

help me **C O N N E C T**



Find all kinds of resources for your family.

Help Me Connect is an online navigator connecting expectant families, families with young children, and those working with families to programs and services that support healthy child development and family well-being.



Pregnant and Expecting Families



Early Learning and Child Care



Dental and Health Care



Healthy Development and Screening



Family Well-Being and Mental Health



Basic Needs



Development and Behavior Concerns



American Indian Families



Legal Services



Disability Services and Resources



Caregiving and Community Support

