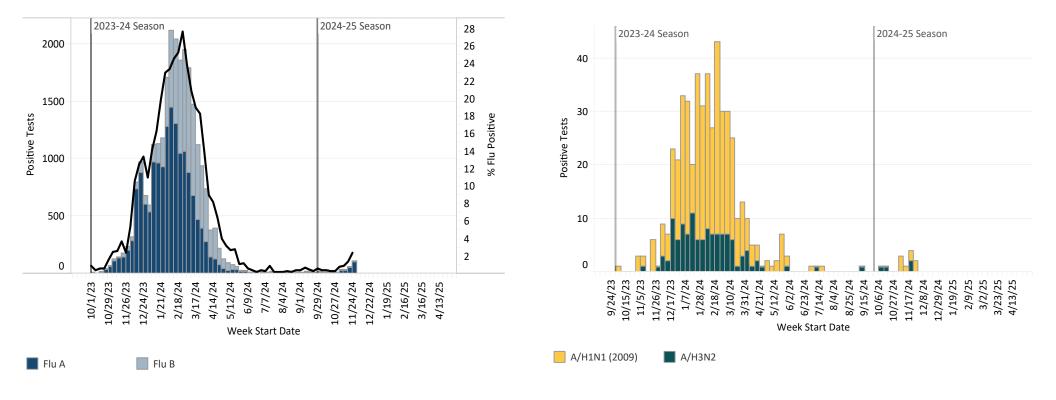
Minnesota Department of Health Weekly Influenza & Respiratory Activity Report for Week Ending November 30, 2024 | WEEK 48

### **Laboratory Surveillance**

The MN Lab System (MLS) Laboratory Influenza Surveillance Program is made up of more than 310 clinic- and hospital-based laboratories, voluntarily submitting testing data weekly. These laboratories perform antigen and molecular testing for influenza and Respiratory Syncytial Virus (RSV). A subset of labs also performs PCR testing for other respiratory viruses. MDH-PHL provides further characterization of submitted influenza isolates to determine the hemagglutinin serotype to indicate vaccine coverage. Tracking the laboratory results assists healthcare providers with patient diagnosis of influenza-like illness and provides an indicator of the progression of the influenza season as well as prevalence of disease in the community.

#### Specimens Positive for Influenza by Molecular Testing, by Week

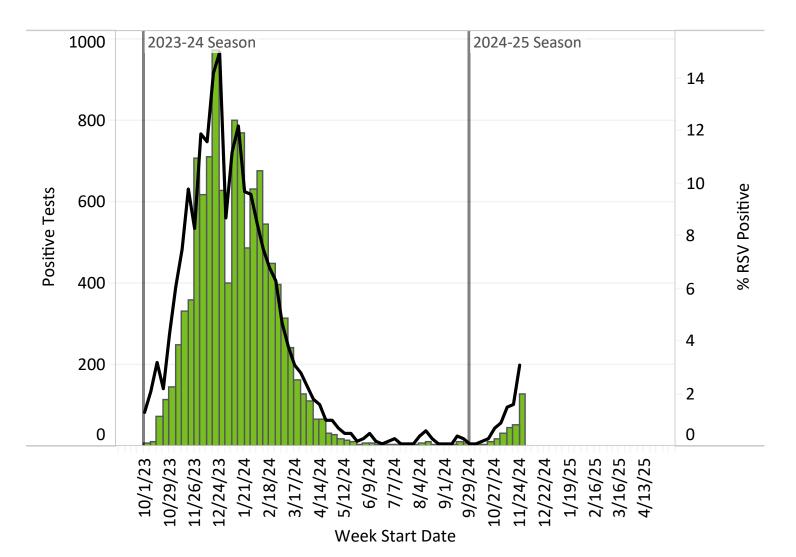
#### Positive Influenza A Subtypes by Molecular Testing, by Week



Region	Central	Metro	Northeast	Northwest	South Central	Southeast	Southwest	West Central	Statewide (overall)
% molecular influenza tests + this week	1.3%	3.3%	0.8%	0.6%		0.6%	7.4%	0.0%	2.4%

