Maternal Depression Crisis Intervention Algorithm

It is determined that mother is suicidal or homicidal and there is imminent danger

of child/ren

needed

including:

going care:

minimally monthly until mother is stable as

determined by therapist/ mental health provider

Before visit, review your agency protocol & local resources · Call local emergency resources, relay any need for translator Contact your supervisor · If you are in danger, leave and call 911 If not, stay with mom and child until they are safe. Is there a trusted friend or relative that can stay or transport to Emergency Room? Collaborate with mother for care Consider friends, relatives, Refer to your program's local neighbors, or faith community resources Local emergency shelter, crisis nursery, or child protection if no other options Assist with arrangements as If have consent, contact care provider: Primary care, obstetrician and/or mental health care provider to inform Document the complete intervention of situation · Facts about mother's condition Contacts made & contact information Arrangements made Follow up Date/Time of events Debrief with supervisor or coworker Follow up visit: collaborate with mom for on-· Continue to evaluate mental health status. Increase contacts Reflect on their experience, medication Contact next business day: effectiveness and connection to mental Provide support & reflection health provider Obtain updated status & provider Determine plan for mental health follow-up (obtain two-way releases) Plan for follow-up visit Stay focused on purpose of keeping baby and mom safe, building on strengths Keep in touch with mom's therapist/ provider Return to maternal

screening algorithm & re-

screen as needed

Depression Crisis Intervention Algorithm in Word:

Before visit, review your agency protocol & local resources

- Call local emergency resources, relay any need for translator
- Contact your supervisor
- If you are in danger, leave and call 911
- If not, stay with mom and child until they are safe. Is there a trusted friend or relative that can stay or transport to Emergency Room?

Refer to your program's local resources

Collaborate with mother for care of child/ren

- Consider friends, relatives, neighbors, or faith community
- Local emergency shelter, crisis nursery, or child protection if no other options
- Assist with arrangements as needed

Document the complete intervention including:

- Facts about mother's condition
- Contacts made & contact information
- Arrangements made
- Date/Time of events

If have consent, contact care provider:

Primary care, obstetrician and/or mental health care provider to inform of situation

Follow Up

• Debrief with supervisor or coworker

Contact next business day:

- Provide support & reflection
- Obtain updated status & provider names
- Plan for follow-up visit

Follow up visit: collaborate with mom for on-going care:

- Continue to evaluate mental health status. Increase contacts
- Reflect on their experience, medication effectiveness and connection to mental health provider
- Determine plan for mental health follow-up (obtain two-way releases)
- Stay focused on purpose of keeping baby and mom safe, building on strengths

Keep in touch with mom's therapist/ provider

minimally monthly until mother is stable as determined by therapist/ mental health provider

Return to maternal screening algorithm & re-screen as needed

References

(Edited Cindy Kellett, DNP Student, University of Minnesota for the Minnesota Department of Health). Developed by the El Paso County Department of Health & Environment Nurse -Family Partnership Program - Adopted by the work of Renquist, J. & Barnekow, K. (2008) Wisconsin Infant Mental Health Conference)

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