

# MONKEYPOX (MPX)

Monkeypox (MPX) is a viral infection that can spread through prolonged skin-to-skin contact including:



Touching rash, scabs, or body fluids from a person with MPX



Sharing objects and fabrics (e.g., clothing, bedding, sex toys, towels) used by someone with with MPX



Sex, hugging, massage, and kissing



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### WHAT YOU CAN DO

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The best ways to prevent MPX are to:

- Avoid prolonged skin-to-skin contact, including sex, with people who may have MPX
- Not handle items used by people with MPX

Get more information at:



[www.health.state.mn.us/diseases/monkeypox/basics.html](http://www.health.state.mn.us/diseases/monkeypox/basics.html)

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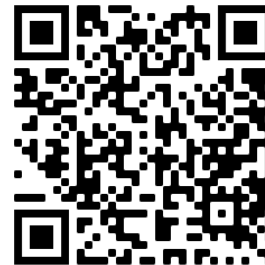
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