



## Get the support you need.



Financial



Educational



In-Person/Parent  
Matching



Online/Email Support



Events/Awareness

The Children and Youth with Special Health Needs program at the Minnesota Department of Health aims to improve outcomes of Minnesota families through education, follow up, policy and surveillance.



**Children & Youth with Special Health Needs  
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[Children & Youth with Special Health Needs  
\(www.health.state.mn.us/cyshn\)](http://www.health.state.mn.us/cyshn)

# Congenital Heart Disease Resources



## Little Hearts



[www.littlehearts.org](http://www.littlehearts.org)

Little Hearts, Inc. services include parent matching, online discussion groups, educational materials, and inspirational stories. In addition to emotional support, Little Hearts organizes an annual picnic, fundraising, and awareness activities. The CHD Resource page links to more CHD organizations.

## Mended Little Hearts



[www.mendedhearts.org](http://www.mendedhearts.org)

Mended Little Hearts focuses on children and their families dealing with CHD. MLH offers in-person support groups throughout the United States. They also offer online networks, education, and advocacy opportunities. MLH focuses on connections, especially during isolating times such as hospital stays and returning home for recovery.

## Camp Odayin



[www.campodayin.org](http://www.campodayin.org)

Camp Odayin in Minnesota provides fun, safe, and supportive camp experiences and community building opportunities for youth people with heart disease and their families. Day, residential, winter, and family camps are offered throughout the year at \$25 per session. Travel grants available.

## Pediatric Congenital Heart Association



[www.conqueringchd.org](http://www.conqueringchd.org)

The PCHA's mission is to "conquer Congenital Heart Disease." They collaborate with patients, parents, providers, and partner organizations to improve quality and outcomes through CHD education, support, and research and awareness.

## Parents for Heart of Minnesota



[www.parentsforheart.org](http://www.parentsforheart.org)

Parents for Heart is a family support group and resource for sound information, empowering families to advocate for their child and find a community of support. The group is made up of family volunteers, all of whom have been affected by CHDs.

## Pediatric Heart Network



[www.pediatricheartnetwork.org](http://www.pediatricheartnetwork.org)

PHN has information regarding participation in CHD research, nutritional health suggestions, and offers support for current parents, bereaved parents, and teens. PHN takes special focus on teens with CHDs, including lifestyle choices and transitioning to adult congenital heart care.

## Kids with Heart National Association for Children's Heart Disease



[www.kidswithheart.org](http://www.kidswithheart.org)

Kids with Heart NACHD is a nonprofit (501c3), volunteer-run organization. The website offers a variety of books regarding CHDs, hospitals, procedures, devices, and experiences. Books available for all ages. Kids with Heart can also provide resource referrals by request.

## HealthWell Foundation



[www.healthwellfoundation.org](http://www.healthwellfoundation.org)

HealthWell Foundation's mission is to reduce the barriers that face uninsured or underinsured people with chronic or life-altering diseases. They can provide financial assistance to help with prescription copays, health insurance premiums, deductibles, coinsurance, pediatric treatment costs, and travel costs.

## Patient Services, Inc.



[www.patientservicesinc.org](http://www.patientservicesinc.org)

Patient Services, Inc. helps chronically ill patients with unaffordable medical expenses. They are able to provide financial assistance to eligible persons. Limited diseases and insurance coverages are available.

## Spare Key



[www.sparekey.org](http://www.sparekey.org)

Spare Key aids families in Minnesota in crisis with critically ill or seriously injured children through mortgage payment assistance, engaged resource referral, and advocacy. Easy online application, eligibility based on length of hospital stay without income limit.

## Lasting Imprint



[www.lastingimprint.org](http://www.lastingimprint.org)

Lasting Imprint is a Minnesota-based organization that provides family matching and events for those affected by CHDs. Focused on connections, advocacy, and research, Lasting Imprint has created a large CHD community in Minnesota. Lasting Imprint offers sponsorship to families for Camp Odayin and Faith's Lodge (a grief group).

