

# HIV Quarterly Surveillance Report

JAN. 1 – MARCH 31, 2026

**Table 1. Number of Cases and Rates (per 100,000 persons) of HIV Diagnosis by Residence<sup>1</sup> -- Minnesota, Q1 2026**

Residence (Metro Vs. Greater MN) <sup>II</sup>	Cases (Total)	% (Total)	HIV (Infection Rate)
Minneapolis	11	22%	2.6
St. Paul	4	8%	1.3
Suburban	26	51%	1.1
Greater Minnesota	10	20%	0.5
<b>Total</b>	<b>51</b>	<b>100%</b>	<b>0.9</b>

Residence (Regions) <sup>II</sup>	Cases (Total)	% (Total)	HIV (Infection Rate)
Metro	41	80%	3.7
Northwest	1	2%	--
Northeast	1	2%	--
Central	2	4%	0.3
West Central	1	2%	0.3
Southeast	3	6%	0.5
Southwest	2	4%	1.4
<b>Total</b>	<b>51</b>	<b>100%</b>	<b>0.9</b>

\*Address missing for one person.

<sup>I</sup>HIV diagnosis includes all new cases of HIV diagnosis (both HIV (non-AIDS) and AIDS at first diagnosis) among Minnesota residents in 2026.

<sup>II</sup>Residence at time of HIV diagnosis (both HIV (non-AIDS) and AIDS at first diagnosis).

Suburban = Seven-county metropolitan area except Minneapolis & St. Paul (Anoka, Carver, Dakota, Hennepin (except Minneapolis), Ramsey (except St. Paul), Scott, and Washington counties). Greater Minnesota = Remaining 80 counties outside of the seven-county metropolitan area.

Regions = **Metro:** ANOKA, CARVER, DAKOTA, HENNEPIN, RAMSEY, SCOTT, WASHINGTON; **Central:** BENTON, CASS, CHISAGO, CROW WING, ISANTI, KANABEC, MILLE LACS, MORRISON, PINE, SHERBURNE, STEARNS, TODD, WADENA, WRIGHT; **Northwest:** BELTRAMI, CLEARWATER, HUBBARD, KITTSOON, LAKE OF THE WOODS, MARSHALL, PENNINGTON, POLK, RED LAKE, ROSEAU, MAHNOMEN, NORMAN; **Northeast:** AITKIN, CARLTON, COOK, ITASCA, KOOCHICHING, LAKE, ST. LOUIS; **West Central:** BECKER, CLAY, DOUGLAS, GRANT, OTTER TAIL, POPE, STEVENS, TRAVERSE, WILKIN, BIG STONE, CHIPPEWA, KANDIYOHI, LAC QUI PARLE, RENVILLE, SWIFT, YELLOW MEDICINE; **Southeast:** DODGE, FILLMORE, FREEBORN, GOODHUE, HOUSTON, MOWER, OLMSTED, RICE, STEELE, WABASHA, WINONA, LESUEUR, LE SUEUR, WASECA; **Southwest:** COTTONWOOD, JACKSON, LINCOLN, LYON,

## HIV QUARTERLY SURVEILLANCE REPORT

MURRAY, NOBLES, PIPESTONE, REDWOOD, ROCK, BLUE EARTH, BROWN, FARIBAULT, MCLEOD, MARTIN, MEEKER, NICOLLET, SIBLEY, WATONWAN

Numbers and rates exclude federal and private prisoners and refugees in the HIV-Positive Refugee Resettlement Program, as well as refugee/immigrants with an HIV diagnosis prior to arrival in Minnesota. State prisoners are included.

Rates calculated using CDC Wonder 2022 data. Percentages may not add to 100 due to rounding.

**Table 2. Number of Cases and Rates (per 100,000 persons) of HIV Diagnosis by Age<sup>1</sup> -- Minnesota, Q1 2026**

Age	Cases (Total)	% (Total)	HIV (Infection Rate)
<15 years	0	0%	0.0
15-24 years	5	10%	0.7
25-34 years	17	33%	2.3
35-44 years	12	24%	1.6
45-54 years	9	18%	1.4
55+	8	16%	0.5
<b>Total</b>	51	100%	0.9

<sup>1</sup>HIV Diagnosis includes all new cases of HIV diagnosis (both HIV (non-AIDS) and AIDS at first diagnosis) among Minnesota residents in 2026.

Numbers and rates exclude federal and private prisoners and refugees in the HIV-Positive Refugee Resettlement Program, as well as refugee/immigrants with an HIV diagnosis prior to arrival in Minnesota. State prisoners are included.

Rates calculated using CDC Wonder 2022 data. Percentages may not add to 100 due to rounding.