### Laboratory Surveillance (continued)

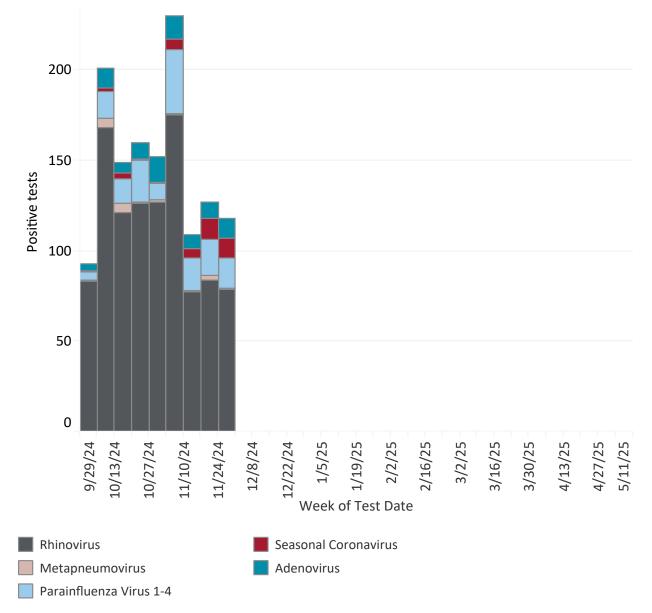
Similar to influenza, some labs in the MN Lab System perform molecular testing for RSV that may be from a standalone PCR test or a respiratory virus PCR panel. Tracking these laboratory results assists with monitoring for RSV viruses that may be circulating and causing influenza-like illness.



#### **Positive RSV Cases by Week**

### Laboratory Surveillance (continued)

The graph below summarizes the non-influenza, non-COVID, non-RSV viruses detected on respiratory virus PCR panel tests reported by the MN Lab System. Tracking these results assists monitoring for viruses that may be circulating and causing respiratory illness, but are not reportable or regularly tested for.



#### Other Molecular Testing Results by Virus from MLS Survey

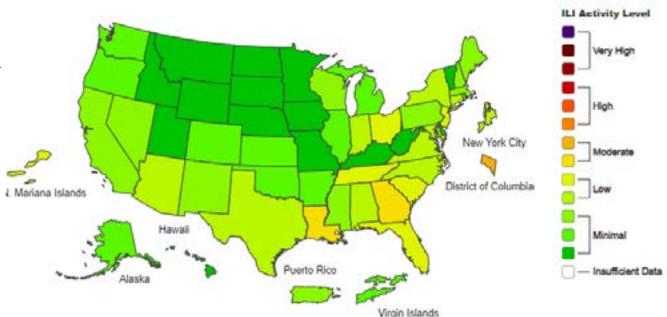
### Weekly U.S. Influenza Surveillance Report

### Week 47, ending November 23, 2024

Seasonal influenza activity is increasing slightly among children but remains low nationally.

- Nationally, percent positivity for influenza remained stable this week compared to last week but has been increasing slightly over the past several weeks.
- The percentage of emergency department visits for influenza increased among pediatric age groups.
- During Week 47, of the 409 viruses reported by public health laboratories, 394 were influenza A and 15 were influenza B. Of the 281 influenza A viruses subtyped during Week 47, 141 (50.2%) were influenza A(H1N1) pdm09 and 140 (49.8%) were A(H3N2).
- Two confirmed human infections with influenza A(H5) viruses were reported to CDC this week. To date, human-to-human transmission of influenza A(H5) virus has not been identified in the United States.
- No pediatric deaths associated with seasonal influenza during the 2024-2025 season were reported this week.
- CDC recommends that everyone ages 6 months and older get an annual influenza (flu) vaccine.
- There are prescription flu antiviral drugs that can treat flu illness; those should be started as early as possible and are especially important for higher risk.
- Influenza viruses are among several viruses contributing to respiratory disease activity. CDC is providing updated, integrated information about COVID-19, flu, and respiratory syncytial virus (RSV) activity on a weekly basis.

#### **Outpatient Illness: ILINet Activity Map**



CDC: FluView Weekly (https://www.cdc.gov/fluview/)