Instructions for Collecting Sputum for TB

(English)

1. Collect sputum (mucus from the lungs) in the morning.

2. Allow sputum to dry in a covered container.

3. Save the specimen for the healthcare provider.

4. For more information, contact the Tuberculosis Prevention and Control Program.

(Tibetan)

1. Gyisbu rinpoche, gyisbu rinpoche.

2. Gyisbu rinpoche, gyisbu rinpoche.

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10. Gyisbu rinpoche, gyisbu rinpoche.


(Minnesota Department of Health Fact Sheet)