**Table 3. Number of Cases and Rates (per 100,000 people) of HIV Diagnosis by Race/Ethnicity and Sex<sup>1</sup> -- Minnesota, Q1 2026**

Race/Ethnicity	Cases (Males)	% (Males)	Rate <sup>IV</sup> (Males)	Cases (Females)	% (Females)	Rate <sup>IV</sup> (Females)	Cases (Total)	% (Total)	Rate <sup>III</sup> (Total)
American Indian, non-Hispanic	<5	--	--	<5	--	--	--	--	--
Asian/Pi, non-Hispanic	<5	--	--	0	0%	0.0	--	--	--
Black <sup>II</sup> , African-American, non-Hispanic	6	16%	4.1	<5	--	--	--	--	--
Black <sup>II</sup> , African-born <sup>III</sup> , non-Hispanic	8	22%	--	7	50%	9.6	15	29%	11.2
Hispanic, any race	7	19%	3.9	0	0%	0.0	7	14%	2.1
White, non-Hispanic	14	38%	0.6	<5	--	--	--	--	--
Other <sup>II</sup> , non-Hispanic	0	0%	0.0	<5	--	--	--	--	--
<b>Total</b>	<b>37</b>	<b>100%</b>	<b>1.3</b>	<b>14</b>	<b>100%</b>	<b>0.5</b>	<b>51</b>	<b>100%</b>	<b>0.9</b>

HIV Diagnosis includes all new cases of HIV diagnosis (both HIV (non-AIDS) and AIDS at first diagnosis) among Minnesota residents in 2025.

<sup>1</sup>Sex data are collected in case reports, labs, and/or interviews through Partner Services. Sex is based off sex assigned at birth, indicating either male or female.

<sup>II</sup>African-born Black people are reported separately from other Black people (born in the U.S. or elsewhere). The Black, African American population is non-Hispanic. "Other" includes multi-racial persons and persons with unknown race.

<sup>III</sup>Rates calculated using 2022 CDC Wonder data. The population estimate for African-born persons was calculated by the Minnesota State Demographic Center. The population estimate for Black, non African-born persons (303,051) was calculated by subtracting the U.S. Census estimate for African-born persons (134,282) from the total Black population (437,333). Note that this assumes that all African-born persons are Black (as opposed to another race).

Numbers exclude federal and private prisoners and refugees in the HIV-Positive Refugee Resettlement Program, as well as refugee/immigrants with an HIV diagnosis prior to arrival in Minnesota.

Percentages may not add to 100 due to rounding.

Data is suppressed below 5.

**Table 4. Number of Cases and Rates (per 100,000 people) of HIV Diagnosis by Mode of Exposure<sup>I</sup> and Sex<sup>II</sup>, Minnesota, Q1 2026**

Mode of Exposure	Cases (Males)	% (Males)	Cases (Females)	% (Females)	Cases (Total)	% (Total)
MSM	17	46%	--	--	17	33%
IDU	<5	--	<5	--	--	--
MSM/IDU	<5	--	--	--	--	--
Heterosexual	<5	--	<5	--	--	--
Presumed heterosexual	13	35%	9	64%	22	43%
Perinatal	0	0%	0	0%	0	0%
Other	0	0%	0	0%	0	0%
Unspecified	<5	--	<5	--	--	--
<b>Total</b>	37	100%	14	100%	51	100%

HIV Diagnosis includes all new cases of HIV diagnosis (both HIV (non-AIDS) and AIDS at first diagnosis) among Minnesota residents in 2025.

<sup>II</sup>Sex data are collected in case reports, labs, and/or interviews through Partner Services. Sex is based off sex assigned at birth, indicating either male or female.

Numbers exclude federal and private prisoners and refugees in the HIV-Positive Refugee Resettlement Program, as well as refugee/immigrants with an HIV diagnosis prior to arrival in Minnesota.

<sup>III</sup>Hetero, unknown risk - Females who were interviewed and whose only risk is heterosexual contact but who were not able to provide information on the sexual partner's risk.

<sup>IV</sup>Presumed heterosexual contact is anyone whose sexual contact was the opposite sex, but do not know their sexual contact's HIV status.

MSM = Men who have sex with men. IDU = Injecting drug use. Heterosexual = For males: heterosexual contact with a female known to be HIV+, an injecting drug user, or a hemophiliac/blood product or organ transplant recipient. For females: heterosexual contact with a male known to be HIV+, bisexual, an injecting drug user, or a hemophiliac/blood product or organ transplant recipient. Perinatal = Mother to child HIV transmission. Other = Hemophilia patient/blood product or organ transplant recipient. Unknown risk = Unreported or unknown risk.

Percentages may not add to 100 due to rounding.

Minnesota Department of Health  
[www.health.state.mn.us](http://www.health.state.mn.us)

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