

## Mental well-being and resilience learning community

### Monthly discussion questions

What questions do we have about this topic?

What is happening in our community related to this topic?

#### IF CURRENT ACTIVITY

1. Are we confronting any challenges with implementing this strategy? (e.g. public support or buy-in, system support, resources, evaluation, other?)
2. What is going well?
3. Are there next steps that we could take to advance this work? What would those next steps take? (Involvement from a particular sector or group, resources, leadership, political support, etc.)
4. What is needed at the state level?
5. What are the policy, system or environmental changes that would support this strategy or goal?

#### IF NO/LITTLE CURRENT ACTIVITY

1. Is there a need or interest in this strategy? Who is interested in this strategy? Any unusual partners that we have not considered?
2. Are there aspects of the program or activity highlighted today that could be incorporated into your work/services? Into our community?
3. Do we have other major efforts in this category of supports (skills, relationships)?
4. What is needed at the state level?
5. What are the policy, system or environmental changes that would support this strategy or goal?

Any other questions? Are we missing anything?

Upcoming session?