

help me **C O N N E C T**



Find all kinds of resources for your family.

Help Me Connect is an online navigator connecting expectant families, families with young children, and those working with families to programs and services that support healthy child development and family well-being.



Pregnant and
Expecting Families



Early Learning and
Child Care



Dental and
Health Care



Healthy Development
and Screening



Family Well-Being
and Mental Health



Basic Needs



Development and
Behavior Concerns



American
Indian Families



Legal Services



Disability Services
and Resources



Caregiving and
Community Support

