

MONKEYPOX (MPX)

Monkeypox (MPX) is a viral infection that can spread through prolonged skin-to-skin contact including:



Touching rash, scabs, or body fluids from a person with MPX



Sharing objects and fabrics (e.g., clothing, bedding, sex toys, towels) used by someone with with MPX



Sex, hugging, massage, and kissing





WHAT YOU CAN DO

The best ways to prevent MPX are to:

- Avoid prolonged skin-to-skin contact, including sex, with people who may have MPX
- Not handle items used by people with MPX

Get more information at:



www.health.state.mn.us/diseases/monkeypox/basics.html