

# IMPORTANT NOTICE TO ALL SWIMMERS



- Stay out of the water if you have diarrhea.
- Shower before you get in the water.
- Don't swallow the water.



Minnesota Department of Health  
625 N Robert Street  
St. Paul, MN 55155  
651-201-5414 or 1-877-676-5414  
[www.health.state.mn.us](http://www.health.state.mn.us)