



Minnesota Thrives

**BUILDING CONNECTIONS FOR MENTAL
WELL-BEING & RESILIENCE**



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What is happening in your community to promote mental well-being and resilience?

Creating thriving communities takes everyone. Despite our connected world, silos and information gaps remain. MN Thrives is a collectively sourced interactive database to share information about Minnesota based mental well-being and resilience strategies. MN Thrives can be a valuable resource to help spread strategies across communities.

Check it out! Learn about other initiatives and amplify your work by adding it to MN Thrives today.

Additional Details

www.health.state.mn.us/communities/mentalhealth/mnthrives.html

Questions?

Contact Anna Lynn by emailing anna.lynn@state.mn.us or John Eshun john.eshun@state.mn.us.

Submit an Entry



<https://redcap.health.state.mn.us/redcap/surveys/?s=C4ADKRT8LH>



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