

Open Forum on Community Mental Well-Being

THESE CONVERSATIONS HAPPEN IN CONJUNCTION WITH THE MONTHLY MENTAL WELL-BEING AND RESILIENCE LEARNING COMMUNITY SESSIONS.

2nd Wednesday of Each Month

1:00-2:30

CALL: 1-888-742-5095

#283-344-2987

- No registration required! Join the call from any location.
- Discuss strategies from previous sessions.
- Share what your community is doing or would like to do.
- Identify and discuss challenges, barriers, needs, etc.
- Problem solve with other communities.
- Discuss ideas for strengthening the learning community.
- All previous learning community topics are on the table.
- Special attention will go to topic presented more recent topics.