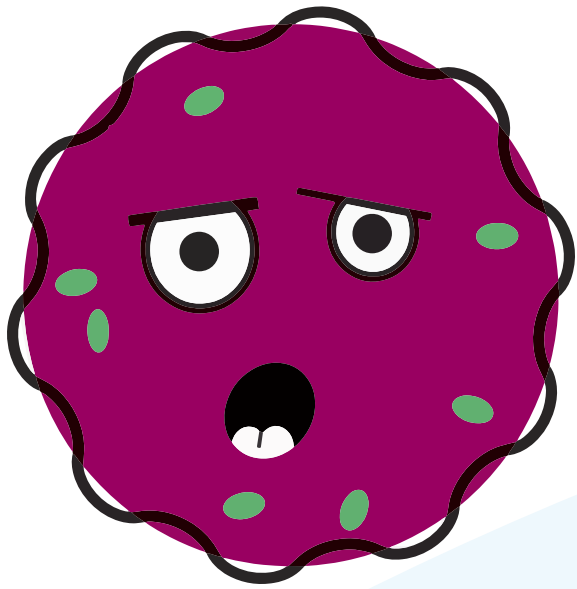


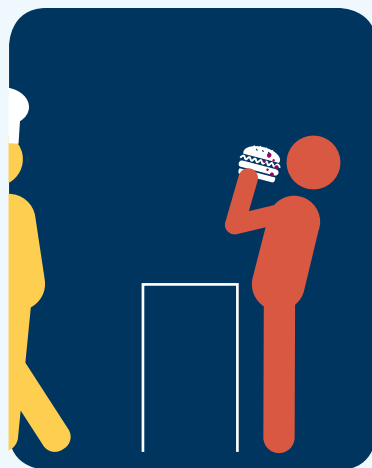
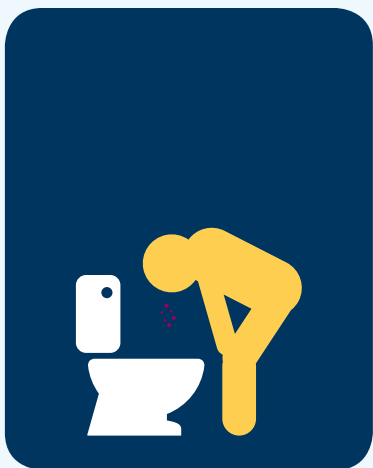
THERE'S NO SUCH THING AS 'STOMACH FLU'

It's usually **NOROVIRUS**, the most common cause of short-term diarrhea and vomiting!



Norovirus is in the poop and vomit of people who are sick. If the virus gets into your mouth, you can get sick, too.

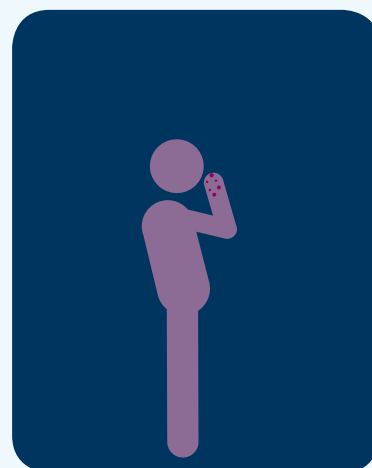
From your food



12-48
hours



From your friends and things you touch



12-48
hours



The virus can be spread for days after you are feeling better.

Always wash your hands for 20 seconds with soap and water after using the bathroom and before preparing food.

Do not prepare food for others until you have felt better for at least 24 hours.

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OF HEALTH
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